



## Memorandum

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#22-089

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** November 9, 2022

**SUBJECT: New trainings, updated schedule available for  
November, December and January**

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### **Live Online Training Schedule**

The attached training schedules for November, December and January are now available to view on the [HHSC WIC Training](#) Webpages under the Texas WIC Live Online Training Schedule header.

[Live Online Training Schedules](#)

[Calendar At-A-Glance](#)

If you have any questions, please contact Angela Gil at [Angela.Gil@hhs.texas.gov](mailto:Angela.Gil@hhs.texas.gov).

### **New Recorded Trainings Available in the Texas WIC Training Catalog**

## Lactation After Bariatric Surgery: Physiological, Hormonal, and Psychological Implications



In this recorded training, Bianca Balassiano discusses how to support families for the proper management of breastfeeding in the presence of substantially increased risks, as demonstrated after bariatric surgery. Please contact [lindsey.gray@hhs.texas.gov](mailto:lindsey.gray@hhs.texas.gov) if you have any questions.

[Register](#)

## Tour of TexasWIC.org



This recorded training is for all WIC staff. The purpose of the training is to navigate TexasWIC.org and explore its webpages. Staff will identify various resources that can be shared digitally with clients. You will get to know its resources and learn how you can use the site to meet the needs of clients requesting virtual nutrition and breastfeeding education. Throughout the training, staff will reflect on how they can incorporate TexasWIC.org into their WIC hospitality and nutrition and breastfeeding support. Staff will have the opportunity to practice navigating the site in two practice scenarios. Please contact [connie.cheng@hhs.texas.gov](mailto:connie.cheng@hhs.texas.gov) if you have any questions.

[Register](#)

## **New Live Online Trainings Coming Soon**

### **The Basics of Food Allergies**



In this training, State WIC staff will cover the basics of food allergies and the updates to allergy recommendations. We will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies. Please contact [katie.oliver@hhs.texas.gov](mailto:katie.oliver@hhs.texas.gov) if you have any questions.

Please join through the link. There is no advanced registration required.

- Tuesday, 11/15/22 from 1-2 pm CST [The Basics of Food Allergies](#)
- Tuesday, 12/06/22 from 1-2 pm CST [The Basics of Food Allergies](#)

**Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID Presented by Joan Salge Blake, EdD, RDN, LDN, FAND**



Homemade meals tend to contain more heart-healthy fruits and veggies and less heart-unhealthy saturated fat, sodium, and excess calories. With over 70 percent Americans considered to be overweight, increasing their risk for heart disease, certain cancers, stroke, and diabetes, curtailing the dining out experience and eating more meals at home is good for the consumer's overall health. BUT, while the desire to cook meals at home has increased, research also shows the need for cutting back on the amount of time preparing these meals has also increased. Being dubbed as "COVID Cooking Fatigue," the consumer is looking for tasty meal options that don't necessarily involve a lot of slicing and dicing.

This presentation will provide science-based information on the consumers' current eating trends and empower staff with tips and strategies to help the public when it comes to sustaining healthy eating habits inside the home.

This training is targeted for WIC Registered Dietitians, WIC Nutritionists and WIC Certification Specialists, but all staff are welcome to attend. This training will be presented live on Teams and recorded for future viewing in the WIC LMS. Contact [angela.gil@hhs.texas.gov](mailto:angela.gil@hhs.texas.gov) if you have any questions.

**Speaker Bio:**

Dr. Joan Salge Blake, EdD, RDN, LDN, FAND, is a nutrition professor at Boston University (BU), sought after speaker and journalist, and the host of [Spot On!](#), the award-winning, nutrition, health, and wellness podcast. She has received the 2020 Media Excellence Award from the Academy of Nutrition and Dietetics. She has also been awarded the prestigious Whitney Powers Excellence in Teaching Award from the University *twice*. She has

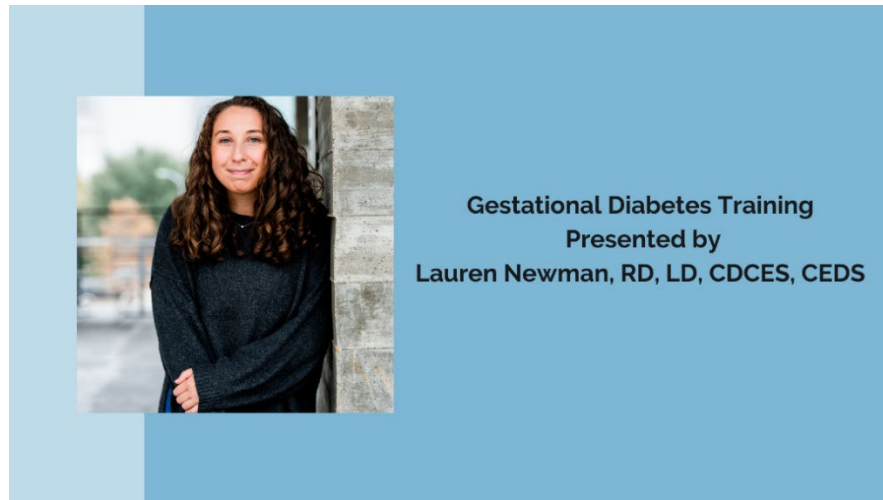
lectured at both the BU School of Medicine and BU Goldman School of Dental Medicine and a sought-after speaker at conferences globally.

**When: Thursday, 12/01/22 from 12-1 pm CST**

Please register in advance at this link below:

[Why We Need to Keep Consumers in the Kitchen Registration 12/1/22](#)

## **Gestational Diabetes Training**



We are excited to offer Gestational Diabetes training in two sessions presented by Lauren Newman, RD, LD, CDES, CEDS. Both sessions will be presented live on Zoom and recorded for future viewing in the WIC LMS. This training is targeted for WIC Registered Dietitians, WIC Nutritionists and WIC Certification Specialists, but all staff are welcome to attend. Please register for each session you would like to attend in advance at the links below. Please contact [Angela.Gil@hhs.texas.gov](mailto:Angela.Gil@hhs.texas.gov) if you have any questions.

### **Speaker Bio:**

Lauren Newman, RD, LD, CDCES, CEDS is passionate about helping individuals with diabetes make peace with food and their bodies. She completed her undergraduate education and her dietetic internship at The University of Texas at Austin, then spent several years supporting individuals in residential, partial hospitalization, and intensive outpatient eating disorder treatment. She now owns and operates her own private practice specialized in diabetes care. Lauren uses her training as a Diabetes Educator (CDCES) and Certified Eating Disorders Specialist (CEDS) to help individuals with diabetes connect to their body's needs, and learn to respond without rigidity, restriction, or shame.

## **Session 1 - Gestational Diabetes Basics: What Every Nutrition Professional Needs to Know**

Let's brush up on the basics! We'll review all the important details about Gestational Diabetes including pathophysiology, up to date practice guidelines, and evidence-based approaches to care. You'll leave feeling more confident in your understanding of Gestational Diabetes and your patient's experience.

**When: Wednesday, 01/18/23 from 12-1 pm CST**

Please register in advance at this link below:

<http://attend.com/GestationalDiabetesBasics 01/18/23>

## **Session 2 - Gestational Diabetes Counseling: Skills to Enhance Your Practice**

How do we best support patients with Gestational Diabetes in following through with our recommendations and care plans? Let's talk about it! You'll leave with several important skills and tools to support your patients and enhance your practice.

**When: Tuesday, 01/24/23 from 12-1 pm CST**

Please register in advance at this link below:

<http://attend.com/GestationalDiabetesCounseling 01/24/23>



# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>November 2022</b>					
11/01	1:00-2:00	<p><b>WIC Shopping 101</b> This live, interactive training event is designed for staff in a variety of roles. Join to learn about WIC foods, shopping resources available for clients, common challenges and tips for supporting the shopping experience.</p> <p>Approved for 1.0 WCS CEC</p>	Local Agency Staff and State Staff	<a href="#">WIC Shopping 101 November Training (11/01/2022)</a>	<p><a href="mailto:Kaylene.Thompson@hhs.texas.gov">Kaylene.Thompson@hhs.texas.gov</a></p> <p><a href="mailto:Alyssa.Rubin@hhs.texas.gov">Alyssa.Rubin@hhs.texas.gov</a></p>
11/03	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Breastfeeding Basics-Common Concerns and How to Address Them</b> This session will focus on case studies of common breastfeeding scenarios that staff may encounter in the clinic. Staff will learn how to provide an effective and supportive response. Audience participation in the chat box will be encouraged.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn Link</a>	<p><a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a></p> <p><a href="mailto:Michelle.Poole@hhs.texas.gov">Michelle.Poole@hhs.texas.gov</a></p>
11/08 11/10 11/15 11/17	19 hours of live virtual instruction over a 2-week period.  See the <a href="#">Texas WIC Training Catalog</a> for exact times.	<p><b>TXIN Application Training Day 1</b> We will introduce TXIN and give a little history before we explore navigation. During this class, we will create a family record, add an endorser, and add the participants to the family record.</p> <p><b>TXIN Application Training Day 2</b> This is an all-day session with a break for lunch. During this class we will certify a participant. This session also includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p> <p><b>TXIN Application Training Day 3</b> In this session, we will sign the Rights &amp; Responsibilities document, create a benefits issuance, and demonstrate how to write to WIC benefits card. We will also discuss</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p>completing the Daily Rider and performing Recertification, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the Gateway Portal.</p> <p><b>TXIN Application Training Day 4</b>                      This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, create and approve a prescription and manage a drop ship order in TXIN.</p>			
11/08	1:00-2:00	<p><b>Infant Feeding Lunch and Learn: Ask the Formula Team</b>                      LA staff are encouraged to bring any questions related to formula that they would like to discuss with the State Formula team. This is an open ended "office-hours" style session.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff who work with formula	<a href="#">Infant Feeding Lunch and Learn Link</a>	<a href="mailto:Michelle.Summerfield@hhs.texas.gov">Michelle.Summerfield@hhs.texas.gov</a>
11/10	12:00-1:00	<p><b>Raíces at the Table presented by Krista Linares, RDN</b>                      This presentation offers a broad-level overview of the state of nutrition and nutrition-related conditions among Latines in the United States, dispels common myths about Latine food culture, and provides a broad level overview of regional cuisine across Mexico, Central America, and the Caribbean. This presentation will encourage all practitioners to examine their own conceptions of Latine food and how this may impact communication with and health outcomes for Latine patients. Strategies for basic nutrition coaching specific to WIC and Latine food will be included. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC</p>	WIC RDs, Nutritionists, WCS	<p>Please Register at the link below:</p> <p><a href="http://attend.com/WIC_Raices_at_the_Table">http://attend.com/WIC Raices at the Table</a></p>	<a href="mailto:Angela.Gil@hhs.texas.gov">Angela.Gil@hhs.texas.gov</a>



# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
11/14	8:30-9:30	<b>LiveStorm Orientation</b> This class must be taken before attending VLP or VALM. This is a review of how to use the LiveStorm platform. You will be automatically registered when attending VLP.	Staff attending a LiveStorm class		<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
11/15 11/16 11/17	9:00-12:00	<b>Virtual Lactation Principles</b> (3 days) This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. All 3 days are required in order to receive a completion certificate.  CE hours awarded for several disciplines. See registration page for specific information.  Approved for 3.0 WCS CEC	Local Agency staff offering breastfeeding education	<a href="#">Virtual Lactation Principles</a>  Enter code: Tx-WIC  Please register in advance	<a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
11/15	1:00-2:00	<b>The Basics of Food Allergies</b> This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.  Approved for 1.0 WCS CEC	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of Food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>
11/16	1:00-2:00	<b>FY23 SNAP-Ed Kick-off</b> Let's kick off the new fiscal year with a live discussion about FY23 SNAP-Ed funded projects. This session is offered twice for your convenience (same content each day). State agency staff will provide updates on topics including project goals, evaluation, reporting, invoicing, and more!	FY23 SNAP-Ed LA funding recipients	No registration needed - simply join this session by clicking on the MS Teams link:  <a href="#">FY23 SNAP-Ed Kick-off - 11/16</a>	<a href="mailto:Beatrice.Watson@hhs.texas.gov">Beatrice.Watson@hhs.texas.gov</a>
11/17	11:00-12:00	<b>FY23 SNAP-Ed Kick-off</b> Let's kick off the new fiscal year with a live discussion about FY23 SNAP-Ed funded projects. This session is offered twice for your	FY23 SNAP-Ed LA funding recipients	No registration needed - simply join this	<a href="mailto:Beatrice.Watson@hhs.texas.gov">Beatrice.Watson@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		convenience (same content each day). State agency staff will provide updates on topics including project goals, evaluation, reporting, invoicing, and more!		session by clicking on the MS Teams link: <a href="#">FY23 SNAP-Ed Kick-off - 11/17</a>	
11/17	12:00-1:00	<b>Infant Feeding Lunch and Learn: Texas 10 Step Program</b>  Approved for 1.0 WCS CEC.	All WIC staff	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Betzabel.Botello@hhs.texas.gov">Betzabel.Botello@hhs.texas.gov</a>
11/28	9:00-10:00	<b>Live Storm Orientation</b> This class must be taken before attending VLP or VALM. It only needs to be taken once. This is a review of how to use the LiveStorm platform. If the pre-req class was completed in-person, you will automatically be registered. If you have taken it before but would like a refresher, contact Missy Hammer.	Staff attending a LiveStorm class		<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
11/28	1:00-5:00	<b>Virtual Advanced Lactation Management: Session 1</b> This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include Advanced Maternal Complications, Medications, and Counseling During Complex Situations, part 1. This session is part of a series of four and can be taken in any order	Local Agency staff who counsel breastfeeding mothers	<a href="#">Virtual Advanced Lactation Management Session 1</a>  Enter code: AdvLM  Please register in advance.	<a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>December 2022</b>					
12/01	12:00-1:00	<p><b>Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID Presented by Joan Salge Blake, EdD, RDN, LDN, FAND</b></p> <p>This presentation will provide science-based information on the consumers' current eating trends and empower RDNs with tips and strategies to help the public when it comes to sustaining healthy eating habits inside the home. This training will be presented live on Teams and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC.</p>	WIC RDs, Nutritionists and WCS	<p>Please register at the link below:</p> <p><a href="#">Why We Need to Keep Consumers in the Kitchen Registration 12/1/22</a></p>	<a href="mailto:Angela.Gill@hhs.texas.gov">Angela.Gill@hhs.texas.gov</a>
12/06	1:00-2:00	<p><b>The Basics of Food Allergies</b> This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.</p> <p>Approved for 1.0 WCS CEC</p>	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of Food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>
12/06 12/08 12/13 12/15	<p>19 hours of live virtual instruction over a 2-week period.</p> <p>See the <a href="#">Texas WIC Training Catalog</a> for exact times.</p>	<p><b>TXIN Application Training Day 1</b></p> <p>We will introduce TXIN and give a little history before we explore navigation. During this class, we will create a family record and add an endorser and participants to the family record.</p> <p><b>TXIN Application Training Day 2</b></p> <p>This is an all-day session with a break for lunch. During this class we will certify a participant. This session also includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p><b>TXIN Application Training Day 3</b> In this session, we will sign the Rights &amp; Responsibilities document, create a benefits issuance, and demonstrate how to write to WIC benefits card. We will also discuss completing the Daily Rider and performing Recertification, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the myWIC app.</p> <p><b>TXIN Application Training Day 4</b> This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, create and approve a prescription and manage a drop ship order in TXIN.</p>			
12/07	1:00-5:00	<p><b>Virtual Advanced Lactation Management: Session 2</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include <i>Biomechanics of Lactation, Advances in Maternal Nutrition during Lactation, part 1, and Counseling During Complex Situations, part 2</i>. This session is part of a series of four and can be taken in any order.</p>	Staff who counsel breastfeeding mothers	<p><a href="#">Virtual Advanced Lactation Management Session 2</a></p> <p>Enter code: AdvLM</p> <p>Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a></p> <p><a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>
12/08	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Pumps and Policy: Decision Making for Breast Pump Issuance</b></p> <p>Approved for 1.0 WCS CEC.</p>	Staff who issue breast pumps	<p><a href="#">Infant Feeding Lunch and Learn Link</a></p>	<p><a href="mailto:Ngoc.Huynh@hhs.texas.gov">Ngoc.Huynh@hhs.texas.gov</a></p>
12/12	1:00-5:00	<p><b>Virtual Advanced Lactation Management: Session 3</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include Advanced Lactation Equipment, NICU Lactation Counseling, and Advanced Infant Issues (Pediatric Complications). This session is part of a series of four and can be taken in any order.</p>	Staff who counsel breastfeeding mothers	<p><a href="#">Virtual Advanced Lactation Management Session 3</a></p> <p>Enter code: AdvLM</p> <p>Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a></p> <p><a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
12/13	1:00-2:00	<b>Tour of TexasWIC.org</b> - Join this training to take a live tour of the TexasWIC.org website and learn how to use it as a versatile resource for helping WIC clients with their specific needs and concerns.	All WIC staff	<a href="https://www.texaswic.org/12/3/2022">Tour of TexasWIC.org - 12/3/2022</a>	<a href="mailto:Connie.Cheng@hhs.texas.gov">Connie.Cheng@hhs.texas.gov</a>
12/14	1:00-5:00	<b>Virtual Advanced Lactation Management: Session 4</b> This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include Advances in Maternal Nutrition during Lactation, part 2 and Biospecificity and Composition of Human Milk. This session is part of a series of four and can be taken in any order.	Staff who counsel breastfeeding mothers	<a href="#">Virtual Advanced Lactation Management Session 4</a>  Enter code: AdvLM  Please register in advance.	<a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
12/15	12:00-1:00	<b>Infant Feeding Lunch and Learn: Paced Bottle Feeding</b>  Approved for 1.0 WCS CEC.	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Michelle.Poole@hhs.texas.gov">Michelle.Poole@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>January 2023</b>					
01/05	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Breastmilk Supply Issues</b></p> <p>Approved for 1.0 WCS CEC</p>	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Kristina.Arrieta@hs.texas.gov">Kristina.Arrieta@hs.texas.gov</a>
01/10 01/12 01/17 01/19	<p>19 hours of live virtual instruction over a 2-week period.</p> <p>See the <a href="#">Texas WIC Training Catalog</a> for exact times.</p>	<p><b>TXIN Application Training Day 1</b> We will introduce TXIN and give a little history before we explore navigation. During this session, we create a family record, add an endorser, and add the participants to the family record.</p> <p><b>TXIN Application Training Day 2</b> This is an all-day session with a break for lunch. During this session we certify a participant. This session includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p> <p><b>TXIN Application Training Day 3</b> In this session, we sign Rights &amp; Responsibilities, create a benefits issuance, and demonstrate how to write to WIC benefits card. Additionally, we discuss completing the Daily Rider and performing Recertifications, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the myWIC app.</p> <p><b>TXIN Application Training Day 4</b> This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, issue from stock, create and approve a prescription and manage a drop ship order in TXIN.</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>



# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
01/17 01/18 01/19	8:30-12:00	<p><b>Virtual Lactation Principles (3 days). SPECIAL TIMING</b></p> <p>Please Note: Orientation will be held from 8:30-9:00am on 1/17 then class will start immediately after. This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. All 3 days are required in order to receive a completion certificate.</p> <p>CE hours awarded for several disciplines. See registration page for specific information.</p> <p>Approved for 3.0 WCS CEC</p>	Staff offering breastfeeding education	<p>Please register in advance.</p> <p><a href="#">Virtual Advanced Lactation Principles</a> Enter code: Tx-WIC</p>	<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
01/18	12:00-1:00	<p><b>Gestational Diabetes Basics: What Every Nutrition Professional Needs to Know Presented by Lauren Newman, RD, LD, CDCES, CEDS</b></p> <p>Let's brush up on the basics! We'll review all the important details about Gestational Diabetes including pathophysiology, up to date practice guidelines, and evidence-based approaches to care. You'll leave feeling more confident in your understanding of Gestational Diabetes and your patient's experience. This training is Part 1 of 2 sessions. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC</p>	WIC RD, Nutritionists and WCS	<p>Please register in advance for this training:</p> <p><a href="http://attend.com/GestationalDiabetesBasics01/18/23">http://attend.com/GestationalDiabetesBasics01/18/23</a></p>	<a href="mailto:Angela.Gil@hhs.texas.gov">Angela.Gil@hhs.texas.gov</a>
01/19	12:00-1:00	<p><b>Lunch and Learn: Infant Formula Basics: Handling requests for Neuropro and RTU Contract Formula</b></p> <p>Approved for 1.0 WCS CEC</p>	Staff that work with Infant Formula	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Michelle.summerfield@hhs.texas.gov">Michelle.summerfield@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 11/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
01/24	12:00-1:00	<p><b>Gestational Diabetes Counseling: Skills to Enhance Your Practice Presented by Lauren Newman, RD, LD, CDCES, CEDS</b></p> <p>How do we best support patients with Gestational Diabetes in following through with our recommendations and care plans? Let's talk about it! You'll leave with several important skills and tools to support your patients and enhance your practice. This training is Part 2 of 2 sessions. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC</p>	WIC RD, Nutritionists and WCS	<p>Please register in advance for this training:</p> <p><a href="http://attend.com/GestationalDiabetesCounseling01/24/23">http://attend.com/GestationalDiabetesCounseling01/24/23</a></p>	<p><a href="mailto:Angela.Gil@hhs.texas.gov">Angela.Gil@hhs.texas.gov</a></p>
01/31	1:00-2:00	<p><b>NE Quarterly Sharing Session</b></p> <p>Description TBD</p>	Directors, NE coordinators, Training Coordinators	<p><a href="#">NE Quarterly Sharing Session 1 31</a></p>	<p><a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a></p>

# November Live Trainings

2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>1-2 pm</b> WIC Shopping 101	2	3 <b>12-1 pm</b> Breastfeeding Basics-Common Concerns and How to Address Them	4
7	8 <b>1-2 pm</b> Ask the Formula Team <b>1-5 pm</b> TXIN Application Day 1	9	10 <b>8:30 am-5 pm</b> TXIN Application Day 2 <b>12-1 pm</b> Raíces at the Table	11
14 <b>8:30-9:30 am</b> LiveStorm Orientation	15 <b>1-5 pm</b> TXIN Application Day 3 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 1) <b>1 pm-2 pm</b> The Basics of Food Allergies	16 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 2) <b>1-2 pm</b> FY23 SNAP-Ed Kick-off	17 <b>8:30 am-12:30 pm</b> TXIN Application Day 4 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 3) <b>11 am-12 pm</b> FY23 SNAP-Ed Kick-off <b>12-1 pm</b> Texas 10 Step Program	18
21	22	23	24	25
28 <b>9-10 am</b> LiveStorm Orientation <b>1-5 pm</b> P1 Virtual Adv. Lactation Management	29	30		

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

# December Live Trainings

2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>12-1 pm</b> Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID	2
5	6 <b>1-5 pm</b> TXIN Application Day 1 <b>1-2 pm</b> The Basics of Food Allergies	7 <b>1-5 pm</b> P2 Virtual Advanced Lactation Management	8 <b>12-1 pm</b> Pumps and Policy: Decision Making for Breast Pump Issuance <b>8:30 am-5 pm</b> TXIN Application Day 2	9
12 <b>1-5 pm</b> P3 Virtual Advanced Lactation Management	13 <b>1-5 pm</b> TXIN Application Day 3 <b>1-2 pm</b> Tour of TexasWIC.org	14 <b>1-5 pm</b> P4 Virtual Advanced Lactation Management	15 <b>12-1 pm</b> Paced Bottle Feeding <b>8:30 am-12:30 pm</b> TXIN Application Day 4	16
19	20	21	22	23
26	27	28	29	30

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

# January Live Trainings

2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 <b>12-1 pm</b> Breastmilk Supply Issues	6
9	10 <b>1-5 pm</b> TXIN Application Day 1	11	12 <b>8:30 am-5 pm</b> TXIN Application Day 2	13
16	17 <b>8:30 am-12 pm</b> Virtual Lactation Principles (Day 1) <b>1-5 pm</b> TXIN Application Day 3	18 <b>8:30 am-12 pm</b> Virtual Lactation Principles (Day 2) <b>12-1 pm</b> Gestational Diabetes Basics	19 <b>8:30 am-12 pm</b> Virtual Lactation Principles (Day 3) <b>8:30 am-12:30 pm</b> TXIN Application Day 4 <b>12-1 pm</b> Handling Requests for Neuropro and RTU Contract Formula	20
23	24 <b>12-1 pm</b> Gestational Diabetes Counseling	25	26	27
30	31 <b>1-2 pm</b> NE Quarterly Sharing Session			

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