

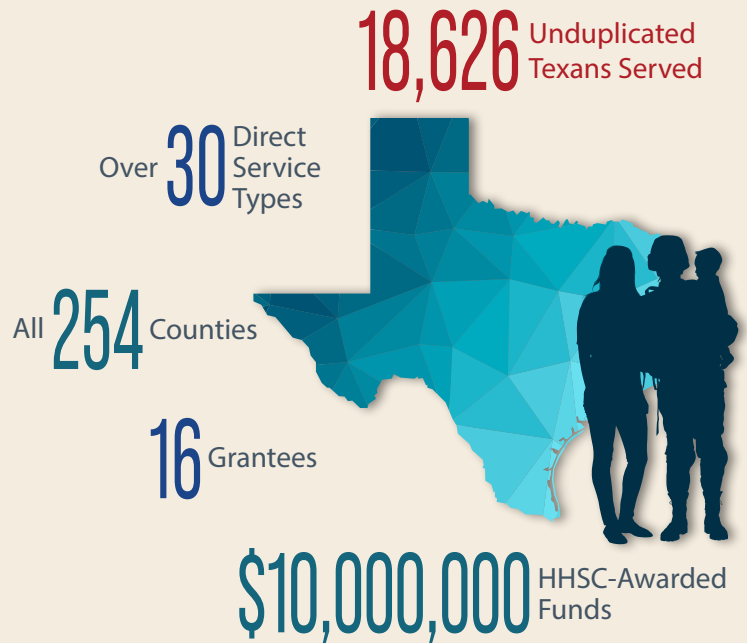
FY21

PROGRAM REPORT CARD

Texas Veterans + Family Alliance Grant Program

Program Overview

The Texas Veterans + Family Alliance (TV+FA) Grant Program was created to improve the quality of life of Texas veterans and their families by supporting local communities across the state to expand availability and access to mental health treatment and services. Funds are intended to augment the work of the U.S. Department of Veterans Affairs. TV+FA seeks to empower local communities to identify and address the mental health needs of veterans and family members through collaborative, sustainable partnerships and coordinated service-delivery systems.



TEXAS-SIZED ACHIEVEMENTS

Program Highlights



4,363 participants in clinical services



652 participants in peer support



588 participants in employment services



319 participants in equine therapy



TEXAS
Health and Human
Services

Texas Government Code §531.0992
Texas Health and Human Services IDD and Behavioral Health Services Department
hhs.texas.gov

FY21 GRANTEES

American GI Forum National Veterans Outreach Program

Baylor Scott & White Research Institute

Camp Cowboy

Dallas County Metrocare Services (Dallas County Mental Health and Mental Retardation Center)

Easter Seals Greater Houston, Inc.

Emergence Health Network (El Paso MHMR Center)

Family Endeavors – El Paso

Family Endeavors – Killeen

Family Endeavors – San Antonio

Heart of Texas Region MHMR Center

Recovery Resource Council

StarCare Specialty Health System
(Lubbock Regional MHMR Center)

The Ecumenical Center for Religion and Health

Tropical Texas Behavioral Health

West Texas Counseling and Guidance, Inc.

TV+FA Success Story

Alex enrolled in Recovery Resource Council's veteran services program for help with overwhelming symptoms of depression and anxiety. With the window shades drawn, attempting to mitigate escalating symptoms of anxiety, depression and panic attacks, the usually confident young vet had isolated himself inside his home for months, avoiding all social interactions.

Due to the pandemic, counseling sessions occurred virtually, a coincidence that helped Alex when he began services. He achieved huge progress right away. After the first few initial sessions, he not only left his home but went to the grocery store and other public places. Alex, committed to therapy, continues to make progress. During a recent session, he told his counselor, "I can feel my brain physically healing, and I'm able to get back to who I was before everything happened." He has also begun the college enrollment process, aiming to join a program with in-person classes.

