THE ROLE OF TRANSITION SUPPORT TEAMS FOR PEOPLE RESIDING IN A NURSING FACILITY

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LAURA GOLDEN, OTR, OTD - MHMR OF TARRANT COUNTY
In 2015, the state proposed the development of 8 Transition Support Teams (TST)

- 254 counties of Texas
- 39 LIDDAs and community waiver providers within a designated region
Legend

- Transition Support Team Locations

Bold Names – Transition Support Team LIDDAs
TST TEAM

TST must include:

- Licensed health–related professionals with expertise working with individuals with IDD such as:
  - Social Worker
  - Physician
  - Physician’s Assistant
  - Nurse Practitioner
  - Registered Nurse
  - Psychiatrist
  - Psychologist
  - Behavior Specialist
PURPOSE OF TST

Assist HCS and TxHmL program providers and LIDDAS serving individuals with IDD who are:

- At risk of being admitted to institutional setting
  
  or

- Transitioning from institutional setting back into the community

* Institutional Setting = nursing facility (NF), state hospitals (SH), state supported living center (SSLC), or jails
WHO TST SUPPORTS

Provide Medical, Behavioral, and Psychiatric Support to

- Local Intellectual and Developmental Disability Authorities (LIDDAs)
- Home and Community-based Services (HCS) program providers
- Texas Home Living (TxHmL) program providers
- Community Living Assistance Support Services (CLASS)
- Deaf Blind with Multiple Disabilities (DBMD)
- LMHA/LBHA services
- And any other provider and professionals who are working with people with IDD
Successful Inclusion in the Community
RESPONSIBILITIES OF TST

- Quarterly Educational Activities
- Technical Assistance
- Case-Specific Peer Review
Educational activities are centered around Medical, Behavioral, and Psychiatric topics.

Topics are often requested by community members.

Offered to private provider agencies, LIDDAs, and others who help persons with ID/DD.
EDUCATIONAL ACTIVITIES EXAMPLES

- Person Centered Thinking
- Facilitating Positive Change
- Consumer Rights
- Cultural Competencies
- Intersectionality of Race and Disability: Best Practice for Service Providers
- Working with Complex Systems of Support
- Understanding and Working with Dual Diagnosis
- Managing Aggression and Challenging Behaviors
- Psychotropic Medications
- Trauma Informed Care/Treatment
- Dementia and IDD
- Sexuality in Children and Adults with IDD/ASD
- Sensory Friendly Environments and Interventions
- Grief and Loss with Individuals with Developmental Disabilities
TECHNICAL ASSISTANCE

Information on specific disorders or diseases as well as best practices and evidenced-based services for individuals with specific medical, behavioral, and psychiatric challenges

*We do not provide direct services; we assist in finding resources and evidence-based practices to enhance the supports already in place or to identify supports to enhance the continuity of services and/or transition of the individual.*
EDUCATIONAL ACTIVITIES OR TECHNICAL ASSISTANCE PROCESS

- Contact appropriate Transition Support Team with request
- Will receive response within 3 business days with acknowledgment of receipt and if required, request for more information
- Will provide response to technical assistance within 3 business days unless otherwise noted
- Will schedule training to fit needs of your audience
CASE REVIEWS

Regular case review sessions

- 3 day response with acknowledgment of receipt and if required, request for more documentation
- Conclude with a written report and follow-up instructions provided within 2 work weeks
CASE REVIEW REFERRAL PROCESS

- PASRR Habilitation Coordinator from designated LIDDA will contact appropriate Transition Support Team to notify of recommendation for Community Transition

- Will receive response within 3 business days with acknowledgment of receipt

- Designated LIDDA’s PASRR Habilitation Coordinator will present the individual to TST’s multidisciplinary team for recommendations

- Conclude with a written report and follow-up instructions provided within 2 work weeks

- Additional meeting attendance and/or NF visit is at the discretion of the TST
Teams work together to assist when a person is transitioning to an area that is outside of their region.

We share training and educational opportunities throughout the state.
EMERGENCE HEALTH NETWORK

- Emergence Health Network
- MHMR Services for the Concho Valley
- Permian Basin Community Centers for MHMR
- West Texas Centers

Source: diymaps.net (c)
EMERGENCE – MULTIDISCIPLINARY TEAM

- Board Certified Behavior Analyst
- Social Worker
- Licensed Professional Counselor
- Registered Nurse
- Physician
- Psychiatrist
EMERGENCE – CONTACT INFO

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915-497-9396

Email: jwynn@ehnelpaso.org
• Central Plains Center
• StarCare Specialty Health System
• Texas Panhandle Centers

Source: diymaps.net (c)
STAR CARE – MULTIDISCIPLINARY TEAM

- Licensed Professional Counselor
- IDD Diversion Coordinator
- Behavioral Specialist
- Physician
- Internist
- Occupational Therapist
- Registered Nurse
- LIDDA Operations Specialist
Mitch Brazil, MA, LPC

CIS/TST Lead Coordinator
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Team E-mail: Crisisintervention@starcarelubbock.org
Tarrant County

- Betty Hardwick Center
- Center for Life Resources
- Helen Farabbee Centers
- MHMR of Tarrant County
- Pecan Valley Centers for Behavioral & Developmental Healthcare

Source: diymaps.net (c)
TARRANT – MULTIDISCIPLINARY TEAM

- Behavioral Specialist
- Licensed Professional Counselor
- Registered Nurse
- Occupational Therapist
- Psychiatrist
- Psychologist
- Family and Parent Advocate
- Representative from Intake/Continuity of Care
- Crisis Intervention Specialist
Laura Golden, OTR, OTD

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METROCARE

- Access MHMR
- Andrews Center
- Burke Center
- Community Healthcare
- Denton County MHMR Center
- Lakes Regional MHMR Center
- LifePath Systems
- Metrocare Services
- Spindletop Center
- Texoma Community Center

Source: diymaps.net (c)
METROCARE – MULTIDISCIPLINARY TEAM

- Psychiatrist
- Internist
- Board Certified Behavior Analyst
- Licensed Professional Counselor (as needed)
Karisa Castille

Outreach Coordinator - Transition Support Team
Metrocare Services
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Dallas, TX 75211
214-333-7065 (direct)
972-426-8308 (fax)
Karisa.Castille@metrocareservices.org

Team E-mail: moneyfollowstheperson@metrocareservices.org
INTEGRAL CARE

• Austin Travis County Integral Care
• Bluebonnet Trails Community Services
• Central Counties Services
• Heart of Texas Region MHMR Center
• MHMR Authority of Brazos Valley
INTEGRAL CARE – MULTIDISCIPLINARY TEAM

- Psychiatrist
- Board Certified Behavior Analyst
- Occupational Therapist
- Licensed Clinical Social Worker
- Counselor (LPC-I)
INTEGRAL CARE – CONTACT INFO

Madison Meadows, M. Ed., LPC

Team Lead, Hub Learning Community (HLC)
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Team E-mail: HLC@Integralcare.org
- Alamo Area Council of Governments

- Camino Real Community Services

- Gulf Bend Center

- Hill Country Mental Health & Developmental Disabilities Centers

Source: diymaps.net (c)
ALAMO AREA COUNCIL OF GOVERNMENTS – MULTIDISCIPLINARY TEAM

- Medical Specialist-Registered Nurse
- Behavioral Specialists- BCBA and BCBA-D
- Licensed Master Social Worker
- Psychologist (as needed)
- Licensed Professional Counselor (as needed)
- Psychiatrist (as needed)
- Primary Care Physician (as needed)
- Occupation Therapist (as needed)
- Physical Therapist (as needed)
Emily Roman, LMSW

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eroman@aacog.com

Team E-mail: TST@aacog.com
NUECES COUNTY

• Nueces Center for Mental Health and Intellectual Disabilities
• Border Region Behavioral Health Center
• Coastal Plains Community Center
• Tropical Texas Behavioral Health

Source: diymaps.net (c)
NUECES – MULTIDISCIPLINARY TEAM

- Licensed Professional Counselor
- Social Worker
- Registered Nurse
- Board Certified Behavior Analyst (contract)
- Psychiatrist (contract)
- Speech Language Pathologist (contract)

Contract with other disciplines as the need arises
Susan LaGrone, LBSW and LPC-S

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TEXANA CENTER

- Gulf Coast Center
- Harris Center for Mental Health and IDD
- Texana Center
- Tri-County Services

Source: diymaps.net (c)
TEXANA – MULTIDISCIPLINARY TEAM

- Board Certified Behavior Analyst
- Registered Nurse (contract)
- Psychiatrist (contract)
Beth Duncan, MS, BCBA

Hub for Effective Local Providers (HELP)
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Team E-mail: TexanaHELP@texanacenter.com
TST INVOLVEMENT IN NURSING FACILITY TRANSITIONS

- Supporting PASRR and NF staff
- Nursing Facility Transitions
- Working with providers after transitioning out of the NF
AUDIENCE QUESTIONS