



# **State Services for the Aging: Unit Cost for Services**

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**As Required by  
Human Resources Code, Section  
101A.107**

**Texas Health and Human Services  
September 2023**



**TEXAS**  
Health and Human  
Services

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## Introduction

The Texas Health and Human Services Commission (HHSC) is required to submit the Unit Cost for Services Report annually to the Office of the Governor and the Legislative Budget Board on or before September 30 as directed by Human Resources Code, Section 101A.107.

The report must clearly identify the unit cost of each service provided by the 28 area agencies on aging, other than services related to community service volunteering and subsidized employment services.

HHSC is the designated state unit on aging responsible for administering programs and services under the Older Americans Act of 1965, Public Law 89-73, as amended through Public Law 116-131, and enacted March 25, 2020. The state unit on aging allocates funds to the Area Agencies on Aging (AAAs), which administer programs and services in all 254 counties in Texas, to support services to people 60 years of age and older, their family members, and caregivers.

The 2022 annual report compiles the state fiscal year 2022 performance data through completion of state fiscal year 2022 closeout reconciliation. A brief description of the services included in each table is listed below.

- Tables 1, 2, and 3 – Services appropriated through HHSC funding sources reported by rate or unit cost and funded by the following: Titles III and VII of the Older Americans Act (OAA); Nutrition Services Incentive Program (NSIP); Families First Coronavirus Response Act; Coronavirus Aid, Relief, and Economic Security Act; Consolidated Appropriations Act, 2021, Supplemental Funding; Nutrition OAA Title III-C2 (HDC5); Expanding Access to COVID-19 vaccines via the Aging Network (VAC5); and State General Revenue.
- Table 4 – Each AAA determines which allowable services to provide based on local needs. The services in this table were not provided in fiscal year 2022.
- Table 5 – Services provided through cost reimbursement methodology which do not require reporting of persons served or units of service include the following: The Area Agency Administration, Data Management, Nutrition Consultation, Ombudsman, and Senior Center Operations; Health Information, Counseling, and Advocacy Program (HICAP) Assistance and HICAP Outreach services; Medicare Improvements for Patients and Providers Act (MIPPA) Outreach and Assistance service; and Special Initiative service

for Expanding the Public Health Workforce within the Aging Network for States (STPH) grant.

**Table 1. Access and Assistance Services Unit Cost of Service-State  
Fiscal Year 2022**

<b>Service Title</b>	<b>Unit Description</b>	<b>Expenditures</b>	<b>Units Purchased</b>	<b>Average Cost Per Unit</b>
Care Coordination	One Hour	\$6,007,084	61,470.11	\$97.72
Caregiver Support Coordination	One Hour	\$3,646,016	29,324.81	\$124.33
Information, Referral and Assistance	One Contact	\$4,802,443	309,885.00	\$15.50
Legal Assistance 60 and Over	One Hour	\$1,208,851	10,472.72	\$115.43
Legal Awareness	One Contact	\$770,572	155,057.00	\$4.97
Participant Assessment – Access and Assistance	One Complete Assessment	\$28,335	145.00	\$195.41

**Table 2. Nutrition Services Unit Cost of Service-State Fiscal Year 2022**

<b>Service Title</b>	<b>Unit Description</b>	<b>Expenditures</b>	<b>Units Purchased</b>	<b>Average Cost Per Unit</b>
Congregate Meals	One Meal	\$12,171,330	1,780,104.00	\$6.84
Home Delivered Meals	One Meal	\$48,525,449	8,502,093.00	\$5.71
Nutrition Counseling	One Contact	\$29,900	299.00	\$100.00
Nutrition Education	One Contact	\$8,345	85,415.00	\$0.10
Participant Assessment – Nutrition Services	One Complete Assessment	\$321,380	6,379.00	\$50.38

**Table 3. Services to Assist Independence Unit Cost of Service-State Fiscal Year 2022**

<b>Service Title</b>	<b>Unit Description</b>	<b>Expenditures</b>	<b>Units Purchased</b>	<b>Average Cost Per Unit</b>
Caregiver Counseling	One Hour	\$54,427	1,028.25	\$52.93
Caregiver Information Services	One Activity	\$1,360,402	573,593.00	\$2.37
Caregiver Support Groups	One Session	\$70,483	119.04	\$592.10
Caregiver Training	One Contact	\$233,284	1,405.00	\$166.04
Chore Maintenance	One Hour	\$359,643	8,062.77	\$44.61
Day Activity and Health Services	One Half Day	\$20,410	547.25	\$37.30
Emergency Response Services	One Month	\$152,627	5,257.00	\$29.03
Evidence Based Intervention	One Hour	\$2,427,756	35,920.25	\$67.59

<b>Service Title</b>	<b>Unit Description</b>	<b>Expenditures</b>	<b>Units Purchased</b>	<b>Average Cost Per Unit</b>
Health Maintenance	One Contact	\$4,360,856	21,830.00	\$199.76
Health Screening	One Contact	\$5,590	497.00	\$11.25
Homemaker	One Hour	\$1,092,640	73,437.07	\$14.88
Homemaker – Voucher	One Hour	\$49,210	3,470.52	\$14.18
Income Support	One Contact	\$2,355,211	26,633.00	\$88.43
Instruction and Training	One Contact	\$182,106	5,230.00	\$34.82
Mental Health Services	One Contact	\$74,665	545.00	\$137.00
Personal Assistance	One Hour	\$1,563,104	97,520.49	\$16.03
Physical Fitness	One Contact	\$64,484	14,152.00	\$4.56
Residential Repair	One Dwelling	\$6,742,363	2,743.00	\$2,458.03



<b>Service Title</b>	<b>Unit Description</b>	<b>Expenditures</b>	<b>Units Purchased</b>	<b>Average Cost Per Unit</b>
Respite In Home	One Hour	\$3,262,376	191,674.72	\$17.02
Respite Out of Home	One Hour	\$157,368	16,524.09	\$9.52
Respite Out of Home Overnight	One Hour	\$7,252	977.75	\$7.42
Respite Voucher	One Hour	\$171,391	12,184.95	\$14.07
Social Reassurance	One Contact	\$402,874	25,114.00	\$16.04
Transportation Demand Response	One, One-Way Trip	\$3,938,017	315,750.00	\$12.47
Visiting	One Contact	\$9,463	3,585.00	\$2.64
Transportation Voucher	One, One-Way Trip	\$40,478	601.00	\$67.35

**Table 4. Services Not Provided-State Fiscal Year 2022**

<b>Service Title</b>	<b>Unit Description</b>	<b>Expenditures</b>	<b>Units Purchased</b>	<b>Average Cost Per Unit</b>
Recreation	One Contact	\$0.00	0	\$0.00
Transportation Fixed Route	One, One-Way Trip	\$0.00	0	\$0.00

**Table 5. Services Provided through Cost Reimbursement Methodology-  
State Fiscal Year 2022**

Service Title	Expenditures
Area Agency Administration	\$8,577,934
Data Management	\$3,664,622
HICAP Assistance	\$2,032,827
HICAP Outreach	\$417,840
MIPPA Outreach and Assistance	\$736,956
Nutrition Consultation	\$93,414
Ombudsman	\$6,637,013
Senior Center Operations	\$1,585,550
Special Initiative Service	\$72,001

## List of Acronyms

<b>Acronym</b>	<b>Full Name</b>
AAAs	Area Agencies on Aging
HHSC	Health and Human Services Commission
HICAP	Health Information, Counseling, and Advocacy Program
MIPPA	Medicare Improvements for Patients and Providers Act
NSIP	Nutrition Services Incentive Program
SHIP	State Health Insurance Assistance Program