THE IMPORTANCE OF CHOICES

5TH ANNUAL PASRR CONFERENCE

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WHO AM I AND WHY AM I HERE?

• Service Coordinator for MHMR Tarrant
• Director for Tarrant START Program
• Chief of Disability Services
• Director of Operations for the Center for START Services
• Chief Operating Officer for Northeastern Family Institute
WHAT SHOULD WE TALK ABOUT

• History of the Mental Health and Disability Landscape
• The Unique Opportunity of PASRR
• The world of today and tomorrow: Mental Health and IDD
• PASRR in Texas
• Looking Forward
• Questions
HISTORY OF DISABILITY

https://disabilityhistorylectureseries.wordpress.com/
HISTORY OF DISABILITY

• Greeks and Romans:
  • Obsession with Perfection & Beauty
  • People with disabilities considered inferior
HISTORY OF DISABILITY

- Fall of the Roman Empire
- Rise of Christianity

https://www.britannica.com/topic/The-Fall-of-the-Roman-Empire
HISTORY OF DISABILITY

- Middle Ages:
  - Punishment from God
  - Closer to God

HISTORY OF DISABILITY

• Renaissance:
  • Medical Care
  • First Psychiatric Hospital Established

https://towardsdatascience.com/the-data-science-renaissance-166cddde898f
HISTORY OF DISABILITY

Industrial Revolution

William James Bennett, View of South Street, from Maiden Lane, New York City, c. 1827, via Metropolitan Museum of New York
HISTORY OF DISABILITY

Dorothea Dix and the Rise of the Institutions

https://www.womenshistory.org/education-resources/biographies/dorothea-dix
HISTORY OF DISABILITY

• Notable 20th Century Events:
  • 1907 Immigration Act
  • Eugenics Movement
  • 1946 The National Mental Health Foundation Established
  • 1964 Civil Rights Act
HISTORY OF DISABILITY

Notable 20th Century Events:

• 1973 Rehabilitation Act
• 1975 IDEA
• 1979 NAMI is founded in Wisconsin
• Omnibus Budget Reconciliation Act of 1987 (OBRA)
• 1990 Americans with Disabilities Act
• 1999 Olmstead Act
HISTORY OF DISABILITY

20th Century

The century of change

HISTORY OF DISABILITIES

https://www.youtube.com/watch?v=xPkrH_tCUdA
THE ORIGINS OF PASRR

1987 Omnibus Budget Reconciliation Act or OBRA
THE IMPORTANCE OF PASRR

LRE
What does the Least Restrictive Environment mean?
WHO BENEFITS FROM PASRR

PASRR eligible:

- People with Serious Mental Illness (SMI)
- People with Intellectual and Developmental Disabilities (IDD) or a Related Condition (RC)
THE UNIQUE PASRR OPPORTUNITY

https://www.johnmaxwell.com/blog/when-opportunity-knocks/
THE INTERSECTION OF IDD AND MH

• Across the United States approximately 2.5% of the population has an intellectual developmental disorder (IDD).

• The DSM5 defines IDD as a disability that involves impairments of general mental abilities that impact adaptive functioning in three domains, or areas.

• These domains determine how well an individual copes with everyday tasks.

Source: Center for START Services
THE INTERSECTION OF IDD AND MH

• Epidemiological studies have established that the incidence and prevalence of mental health conditions for people with IDD is typically 2 to 3 times that of the general population.

• These mental health conditions often contribute to challenging behavior. For people with IDD, aggression and self-injurious behavior are two of the most common reasons for referrals for mental health services.

Source: Center for START Services
People with IDD experience numerous health disparities, including higher rates of mental health symptoms and behavioral challenges, compared to their typically developing peers.

Source: Center for START Services
THE INTERSECTION OF IDD AND MH

This gap has translated into use of costly and ineffective care, resulting in frequent emergency department and psychiatric hospital visits poorer quality of life, and earlier age of mortality for individuals with IDD.

Source: Center for START Services
THE INTERSECTION OF IDD AND MH MENTAL HEALTH SYSTEM BARRIERS

• Stigma
• Much more likely to use emergency services
• Lack of training (diagnostic overshadowing)
• Lack of expertise
• Medication issues
• Believed that challenging behavior was a result of developmental issues alone
• “Did not have the IQ for depression”

Source: Center for START Services
THE INTERSECTION OF IDD AND MH

Estimated 26% of Americans is impacted by a diagnosable mental illness in any given year. Up to 2% of those people may have an intellectual disability as well.

Nearly half of all adults will experience a mental health issue in their lives.

Many people suffer with more than 1 mental health issue.

Only 40% will receive any kind of treatment.

https://www.mentalhealthfirstaid.org/2019/02/5-surprising-mental-health-statistics/

PASRR IN TEXAS

WORKING TOGETHER

https://www.proactive resolutions.com/working-together-in-business/
PASRR IN TEXAS

Just in FY 2021:

147 Nursing Facility slots released
265 Nursing Facility Diversion slots released
22,817 Specialized Services authorizations processed
200 People trained in PASRR related courses
600 People trained in Person Centered Outcomes
PASRR IN TEXAS

Habilitation Coordination

State Plan Amendments:

IHSS funding through Medicaid:

Expanded Providers for community based services

TMHP Long Term Care Portal updates

IT updates are coming to the PL1 and PASRR Evaluation forms
Committees are formed. Many people are worried about what becomes known.
LOOKING FORWARD

LOOKING FORWARD

Pandemic impacts:
Increased anxiety/depression
Increased trauma and stress
Increased substance use
Increase suicidal ideation
Delayed access to supports

Source: Centers for Disease Control and Prevention

LOOKING FORWARD

Increased awareness of the importance of mental health, especially with isolation, anxiety and depression.

LOOKING FORWARD

Recognition of our front-line healthcare workers

Direct Care Staff
Nursing Home staff
Medical and Nursing
Emergency Workers
Teachers

LOOKING FORWARD

• Opportunities:
  • Infrastructure Bill
  • HCBS Support
  • American Rescue Plan Act of 2021
    • Increased FMAP opportunities
    • Supplement services
LOOKING FORWARD

Social Determinants of Health &
Build Back Better Framework

Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved [date graphic was accessed], from https://health.gov/healthypeople/objectives-and-data/social-determinants-health
THE IMPORTANCE OF CHOICE
THE IMPORTANCE OF CHOICE

"If the plan doesn't work, change the plan, but never the goal."
— Author Unknown
Q AND A
REFERENCES


• Alaskan Department Health and Social Services, Disability History Exhibit: “Moral Viewpoint

• https://www.psychiatry.org/patients-families/intellectual-disability/what-is-intellectual-disability


• https://www.mentalhealthfirstaid.org/2019/02/5-surprising-mental-health-statistics/

• Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved [date graphic was accessed], from https://health.gov/healthypeople/objectives-and-data/social-determinants-health
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