



## Memorandum

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#22-080

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** October 5, 2022

**SUBJECT: New trainings, updated schedule available for October,  
November and December**

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### **Live Online Training Schedule**

The attached training schedules for October, November and December 2022 are now available to view on the [HHSC WIC Training](#) webpages under the Texas WIC Live Online Training Schedule header.

[Live Online Training Schedules](#)

[Calendar At-A-Glance](#)

If you have any questions, please contact Angela Gil at [Angela.Gil@hhs.texas.gov](mailto:Angela.Gil@hhs.texas.gov).

## **New Recorded Trainings Available in the Texas WIC Training Catalog**

### **WIC Shopping 101**



The updated WIC Shopping 101 recorded training is now available to view in the WIC Catalog under the WIC Approved Foods tag.

Do you want to learn how to support clients who have questions about WIC foods and shopping? Increase your knowledge and confidence by learning about WIC foods, shopping resources plus helpful tips to support common challenges. Please contact [Alyssa.Rubin@hhs.texas.gov](mailto:Alyssa.Rubin@hhs.texas.gov) if you have any questions.

[Register](#)

### **What's New with WIC Foods for October 1, 2022?**



This recorded training is now available to view in the WIC Catalog under the WIC Approved Foods tag.

This brief presentation will go over some of the new foods available to Texas WIC clients starting October 1, 2022, enhancements to the FY23 Shopping Guide and a few other updated resources. Please contact [Alyssa.Rubin@hhs.texas.gov](mailto:Alyssa.Rubin@hhs.texas.gov) if you have any questions.

[Register](#)

## Understanding How Nutrition and Food Can Support Menopause



This recorded training is now available to view in the WIC Catalog under the Nutrition Hot Topic tag.

Join Kate Morton, MS, RDN as she discusses nutritional considerations during perimenopause and menopause. We will also dive into the importance of nutritionally preparing the body for menopause during the reproductive years. This training is targeted for WIC Registered Dietitians, WIC Nutritionists and WIC Certification Specialists. Please contact [angela.gil@hhs.texas.gov](mailto:angela.gil@hhs.texas.gov) if you have any questions.

[Register](#)

### **New Live Online Trainings Coming Soon**

#### **Live NE Sharing Session**

The state nutrition team will share updates with time for questions at the end. The topic for this one will be NE plan results and CDC Developmental Milestone Updates. This session is for Local Agency staff who provide nutrition education to clients. Please contact [akata.sanghani@hhs.texas.gov](mailto:akata.sanghani@hhs.texas.gov) or [katie.oliver@dshs.texas.gov](mailto:katie.oliver@dshs.texas.gov) if you have any questions.

Please join through the link. There is not advanced registration required.

- 10/11/22; 1-2 pm [October 2022 NE Sharing Session](#)

## Lactation After Bariatric Surgery: Physiological, Hormonal, and Psychological Implications



Join us for a live online training with Bianca Balassiano, IBCLC.

With the increase in prevalence of obesity, the world is turning its attention to effective forms of treatment. Surgical techniques are increasingly being used in an attempt to ensure weight loss, reduction of comorbidities and hormonal balance in young patients of childbearing age. As a restrictive and disabsorptive surgery, its impacts on pregnancy, childbirth and postpartum outcomes have been increasingly studied. Scientific studies provide substantial data on lactation after bariatric surgery, with common outcomes such as greater use of supplementation, less exclusive breastfeeding, shorter duration of breastfeeding and a higher rate of nutritional and vitamin deficiencies. Less studied are its emotional effects on the lactating person, as well as the impacts on body recognition and the difficulties in dealing with the new breast/chest configuration. Therefore, it is essential that the health professional is specially trained to support families for the proper management of breastfeeding in the presence of substantially increased risks, as demonstrated after bariatric surgery.

This training is targeted for staff who provide breastfeeding counseling, but all staff are welcome to attend. This training will be presented live on Teams and recorded for future viewing in the WIC LMS.

### **Speaker Bio:**

Bianca Balassiano has been working with families in private practice since 2008 as an IBCLC and perinatal psychologist/maternal-child health specialist. Since 2014, she is also working as an educator for healthcare professionals in one of the most recognized breastfeeding courses in Brazil, currently offering virtual classes all over the country. She lives with her husband and two children in Rio de Janeiro, Brazil. In 2020, she launched

her first book aimed at families with the title "Gradual Weaning: How to Bring Your Breastfeeding Story to a Happy End".

**When: Thursday, 10/20/22, 12 – 1 pm**

Please register at the link below:

[Lactation After Bariatric Surgery Registration 10/20/22](#)

Please contact [lindsey.gray@hhs.texas.gov](mailto:lindsey.gray@hhs.texas.gov) if you have any questions.

## **Save the Date!**

### **Raíces at the Table presented by Krista Linares, RDN**



Join us for a live online training with Krista Linares, RDN.

This presentation offers a broad-level overview of the state of nutrition and nutrition-related conditions among Latines in the United States, dispels common myths about Latine food culture, and provides a broad level overview of regional cuisine across Mexico, Central America, and the Caribbean. This presentation will encourage all practitioners to examine their own conceptions of Latine food and how this may impact communication with and health outcomes for Latine patients. Strategies for basic nutrition coaching specific to WIC and Latine food will be included.

This training is targeted for WIC Registered Dietitians, WIC Nutritionists and WIC Certification Specialists, but all staff are welcome to attend. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.

### **Speaker Bio:**

Krista Linares is a Registered Dietitian Nutritionist specializing in Latine food culture and history. Krista is passionate about demonstrating how nourishing Latine foods are and advocating for Latine culture. The mission of her

company, Nutrition con Sabor, is to see Latines better represented in the health and wellness world and promote health equity for the community. Her work includes educating healthcare professionals to communicate nutrition to be inclusive of Latine food culture, as well as writing for publications such as Healthline and Prevention.com. Krista also owns a private practice specializing in polycystic ovarian syndrome. Krista holds a Master of Public Health from the University of North Carolina at Chapel Hill and currently lives in Los Angeles, California.

**When: Thursday, 11/10/22 at 12-1 pm CST**

Please register in advance at this link below:

[http://attend.com/WIC Raices at the Table](http://attend.com/WIC_Raices_at_the_Table)

Contact [angela.gil@hhs.texas.gov](mailto:angela.gil@hhs.texas.gov) if you have any questions.

**Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID Presented by Joan Salge Blake, EdD, RDN, LDN, FAND**



Homemade meals tend to contain more heart-healthy fruits and veggies and less heart-unhealthy saturated fat, sodium, and excess calories. With over 70 percent Americans considered to be overweight, increasing their risk for heart disease, certain cancers, stroke, and diabetes, curtailing the dining out experience and eating more meals at home is good for the consumer's overall health. BUT, while the desire to cook meals at home has increased, research also shows the need for cutting back on the amount of time preparing these meals has also increased. Being dubbed as "COVID Cooking Fatigue," the consumer is looking for tasty meal options that don't necessarily involve a lot of slicing and dicing.

This presentation will provide science-based information on the consumers' current eating trends and empower RDNs with tips and strategies to help the public when it comes to sustaining healthy eating habits inside the home.

This training is targeted for WIC Registered Dietitians, WIC Nutritionists and WIC Certification Specialists, but all staff are welcome to attend. This training will be presented live on Teams and recorded for future viewing in the WIC LMS.

**Speaker Bio:**

Dr. Joan Salge Blake, EdD, RDN, LDN, FAND, is a nutrition professor at Boston University (BU), sought after speaker and journalist, and the host of [Spot On!](#), the award-winning, nutrition, health, and wellness podcast. She has received the 2020 Media Excellence Award from the Academy of Nutrition and Dietetics. She has also been awarded the prestigious Whitney Powers Excellence in Teaching Award from the University *twice*. She has lectured at both the BU School of Medicine and BU Goldman School of Dental Medicine and a sought-after speaker at conferences globally.

Joan is the author of ***Nutrition & You***, Pearson Education (2022), ***Nutrition & You: Core Concepts to Good Health***, Pearson Education (2010). She is the co-author of ***Nutrition: From Science to You***, Pearson Education (2018).

**When: Thursday, 12/01/22 at 12-1 pm CST**

Please register in advance at this link below:

[Why We Need to Keep Consumers in the Kitchen Registration 12/1/22](#)

Contact [angela.gil@hhs.texas.gov](mailto:angela.gil@hhs.texas.gov) if you have any questions.





# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p><b>TXIN Application Training Day 3</b> In this session, we will sign the Rights &amp; Responsibilities document, create a benefits issuance, and demonstrate how to write to WIC benefits card. We will also discuss completing the Daily Rider and performing Recertification, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the Gateway Portal.</p> <p><b>TXIN Application Training Day 4</b> This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, create and approve a prescription and manage a drop ship order in TXIN.</p>			
10/12	1:00-5:00	<p><b>P2 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include: Biomechanics of Lactation and Advances in Maternal Nutrition during Lactation, part 1. The 4 sessions can be taken in any order.</p>	Local Agency staff who counsel breastfeeding mothers	<p><a href="https://www.eventbrite.com">TALWD.Eventbrite.com</a>  Enter code: AdvLM  Please register in advance.</p>	<p><a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>
10/13	12:00-1:00	<p><b>Lunch and Learn: Understanding Primary, Secondary and Perceived Low Milk Supply</b>  Approved for 1.0 WCS CEC.</p>	Local Agency staff who counsel breastfeeding mothers	<p><a href="#">Infant Feeding Lunch and Learn</a></p>	<p><a href="mailto:Asia.Sartor@hhs.texas.gov">Asia.Sartor@hhs.texas.gov</a></p>
10/17	1:00-5:00	<p><b>P3 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include: Counseling During Complex Situations and Pediatric Complications. The 4 sessions can be taken in any order.</p>	Local Agency staff who counsel breastfeeding mothers	<p><a href="https://www.eventbrite.com">TALWD.Eventbrite.com</a>  Enter code: AdvLM  Please register in advance.</p>	<p><a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
10/18	8:30-4:00	<p><b>Virtual New WIC Directors' Orientation</b> Join us for the New WIC Directors' Orientation (Day 1) to learn about the functions of each State Agency unit and branch and how the work they do supports the local agency efforts with running the WIC Program at the local level. You will hear from the State WIC Director, Edgar Curtis, Unit Directors and Branch Managers.</p>	For recently hired Local Agency WIC Directors (required within six-months of hire), Assistant Directors, and/or Fiscal Officers for WIC. Other WIC staff and Fiscal Officers for WIC may also attend as a refresher.	Contact Doreen LaDuca <a href="mailto:Doreen.Laduca@hhs.texas.gov">Doreen.Laduca@hhs.texas.gov</a>	<a href="mailto:Doreen.LaDuca@hhs.texas.gov">Doreen.LaDuca@hhs.texas.gov</a>
10/19	1:00-5:00	<p><b>P4 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include: Advances in Maternal Nutrition during Lactation, part 2 and Composition of Human Milk. The 4 sessions can be taken in any order.</p>	Local Agency staff who counsel breastfeeding mothers	<a href="https://www.eventbrite.com">TALWD.Eventbrite.com</a>  Enter code: AdvLM  Please register in advance.	<a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
10/19 10/20	8:30-1:00	<p><b>Virtual WIC Financial Management Training</b> Are you new to WIC Financial Management or just need a refresher? The WIC Financial Management training is designed to give you an overview of the various aspects of managing WIC funding. Learn about surplus pages, reporting requirements, invoicing, cost categories and allocations, unallowable costs, and much more.</p>	For recently hired Local Agency WIC Directors (required within six-months of hire), Assistant Directors, and/or Fiscal Officers for WIC. Other WIC staff and Fiscal Officers for WIC may also attend as a refresher.	Contact Doreen LaDuca <a href="mailto:doreen.laduca@hhs.texas.gov">doreen.laduca@hhs.texas.gov</a>	<a href="mailto:Doreen.LaDuca@hhs.texas.gov">Doreen.LaDuca@hhs.texas.gov</a>
10/20	12:00-1:00	<p><b>Lunch and Learn - Lactation After Bariatric Surgery: Physiological, Hormonal and Psychological Implications Presented by Bianca Balassiano, IBCLC</b> With the increase in the prevalence of obesity internationally, the world is turning its attention to effective forms of treatment. As a result,</p>	Staff who do breastfeeding counseling.	Please register at the link below:  <a href="#">Lactation After Bariatric Surgery Registration 10/20/22</a>	<a href="mailto:Lindsay.Gray@hhs.texas.gov">Lindsay.Gray@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p>surgical techniques are increasingly being used in an attempt to ensure weight loss, reduction of comorbidities and hormonal balance in young patients of childbearing age. However, as a restrictive and disabsortive surgery, its impacts on pregnancy, childbirth and postpartum outcomes have been increasingly studied closely. Scientific studies provide substantial data on lactation after bariatric surgery, with common outcomes such as greater use of supplementation, less exclusive breastfeeding, shorter duration of breastfeeding and a higher rate of nutritional and vitamin deficiencies. Less studied, however, are its emotional effects on the lactating person, as well as the impacts on body recognition and the difficulties in dealing with the new morphological breast/chest configuration. Therefore, it is essential that the health professional who is dedicated to working in support of breastfeeding is specially trained to support families for the proper management of breastfeeding in the presence of substantially increased risks, as demonstrated after bariatric surgery.</p> <p>Approved for 1.0 WCS CEC.</p>			
10/27	12:00-1:00	<p><b>Lunch and Learn: Ask the IBCLC</b> Open-ended session for LA staff to bring questions or discuss trends in breastfeeding.</p> <p>Approved for 1.0 WCS CEC.</p>	All staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Michelle.Poole@hhs.texas.gov">Michelle.Poole@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>November 2022</b>					
11/01	1:00-2:00	<p><b>WIC Shopping 101</b> This live, interactive training event is designed for staff in a variety of roles. Join to learn about WIC foods, shopping resources available for clients, common challenges and tips for supporting the shopping experience.</p> <p>Approved for 1.0 WCS CEC</p>	Local Agency Staff and State Staff	<a href="#">WIC Shopping 101 November Training (11/01/2022)</a>	<p><a href="mailto:Kaylene.Thompson@hhs.texas.gov">Kaylene.Thompson@hhs.texas.gov</a></p> <p><a href="mailto:Alyssa.Rubin@hhs.texas.gov">Alyssa.Rubin@hhs.texas.gov</a></p>
11/03	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Breastfeeding Basics-Common Concerns and How to Address Them</b> This session will focus on case studies of common breastfeeding scenarios that staff may encounter in the clinic. Staff will learn how to provide an effective and supportive response. Audience participation in the chat box will be encouraged.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn Link</a>	<p><a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a></p> <p><a href="mailto:Michelle.Poole@hhs.texas.gov">Michelle.Poole@hhs.texas.gov</a></p>
11/08 11/10 11/15 11/17	19 hours of live virtual instruction over a 2-week period.  See the <a href="#">Texas WIC Training Catalog</a> for exact times.	<p><b>TXIN Application Training Day 1</b> We will introduce TXIN and give a little history before we explore navigation. During this class, we will create a family record, add an endorser, and add the participants to the family record.</p> <p><b>TXIN Application Training Day 2</b> This is an all-day session with a break for lunch. During this class we will certify a participant. This session also includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p> <p><b>TXIN Application Training Day 3</b> In this session, we will sign the Rights &amp; Responsibilities document, create a benefits issuance, and demonstrate how to write to WIC benefits card. We will also discuss</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p>completing the Daily Rider and performing Recertification, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the Gateway Portal.</p> <p><b>TXIN Application Training Day 4</b>                      This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, create and approve a prescription and manage a drop ship order in TXIN.</p>			
11/08	1:00-2:00	<p><b>Infant Feeding Lunch and Learn: Ask the Formula Team</b>                      LA staff are encouraged to bring any questions related to formula that they would like to discuss with the State Formula team. This is an open ended "office-hours" style session.</p> <p>Approved for 1.0 WCS CEC.</p>	Staff who work with formula	<a href="#">Infant Feeding Lunch and Learn Link</a>	<a href="mailto:Michelle.Summerfield@hhs.texas.gov">Michelle.Summerfield@hhs.texas.gov</a>
11/10	12:00-1:00	<p><b>Raíces at the Table presented by Krista Linares, RDN</b>                      This presentation offers a broad-level overview of the state of nutrition and nutrition-related conditions among Latines in the United States, dispels common myths about Latine food culture, and provides a broad level overview of regional cuisine across Mexico, Central America, and the Caribbean. This presentation will encourage all practitioners to examine their own conceptions of Latine food and how this may impact communication with and health outcomes for Latine patients. Strategies for basic nutrition coaching specific to WIC and Latine food will be included. This training will be presented live on Zoom and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC</p>	WIC RDs, Nutritionists, WCS	Please Register at the link below:  <a href="http://attend.com/WIC_Raices_at_the_Table">http://attend.com/WIC_Raices at the Table</a>	<a href="mailto:Angela.Gil@hhs.texas.gov">Angela.Gil@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
11/14	8:30-9:30	<b>LiveStorm Orientation</b> This class must be taken before attending VLP or VALM. This is a review of how to use the LiveStorm platform.	Staff attending a LiveStorm class	<a href="https://www.eventbrite.com/e/talwd-wic-orientation-tickets-149848280000">TALWD.Eventbrite.com</a> Enter code: Tx-WIC	<a href="mailto:Missy.Hammer@hs.texas.gov">Missy.Hammer@hs.texas.gov</a>
11/15 11/16 11/17	9:00-12:00	<b>Virtual Lactation Principles</b> (3 days) This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. All 3 days are required in order to receive a completion certificate.  Approved for 3.0 WCS CEC	Local Agency staff offering breastfeeding education	<a href="https://www.eventbrite.com/e/talwd-wic-orientation-tickets-149848280000">TALWD.Eventbrite.com</a> Enter code: Tx-WIC  Please register in advance	<a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hs.texas.gov">Missy.Hammer@hs.texas.gov</a>
11/15	1:00-2:00	<b>The Basics of Food Allergies</b> This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of Food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>
11/16	1:00-2:00	<b>FY23 SNAP-Ed Kick-off</b> Let's kick off the new fiscal year with a live discussion about FY23 SNAP-Ed funded projects. This session is offered twice for your convenience (same content each day). State agency staff will provide updates on topics including project goals, evaluation, reporting, invoicing, and more!	FY23 SNAP-Ed LA funding recipients	No registration needed - simply join this session by clicking on the MS Teams link:  <a href="#">FY23 SNAP-Ed Kick-off - 11/16</a>	<a href="mailto:Beatrice.Watson@hhs.texas.gov">Beatrice.Watson@hhs.texas.gov</a>
11/17	11:00-12:00	<b>FY23 SNAP-Ed Kick-off</b> Let's kick off the new fiscal year with a live discussion about FY23 SNAP-Ed funded projects. This session is offered twice for your convenience (same content each day). State agency staff will provide updates on topics including project goals, evaluation, reporting, invoicing, and more!	FY23 SNAP-Ed LA funding recipients	No registration needed - simply join this session by clicking on the MS Teams link:  <a href="#">FY23 SNAP-Ed Kick-off - 11/17</a>	<a href="mailto:Beatrice.Watson@hhs.texas.gov">Beatrice.Watson@hhs.texas.gov</a>

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Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
11/17	12:00-1:00	<b>Infant Feeding Lunch and Learn: Texas 10 Step Program</b> Approved for 1.0 WCS CEC.	All WIC staff	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Betzabel.Botello@hhs.texas.gov">Betzabel.Botello@hhs.texas.gov</a>
11/28	9:00-10:00	<b>Live Storm Orientation</b> This class must be taken before attending VLP or VALM. It only needs to be taken once. This is a review of how to use the LiveStorm platform.	Staff attending a LiveStorm class	<a href="https://www.eventbrite.com/e/talwd-live-storm-orientation-tickets-31234567890">TALWD.Eventbrite.com</a> Enter code: AdvLM	<a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
11/28	1:00-5:00	<b>P1 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include: Advanced Maternal Complications and Medications and Mother's Milk. The 4 sessions can be taken in any order.	Local Agency stff who counsel breastfeeding mothers	<a href="https://www.eventbrite.com/e/talwd-p1-virtual-advanced-lactation-management-tickets-31234567890">TALWD.Eventbrite.com</a> Enter code: AdvLM Please register in advance.	<a href="mailto:Kristina.Arrieta@hhs.texas.gov">Kristina.Arrieta@hhs.texas.gov</a> <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
<b>December 2022</b>					
12/01	12:00-1:00	<p><b>Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID Presented by Joan Salge Blake, EdD, RDN, LDN, FAND</b></p> <p>This presentation will provide science-based information on the consumers' current eating trends and empower RDNs with tips and strategies to help the public when it comes to sustaining healthy eating habits inside the home. This training will be presented live on Teams and recorded for future viewing in the WIC LMS.</p> <p>Approved for 1.0 WCS CEC.</p>	WIC RDs, Nutritionists and WCS	<p>Please register at the link below:</p> <p><a href="#">Why We Need to Keep Consumers in the Kitchen Registration 12/1/22</a></p>	<a href="mailto:Angela.Gill@hhs.texas.gov">Angela.Gill@hhs.texas.gov</a>
12/06	1:00-2:00	<p><b>The Basics of Food Allergies</b> This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.</p>	Staff Offering Nutrition Education and Counseling	<a href="#">The Basics of Food Allergies</a>	<a href="mailto:Katie.Oliver@hhs.texas.gov">Katie.Oliver@hhs.texas.gov</a>
12/06 12/08 12/13 12/15	<p>19 hours of live virtual instruction over a 2-week period.</p> <p>See the <a href="#">Texas WIC Training Catalog</a> for exact times.</p>	<p><b>TXIN Application Training Day 1</b></p> <p>We will introduce TXIN and give a little history before we explore navigation. During this class, we will create a family record and add an endorser and participants to the family record.</p> <p><b>TXIN Application Training Day 2</b></p> <p>This is an all-day session with a break for lunch. During this class we will certify a participant. This session also includes a special presentation on creating and managing VENA and Risk Codes in TXIN.</p>	New and/or existing TXIN users	Virtual Training: Microsoft Teams	<p><a href="mailto:Debra.White1@hhs.texas.gov">Debra.White1@hhs.texas.gov</a></p> <p><a href="mailto:Sandra.West@hhs.texas.gov">Sandra.West@hhs.texas.gov</a></p>



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Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
		<p><b>TXIN Application Training Day 3</b> In this session, we will sign the Rights &amp; Responsibilities document, create a benefits issuance, and demonstrate how to write to WIC benefits card. We will also discuss completing the Daily Rider and performing Recertification, mid-certs &amp; mid-reviews in TXIN. The session includes a scheduling overview, and a presentation on using the myWIC app.</p> <p><b>TXIN Application Training Day 4</b> This day is all about formula! In this session we verify formula, replace &amp; exchange formula, return formula, create and approve a prescription and manage a drop ship order in TXIN.</p>			
12/07	1:00-5:00	<p><b>P2 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include: Biomechanics of Lactation and Advances in Maternal Nutrition during Lactation, part 1. The 4 sessions can be taken in any order.</p>	LA staff who counsel breastfeeding mothers	<p><a href="https://www.eventbrite.com">TALWD.Eventbrite.com</a> Enter code: AdvLM Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>
12/08	12:00-1:00	<p><b>Infant Feeding Lunch and Learn: Pumps and Policy: Decision Making for Breast Pump Issuance</b>  Approved for 1.0 WCS CEC.</p>	Staff who issue breast pumps	<p><a href="#">Infant Feeding Lunch and Learn Link</a></p>	<p><a href="mailto:Ngoc.Huynh@hhs.texas.gov">Ngoc.Huynh@hhs.texas.gov</a></p>
12/12	1:00-5:00	<p><b>P3 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking &amp; problem-solving skills during activities and case studies. Topics include: Counseling During Complex Situations and Pediatric Complications. The 4 sessions can be taken in any order.</p>	Staff who counsel breastfeeding mothers	<p><a href="https://www.eventbrite.com">TALWD.Eventbrite.com</a> Enter code: AdvLM Please register in advance.</p>	<p><a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a></p>

# Texas WIC Live Online Training Schedule

Updated: 10/14/22

Date	Time	Session Description	Target Audience	Training Link	Contact for Questions
12/13	1:00-2:00	<b>Tour of TexasWIC.org</b> - Join this training to take a live tour of the TexasWIC.org website and learn how to use it as a versatile resource for helping WIC clients with their specific needs and concerns.	All WIC staff	<a href="https://www.texaswic.org/12/3/2022">Tour of TexasWIC.org - 12/3/2022</a>	<a href="mailto:Connie.Cheng@hhs.texas.gov">Connie.Cheng@hhs.texas.gov</a>
12/14	1:00-5:00	<b>P4 Virtual Advanced Lactation Management</b> This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include: Advances in Maternal Nutrition during Lactation, part 2 and Composition of Human Milk. The 4 sessions can be taken in any order.	Staff who counsel breastfeeding mothers	<a href="https://www.eventbrite.com">TALWD.Eventbrite.com</a>  Enter code: AdvLM  Please register in advance.	<a href="mailto:Kristina.Arrietta@hhs.texas.gov">Kristina.Arrietta@hhs.texas.gov</a>  <a href="mailto:Missy.Hammer@hhs.texas.gov">Missy.Hammer@hhs.texas.gov</a>
12/15	12:00-1:00	<b>Infant Feeding Lunch and Learn: Paced Bottle Feeding</b>  Approved for 1.0 WCS CEC.	Staff who counsel breastfeeding mothers	<a href="#">Infant Feeding Lunch and Learn</a>	<a href="mailto:Michelle.Poole@hhs.texas.gov">Michelle.Poole@hhs.texas.gov</a>

# October

2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6 <b>12-1 pm</b> Ask the Formula Team	7
10 <b>8:30-9:30 am</b> LiveStorm Orientation <b>1-5 pm</b> P1 Virtual Advanced Lactation Management	11 <b>1-2 pm</b> NE Sharing Session <b>1-5 pm</b> TXIN Application Day 1	12 <b>1-5 pm</b> P2 Virtual Advanced Lactation Management	13 <b>8:30 am-5 pm</b> TXIN Application Day 2 <b>12-1 pm</b> Understanding Primary, Secondary and Perceived Low Milk Supply	14
17 <b>1-5 pm</b> P3 Virtual Advanced Lactation Management	18 <b>8:30 am-4 pm</b> Virtual New WIC Directors' Orientation <b>1-5 pm</b> TXIN Application Day 3	19 <b>1-5 pm</b> P4 Virtual Advanced Lactation Management <b>8:30 am-1 pm</b> Virtual WIC Financial Management Training (Day 1)	20 <b>8:30 am-1 pm</b> Virtual WIC Financial Management Training (Day 2) <b>8:30 am-12:30 pm</b> TXIN Application Day 4 <b>12-1 pm</b> Lactation After Bariatric Surgery: Physiological, Hormonal and Psychological Implications	21
24	25	26	27 <b>12-1 pm</b> Ask the IBCLC	28
31				

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

# November

2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>1-2 pm</b> WIC Shopping 101	2	3 <b>12-1 pm</b> Breastfeeding Basics-Common Concerns and How to Address Them	4
7	8 <b>1-2 pm</b> Ask the Formula Team <b>1-5 pm</b> TXIN Application Day 1	9	10 <b>8:30 am-5 pm</b> TXIN Application Day 2 <b>12-1 pm</b> Raíces at the Table	11
14 <b>8:30-9:30 am</b> LiveStorm Orientation	15 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 1) <b>1-2 pm</b> The Basics of Food Allergies <b>1-5 pm</b> TXIN Application Day 3	16 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 2) <b>1-2 pm</b> FY23 SNAP-Ed Kick-off	17 <b>8:30 am-12:30 pm</b> TXIN Application Day 4 <b>9 am-12 pm</b> Virtual Lactation Principles (Day 3) <b>11 am-12 pm</b> FY23 SNAP-Ed Kick-off <b>12-1 pm</b> Texas 10 Step Program	18
21	22	23	24	25
28 <b>9-10 am</b> LiveStorm Orientation <b>1-5 pm</b> P1 Virtual Adv. Lactation Management	29	30		

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

# December

2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>12-1 pm</b> Why We Need to Keep Consumers in The Kitchen: Optimizing Healthy Habits Post COVID	2
5	6 <b>1-5 pm</b> TXIN Application Day 1 <b>1-2 pm</b> The Basics of Food Allergies	7 <b>1-5 pm</b> P2 Virtual Advanced Lactation Management	8 <b>12-1 pm</b> Pumps and Policy: Decision Making for Breast Pump Issuance <b>8:30 am-5 pm</b> TXIN Application Day 2	9
12 <b>1-5 pm</b> P3 Virtual Advanced Lactation Management	13 <b>1-5 pm</b> TXIN Application Day 3 <b>1-2 pm</b> Tour of TexasWIC.org	14 <b>1-5 pm</b> P4 Virtual Advanced Lactation Management	15 <b>12-1 pm</b> Paced Bottle Feeding <b>8:30 am-12:30 pm</b> TXIN Application Day 4	16
19	20	21	22	23
26	27	28	29	30

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