Table of Contents

About This Guide .................................................................................................................. 1
  Local Mental Health Authorities/Local Behavioral Health Authorities ..................1
  Local Intellectual and Developmental Disability Authorities (LIDDAs) ..........1

Types of Services Available at LMHAs/LBHAs ....................................................... 3
  Available Services ...........................................................................................................3
  Crisis Services ...............................................................................................................3
  Crisis Facilities .............................................................................................................4
  Inpatient Psychiatric Beds ..........................................................................................6
  Service Type by LMHA/LBHA .....................................................................................7
  Fiscal Year 2019 Legislative Budget Board Performance Measures ..........13

Types of Services Available at LIDDAs ................................................................. 14
  Crisis Services .............................................................................................................14
  Home & Community-based Services (HCS) Waiver – Diversion Slots ..........15
    Crisis Diversion and Nursing Facility Diversion Slots ......................................15
  Outpatient Psychiatric Services ...............................................................................15
    Key Deliverables .......................................................................................................16

Appendix A. LMHAs/LBHAs in Texas ................................................................. 1

Appendix B. LIDDAs in Texas .................................................................................. 1
About This Guide

This guide provides a summary of the various state-funded crisis services and the organizations that can help connect individuals to those resources.

**Local Mental Health Authorities/Local Behavioral Health Authorities**

Every county in Texas is served by a designated Local Mental Health Authority (LMHA) or Local Behavioral Health Authority (LBHA). LMHA/LBHA staff help individuals understand the treatment options to address the challenges associated with their mental illness or substance use disorders and ultimately achieve recovery. LMHAs/LBHAs provide a wide array of services and supports and connects individuals with resources unique to their community.

**Local Intellectual and Developmental Disability Authorities (LIDDAs)**

LIDDAs provide planning, policy development, coordination, resource allocation, resource development, and oversight of community intellectual and developmental disability (IDD) services for individuals with IDD throughout the state of Texas.

A map of the local authorities and the Health and Human Services regions is provided on the following page. A list of the LMHA/LBHAs in Texas and the counties they serve may be found in Appendix A. A list of the LIDDAs in Texas may be found in Appendix B.
Types of Services Available at LMHAs/LBHAs

Available Services

Crisis services are available 24 hours/7 days a week (24/7) and include prompt face-to-face crisis assessment, crisis intervention services, and crisis follow-up and relapse prevention services. LMHAs/LBHAs operate an array of crisis programs consisting of crisis hotlines, mobile crisis outreach teams (MCOTs), mental health deputies (MHDs), various types of crisis facilities, and inpatient psychiatric beds.

Crisis Services

Crisis Hotline: The Crisis Hotline is a 24/7 telephone service operated by trained crisis staff providing crisis screening and assessment, crisis intervention services, mental health and substance use referrals, and general mental health and substance use information to the community. The crisis hotline is an integrated component of the overall crisis service delivery system and is accessible toll-free throughout each LMHA/LBHA service area.

MCOTs: MCOT services provide a combination of crisis services including emergent care (response within one hour), urgent care (response within eight hours), crisis follow-up, and relapse prevention to children, adolescents, or adults in the community 24/7. A team is comprised of two or more staff providing psychiatric emergency care that go into the community to begin the process of assessment and provide recommendations for the least restrictive treatment environment. MCOT responds to calls in the community and collaborates closely with community partners, such as law enforcement and local emergency departments to ensure behavioral healthcare needs are appropriately addressed.

MHDs: A number of LMHAs subcontract with local sheriffs’ departments to deploy a certified MHD to address individuals in crisis. An MHD is an officer specially trained in crisis intervention who works collaboratively with the community and the LMHA’s crisis response teams. MHDs help improve the crisis response system by diverting individuals in need of behavioral health
crisis services from hospitals and jails to community-based alternatives providing effective behavioral health treatment.

**Non-traditional Crisis Programs:** The Health and Human Services Commissioner (HHSC) also funds non-traditional crisis programs, including continuity of care, inpatient substance use and detox treatment, a mental health docket, a crisis intervention response team, and substance use treatment within a crisis residential facility. Examples include:

- **Continuity of Care:** The Continuity of Care program at Burke Center is provided by local hospitals, state hospitals, mental health emergency center, and the MCOT for individuals at a higher level of risk for readmission during the first 30 days of discharge.

- **Substance Use Treatment within a Crisis Residential Facility:** Helen Farabee Centers and the Texana Center offer substance use treatment within a crisis residential facility. These programs provide an intensive day program focused on substance use treatment for those patients with a co-occurring psychiatric and substance use disorder in an effort to divert individuals from the criminal justice system.

- **Mental Health Docket:** The Mental Health Docket program at Texas Panhandle MHMR serves individuals with a serious mental illness who have frequent interaction with the criminal justice system.

- **Crisis Intervention Response Team:** The Crisis Intervention Response Team program at Tri-County Behavioral Healthcare assists law enforcement officers with behavioral health calls, evaluates individuals in behavioral health crises in their natural environment, and makes appropriate referrals for mental health services, thereby reducing the numbers of individuals that inappropriately end up in the jails or emergency rooms.

**Crisis Facilities**

Several LMHAs operate crisis facilities funded by HHSC through the Psychiatric Emergency Service Center (PESC) contract. Crisis facilities may be staffed with mental health professionals, medical professionals, or others
(such as peer providers) offering assessment, support, and services to achieve psychiatric stabilization to individuals with behavioral health needs.

There are four types of HHSC-funded crisis facilities:

1. **Crisis Respite:** Crisis respite provides short-term, community-based crisis care for individuals who pose a low risk of harm to themselves or others and may have some functional impairment that necessitates direct supervision and care, but who do not require hospitalization. This is the least intensive, facility-based crisis option.

   Services may be provided for a few hours or a few days. Many individuals served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have trained staff on-site 24/7. Some crisis respites are run by peers (individuals with at least one cumulative year of receiving mental health community services). HHSC allocates funds to 14 LMHAs to operate crisis respite units.

2. **Crisis Residential:** Crisis residential provides up to 14 days of short-term, community-based residential, crisis treatment to individuals who have a severe impairment in their ability to function, demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting, and may pose a risk of harm to themselves or others. This is a more intensive, facility-based crisis option with trained staff on-site 24/7. HHSC allocates funds to seven LMHAs to operate crisis residential units.

3. **Extended Observation Units (EOUs):** EOU provides emergency services for up to 48 hours to individuals in psychiatric crisis. Services are provided in a secure, protected, clinically staffed, psychiatrically-supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate to high risk of harm to themselves or others. Prior to the end of the 48-hour period, a determination is made regarding whether the individual has stabilized or requires a psychiatric hospitalization. HHSC allocates PESC funds to seven LMHAs to operate EOU.
4. Crisis Stabilization Units (CSUs): CSUs provide short-term, residential treatment designed to reduce acute symptoms of mental illness in a secure and protected, clinically staffed and psychiatrically supervised treatment environment. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options. CSUs are the only facility type in the crisis array that requires licensure in accordance with the Texas Administrative Code, Chapter 411, Subchapter M. HHSC allocates PESC funds to three LMHAs to operate CSUs.

Inpatient Psychiatric Beds

HHSC provides funding to LMHAs/LBHAs to provide inpatient psychiatric services to individuals with acute symptoms in need of inpatient psychiatric treatment and stabilization. These services treat individuals on a voluntary admission, civil commitment, or forensic commitment. Civil commitments are for individuals receiving court-ordered treatment. Forensic commitments are for individuals adjudicated incompetent to stand trial pursuant to Texas Code of Criminal Procedure, Chapter 46B relating to Incompetency to Stand Trial.

Community Mental Health Hospitals: HHSC contracts inpatient beds at three facilities:

- Sunrise Canyon
- Harris County Psychiatric Center
- St. Joseph Hospital.

Private Psychiatric Hospital Beds: HHSC contracts private psychiatric beds across the state.

Rapid Crisis Stabilization Beds: Rapid crisis stabilization beds provide brief stays in licensed psychiatric hospitals to relieve acute symptoms and restore an individual’s ability to function in a less restrictive setting. These beds are available through 21 LMHAs/LBHAs.
Service Type by LMHA/LBHA

Crisis Hotlines and MCOTs are available across the state and cover 254 counties in Texas. Table 1 shows facility type and counties served by LMHA/LBHA in alphabetical order. Community Mental Health Hospitals, Private Psychiatric Beds, and Rapid Crisis Stabilization Beds are for civil and voluntary treatment unless indicated otherwise.

Table 1. List of LMHA/LBHAs, Facility Type and Counties Served

<table>
<thead>
<tr>
<th>LMHA/LBHA</th>
<th>Facility Type</th>
<th>Counties Served</th>
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</thead>
<tbody>
<tr>
<td>1. ACCESS</td>
<td>Private Psychiatric Beds (Forensic and Civil)</td>
<td>Anderson and Cherokee</td>
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<tr>
<td>2. Andrews Center</td>
<td>Crisis Respite Unit; Private Psychiatric Beds</td>
<td>Henderson, Rains, Smith, Van Zandt and Wood</td>
</tr>
<tr>
<td>3. Betty Hardwick Center</td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Callahan, Jones, Shackleford, Stephens and Taylor</td>
</tr>
<tr>
<td>4. Bluebonnet Trails</td>
<td>Extended Observation Units; Crisis Respite Unit; Private Psychiatric Beds</td>
<td>Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson</td>
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<tr>
<td>Community Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Border Region</td>
<td>Crisis Stabilization Unit; Private Psychiatric Beds</td>
<td>Webb, Jim Hogg, Starr, and Zapata</td>
</tr>
<tr>
<td>6. Burke Center</td>
<td>Extended Observation Unit; Crisis Residential Unit; Private Psychiatric Beds</td>
<td>Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler</td>
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<tr>
<td>LMHA/LBHA</td>
<td>Facility Type</td>
<td>Counties Served</td>
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<tr>
<td><strong>7. Camino Real Community Services</strong></td>
<td>Crisis Residential Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala</td>
</tr>
<tr>
<td><strong>8. Center for Health Care Services</strong></td>
<td>Extended Observation Unit; Private Psychiatric Beds</td>
<td>Bexar</td>
</tr>
<tr>
<td><strong>9. Center for Life Resources</strong></td>
<td>Crisis Respite Unit; Private Psychiatric Beds</td>
<td>Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba</td>
</tr>
<tr>
<td><strong>10. Central Counties Services</strong></td>
<td>Private Psychiatric Beds</td>
<td>Bell, Coryell, Hamilton, Lampasas, and Milam</td>
</tr>
<tr>
<td><strong>11. Central Plains Center</strong></td>
<td>Crisis Respite Unit; Rapid Crisis Stabilization Beds; Mental Health Deputy</td>
<td>Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher</td>
</tr>
<tr>
<td><strong>12. Coastal Plains Community Center</strong></td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Life Oak, and San Patricio</td>
</tr>
<tr>
<td><strong>13. Community Healthcare</strong></td>
<td>Extended Observation Unit; Crisis Residential Unit; Private Psychiatric Beds; Rapid Crisis Stabilization Beds</td>
<td>Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur</td>
</tr>
<tr>
<td><strong>14. Denton County MHMR Center</strong></td>
<td>Private Psychiatric Beds</td>
<td>Denton</td>
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<tr>
<td>LMHA/LBHA</td>
<td>Facility Type</td>
<td>Counties Served</td>
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<tr>
<td><strong>15. Emergence Health Network</strong></td>
<td>Crisis Residential Unit; Extended Observation Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>El Paso</td>
</tr>
<tr>
<td><strong>16. Gulf Bend Center</strong></td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy</td>
<td>Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria</td>
</tr>
<tr>
<td><strong>17. Gulf Coast Center</strong></td>
<td>Community Mental Health Hospital; Private Psychiatric Beds</td>
<td>Brazoria and Galveston</td>
</tr>
<tr>
<td><strong>18. Heart of Texas Region MHMR Center</strong></td>
<td>Extended Observation Unit; Crisis Respite Unit; Crisis Residential Unit; Private Psychiatric Beds; Mental Health Deputy</td>
<td>Bosque, Falls, Freestone, Hill, Limestone and McLennan</td>
</tr>
<tr>
<td><strong>19. Helen Farabee Centers</strong></td>
<td>Crisis Respite Unit; Rapid Crisis Stabilization Beds</td>
<td>Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young</td>
</tr>
<tr>
<td><strong>20. Hill Country Mental Health and Developmental Disabilities Centers</strong></td>
<td>Crisis Stabilization Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy</td>
<td>Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde and Val Verde</td>
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<tr>
<td>LMHA/LBHA</td>
<td>Facility Type</td>
<td>Counties Served</td>
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<tr>
<td>21. Integral Care</td>
<td>Crisis Respite Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Travis</td>
</tr>
<tr>
<td>22. Lakes Regional Community Center</td>
<td>Private Psychiatric Beds</td>
<td>Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus</td>
</tr>
<tr>
<td>23. Lifepath Systems</td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Collin</td>
</tr>
<tr>
<td>24. MHMR of Authority of Brazos Valley</td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington</td>
</tr>
<tr>
<td>25. MHMR of Tarrant County</td>
<td>Crisis Respite Unit; Adolescent Crisis Respite Unit; Crisis Residential Unit; Private Psychiatric Beds</td>
<td>Tarrant</td>
</tr>
<tr>
<td>26. MHMR Services for the Concho Valley</td>
<td>Crisis Respite Unit; Mental Health Deputy; Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green</td>
</tr>
<tr>
<td>27. North Texas Behavioral Health Authority</td>
<td>Private Psychiatric Beds</td>
<td>Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall</td>
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<tr>
<td>LMHA/LBHA</td>
<td>Facility Type</td>
<td>Counties Served</td>
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<tr>
<td><strong>28. Nueces Center for Mental Health and Intellectual Disabilities</strong></td>
<td>Crisis Respite Unit; Private Psychiatric Beds</td>
<td>Nueces</td>
</tr>
<tr>
<td><strong>29. Pecan Valley Centers for Behavioral and Developmental Healthcare</strong></td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Crisis Respite Unit</td>
<td>Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell</td>
</tr>
<tr>
<td><strong>30. PermiaCare</strong></td>
<td>Rapid Crisis Stabilization Beds; Mental Health Deputy; Private Psychiatric Beds</td>
<td>Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio</td>
</tr>
<tr>
<td><strong>31. Spindletop Center</strong></td>
<td>Extended Observation unit; Crisis Respite Unit; Crisis Residential Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy</td>
<td>Chambers, Hardin, Jefferson and Orange</td>
</tr>
<tr>
<td><strong>32. Starcare Specialty Health System</strong></td>
<td>Community Mental Health Hospital; Private Psychiatric Beds</td>
<td>Lubbock, Lynn, Cochran, Crosby and Hockley</td>
</tr>
<tr>
<td><strong>33. Texana Center</strong></td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton</td>
</tr>
<tr>
<td>LMHA/LBHA</td>
<td>Facility Type</td>
<td>Counties Served</td>
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<tr>
<td>35. Texoma Community Center</td>
<td>Private Psychiatric Beds</td>
<td>Cooke, Fannin, and Grayson</td>
</tr>
<tr>
<td>36. The Harris Center for Mental Health and IDD</td>
<td>Peer Crisis Respite Unit; Private Psychiatric Beds; Community Mental Health Hospital</td>
<td>Harris</td>
</tr>
<tr>
<td>37. Tri-County Behavioral Healthcare</td>
<td>Crisis Stabilization Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Liberty, Montgomery and Walker</td>
</tr>
<tr>
<td>38. Tropical Texas Behavioral Health</td>
<td>Rapid Crisis Stabilization Beds; Private Psychiatric Beds</td>
<td>Cameron, Hidalgo, and Willacy</td>
</tr>
<tr>
<td>39. West Texas Centers</td>
<td>Crisis Respite Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy</td>
<td>Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum</td>
</tr>
</tbody>
</table>
Fiscal Year 2019 Legislative Budget Board
Performance Measures

1. Number of persons receiving crisis outpatient services per year funded by general revenue: 97,207
2. Average general revenue spent per person for crisis outpatient services: $441
3. Number of persons receiving crisis residential services per year funded by general revenue: 24,480
4. Average general revenue spent per person for crisis residential services: $2,336
5. Average daily cost per occupied mental health community hospital bed: $447\(^1\)
6. Average daily number of occupied mental health community hospital bed: 635\(^2\)
7. Number of mental health consumers served in mental health community hospitals per year: 14,157\(^3\)
8. State mental health hospital and center re-admission rate: 14.55 percent.\(^4\)
9. Percent receiving crisis services who avoid psychiatric hospitalization: 97.38 percent.

\(^1\) The average cost is inclusive of community mental health hospital beds, private psychiatric beds, as well as Montgomery County beds, which are overseen by the Health and Specialty Care System.

\(^2\) The average number is inclusive of community mental health hospital beds, private psychiatric beds, as well as University of Texas at Tyler and Montgomery County beds, which are overseen by the Health and Specialty Care System.

\(^3\) The number of individuals served is inclusive of community mental health hospital beds, private psychiatric beds, as well as University of Texas at Tyler and Montgomery County beds, which are overseen by the Health and Specialty Care System.

\(^4\) Percent of all persons discharged from any HHSC operated or purchased inpatient bed to the community during the fiscal year who are readmitted to any HHSC operated or purchased inpatient bed in the same fiscal year.
Types of Services Available at LIDDAs

LIDDAs utilize the following services to provide crisis prevention and management for individuals with IDD:

**Crisis Services**

**Crisis Intervention Specialist (CIS):** The CIS ensures individuals with IDD are receiving necessary services and supports while in crisis. The CIS works with LIDDA staff, law enforcement, Mobile Crisis Outreach Teams (MCOTs), and families to identify individuals in need of crisis assistance and offers prevention strategies, training, and support services. The CIS provides consultation and collaborates with the MCOT and develops criteria for individuals being referred for crisis respite.

**Service Coordination:** Service coordinators link and assist individuals receiving services through the Texas Home Living, Home and Community-based Services (HCS), General Revenue, and Community First Choice programs with accessing services and supports that enable individuals to prevent or manage crises.

**Crisis Respite:** Crisis respite is short-term (up to 14 calendar days) respite for individuals with IDD that includes:

- **Out-of-Home Crisis Respite:** Provides therapeutic support in a safe and secure environment with staff on-site providing 24-hour supervision to individuals in crisis that cannot be stabilized in a less intensive setting. Out-of-home crisis respite is provided in settings overseen by the state such as an intermediate care facility for individuals with an intellectual disability or related condition (ICF/IID), an HCS group home, or a Department of State Health Services-authorized crisis respite facility or crisis residential facility; and

- **In-Home Crisis Respite:** Provides therapeutic support to individuals in crisis in their home when it is deemed clinically appropriate for the individual to remain in their natural environment and it is anticipated the crisis can be stabilized within a 72-hour period.
Home & Community-based Services (HCS) Waiver – Diversion Slots

Crisis Diversion and Nursing Facility Diversion Slots

The HCS program is a Medicaid waiver for individuals with IDD who are living in their own home, family home, or in a small group home. There are two types of HCS slots available for individuals who are at imminent risk of leaving the community for a more-restrictive setting: Crisis Diversion and Nursing Facility Diversion.

Both Crisis Diversion and Nursing Facility Diversion slots are accessed through the LIDDA. Each LIDDA has an IDD Diversion Coordinator who answers questions and coordinates all diversion slot requests made to HHSC.

As a part of the slot request, LIDDA staff must be able to show that community resources are not available, including failed attempts to locate community-based services and supports. Community-based services and supports can include a spot in an intermediate care facility for individuals with an intellectual disability or related condition (ICF/IID), LIDDA general revenue-funded services, and for a minor, supports through the local school district.

The number of offers for an HCS Crisis Diversion slot made each month is based on budgetary guidelines, in accordance with the legislative allocation for the biennium.

Outpatient Psychiatric Services

Approximately 38% of individuals with IDD have a co-occurring behavioral health diagnosis. Individuals with co-occurring IDD, mental health conditions, and/or behavior support needs experience numerous transitions in care (i.e. transitions out of the home setting and into inpatient or residential facilities), often resulting from crisis situations that threaten community living arrangements.

HHSC was appropriated $3 million for the 2020-21 biennium by the 86th Legislature to provide outpatient mental health services for individuals with
IDD. The agency is directed to expend $1.5 million in each of the two fiscal years.

HHSC used fiscal year (FY) 2020 funds to contract with LIDDAs to establish a learning collaborative to advise HHSC on best practice models of services and associated outcome measures that demonstrate success providing outpatient mental health services for individuals with IDD. The best practice models developed in the Learning Collaborative and accompanying strategies to expand access to outpatient mental health services for individuals with IDD, will inform use of funds in a pilot project for an anticipated additional two to three LIDDAs in FY 2021.

As members of the Learning Collaborative, LIDDAs identified and shared best practices for delivering outpatient mental health services for individuals with IDD. The goals of the collaborative are to identify a best practice model to implement as a pilot project, develop goals and outcome measures for the project, and identify LIDDAs to participate in the project.

**Key Deliverables**

- Five LIDDAs with contracts participated in the Learning Collaborative;

- HHSC identified and established a pilot project for FY 2021 through the Learning Collaborative that will establish enhanced IDD community outpatient mental health services at two to three LIDDAs to provide behavioral health services for individuals with IDD, preventing crisis situations;

- Crisis Intervention Services (CIS) Reports will measure success of enhanced programs by tracking the decrease in number of occurrences of institutionalizations (State Supported Living Center, state psychiatric hospital, jail); and

- The pilot LIDDAs will track and report the measures and outcomes created by the Learning Collaborative.
Appendix A. LMHAs/LBHAs in Texas

ACCESS
www.accessmhmr.org
1011 College Ave.
Jacksonville, TX 75766
903-589-9000
**Counties:** Anderson and Cherokee

Andrews Center
www.andrewscenter.com
2323 West Front St.
Tyler, TX 75702
903-597-1351
**Counties:** Henderson, Rains, Smith, Van Zandt and Wood

Betty Hardwick Center
https://bettyhardwick.org/
2616 S Clack
Abilene, TX 79606
325-690-5100
**Counties:** Callahan, Jones, Shackelford, Stephens and Taylor

Bluebonnet Trails Community Services
www.bbtrails.org
1009 N. Georgetown St.
Round Rock, TX 78664
512-255-1720
**Counties:** Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson

Border Region Behavioral Health Center
www.borderregion.org
1500 Pappas St.
Laredo, TX 78041
956-794-3000
**Counties:** Jim Hogg, Starr, Webb, and Zapata
**Burke Center**  
[www.myburke.org](http://www.myburke.org)  
2001 S Medford Dr.  
Lufkin, TX 75901  
936-639-1141  
*Counties*: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

**Camino Real Community Services**  
[www.caminorealcs.org](http://www.caminorealcs.org)  
19965 FM-3175 N.  
Lytle, TX 78052  
210-357-0300  
*Counties*: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

**Center for Health Care Services**  
[www.chcsbc.org](http://www.chcsbc.org)  
3031 W I-10  
San Antonio, TX 78201  
210-261-1000  
*County*: Bexar

**Center for Life Resources**  
[www.cflr.us](http://www.cflr.us)  
408 Mulberry St.  
Brownwood, TX 76801  
325-646-9574  
*Counties*: Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba

**Central Counties Services**  
[https://centralcountiesservices.org](https://centralcountiesservices.org)  
304 S 22nd St.  
Temple, TX 76501  
254-298-7000  
*Counties*: Bell, Coryell, Hamilton, Lampasas and Milam
Central Plains Center
www.clplains.org
2700 Yonkers St.
Plainview, TX 79072
806-293-2636
**Counties**: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

Coastal Plains Community Center
www.coastalplainsctr.org
200 Marriott Dr.
Portland, TX 78374
361-777-3991
**Counties**: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg,

Live Oak and San Patricio
Community Healthcore
www.communityhealthcore.com
107 Woodbine Pl.
Longview, TX 75601
903-758-2471
**Counties**: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

Denton County MHMR Center
www.dentonmhmr.org
2519 Scripture St.
Denton, TX 76201
940-381-5000
**County**: Denton

Emergence Health Network
www.emergencehealthnetwork.org
1600 Montana Ave.
El Paso, TX 79902
915-779-1800
**County**: El Paso
Gulf Bend Center
www.gulfbend.org
6502 Nursery Drive, Suite 100
Victoria, TX 77904-1178
361-575-0611
**Counties**: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

Gulf Coast Center
www.gulfcoastcenter.org
123 Rosenberg, Ste. 6
Galveston, TX 77550
409-763-2373
**Counties**: Brazoria and Galveston

Heart of Texas Region MHMR Center
www.hotrmhmr.org
110 S 12th St.
Waco, TX 76703
254-752-3451
**Counties**: Bosque, Falls, Freestone, Hill, Limestone and McLennan

Helen Farabee Centers
www.helenfarabee.org
1000 Brook
Wichita Falls, TX 76301
940-397-3100
**Counties**: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young

Hill Country Mental Health and Developmental Disabilities Centers
www.hillcountry.org
819 Water St, Suite 300
Kerrville, TX 78028
830-792-3300
**Counties**: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde and Val Verde
**Integral Care**  
[www.integralcare.org](http://www.integralcare.org)  
1631 E. 2nd Street Bldg. D  
Austin, TX 78702  
512-804-3600  
**County:** Travis

**Lakes Regional Community Center**  
[www.lrmhmrc.org](http://www.lrmhmrc.org)  
400 Airport Rd.  
Terrell, TX 75160  
972-388-2000  
**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

**Lifepath Systems**  
[www.lifepathsystems.org/](http://www.lifepathsystems.org/)  
1515 Heritage Drive  
McKinney, TX 75069  
972 562-0190  
**County:** Collin

**MHMR Authority of Brazos Valley**  
[www.mhmrabv.org](http://www.mhmrabv.org)  
1504 S. Texas Ave.  
Bryan, TX 77802  
979-822-6467  
**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

**MHMR of Tarrant County**  
[www.mhmrtarrant.org](http://www.mhmrtarrant.org)  
3840 Hulen St., North Tower  
Fort Worth, TX 76107  
817-569-4300  
**County:** Tarrant
MHMR Services for the Concho Valley
www.mhmrcv.org
1501 W Beauregard St.
San Angelo, TX 76901
325-658-7750
Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

North Texas Behavioral Health Authority
https://www.ntbha.org/
9441 Lyndon B. Johnson Freeway, Suite 350
Dallas, TX 75243
214-366-9407
Counties: Dallas, Ellis, Hunt, Kaufman, Navarro, Rockwall

Nueces Center for Mental Health and Intellectual Disabilities
https://www.ncmhid.org/
1630 S Brownlee
Corpus Christi, TX 78404
361-886-6970
County: Nueces

Pecan Valley Centers for Behavioral & Developmental HealthCare
https://www.pecanvalley.org
2101 W. Pearl
Granbury, TX 76048
817-579-4400
Counties: Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

PermiaCare
www.pbmhmr.com
401 E Illinois, Suite 403
Midland, TX 79701
844-420-3964
Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio
Spindletop Center  
www.stmhmr.org  
655 S 8th St.  
Beaumont, TX 77701  
409-784-5400  
**Counties**: Chambers, Hardin, Jefferson and Orange

StarCare Specialty Health System  
www.StarCarelubbock.org  
904 Avenue O St.  
Lubbock, TX 79401  
806-766-0310  
**Counties**: Cochran, Crosby, Hockley, Lubbock and Lynn

Texana Center  
www.texanacenter.com  
4910 Airport Ave.  
Rosenberg, TX 77471  
281-239-1300  
**Counties**: Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

Texas Panhandle Centers  
www.texaspanhandlecenters.org  
901 Wallace Blvd.  
Amarillo, TX 79106  
806-358-1681  
**Counties**: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

Texoma Community Center  
www.mhmrst.org  
315 W McLain Dr.  
Sherman, TX 75092  
903-957-4700  
**Counties**: Cooke, Fannin and Grayson
The Harris Center for Mental Health and IDD
https://www.theharriscenter.org
9401 Southwest Fwy.
Houston, TX 77074
713-970-7000
**County**: Harris

**Tri-County Behavioral Healthcare**
www.tcmhmrs.org
233 Sgt. Ed Holcomb Blvd. S.
Conroe, TX 77304
936-521-6100
**Counties**: Liberty, Montgomery and Walker

**Tropical Texas Behavioral Health**
www.ttbh.org
1901 S. 24 St.
Edinburg, TX 78539
956-289-7000
**Counties**: Cameron, Hidalgo and Willacy

**West Texas Centers**
www.wtcmhmr.org
319 Runnels St.
Big Spring, TX 79720
432-263-0027
**Counties**: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum
Appendix B. LIDDA in Texas

Alamo Area Council of Governments (AACOG)
http://www.aacog.com
8700 Tesoro Drive, Suite 160
San Antonio, Texas 78217
210-362-5200
Counties: Bexar

Anderson-Cherokee Community Enrichment Services (ACCESS)
http://www.access-center.org
1011 College Avenue
Jacksonville, Texas 75766
903-586-9000
Counties: Anderson and Cherokee

Andrews Center
http://www.andrewscenter.com
2323 West Front Street
Tyler, Texas 75702
903-597-1351
Counties: Henderson, Rains, Smith, Van Zandt, and Wood

Austin Travis County Integral Care
http://www.integralcare.org
1430 Collier Street
Austin, Texas 78704
512-447-4141
Counties: Travis County

Behavioral Health Center of Nueces County
http://bhcnc.net/
1630 S. Brownlee
Corpus Christi, Texas 78404
361-886-6900
Counties: Nueces

Betty Hardwick Center
https://bettyhardwick.org
2616 S. Clack
Abilene, Texas 79606
325-690-5100
Counties: Callahan, Jones, Shackelford, Stephens, and Taylor counties.
Bluebonnet Trails Community Services
http://www.bbtrails.org
1009 N. Georgetown Street
Round Rock, Texas 78664
Business phone: 512-255-1720
**Counties**: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

Border Region Behavioral Health Center
http://www.borderregion.org
1500 Pappas Street
Laredo, Texas 78041
Business phone: 956-794-3000
**Counties**: Jim Hogg, Starr, Webb, and Zapata

Burke (formerly Burke Center)
http://www.myburke.org
2001 S. Medford Drive
Lufkin, Texas 75901
936-639-1141
**Counties**: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Camino Real Community Services
http://www.caminorealmhmr.org/
19965 FM 3175 North
[Mailing address: PO Box 725]
Lytle, Texas 78052
210-357-0300 or 1-800-491-5201
**Counties**: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

Center for Life Resources
http://www.cflr.us/
408 Mulberry
Brownwood, Texas 76801
325-646-9574
**Counties**: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba counties.
Central Counties Services
https://www.cccmhm.org
304 S. 22nd Street
Temple, Texas 76501
254-298-7000
**Counties**: Bell, Coryell, Hamilton, Lampasas, and Milam

Central Plains Center
2700 Yonkers
Plainview, Texas 79072
806-296-2636
http://www.centralplains.org

**Counties**: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

Coastal Plains Community Center
http://www.coastalplainsctr.org
200 Marriott Drive
Portland, Texas 78374
361-777-3991
**Counties**: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

Community Healthcore
http://www.communityhealthcore.com
107 Woodbine Place
Longview, Texas 75601
Business phone: 903-758-2471
**Counties**: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

Denton County MHMR Center
http://www.dentonmhmr.org
2519 Scripture
[Mailing address: PO Box 2346, Denton, TX 76202]
Denton, Texas 76202
940-565-5277
**Counties**: Denton
Emergence Health Network (formerly El Paso MHMR)
http://emergencehealthnetwork.org/
8730 Boeing
El Paso, Texas 79925
915-887-3410 or 1-844-225-7254
**Counties:** El Paso

Gulf Bend Center
http://www.gulfbend.org
6502 Nursery Drive, Suite 100
Victoria, Texas 77904
361-575-0611 or 1-800-421-8825
**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

Gulf Coast Center
http://www.gcmhmr.com/
10000 Emmett F. Lowry Express, Texas City, Texas 77591
409-763-2373
**Counties:** Brazoria and Galveston

The Harris Center for Mental Health and IDD (formerly MHMRA of Harris County)
http://www.mhmraharris.org
7011 Southwest Freeway
Houston, Texas 77074
713-970-7000
**Counties:** Harris

Heart of Texas Region MHMR Center
http://www.hotrmhmr.org
110 S. 12th Street
Waco, Texas 76701
254-752-3451
**Counties:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

Helen Farabee Centers
http://www.helenfarabee.org
1000 Brook Street
[Mailing address: PO Box 8266]
Wichita Falls, Texas 76301
940-397-3143
**Counties:** Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young
Hill Country Mental Health & Developmental Disabilities Centers  
http://www.hillcountry.org  
819 Water Street, Suite 300  
Kerrville, Texas 78028  
830-792-3300  
**Counties:** Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

Lakes Regional MHMR Center  
http://www.lrmhmrc.org  
400 Airport Road  
Terrell, Texas 75160  
972-524-4159  
**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

LifePath Systems  
http://www.lifepathsystems.org  
1515 Heritage Dr. Ste 10  
McKinney, Texas 75069  
972-422-5939  
**Counties:** Collin

Metrocare Services  
http://www.metrocareservices.org  
1345 River Bend Drive, Suite 200  
Dallas, Texas 75247  
214-743-1200  
**Counties:** Dallas

MHMR Authority of Brazos Valley  
http://www.mhmrabv.org  
1504 S. Texas Avenue  
Bryan, Texas 77802  
979-822-6467  
**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

MHMR Services for the Concho Valley  
http://www.mhmrcv.org  
1501 W. Beauregard  
San Angelo, Texas 76901  
325-658-7750  
**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green
MHMR of Tarrant County
http://www.mhmrtarrant.org
3840 Hulen Street, North Tower
Fort Worth, Texas 76107
Business phone: 817-569-4300
Counties: Tarrant

Pecan Valley Centers for Behavioral & Developmental HealthCare
http://www.pecanvalley.org
2101 W. Pearl St
Granbury, Texas 76048
Business phone: 817-579-4400
Counties: Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

Permian Basin Community Centers for MHMR
http://www.pbmhmr.com
401 E. Illinois, Suite 403
Midland, Texas 79701
432-570-3333
Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

Spindletop Center
http://www.stmhmr.org
655 S. 8th Street
Beaumont, Texas 77701
409-784-5400
Counties: Chambers, Hardin, Jefferson, and Orange

StarCare Specialty Health System (formerly Lubbock Regional MHMR Center)
http://www.lubbockmhmr.org
386 I-27
Lubbock, Texas 79401
806-766-0310
Counties: Cochran, Crosby, Hockley, Lubbock, and Lynn

Texana Center
http://www.texanacenter.com
4910 Airport Avenue
Rosenberg, Texas 77471
281-239-1300 or 1-866-483-9262
Counties: Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton
Texas Panhandle Centers  
http://www.tpmhmr.org/  
901 Wallace Blvd  
Amarillo, Texas 79106  
(806) 358-1681  
**Counties:** Armstrong, Carson, Collingsworth, Dallum, Deaf Smith, Donley,  
Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore,  
Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler  

Texoma Community Center  
http://www.mhmrst.org  
315 McLain Drive  
Sherman, Texas 75092  
903-957-4700  
**Counties:** Cooke, Fannin, and Grayson  

Tri-County Behavioral Healthcare  
http://www.tricountyservices.org  
1506 Old Montgomery Rd.  
Conroe, Texas 77304  
936-521-6100  
**Counties:** Liberty, Montgomery, and Walker  

Tropical Texas Behavioral Health  
http://www.ttbh.org  
1901 S. 24th Ave.,  
Edinburg, Texas 78539  
956-289-7000 or 1-800-813-1233  
**Counties:** Cameron, Hidalgo, and Willacy  

West Texas Centers  
http://www.wtcmhmr.org  
319 Runnels  
Big Spring, Texas 79720  
432-263-0007  
**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza,  
Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels,  
Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum