



State Services for the Aging: Unit Cost for Services

**As Required by
Human Resources Code, Section
101A.107**

**Texas Health and Human Services
September 2024**



TEXAS
Health and Human
Services

Table of Contents

Introduction.....	2
Table 1. Access and Assistance Services Unit Cost of Service - State Fiscal Year 2023	4
Table 2. Nutrition Services Unit Cost of Service - State Fiscal Year 2023	5
Table 3. Services to Assist Independence Unit Cost of Service - State Fiscal Year 2023	6
Table 4. Services with No Activity - State Fiscal Year 2023.....	9
Table 5. Services Provided through Cost Reimbursement Methodology - State Fiscal Year 2023	10
List of Acronyms	11

Introduction

The Texas Health and Human Services Commission (HHSC) is required to submit the Unit Cost for Services Report annually to the Office of the Governor and the Legislative Budget Board on or before September 30 as directed by Human Resources Code, Section 101A.107.

The report must clearly identify the unit cost of each service provided by the 28 Area Agencies on Aging (AAAs). Services related to community service volunteering and subsidized employment services are not included in this report.

HHSC is the designated state unit on aging responsible for administering programs and services under the Older Americans Act (OAA) of 1965, Public Law 89-73, as amended through Public Law 116-131, and enacted March 25, 2020. The state unit on aging allocates funds to the AAAs, which administer programs and services in all 254 counties in Texas, to support services to people 60 years of age and older, their family members, and caregivers.

The 2024 annual report compiles the state fiscal year 2023 performance data through completion of state fiscal year 2023 closeout reconciliation. A brief description of the services included in each table is listed below.

- Tables 1, 2, and 3 – Services appropriated through HHSC funding sources reported by rate or unit cost and funded by the following: Titles III and VII of the OAA Nutrition Services Incentive Program (NSIP); Consolidated Appropriations Act, 2021, Supplemental Funding; Nutrition OAA Title III-C2; Expanding Access to COVID-19 vaccines via the Aging Network; and State General Revenue. The average cost per unit is a calculation based on the average of the cost per unit per AAA.
- Table 4 – Each AAA determines which allowable services to provide based on local needs. There was no reported activity for the services included in this table during fiscal year 2023.
- Table 5 – Services provided through cost reimbursement methodology which do not require reporting of persons served or units of service include the following: The Area Agency Administration, Data Management, Nutrition Consultation, Ombudsman, and Senior Center Operations; Health Information, Counseling, and Advocacy Program (HICAP) Assistance and HICAP Outreach services; Medicare Improvements for Patients and Providers

Act (MIPPA) Outreach and Assistance service; and Special Initiative service for Expanding the Public Health Workforce within the Aging Network for States (STPH) grant.

Table 1. Access and Assistance Services Unit Cost of Service - State Fiscal Year 2023

Service Title	Unit Description	Expenditures	Units Purchased	Average Cost Per Unit
Care Coordination	One Hour	\$6,108,241	64,613	\$94.54
Caregiver Support Coordination	One Hour	\$3,444,661	31,026	\$111.02
Information, Referral and Assistance	One Contact	\$4,920,615	336,499	\$14.62
Legal Assistance 60 and Over	One Hour	\$1,462,830	10,457	\$139.89
Legal Awareness	One Contact	\$801,488	231,570	\$3.46
Outreach	One Contact	\$2,592	10	\$259.20
Participant Assessment – Access and Assistance	One Complete Assessment	\$30,940	139	\$222.59

Table 2. Nutrition Services Unit Cost of Service - State Fiscal Year 2023

Service Title	Unit Description	Expenditures	Units Purchased	Average Cost Per Unit
Congregate Meals	One Meal	\$20,219,821	2,835,545	\$7.13
Home Delivered Meals	One Meal	\$44,370,859	7,785,347	\$5.70
Nutrition Counseling	One Contact	\$62,600	626	\$100.00
Nutrition Education	One Contact	\$25,306	100,439	\$0.25
Participant Assessment – Nutrition Services	One Complete Assessment	\$492,354	10,744	\$45.83

Table 3. Services to Assist Independence Unit Cost of Service - State Fiscal Year 2023

Service Title	Unit Description	Expenditures	Units Purchased	Average Cost Per Unit
Caregiver Counseling	One Hour	\$85,005	1,028	\$82.69
Caregiver Information Services	One Activity	\$1,481,661	1,367,685	\$1.08
Caregiver Support Groups	One Session	\$133,962	309	\$433.53
Caregiver Training	One Contact	\$230,263	2,582	\$89.18
Chore Maintenance	One Hour	\$307,334	6,681	\$46.00
Day Activity and Health Services	One Half Day	\$30,909	4,982	\$6.20
Emergency Response Services	One Month	\$155,659	5,197	\$29.95
Evidence Based Intervention	One Hour	\$2,822,920	52,708	\$53.56

Service Title	Unit Description	Expenditures	Units Purchased	Average Cost Per Unit
Health Maintenance	One Contact	\$4,523,519	20,381	\$221.95
Health Screening	One Contact	\$11,900	380	\$31.32
Homemaker	One Hour	\$1,261,014	71,407	\$17.66
Homemaker – Voucher	One Hour	\$24,437	1,679	\$14.55
Income Support	One Contact	\$2,493,221	21,667	\$115.07
Instruction and Training	One Contact	\$206,846	4,666	\$44.33
Mental Health Services	One Contact	\$82,770	585	\$141.49
Personal Assistance	One Hour	\$1,916,236	105,145	\$18.22
Physical Fitness	One Contact	\$65,662	15,964	\$4.11
Public Information Services	One Activity	\$531,545	766,394	\$0.69

Service Title	Unit Description	Expenditures	Units Purchased	Average Cost Per Unit
Residential Repair	One Dwelling	\$7,776,602	3,460	\$2,247.57
Respite In Home	One Hour	\$3,835,690	207,425	\$18.49
Respite Out of Home	One Hour	\$457,029	32,578	\$14.03
Respite Voucher	One Hour	\$130,158	8,220	\$15.83
Social Reassurance	One Contact	\$353,663	23,743	\$14.90
Transportation Demand Response	One, One-Way Trip	\$5,717,479	455,682	\$12.55
Transportation Voucher	One, One-Way Trip	\$31,686	651	\$48.67
Visiting	One Contact	\$5,647	1,308	\$4.32

Table 4. Services with No Activity - State Fiscal Year 2023

Service Title	Unit Description	Expenditures	Units Purchased	Average Cost Per Unit
Assisted Transportation	One, One-Way Trip	\$0.00	0	\$0.00
Recreation	One Contact	\$0.00	0	\$0.00
Respite Out of Home Overnight	One Hour	\$0.00	0	\$0.00
Transportation Fixed Route	One, One-Way Trip	\$0.00	0	\$0.00

Table 5. Services Provided through Cost Reimbursement Methodology - State Fiscal Year 2023

Service Title	Expenditures
Area Agency Administration	\$9,852,608
Data Management	\$4,039,212
HICAP Assistance	\$1,820,255
HICAP Outreach	\$469,193
MIPPA Outreach and Assistance	\$787,122
Nutrition Consultation	\$84,021
Ombudsman	\$7,160,288
Senior Center Operations	\$1,521,088
Special Initiative Service	\$561,937

List of Acronyms

Acronym	Full Name
AAAs	Area Agencies on Aging
HHSC	Health and Human Services Commission
HICAP	Health Information, Counseling, and Advocacy Program
MIPPA	Medicare Improvements for Patients and Providers Act
NSIP	Nutrition Services Incentive Program
OAA	Older Americans Act
SHIP	State Health Insurance Assistance Program
STPH	Special Initiative service for Expanding the Public Health Workforce within the Aging Network for States