



THE ROLE OF TRANSITION SUPPORT TEAMS FOR PEOPLE RESIDING IN A NURSING FACILITY

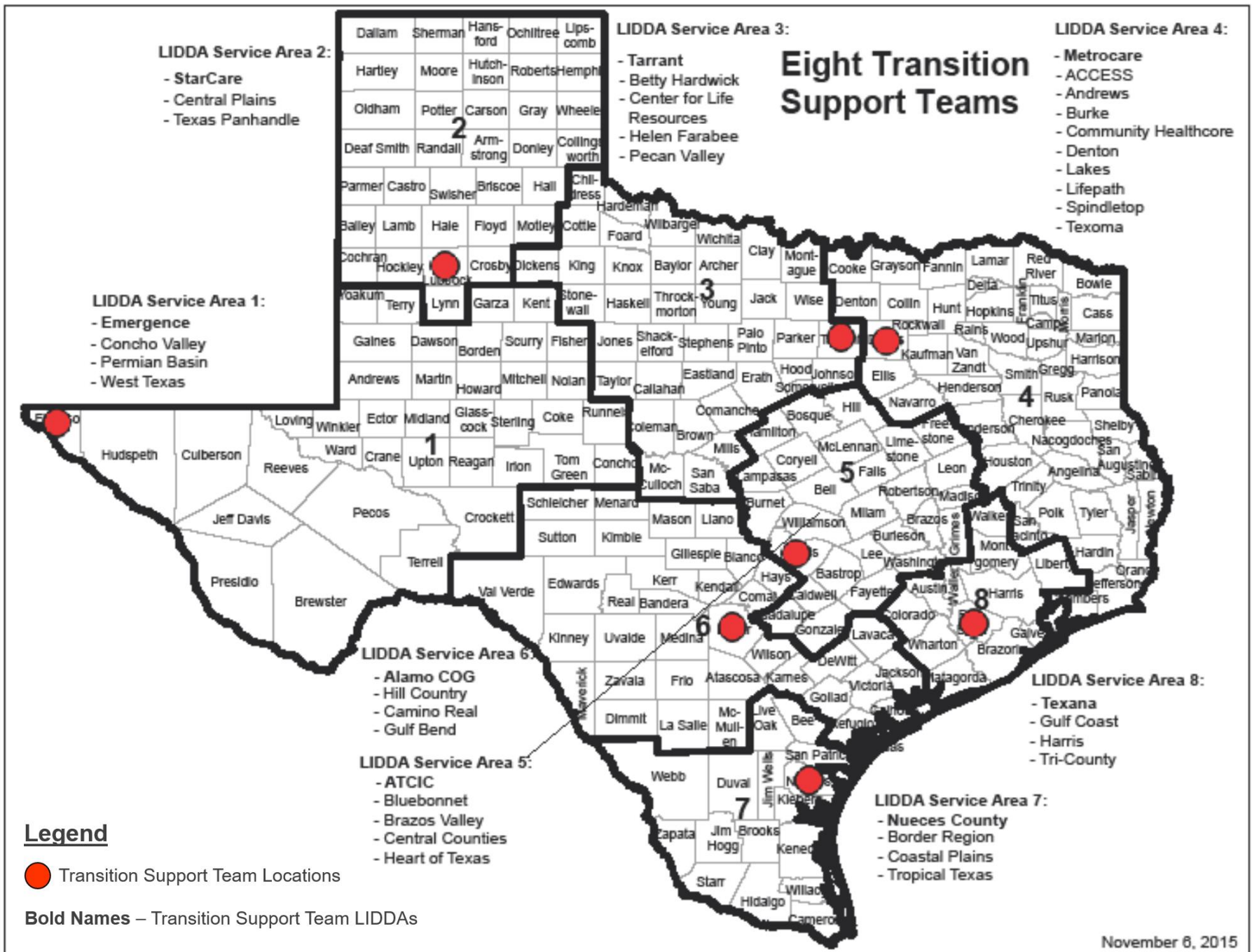
NOVEMBER 9-10, 2021

LAURA GOLDEN, OTR, OTD -
MHMR OF TARRANT COUNTY

OVERVIEW

In 2015, the state proposed the development of 8 Transition Support Teams (TST)

- 254 counties of Texas
- 39 LIDDAs and community waiver providers within a designated region



TST TEAM

TST must include:

- Licensed health–related professionals with expertise working with individuals with IDD such as:
 - Social Worker
 - Physician
 - Physician’s Assistant
 - Nurse Practitioner
 - Registered Nurse
 - Psychiatrist
 - Psychologist
 - Behavior Specialist

PURPOSE OF TST

Assist HCS and TxHmL program providers and LIDDAS serving individuals with IDD who are:

- At risk of being admitted to institutional setting
or
- Transitioning from institutional setting back into the community

* Institutional Setting = nursing facility (NF), state hospitals (SH), state supported living center (SSLC), or jails

WHO TST SUPPORTS

Provide Medical, Behavioral, and Psychiatric Support to

- Local Intellectual and Developmental Disability Authorities (LIDDAs)
- Home and Community-based Services (HCS) program providers
- Texas Home Living (TxHmL) program providers
- Community Living Assistance Support Services (CLASS)
- Deaf Blind with Multiple Disabilities (DBMD)
- LMHA/LBHA services
- And any other provider and professionals who are working with people with IDD



GOAL

Successful Inclusion
in the Community

RESPONSIBILITIES OF TST

- Quarterly Educational Activities
- Technical Assistance
- Case-Specific Peer Review

EDUCATIONAL ACTIVITIES

- Educational activities are centered around Medical, Behavioral, and Psychiatric topics
 - Topics are often requested by community members
- Offered to private provider agencies, LIDDAs, and others who help persons with ID/DD

EDUCATIONAL ACTIVITIES EXAMPLES

Person Centered Thinking

Facilitating Positive Change

Consumer Rights

Cultural Competencies

Intersectionality of Race and Disability: Best Practice for Service Providers

Working with Complex Systems of Support

Understanding and Working with Dual Diagnosis

Managing Aggression and Challenging Behaviors

Psychotropic Medications

Trauma Informed Care/Treatment

Dementia and IDD

Sexuality in Children and Adults with IDD/ASD

Sensory Friendly Environments and Interventions

Grief and Loss with Individuals with Developmental Disabilities

TECHNICAL ASSISTANCE

Information on specific disorders or diseases as well as best practices and evidenced-based services for individuals with specific medical, behavioral, and psychiatric challenges

*We do not provide direct services; we assist in finding resources and evidence-based practices to enhance the supports already in place or to identify supports to enhance the continuity of services and/or transition of the individual.

EDUCATIONAL ACTIVITIES OR TECHNICAL ASSISTANCE PROCESS

- Contact appropriate Transition Support Team with request
- Will receive response within 3 business days with acknowledgment of receipt and if required, request for more information
- Will provide response to technical assistance within 3 business days unless otherwise noted
- Will schedule training to fit needs of your audience

CASE REVIEWS

Regular case review sessions

- 3 day response with acknowledgment of receipt and if required, request for more documentation
- Conclude with a written report and follow-up instructions provided within 2 work weeks

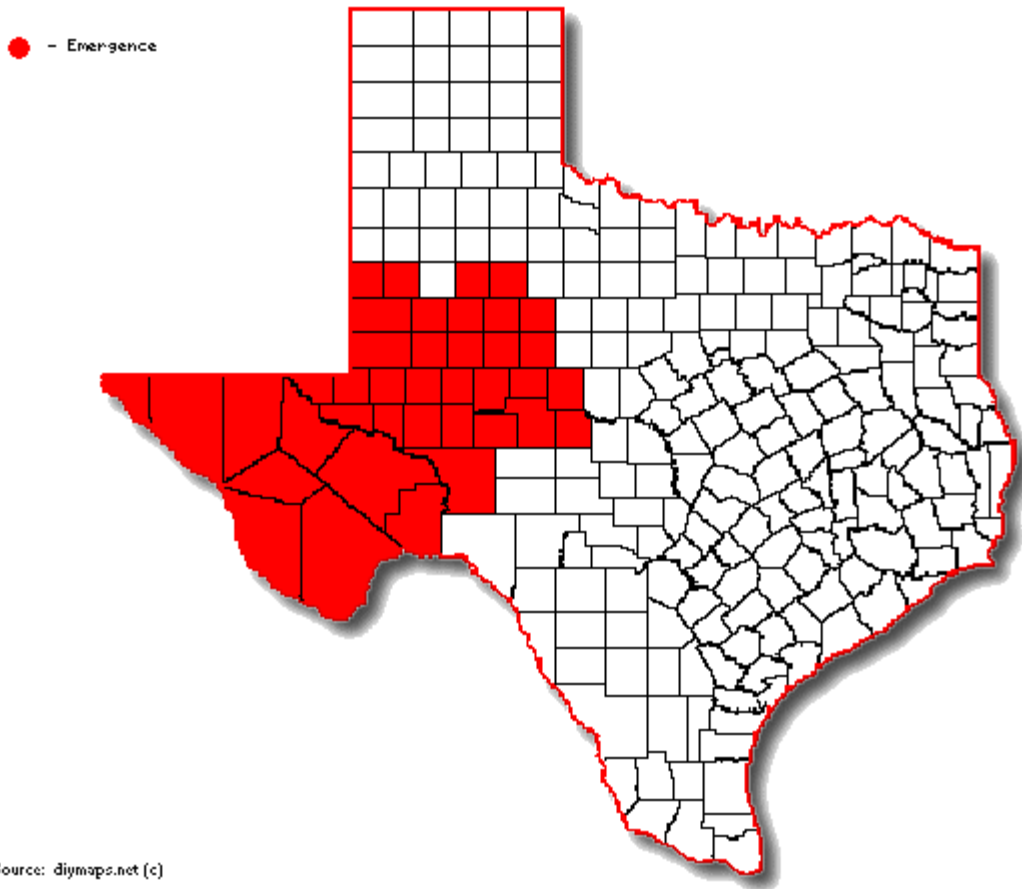
CASE REVIEW REFERRAL PROCESS

- PASRR Habilitation Coordinator from designated LIDDA will contact appropriate Transition Support Team to notify of recommendation for Community Transition
- Will receive response within 3 business days with acknowledgment of receipt
- Designated LIDDA's PASRR Habilitation Coordinator will present the individual to TST's multidisciplinary team for recommendations
- Conclude with a written report and follow-up instructions provided within 2 work weeks
- Additional meeting attendance and/or NF visit is at the discretion of the TST

TEAMWORK

- Teams work together to assist when a person is transitioning to an area that is outside of their region.
- We share training and educational opportunities throughout the state.

EMERGENCE HEALTH NETWORK



- Emergence Health Network
- MHMR Services for the Concho Valley
- Permian Basin Community Centers for MHMR
- West Texas Centers

EMERGENCY – MULTIDISCIPLINARY TEAM

- Board Certified Behavior Analyst
- Social Worker
- Licensed Professional Counselor
- Registered Nurse
- Physician
- Psychiatrist

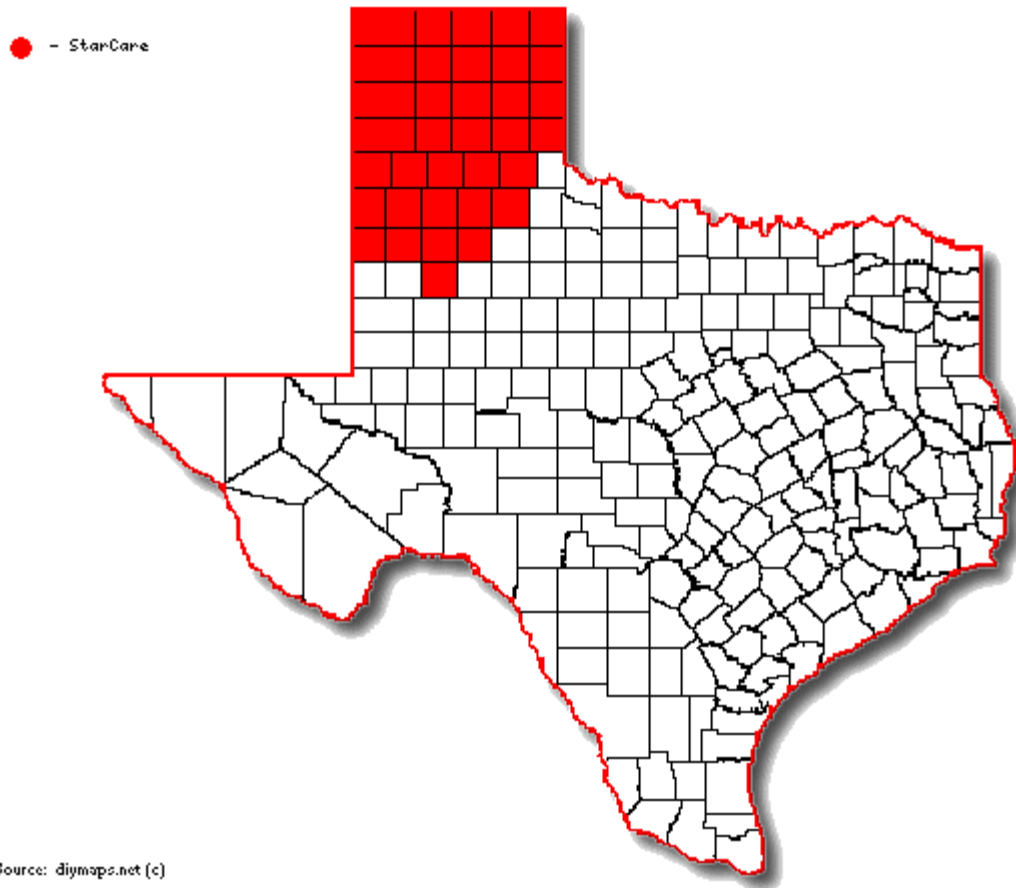
EMERGENCY – CONTACT INFO

■ Jordan Wynn, LMSW

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STARCARE



- Central Plains Center
- StarCare Specialty Health System
- Texas Panhandle Centers

STARCARE – MULTIDISCIPLINARY TEAM

- Licensed Professional Counselor
- IDD Diversion Coordinator
- Behavioral Specialist
- Physician
- Internist
- Occupational Therapist
- Registered Nurse
- LIDDA Operations Specialist

STARCARE – CONTACT INFO

■ Mitch Brazil, MA, LPC

CIS/TST Lead Coordinator

StarCare Specialty Health System

904 Avenue O

Lubbock, TX 79408

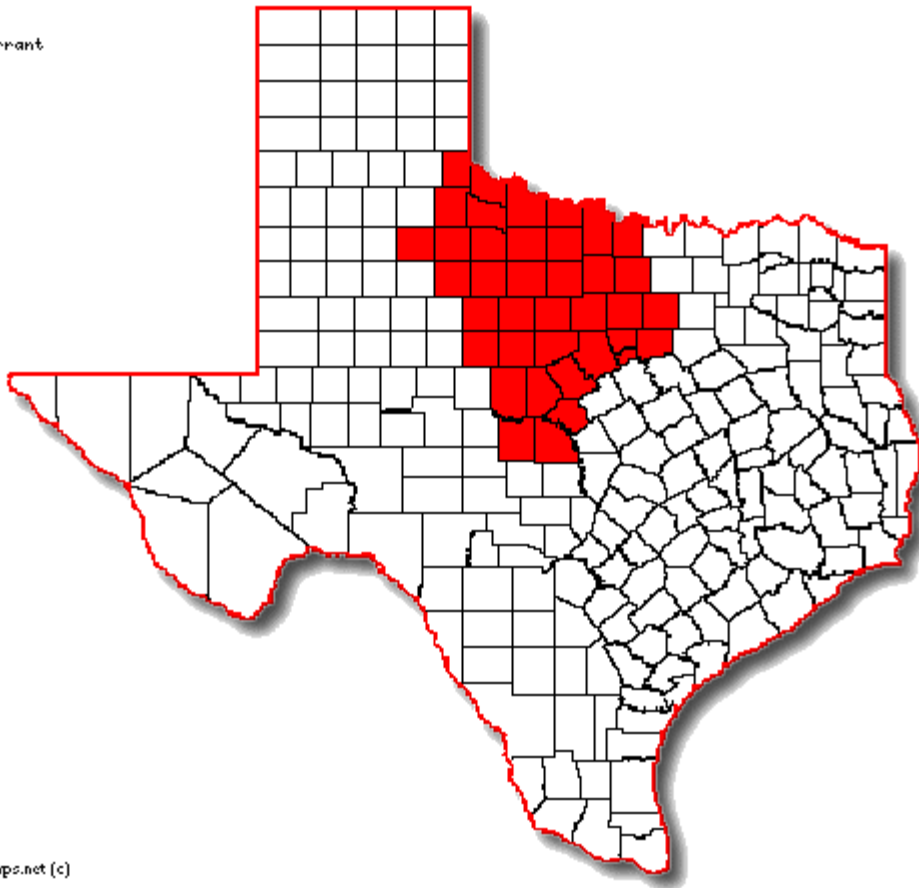
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TARRANT COUNTY

● - Tarrant



- Betty Hardwick Center
- Center for Life Resources
- Helen Farabee Centers
- MHMR of Tarrant County
- Pecan Valley Centers for Behavioral & Developmental Healthcare

TARRANT – MULTIDISCIPLINARY TEAM

- Behavioral Specialist
- Licensed Professional Counselor
- Registered Nurse
- Occupational Therapist
- Psychiatrist
- Psychologist
- Family and Parent Advocate
- Representative from Intake/Continuity of Care
- Crisis Intervention Specialist

TARRANT COUNTY – CONTACT INFO

■ Laura Golden, OTR, OTD

Project Manager, Transition Support Team

MHMR Tarrant

1300 Circle Drive

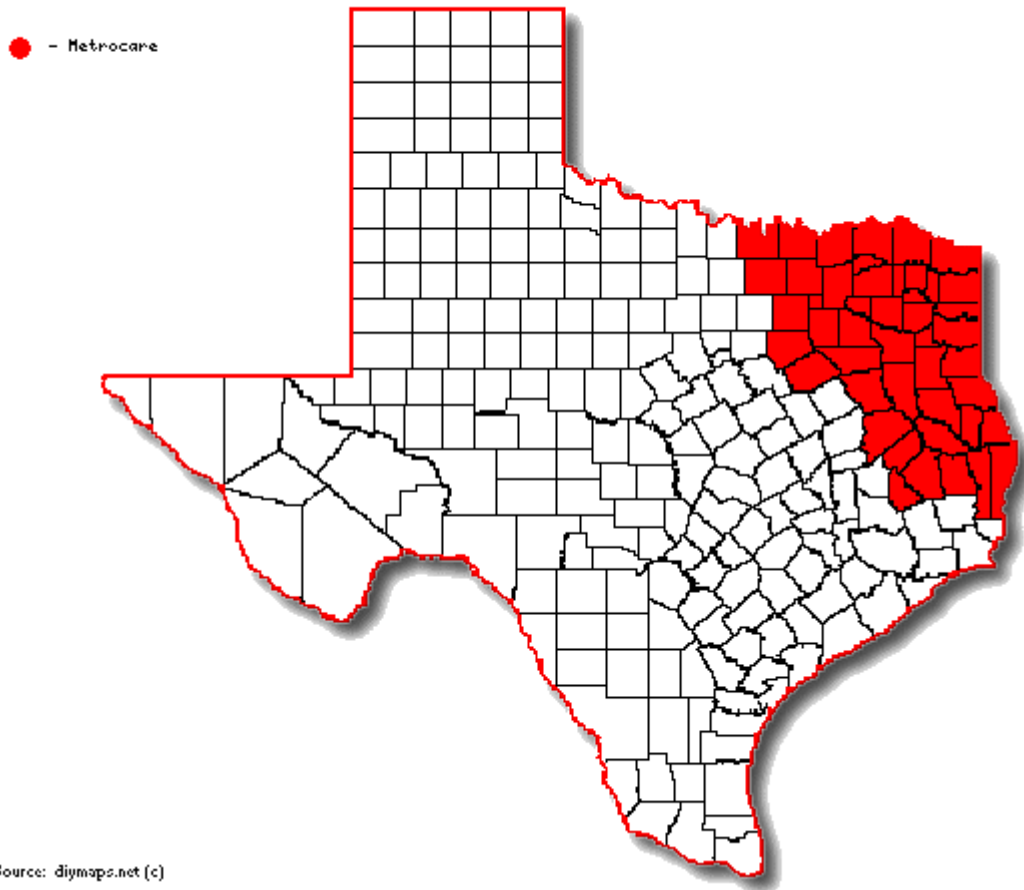
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817-569-4043

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METROCARE



- Access MHMR
- Andrews Center
- Burke Center
- Community Healthcore
- Denton County MHMR Center
- Lakes Regional MHMR Center
- LifePath Systems
- Metrocare Services
- Spindletop Center
- Texoma Community Center

METROCARE – MULTIDISCIPLINARY TEAM

- Psychiatrist
- Internist
- Board Certified Behavior Analyst
- Licensed Professional Counselor (as needed)

METROCARE – CONTACT INFO

■ Karisa Castille

Outreach Coordinator -Transition Support Team

Metrocare Services

1353 N. Westmoreland Rd. Cottage 5

Dallas, TX 75211

214-333 -7065 (direct)

972-426 -8308 (fax)

Karisa.Castille@metrocareservices.org

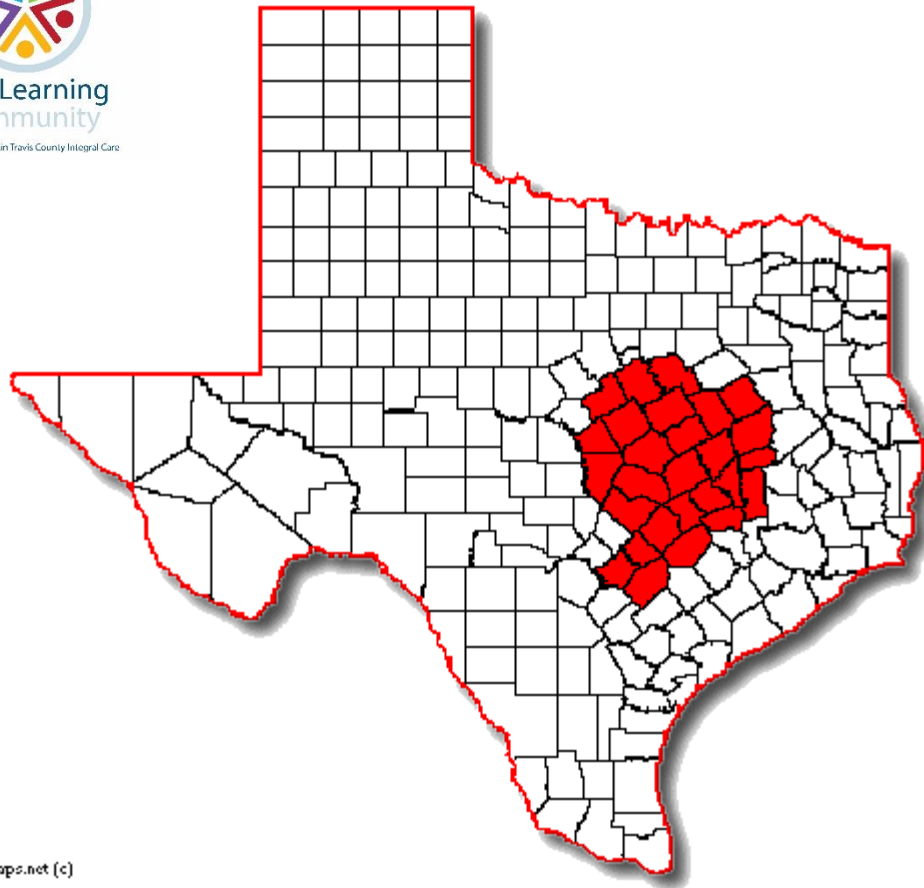
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INTEGRAL CARE



HubLearning
Community

A Project of Austin Travis County Integral Care



- Austin Travis County Integral Care
- Bluebonnet Trails Community Services
- Central Counties Services
- Heart of Texas Region MHMR Center
- MHMR Authority of Brazos Valley

INTEGRAL CARE – MULTIDISCIPLINARY TEAM

- Psychiatrist
- Board Certified Behavior Analyst
- Occupational Therapist
- Licensed Clinical Social Worker
- Counselor (LPC-I)

INTEGRAL CARE – CONTACT INFO

■ Madison Meadows, M. Ed., LPC

Team Lead, Hub Learning Community (HLC)

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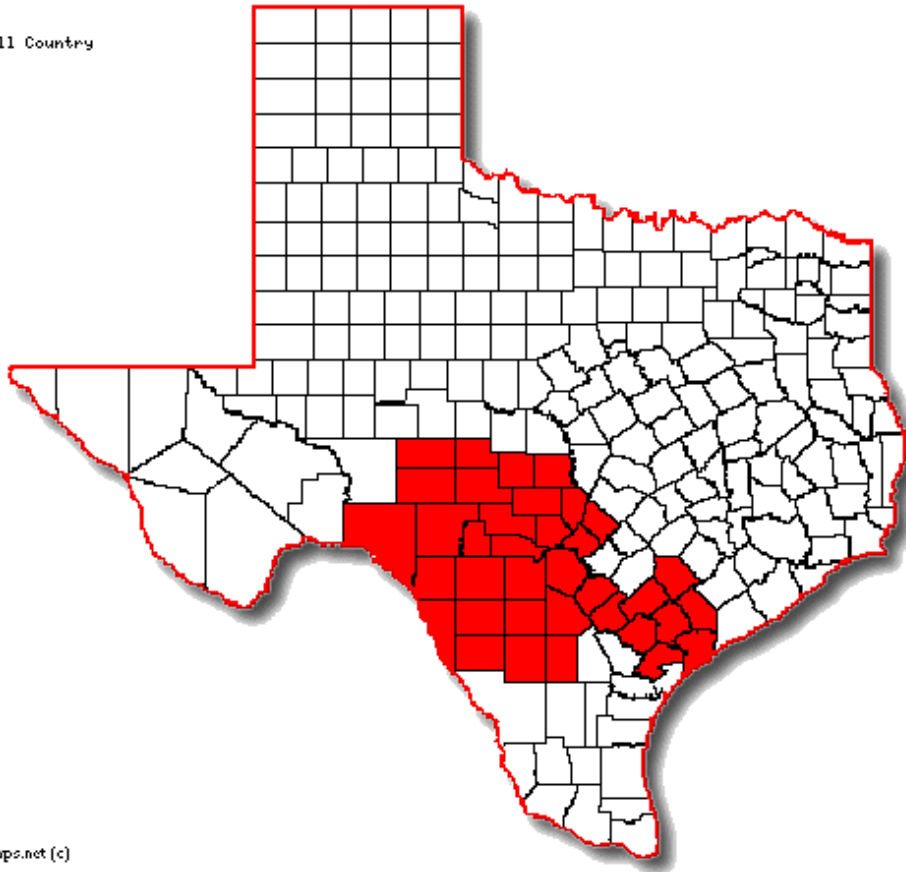
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ALAMO AREA COUNCIL OF GOVERNMENTS

- Alamo Area Council of Governments

● - Hill Country



- Alamo Area Council of Governments
- Camino Real Community Services
- Gulf Bend Center
- Hill Country Mental Health & Developmental Disabilities Centers

ALAMO AREA COUNCIL OF GOVERNMENTS – MULTIDISCIPLINARY TEAM

- Medical Specialist-Registered Nurse
- Behavioral Specialists- BCBA and BCBA-D
- Licensed Master Social Worker
- Psychologist (as needed)
- Licensed Professional Counselor (as needed)
- Psychiatrist (as needed)
- Primary Care Physician (as needed)
- Occupation Therapist (as needed)
- Physical Therapist (as needed)

ALAMO AREA COUNCIL OF GOVERNMENTS CONTACT INFO

■ Emily Roman, LMSW

TST Manager

Alamo Area Council of Governments

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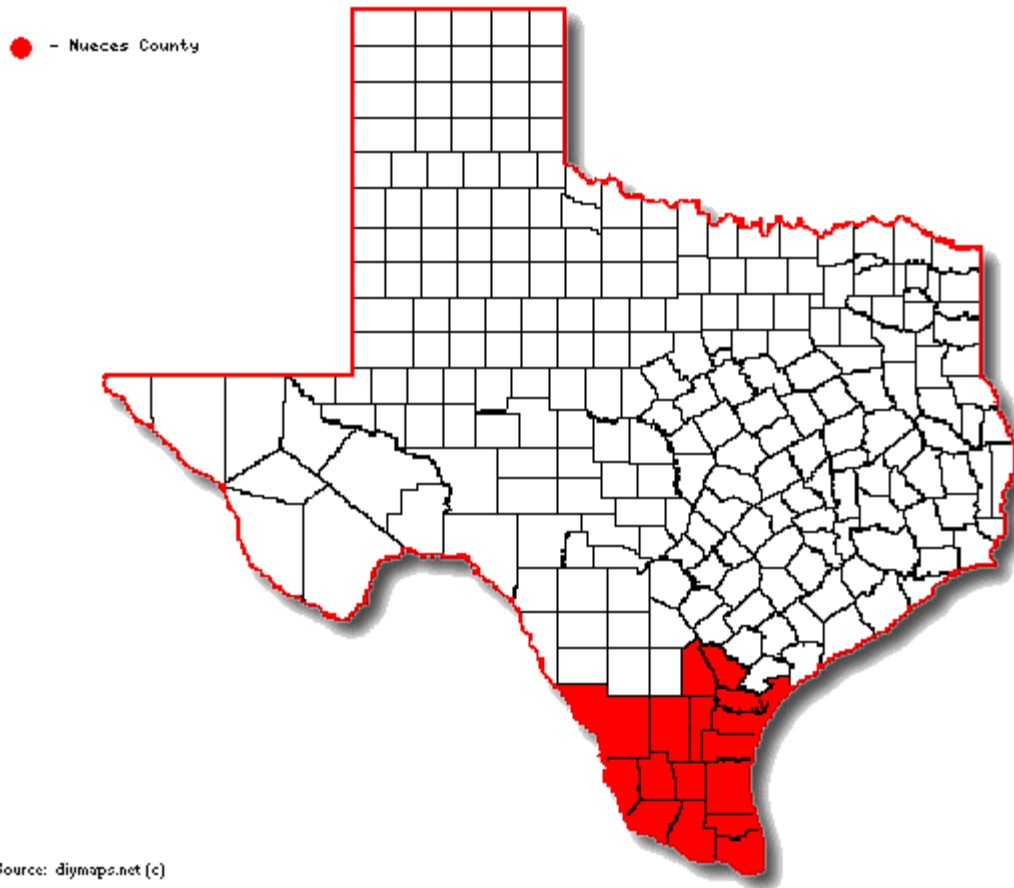
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NUECES COUNTY



- Nueces Center for Mental Health and Intellectual Disabilities
- Border Region Behavioral Health Center
- Coastal Plains Community Center
- Tropical Texas Behavioral Health

NUECES – MULTIDISCIPLINARY TEAM

- Licensed Professional Counselor
- Social Worker
- Registered Nurse
- Board Certified Behavior Analyst (contract)
- Psychiatrist (contract)
- Speech Language Pathologist (contract)
 - Contract with other disciplines as the need arises

NUECES COUNTY – CONTACT INFO

■ Susan LaGrone, LBSW and LPC-S

Team Coordinator, Transition Support Team

Nueces Center for Mental Health and Intellectual
Disabilities

1630 S. Brownlee Blvd.

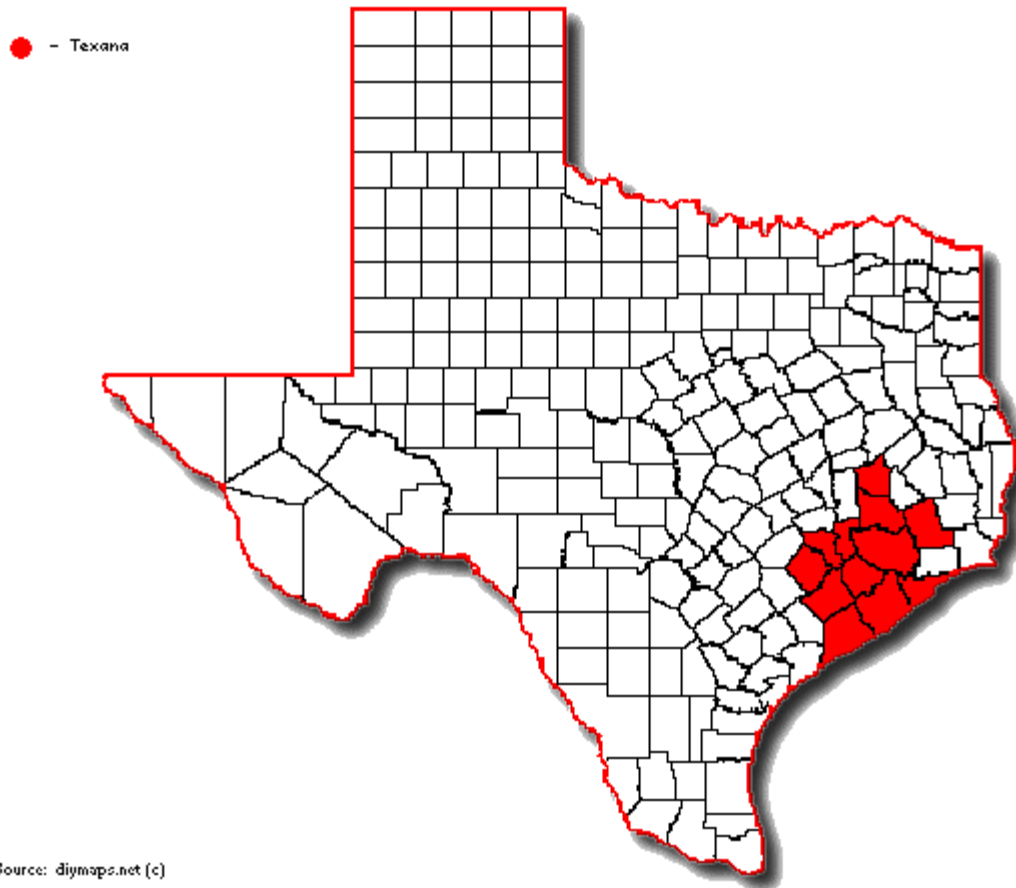
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TEXANA CENTER



- Gulf Coast Center
- Harris Center for Mental Health and IDD
- Texana Center
- Tri-County Services

TEXANA – MULTIDISCIPLINARY TEAM

- Board Certified Behavior Analyst
- Registered Nurse (contract)
- Psychiatrist (contract)

TEXANA CENTER – CONTACT INFO

■ Beth Duncan, MS, BCBA

Hub for Effective Local Providers (HELP)

Texana Center

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Rosenberg, TX 77471

281-238-1371

Beth.Duncan@texanacenter.com

Team E-mail: Texana.HELP@texanacenter.com

TST INVOLVEMENT IN NURSING FACILITY TRANSITIONS

- Supporting PASRR and NF staff
- Nursing Facility Transitions
- Working with providers after transitioning out of the NF



AUDIENCE QUESTIONS