



## Memorandum

---

#22-092

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** December 7, 2022

**SUBJECT: New trainings, updated schedule for available for  
December, January and February**

---

### **Live Online Training Schedule**

The attached training schedules for December, January and February are now available to view on the [HHSC WIC Training](#) Webpages under the Texas WIC Live Online Training Schedule header.

[Live Online Training Schedules](#)

[Calendar At-A-Glance](#)

If you have any questions, please contact Angela Gil at [Angela.Gil@hhs.texas.gov](mailto:Angela.Gil@hhs.texas.gov).

## **New Recorded Trainings Available in the Texas WIC Training Catalog**

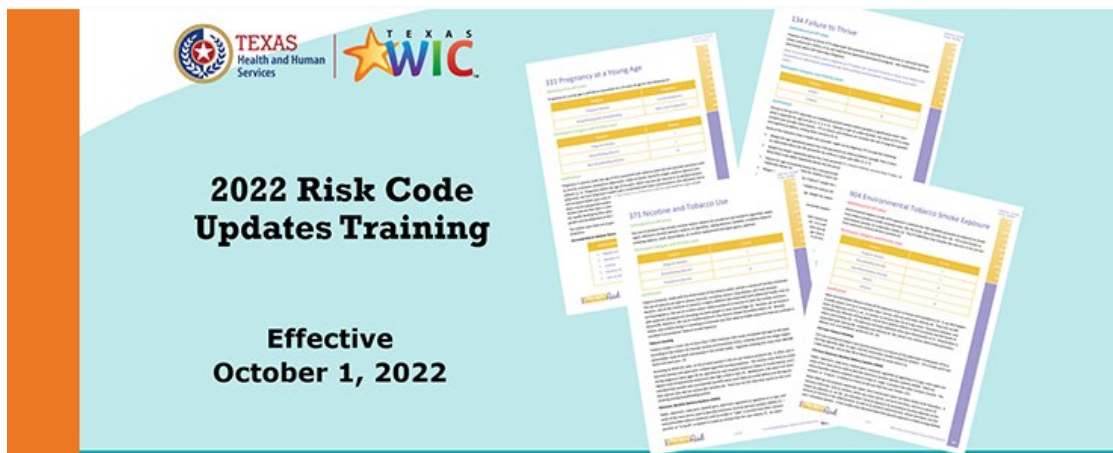
### **Raíces at the Table**



This recorded training is now available to view in the training catalog under the Nutrition Hot Topic tag. Presenter, Krista Linares, RDN, offers a broad-level overview of the state of nutrition and nutrition-related conditions among Latinos in the United States, dispels common myths about Latino food culture, and provides a broad level overview of regional cuisine across Mexico, Central America, and the Caribbean. This presentation will encourage all practitioners to examine their own conceptions of Latino food and how this may impact communication with and health outcomes for Latino clients. Please contact [Angela.Gil@hhs.texas.gov](mailto:Angela.Gil@hhs.texas.gov) if you have any questions

[Register](#)

### **Risk Code Updates October 2022 (part 4)**



*This institution is an equal opportunity provider.*

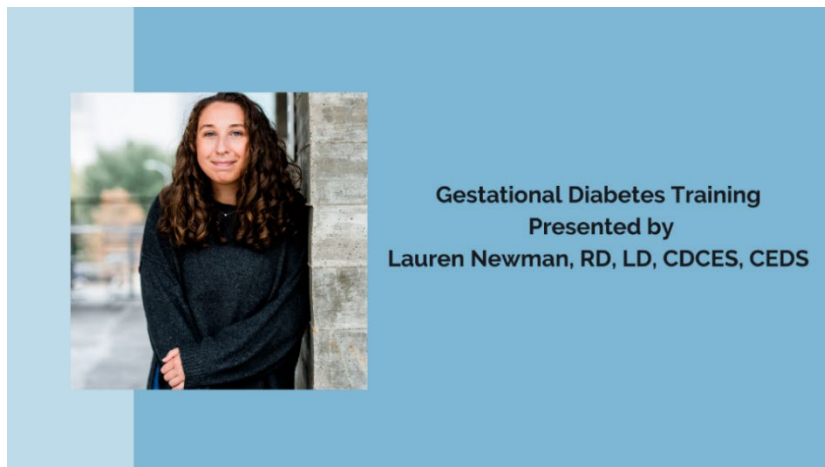
This recorded training is now available to view in the WIC Catalog under the Required Core tag or the WIC Certifications tag.

This training highlights the 2022 risk code revisions to help CAs and WCSs assess and assign the risk codes correctly. You will learn about risk changes for 134-Failure to Thrive, 331-Pregnancy at a Young Age, 371-Nicotine and Tobacco Use (previously Maternal Smoking), 904-Exposure to Environmental Tobacco Smoke, and the discontinuation of 333 High Parity at a Young Age. You will also hear answers to frequently asked questions to help clarify risk code changes. Please contact [tiffany.brown@hhs.texas.gov](mailto:tiffany.brown@hhs.texas.gov) if you have any questions.

[Register](#)

## **Registration Now Open - New Live Online Trainings**

### **Gestational Diabetes Training Presented by Lauren Newman**



We are excited to offer Gestational Diabetes training in two sessions presented by Lauren Newman, RD, LD, CDES, CEDS. Both sessions will be presented live on Zoom and recorded for future viewing in the WIC LMS. This training is targeted for WIC Registered Dietitians, WIC Nutritionists and WIC Certification Specialists, but all staff are welcome to attend. Please register for each session you would like to attend in advance at the links below. Please contact [Angela.Gil@hhs.texas.gov](mailto:Angela.Gil@hhs.texas.gov) if you have any questions.

#### **Speaker Bio:**

Lauren Newman, RD, LD, CDCES, CEDS is passionate about helping individuals with diabetes make peace with food and their bodies. She completed her undergraduate education and her dietetic internship at The University of Texas at Austin, then spent several years supporting individuals

in residential, partial hospitalization, and intensive outpatient eating disorder treatment. She now owns and operates her own private practice specialized in diabetes care. Lauren uses her training as a Diabetes Educator (CDCES) and Certified Eating Disorders Specialist (CEDs) to help individuals with diabetes connect to their body's needs, and learn to respond without rigidity, restriction, or shame.

### **Session 1 - Gestational Diabetes Basics: What Every Nutrition Professional Needs to Know**

Let's brush up on the basics! We'll review all the important details about Gestational Diabetes including pathophysiology, up to date practice guidelines, and evidence-based approaches to care. You'll leave feeling more confident in your understanding of Gestational Diabetes and your patient's experience.

**When: Wednesday, 01/18/23 from 12-1 pm CST**

Please register in advance at this link below:

<http://attend.com/GestationalDiabetesBasics 01/18/23>

### **Session 2 - Gestational Diabetes Counseling: Skills to Enhance Your Practice**

How do we best support patients with Gestational Diabetes in following through with our recommendations and care plans? Let's talk about it! You'll leave with several important skills and tools to support your patients and enhance your practice.

**When: Tuesday, 01/24/23 from 12-1 pm CST**

Please register in advance at this link below:

<http://attend.com/GestationalDiabetesCounseling 01/24/23>

## Trauma and Lactation Presented by Melissa Doyle



Trauma and Lactation  
Presented by  
Melissa Doyle, MSW

Join Melissa Doyle, MSW as discusses Trauma and Lactation. In these sessions, we will explore the impact of trauma on breastfeeding. Breastfeeding can be a particular challenge for those with trauma histories for a variety of reasons. This training aims to help those who work directly with breastfeeding parents to help support them in initiating and sustaining breastfeeding by recognizing and responding to challenges.

In this training, attendees will recognize what a history of trauma looks like in people, understand triggers for survivors, particularly around breastfeeding and explore how to build relationships to support the mother with the decision to breastfeed.

This training will be presented in two parts live on Teams and recorded for future viewing in the WIC LMS. Please register for each part in advance at the links below. Please contact [lindsey.gray@hhs.texas.gov](mailto:lindsey.gray@hhs.texas.gov) if you have any questions.

### **Speaker Bio:**

Melissa Doyle (she/her), MSW is the Resilience Strategy Director at the Maine Resilience Building Network (MRBN). Melissa works to promote trauma informed systems in communities across Maine through training, technical assistance, and capacity building. In addition, Melissa brings her extensive experience working with individuals and organizations in recognizing and addressing vicarious trauma and secondary traumatic stress and building personal and organizational resilience.

Melissa also helps advance MRBN's initiatives around cultivating youth Mattering and promoting positive childhood experiences (PCEs) through her work as a HOPE (Healthy Outcomes through Positive Experiences) trainer

and facilitator. A clinical social worker, Melissa brings fifteen years of experience in the trauma and health care fields. Her clinical work focused on working with survivors of interpersonal and sexual violence. Melissa frequently presents on topics involving trauma, vicarious trauma, and positive childhood experiences.

### **Part 1 – Trauma and Lactation**

When: Thursday, 02/09/23 from 12-1 pm CST

Please register in advance at this link below:

[Registration: Trauma and Lactation Part 1- 02/09/23](#)

### **Part 2 – Trauma and Lactation**

When: Thursday, 02/16/23 from 12-1 pm CST

Please register in advance at this link below:

[Registration: Trauma and Lactation Part 2 - 02/16/23](#)

# Texas WIC Live Online Training Schedule

Updated: 12/8/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>December 2022</b>					
12/01	12:00-1:00	<p><b>Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID Presented by Joan Salge Blake, EdD, RDN, LDN, FAND</b></p> <p>This presentation will provide science-based information on the consumers' current eating trends and empower RDNs with tips and strategies to help the public when it comes to sustaining healthy eating habits inside the home. This training will be presented live on Teams and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC.</p>	WIC RDs, Nutritionists and WCS	<p>Please register at the link below:</p> <p><a href="#">Why We Need to Keep Consumers in the Kitchen Registration 12/1/22</a></p>	<a href="mailto:Angela.Gill@hhs.texas.gov">Angela.Gill@hhs.texas.gov</a>
12/06	1:00-2:00	<p><b>The Basics of Food Allergies</b> This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of Food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>
12/06 12/08 12/13 12/15	<p>19 hours of live virtual instruction over a 2-week period.</p> <p>See the <a href="#">Texas WIC Training Catalog</a> for exact times.</p>	<p><b>TXIN Application Training Day 1</b></p> <p>We will introduce TXIN and give a little history before we explore navigation. During this class, we will create a family record and add an endorser and participants to the family record.</p> <p><b>TXIN Application Training Day 2</b></p> <p>This is an all-day session with a break for lunch. During this class we will certify a participant. This session also includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 12/8/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p><b>TXIN Application Training Day 3</b> In this session, we will sign the Rights &amp; Responsibilities document, create a benefits issuance, and demonstrate how to write to WIC benefits card. We will also discuss completing the Daily Rider and performing Recertification, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the myWIC app.</p> <p><b>TXIN Application Training Day 4</b> This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, create and approve a prescription and manage a drop ship order in TXIN.</p>			
12/07	1:00-5:00	<p><b>Virtual Advanced Lactation Management: Session 2</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include <i>Biomechanics of Lactation, Advances in Maternal Nutrition during Lactation, part 1, and Counseling During Complex Situations, part 2</i>. This session is part of a series of four and can be taken in any order.</p> <p>Approved for 0.75 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<p><a href="#">Virtual Advanced Lactation Management Session 2</a></p> <p>Enter code: AdvLM</p> <p>Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a></p> <p><a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>
12/08	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Pumps and Policy: Decision Making for Breast Pump Issuance</b></p> <p>Approved for 1.0 WCS CEC.</p>	Staff who issue breast pumps	<a href="#">Infant Feeding Lunch and Learn Link</a>	<a href="mailto:Ngoc.Huynh@hhs.texas.gov">Ngoc.Huynh@hhs.texas.gov</a>



# Texas WIC Live Online Training Schedule

Updated: 12/8/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
12/12	1:00-5:00	<p><b>Virtual Advanced Lactation Management: Session 3</b></p> <p>This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include Advanced Lactation Equipment, NICU Lactation Counseling, and Advanced Infant Issues (Pediatric Complications). This session is part of a series of four and can be taken in any order.</p> <p>Approved for 0.75 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<p><a href="#">Virtual Advanced Lactation Management Session 3</a></p> <p>Enter code: AdvLM</p> <p>Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a></p> <p><a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>
12/13	1:00-2:00	<p><b>Tour of TexasWIC.org</b> - Join this training to take a live tour of the TexasWIC.org website and learn how to use it as a versatile resource for helping WIC clients with their specific needs and concerns.</p>	All WIC staff	<a href="#">Tour of TexasWIC.org - 12/3/2022</a>	<a href="mailto:Connie.Cheng@hhs.texas.gov">Connie.Cheng@hhs.texas.gov</a>
12/14	1:00-5:00	<p><b>Virtual Advanced Lactation Management: Session 4</b></p> <p>This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include Advances in Maternal Nutrition during Lactation, part 2 and Biospecificity and Composition of Human Milk. This session is part of a series of four and can be taken in any order.</p> <p>Approved for 0.75 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<p><a href="#">Virtual Advanced Lactation Management Session 4</a></p> <p>Enter code: AdvLM</p> <p>Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a></p> <p><a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>
12/15	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Paced Bottle Feeding</b></p> <p>Approved for 1.0 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Michelle.Poole@hhs.texas.gov">Michelle.Poole@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 12/16/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>January 2023</b>					
01/05	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Breastmilk Supply Issues</b></p> <p>Approved for 1.0 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a>
01/10 01/12 01/17 01/19	<p>19 hours of live virtual instruction over a 2-week period.</p> <p>See the <a href="#">Texas WIC Training Catalog</a> for exact times.</p>	<p><b>TXIN Application Training Day 1</b> We will introduce TXIN and give a little history before we explore navigation. During this session, we create a family record, add an endorser, and add the participants to the family record.</p> <p><b>TXIN Application Training Day 2</b> This is an all-day session with a break for lunch. During this session we certify a participant. This session includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p> <p><b>TXIN Application Training Day 3</b> In this session, we sign Rights &amp; Responsibilities, create a benefits issuance, and demonstrate how to write to WIC benefits card. Additionally, we discuss completing the Daily Rider and performing Recertifications, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the myWIC app.</p> <p><b>TXIN Application Training Day 4</b> This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, issue from stock, create and approve a prescription and manage a drop ship order in TXIN.</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 12/16/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
01/17	1:00-2:00	<p><b>The Basics of Food Allergies</b>            This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of Food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>
01/17 01/18 01/19	8:30-12:00	<p><b>Virtual Lactation Principles (3 days). SPECIAL TIMING</b>            Please Note: Orientation will be held from 8:30-9:00am on 1/17 then class will start immediately after. This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. All 3 days are required in order to receive a completion certificate.</p> <p>CE hours awarded for several disciplines. See registration page for specific information.</p>	Staff offering breastfeeding education	<p><a href="#">Virtual Advanced Lactation Principles</a></p> <p>Enter code: Tx-WIC</p> <p>Please register in advance.</p>	<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
01/18	12:00-1:00	<p><b>Session 1 - Gestational Diabetes Basics: What Every Nutrition Professional Needs to Know presented by Lauren Newman, RD, LD, CDCES, CEDS</b>            Let's brush up on the basics! We'll review all the important details about Gestational Diabetes including pathophysiology, up to date practice guidelines, and evidence-based approaches to care. You'll leave feeling more confident in your understanding of Gestational Diabetes and your patient's experience. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC.</p>	WIC RD, Nutritionists and WCS	<p>Please register in advance at this link below:  <a href="http://attend.com/GestationalDiabetesBasics01/18/23">http://attend.com/GestationalDiabetesBasics01/18/23</a></p>	<a href="mailto:Angela.Gil@hhs.texas.gov">Angela.Gil@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 12/16/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
01/19	12:00-1:00	<p><b>Lunch and Learn: Infant Formula Basics: Handling requests for Neuropro and RTU Contract Formula</b></p> <p>Approved for 1.0 WCS CEC.</p>	Staff that work with Infant Formula	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Michelle.summerfeld@hhs.texas.gov">Michelle.summerfeld@hhs.texas.gov</a>
01/24	12:00-1:00	<p><b>Session 2 - Gestational Diabetes Counseling: Skills to Enhance Your Practice presented by Lauren Newman, RD, LD, CDCES, CEDS</b></p> <p>How do we best support patients with Gestational Diabetes in following through with our recommendations and care plans? Let's talk about it! You'll leave with several important skills and tools to support your patients and enhance your practice. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC.</p>	WIC RD, Nutritionists and WCS	<p>Please register in advance at this link below:</p> <p><a href="http://attend.com/GestationalDiabetesCounseling01/24/23">http://attend.com/GestationalDiabetesCounseling01/24/23</a></p>	<a href="mailto:Angela.Gil@hhs.texas.gov">Angela.Gil@hhs.texas.gov</a>
01/31	1:00-2:00	<p><b>NE Quarterly Sharing Session</b></p> <p>Description TBD</p>	Directors, NE coordinators, Training Coordinators	<a href="#">NE Quarterly Sharing Session 1 31</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 12/16/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>February 2023</b>					
02/02	12:00-1:00	<b>Lunch and Learn: Peer Text</b> Approved for 1.0 WCS CEC.	Staff who counsel	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:asia.sartor@hhs.texas.gov">asia.sartor@hhs.texas.gov</a>
02/09	12:00-1:00	<b>Trauma and Lactation Part 1 presented by Melissa Doyle, MSW</b> In these sessions, we will explore the impact of trauma on breastfeeding. Breastfeeding can be a particular challenge for those with trauma histories for a variety of reasons. This training aims to help those who work directly with breastfeeding parents to help support them in initiating and sustaining breastfeeding by recognizing and responding to challenges. Learning Objectives: 1. Participants will recognize what a history of trauma looks like in people, 2. Understand triggers for survivors, particularly around breastfeeding and 3. Explore how to build relationships to support the mother with the decision to breastfeed. This training will be presented live on Teams and recorded for future viewing in the WIC LMS. Approved for 1.0 WCS CEC.	Staff who counsel breastfeeding mothers	Please register in advance at the link below: <a href="#">Registration: Trauma and Lactation Part 1-02/09/23</a>	<a href="mailto:Lindsey.Gray@hhs.texas.gov">Lindsey.Gray@hhs.texas.gov</a>
02/13	9:00-10:00	<b>LiveStorm Orientation</b> This class must be taken before attending VLP or VALM. This is a review of how to use the LiveStorm platform. You will be automatically registered when attending VLP.	Staff attending a LiveStorm class		<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
02/14 02/15 02/16	9:00-12:00	<b>Virtual Lactation Principles (3 days)</b> This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. All 3 days are required in order to receive a completion certificate. CE hours awarded for several disciplines. See registration page for specific information.	Local Agency staff offering breastfeeding education	<a href="#">Virtual Lactation Principles</a>  Enter code: Tx-WIC  Please register in advance	<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 12/16/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
02/15	2:30-3:30	<p><b>2023 Improving the Participant Experience (IPE) Webinar:</b>            There are many things to consider when planning an IPE project. Will your project cost more than \$25,000, will it require USDA approval, is it a renovation or just painting the clinic, is the space leased, etc.? Once your plan is in place, all WIC Accounting Policies must be followed and may require approval by the State Agency. Join us as we clarify the process and requirements for requesting IPE project approval.</p>	<p>LA Directors, financial staff and others interested in learning more about the financial aspect of IPE project approval.</p>	<p><a href="#">2023 Improving the Participant Experience Webinar 2.15.2023</a></p>	<p><a href="mailto:doreen.laduca@hs.texas.gov">doreen.laduca@hs.texas.gov</a></p>
02/16	12:00-1:00	<p><b>Trauma and Lactation Part 2 presented by Melissa Doyle, MSW</b>            In these sessions, we will explore the impact of trauma on breastfeeding. Breastfeeding can be a particular challenge for those with trauma histories for a variety of reasons. This training aims to help those who work directly with breastfeeding parents to help support them in initiating and sustaining breastfeeding by recognizing and responding to challenges.</p> <p>Learning Objectives:            1. Participants will recognize what a history of trauma looks like in people, 2. Understand triggers for survivors, particularly around breastfeeding and 3. Explore how to build relationships to support the mother with the decision to breastfeed            This training will be presented live on Teams and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC.</p>	<p>Staff who counsel breastfeeding mothers</p>	<p>Please register in advance at the link below:  <a href="#">Registration: Trauma and Lactation Part 2 - 02/16/23</a></p>	<p><a href="mailto:Lindsey.Gray@hhs.texas.gov">Lindsey.Gray@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 12/16/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
02/21	1:00-2:30	<p><b>WIC Shopping 101</b>                      This live, interactive training event is designed for staff in a variety of roles. Join to learn about WIC foods, shopping resources available for clients, common challenges and tips for supporting the shopping experience.</p> <p>Approved for 1.0 WCS CEC</p>	Local Agency Staff and State Staff	<a href="#">WIC Shopping 101 (2/21/2023)</a>	<p><a href="mailto:Kaylene.Thompson@hhs.texas.gov">Kaylene.Thompson@hhs.texas.gov</a></p> <p><a href="mailto:Alyssa.Rubin@hhs.texas.gov">Alyssa.Rubin@hhs.texas.gov</a></p>
02/23	12:00-1:00	<p><b>Lunch and Learn: Managing Returned Formula Discussion</b></p> <p>Approved for 1.0 WCS CEC.</p>	Staff that work with formula	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Gabrielle.serna@hhs.texas.gov">Gabrielle.serna@hhs.texas.gov</a>
02/28	1:00-2:00	<p><b>The Basics of Food Allergies</b>                      This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>

# December Live Trainings

2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>12-1 pm</b> Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID	2
5	6 <b>1-5 pm</b> TXIN Application Day 1 <b>1-2 pm</b> The Basics of Food Allergies	7 <b>1-5 pm</b> P2 Virtual Advanced Lactation Management	8 <b>12-1 pm</b> Pumps and Policy: Decision Making for Breast Pump Issuance <b>8:30 am-5 pm</b> TXIN Application Day 2	9
12 <b>1-5 pm</b> P3 Virtual Advanced Lactation Management	13 <b>1-5 pm</b> TXIN Application Day 3 <b>1-2 pm</b> Tour of TexasWIC.org	14 <b>1-5 pm</b> P4 Virtual Advanced Lactation Management	15 <b>12-1 pm</b> Paced Bottle Feeding <b>8:30 am-12:30 pm</b> TXIN Application Day 4	16
19	20	21	22	23
26	27	28	29	30

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.



# January Live Trainings

2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 <b>12-1 pm</b> Breastmilk Supply Issues	6
9	10 <b>1-5 pm</b> TXIN Application Day 1	11	12 <b>8:30 am-5 pm</b> TXIN Application Day 2	13
16	17 <b>8:30 am-12 pm</b> Virtual Lactation Principles (Day 1)  <b>1-2 pm</b> The Basics of Food Allergies  <b>1-5 pm</b> TXIN Application Day 3	18 <b>8:30 am-12 pm</b> Virtual Lactation Principles (Day 2)  <b>12-1 pm</b> Gestational Diabetes Basics	19 <b>8:30 am-12 pm</b> Virtual Lactation Principles (Day 3)  <b>8:30 am-12:30 pm</b> TXIN Application Day 4  <b>12-1 pm</b> Handling Requests for Neuropro and RTU Contract Formula	20
23	24 <b>12-1 pm</b> Gestational Diabetes Counseling	25	26	27
30	31 <b>1-2 pm</b> NE Quarterly Sharing Session			

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

Updated 12/15/22

# February Live Trainings

2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 <b>12-1 pm</b> Peer Text	3
6	7	8	9 <b>12-1 pm</b> Trauma and Lactation Part 1	10
13 <b>9-10 am</b> LiveStorm Orientation	14 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 1)	15 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 2) <b>2:30-3:30 pm</b> Improving the Participant Experience (IPE) Webinar	16 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 3) <b>12-1 pm</b> Trauma and Lactation Part 2	17
20	21 <b>1-2:30 pm</b> WIC Shopping 101	22	23 <b>12-1 pm</b> Managing Returned Formula Discussion	24
27	28 <b>1-2 pm</b> The Basics of Food Allergies			

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

Updated 12/15/22