

Directory of Self-Paced Trainings in the Texas WIC Training Catalog (revised 01/01/23)

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
Administration Category		
Administration	Administrative, management, quality assurance, accounting, vendor relations, disaster planning, etc. Usually not related to providing direct client services.	<ul style="list-style-type: none"> • Disaster Planning - You Never Know When It Might Strike • Access and Edit Clinic Disaster Contact Information in TXIN • WIC Asset Management System (WAMS) • Getting Started with Power BI (Business Intelligence) • FY22 Funding Updates and Training • 2022 Improving the Participant Experience • The Surplus Page Workbook: Your Personal Guide • Qualtrics Apply Now Training • HCP Referrals via Qualtrics Apply Now Training • Preparing for MyWIC Rollout • Process for Mailing Food Benefits CS:36.0
Core Category		
Required Core	Required Core trainings listed in the Training Requirement Chart.	<ul style="list-style-type: none"> • TXIN Policy Training: Child Abuse Reporting • Welcome to WIC • Intimate Partner Violence Part 1: What is Intimate Partner Violence and Why Does it Matter? • Intimate Partner Violence Part 2: Resources and Approaches for WIC Families • Annual Civil Rights • Essentials of Texas WIC Hospitality • HEART Training (Human Trafficking)

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
Clinic Services Category		
Required Clinic Services	Required Clinic Service trainings listed in the Training Requirement Chart.	<ul style="list-style-type: none"> • Weighing and Measuring • Risk Codes Training (Part 1) • Risk Code Updates October 1, 2019 (Part 2) • Risk Codes Update October 1, 2020 (Part 3) • Risk Code Updates October 2022 (Part 4) • Screening for Eligibility • Blood Collection Training • Nutrition Assessment Overview
WIC Certifications	State WIC Certification policies and procedures, clinic job aids, etc. related to providing direct client services.	<ul style="list-style-type: none"> • Weighing and Measuring • Risk Codes Training (Part 1) • Risk Code Updates October 1, 2019 (Part 2) • Risk Codes Update October 1, 2020 (Part 3) • Risk Code Updates October 2022 (Part 4) • Screening for Eligibility • Blood Collection Training • Red Flags in Women, Infants and Children • VENA Counseling 101: VENA Basics • VENA Counseling 102: Counseling Skills • VENA Counseling 103: Motivating for Behavior Change • Policy CS: 33.0 High Risk Referrals • EBT Client Disputes • Identifying Race and Ethnicity • Nutrition Assessment Overview • WIC Certification Overview • Health History Questionnaire Training • Using the Sonaris Stadiometer • Using the Health O Meter 752KL Scale • Using the Doran DS6150 Scale • Using the Rice Lake 150 Scale • Understanding Sources of Income and Eligibility • Process for Mailing Food Benefits CS:36.0

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
TXIN	Using the TXIN application to document family and participant information and determine eligibility.	<ul style="list-style-type: none"> • Entering Anthropometric Information in TXIN • Change in Custody and Benefit Issuance • Preparing for MyWIC Rollout
Using Language Line	Language Line Access trainings on communicating with WIC families using the Language Line service.	<ul style="list-style-type: none"> • Language Access Training: Over-the-phone Interpretation • Language Access Training: Video Remote Interpretation
Nutrition Education Category		
Nutrition Education	Providing nutrition education, counseling skills, facilitating classes, etc.	<ul style="list-style-type: none"> • Introduction to Nutrition Education in Texas WIC • Prenatal Nutrition Module • Basic Nutrition Module • Childhood Nutrition Module • Women's Health Module • VENA Counseling 101: VENA Basics • VENA Counseling 102: Counseling Skills • VENA Counseling 103: Motivating for Behavior Change • CCNE 101: CCNE Basics • CCNE 102: Facilitating with Confidence • CCNE 103: Planning, Scheduling and Marketing • What's New with WIC Foods for October 1, 2022 • Tour of TexasWIC.org • WIC Shopping 101
Nutrition Hot Topics	Trending health and nutrition hot topics.	<ul style="list-style-type: none"> • Eating Disorders and Pregnancy: Approaching Eating Disorders with a Health at Every Size (HAES) Lens • Nutritional Considerations During the Menstrual Cycle, Prenatal and Postnatal Periods • Understanding How Nutrition and Food Can Support Menopause • Raíces at the Table

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
		<ul style="list-style-type: none"> Why We Need to Keep Consumers in the Kitchen: Optimizing Healthy Habits Post Covid
Required Nutrition Education	Required Nutrition Education trainings listed in the Training Requirement Chart.	<ul style="list-style-type: none"> Prenatal Nutrition Module Basic Nutrition Module Childhood Nutrition Module Women's Health Module VENA Counseling 101: VENA Basics VENA Counseling 102: Counseling Skills VENA Counseling 103: Motivating for Behavior Change CCNE 101: CCNE Basics CCNE 102: Facilitating with Confidence CCNE 103: Planning, Scheduling and Marketing WIC Shopping 101
WIC Approved Foods	Texas WIC Approved Foods updates including new foods available to clients, shopping guides, and shopping for WIC foods.	<ul style="list-style-type: none"> What's New with WIC Foods for October 1, 2022? WIC Shopping 101
WIC Wellness Works	Worksite wellness program for Texas WIC employees.	<ul style="list-style-type: none"> Positive Thinking: In 3 Steps Motivation and Exercise Mindful Eating in 5 Steps
Infant Feeding Category		
Breastfeeding	Breastfeeding-related trainings such as anatomy of breastfeeding, skin-skin, breast pumps, breastfeeding and working, etc.	<ul style="list-style-type: none"> Baby Behavior Anatomy of Breastfeeding Breastfeeding and Returning to Work Common Breast Complications Associated with Breastfeeding Counseling Techniques to Support Breastfeeding Mothers

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
		<ul style="list-style-type: none"> • Red Flags in Women, Infants and Children • Does Baby Eat What Mom Eats? Nutrition and Breastfeeding • Supporting the Breastfeeding Mother Beyond Six Months • Breastfeeding the Compromised Infant • Donor Human Milk: Saving Vulnerable Lives • Skin-to-Skin: The first hour and beyond • Texas WIC Breast Pump Program • WIC, Medicaid and CHIP Breast Pump Update • Nipple Shields • Breastfeeding Management • Medela Pump in Style with MaxFlow • Ardo Pump Training • Academy of Breastfeeding Medicine Mastitis Spectrum Protocol
Formula	Formula-related trainings such as formula updates, safe formula preparation, formula policies, etc.	<ul style="list-style-type: none"> • Drop Ship to Home Training 2020 • CDC - Safe Formula Preparation • Infant Formula: Navigating Marketing and Health Claims • Non-Contract Infant Formula Approval • Ready-to-use Formula (RTU) • FD 16.0 Formula Approval Policy Review • FD 19.0 Returned Formula Training • Formula Updates Fall 2021 • Infant Formula Contract Transition Overview: TXIN • Formula Approval Resources 2022
Infant Feeding	Topics related to feeding infants, such as baby food feeding, etc.	<ul style="list-style-type: none"> • Navigating Trends in Baby Food Feeding

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
Required Infant Feeding	Required Infant Feeding trainings listed in the Training Requirement Chart.	<ul style="list-style-type: none"> • Infant Feeding Module • Drop Ship to Home Training 2020 • Non-Contract Infant Formula Approval • Texas WIC Breast Pump Program • Nipple Shields • Breastfeeding Management
Outreach Category		
Community Programs	Programs and services offered by Community Partners such as ECI, Substance Abuse, etc.	<ul style="list-style-type: none"> • Donor Human Milk: Saving Vulnerable Lives • Early Childhood Intervention 101
Outreach	WIC Outreach, media, and retention.	<ul style="list-style-type: none"> • WIC Media Training • Say What? The Art of Communication • Follows, #Hashtag, & Shares. Oh my! • It's Raining Memberships • HHS Outreach Reports • Come In, We're Open
Staff Development Category		
Leadership Development	Trainings that help leaders perform effectively in their roles.	<ul style="list-style-type: none"> • Managing Remote Teams Series • Newmarket Learning Management & Leadership Series • Neurodiversity at Work Series • Generations@Work Leveraging the Potential of Millennials Series • What to Say When Mentoring Series

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
Service Skills Courses	Customer service, team building, management, and soft skills trainings presented by Service Skills eLearning.	<ul style="list-style-type: none"> • Houndville Animated Workplace Series • Service Matters Series • Managing Remote Teams • Newmarket Learning Management and Leadership Series • Neurodiversity at Work Series • WACTEO – We Are Customers To Each Other • 8 Keys to a More Respectful Workplace Series • How to Be a Terrible Team Member Series • Telephone Doctor Customer Service Series • ServiceSims Challenge Series • That’s Just Rude: Exploring the Rudeness Matrix • How to Ruin a Virtual Meeting Series • Generations@Work Leveraging the Potential of Millennials Series • Email Matters: The Art of Better Service Series • What to Say When Team Building Series • What to Say When Conflict Resolution Series • What to Say When Mentoring Series
Staff Development	Staff development such as communication, growth mindset, public speaking, personal growth, etc.	<ul style="list-style-type: none"> • Persuasive Communication • Improv Skills for Work and Life • Growth Mindset and Resiliency • Making Meetings Matter • Presentation Skills and Confidence in Public Speaking • Giving and Receiving Feedback

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
Other Description Tags		
CE Credit	Offers Continuing Education Credit.	<ul style="list-style-type: none"> • Anatomy of Breastfeeding • Breastfeeding the Compromised Infant • Skin-to-Skin: The first hour and beyond • Breastfeeding Management
Hospitality/Customer Service	Focus on improving hospitality and customer service towards clients and staff. These trainings can be used to meet the annual hospitality/customer service training requirements.	<ul style="list-style-type: none"> • Houndville Animated Workplace Series • Service Matters Series • Neurodiversity at Work Series • WACTEO: Internal Customer Service Series • 8 Keys to a More Respectful Workplace Series • How to Be a Terrible Team Member Series • Telephone Doctor Customer Service Series • ServiceSims Challenge Series • That's Just Rude: Exploring the Rudeness Matrix • Email Matters: The Art of Better Service Series • What to Say When Team Building Series • What to Say When Conflict Resolution Series
Staff Modules	Required modules that some new staff must complete.	<ul style="list-style-type: none"> • Infant Feeding Module • Prenatal Nutrition Module • Basic Nutrition Module • Childhood Nutrition Module • Women's Health Module

Training Tag in Catalog	Description of Tag	Self-Paced Trainings Available
Using the WIC LMS	How to use the WIC LMS and Training Catalog.	<ul style="list-style-type: none"> • Entering New Staff into Texas WIC Training • Assigning a Texas WIC Training Manager • Deactivating Staff in Texas WIC Training • Entering Re-Hired Staff into Texas WIC Training • How to Register for Trainings • Navigating Texas WIC Training Central • Pulling Reports in Texas WIC Training • Resetting Passwords in Texas WIC Training • Using the Texas WIC Training Catalog
WCS Program	Required trainings for WCS Program preceptors/directors/proxies, recorded WCS Program sharing sessions and WCS CEC opportunities.	<ul style="list-style-type: none"> • WCS Annual Continuing Education Credit (CEC) Training • November 2021 WCS Program Meeting • May 2021 WCS Program Meeting • Steps to Becoming a Registered Dietitian Nutritionist (RDN) • Texas Ten Step Program: Path to Improving Breastfeeding Support • July 2022 WCS Program Sharing Session