

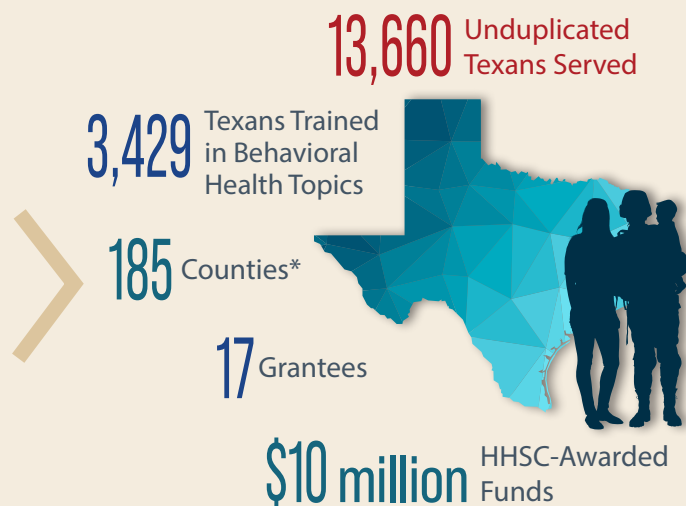
FY 2023

2023 PROGRAM REPORT CARD

Texas Veterans + Family Alliance Grant Program

Program Overview

The Texas Veterans + Family Alliance grant program improves the quality of life of Texas veterans and their families by supporting local communities in expanding availability of and access to behavioral health services. Funding strengthens the work of the U.S. Department of Veterans Affairs. The program empowers local communities to identify and address the behavioral health needs of veterans and family members through collaborative, sustainable partnerships and coordinated service-delivery systems.



TEXAS-SIZED ACHIEVEMENTS

Grantee accomplishments illustrated the beneficial effects and impacts of Texas Veterans + Family Alliance services. One significant achievement is that the majority of program participants remained engaged in services through program completion, as shown by a 95% retention rate.

Strengthening People and Communities

Grantees that provided housing and employment-related services fostered self-sufficiency:

- **Employment gained: 82% of participants** unemployed at enrollment obtained employment.
- **Employment maintained: 99% of participants** achieved their goal of maintaining employment.
- **Housing stability: 94% of participants** achieved housing stability.

Grantees conducted a total of:

- **378 trainings on behavioral health topics.**
- **574 support groups.**
- **513 community education events.**

Recovery and Wellness

Program participants made notable gains in personal well-being:

- **Quality of life: 1,681 participants** achieved improved quality of life.
- **Improved mental health: 2,205 participants** achieved clinically significant improvement in their mental health.**

**Grant-funded assistance is available to all 254 Texas counties through grantees offering telehealth services.*

***As indicated by evidence-based measurement scales for depression, anxiety, PTSD, and schizophrenia. Participants may have more than one diagnosis.*

Serving Rural Texas

Texas Veterans + Family Alliance projects increased access to behavioral health services in rural Texas counties. Through the program, **166 rural counties** were served by **16 grantees**, reaching **over 2,232 rural Texans**.

FY 2023 GRANTEES

Castle Cares Community Ministry, Inc.

Dallas County My Health My Resources (MHMR)
Metrocare Services

Easter Seals of Greater Houston Inc.

Emergence Health Network (El Paso MHMR Center)

Family Endeavors, Inc. – Alamo

Family Endeavors, Inc. – El Paso

Family Endeavors, Inc. – Killeen

Family Support Services of Amarillo

Heart of Texas Behavioral Health Network

The League of United Latin American Citizens:
Project Amistad

Recovery Resource Counsel

Samaritan Center for Counseling and Pastoral Care, Inc.

The Ecumenical Center

Tropical Texas Behavioral Health

University of Texas Health Science Center
at San Antonio

University of Texas at Austin

West Texas Counseling and Guidance Center

Success Story

Tropical Texas Behavioral Health Texas Veterans + Family Alliance Project

A Texas veteran and former Texas Veterans + Family Alliance participant struggled with PTSD, suicidal thoughts and impulsive behaviors, which resulted in multiple episodes of homelessness, employment loss, substance use and self-harming behaviors. Following a 72-day inpatient substance use rehabilitative stay, the veteran agreed to work on trauma-related stressors and come back into the Texas Veterans + Family Alliance program.

Through counseling, the participant noted a significant decrease in PTSD symptoms, an absence of suicidal thoughts and a desire to stay sober. He obtained employment and started rebuilding family relationships.