A Community Support Guide for Alternatives to Inpatient Mental Health Treatment

Behavioral Health Services
September 2021
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About This Guide

The purpose of this guide is to educate public partners of the Health and Human Services Commission (HHSC) to better understand mental health care in Texas. This guide provides basic information regarding the services available across the state and the organizations that can help connect people to those resources.

Local Mental Health Authorities/Local Behavioral Health Authorities:

Every community in Texas is served by a designated local mental health authority (LMHA) or local behavioral health authority (LBHA). LMHAs/LBHAs help inform people about available treatment options that can address the challenges associated with their mental illness and ultimately achieve recovery. LMHAs/LBHAs provide a wide array of treatment services and supports and seek to connect people with resources unique to their communities.

The following map shows LMHA/LBHA service areas. To identify the LMHA/LBHA serving a specific community, please visit https://hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/find-your-local-mental-health-or-behavioral-health-authority. A complete list is available at the end of this report in Appendix B: Local Mental Health Authorities and Local Behavioral Health Authorities.
Available Services

LMHAs/LBHAs offer a range of services to help meet the unique needs of each person, including services that help prevent issues from escalating into a crisis. Services are available to assist people in accessing treatment, finding competitive employment, finding or keeping safe housing, and getting access to medications when needed. LMHAs/LBHAs serve people of all ages.

Services are available on an ongoing basis and not tied to a specific event. Support can be accessed at any time. LMHAs/LBHAs have a variety of services to assist people in crisis, including people not already connected with the LMHA/LBHA. For many, a crisis event may be the first time they receive help from an LMHA/LBHA. Some services are available in every community while others have been developed by communities to meet a local need.
**What happens after a person or family member contacts the LMHA/LBHA?**

After someone contacts an LMHA/LBHA for mental health services, the LMHA/LBHA conducts an intake assessment--the Adult Needs and Strengths Assessment (ANSA) for adults or the Child and Adolescent Needs and Strengths Assessment (CANS) for children and youth. The LMHA/LBHA relies on assessment results to determine a level of care and identify available services.

**Is there a wait list for crisis services?**

For the person experiencing a crisis, LMHAs/LBHAs have mental health professionals available 24/7 to help them understand what types of care are available to meet their needs and how they can receive services. LMHAs/LBHAs can explain available resources and help ensure they receive help when needed. HHSC encourages people in need to contact their LMHA/LBHA for assistance directly.

**When should 9-1-1 be called?**

If someone has a physical injury that requires medical attention, calling 9-1-1 for an ambulance or going directly to a medical hospital or similar acute-care facility for immediate care is most appropriate. In a crisis, the LMHA/LBHA may also recommend the person call 9-1-1 or go directly to a medical hospital.

**How much do LMHA/LBHA services cost?**

LMHAs/LBHAs charge for services based on a “sliding scale,” meaning payment for services may be free or greatly reduced, depending on the person’s income. LMHAs/LBHAs also accept most forms of private insurance.

**Are there options for people who have been arrested?**

Several services are available to people involved with the criminal justice system. “Forensic services” are community-based services for a person unable to stand trial due to mental illness. LMHAs/LBHAs also collaborate with the Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI).
Types of Services Available

**LMHA/LBHA Core Services**

Across the state of Texas, the following core services are available at every LMHA/LBHA to help a person achieve and maintain recovery.

**Access to Benefits:** When a person is enrolled in services at the LMHA/LBHA, the benefits specialist may assist them in applying for Supplemental Security Income or Supplemental Security Disability Income.

**Assertive Community Treatment (ACT):** ACT is an evidence-based practice specifically designed for adults with repeated admissions or long stays in inpatient psychiatric facilities. ACT provides a full array of intensive, in-home services that uses person-centered recovery planning to help people achieve stability and facilitate community living.

**Case Management:** Case managers help adults, children, or caregivers obtain needed services, such as counseling, employment, medication, and substance use disorder intervention and treatment services.

**Counseling:** Individual, family, and group therapy can reduce or eliminate a person’s symptoms of mental illness and increase their ability to perform normal daily activities.

**Co-Occurring Psychiatric and Substance Use Disorders:** LMHAs/LBHAs offer evidence-based outpatient services designed specifically for a person with both a mental health and substance use disorder diagnosis. Both adults and children age 13 and older may benefit.

**Crisis Hotline:** Hotlines provide information, support, referrals, screening, and intervention services 24/7.

**Crisis Intervention, Relapse Prevention, and Follow-Up:** This is appropriate for a person who is not in imminent danger of harm to self or others, but requires additional assistance to avoid reoccurrence of the crisis event. Mental health professionals respond to crises to reduce symptoms and prevent admission of someone to a more restrictive environment.
**Family Partner Support Services:** This is comprised of peer mentoring and support provided by Certified Family Partners, or Family Partners awaiting certification within the first year of hire, to the primary caregivers of a child receiving community-based mental health services. The service may include introducing the family to the treatment process; modeling self-advocacy skills; providing information; making referrals; providing non-clinical skills training; and assisting in the identification of natural/informal and formal community supports. A Family Partner/Certified Family Partner is the parent or legally authorized representative (LAR) of a child or youth with a serious emotional disturbance, with at least one year of experience navigating a child-serving system (e.g., mental health, juvenile justice, social security, special education) as the LAR to that child or youth.

**Medication and Medication Training:** Physicians and their clinical staff (e.g., nurse practitioners and physician assistants) assess whether medications can help a person of any age address symptoms, achieve stability, and ultimately recover. Physicians also work with treatment teams to provide education and guidance to children/youth and their LARs about these medications and possible side effects.

**Mobile Crisis Outreach Teams (MCOT):** An MCOT provides immediate response at the location where a psychiatric crisis is occurring. MCOT is available 24/7 and mental health professionals respond to calls from the home, school, street, or clinic.

**Peer Services and Supports:** A Certified Peer Specialist (CPS) is a person who uses lived experience, in addition to skills learned in formal training, to deliver strengths-based, person-centered services to promote a person’s recovery and resiliency. A CPS shares their experience related to recovery; acts as a model of hope and resilience to others; provides education, training, advocacy, and interventions within the recovery process; and promotes integration with community resources. CPSs have lived experience with mental health challenges, which makes them uniquely able to promote wellness, recovery, and an independent life in the community. Peer support is available to Home and Community Based Services-Adult Mental Health program participants. For information on training and certification, please visit: [https://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=5&ti=1&pt=15&ch=354&sch=N](https://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=5&ti=1&pt=15&ch=354&sch=N)

**Screening Brief Intervention and Referral to Treatment (SBIRT):** SBIRT is a comprehensive, public health approach to the delivery of early intervention and treatment services for people who have, or are at risk of developing, a substance use disorder. SBIRT is provided by licensed practitioners of the healing arts or
certified nurse midwives. Services are delivered in a variety of locations, including an outpatient hospital, federally qualified health center, rural health clinic, office, home, or other setting. SBIRT is intended to be used as an individualized (not group) intervention.

**Supported Employment:** This evidence-based practice builds upon rehabilitation services and works to help people choose, obtain, and maintain employment in regular community jobs.

**Supportive Housing:** This evidence-based practice builds on case management and rehabilitation services to help people choose, obtain, and maintain regular, long-term integrated housing. This service is available to those with demonstrated housing needs.

**Skills Training and Development:** This training provides evidence-based intervention services as part of the overall treatment planning process to facilitate recovery.

## Other Community-Based Services

LMHAs/LBHAs provide additional services and programs unique to their service area. Additionally, some services and programs may be provided by other service providers, to which the LMHA/LBHA may then refer.

**Coordinated Specialty Care for First Episode of Psychosis (CSC):** CSC is a team-based model designed to meet the needs of people between ages 15 and 30 who have experienced their first episode of psychosis within the past two years. CSC emphasizes shared decision-making and a recovery-focused approach. To learn more, visit [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis).

**Critical Time Intervention Program:** This program assists people with mental illness who are homeless in their transition from the street, shelter, psychiatric hospital, or criminal justice system into the community.

**Community Resource Coordination Group (CRCG):** CRCGs are county-based groups of local partner agencies and community members working with parents, caregivers, children, youth, and adults with complex needs that cannot be met by a single agency, and who would benefit from interagency coordination. CRCG members help identify and coordinate local services and supports. CRCGs are
located across Texas and available in most counties. To find the CRCG in your county visit https://crcg.hhs.texas.gov/.

**Home and Community Based-Adult Mental Health Program (HCBS-AMH):**
The HCBS-AMH program is designed to serve adults age 18 and older who have a diagnosis of a serious mental illness and require a very intense level of support to be successful in the community. Eligible applicants fall under one of the following population categories: (a) long term psychiatric hospitalization: resided in an inpatient psychiatric hospital for three or more years (cumulative or consecutive) during the five years prior to referral (including days of forensic inpatient commitments); (b) jail diversion: arrested four or more times and experienced two psychiatric crises during the three years prior to referral; or (c) emergency department diversion: had 15 or more emergency department visits and experienced two psychiatric crises during the three years prior to referral. Additionally, the applicant must be eligible for Medicaid if currently in the state hospital, or have an active and accepted Medicaid type and meet specific functional criteria to receive HCBS-AMH services. The HCBS-AMH program provides an array of services, appropriate to each person’s needs, to enable them to live and experience recovery in their community. Interested persons can be referred to the program through their LMHA/LBHA or by a state hospital. For more information on the services available through HCBS-AMH and where the program is available, visit https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services.

**Projects for Assistance in Transitions from Homelessness (PATH):** PATH provides services for people with serious mental illness experiencing homelessness and people with co-occurring mental health and substance use disorders who are experiencing, or at risk of, homelessness. Supported activities include screening and diagnostic treatment, community-based mental health services, substance use treatment, case management services, supportive and supervisory services in residential settings, referrals for primary healthcare, job training, educational services, and housing. The primary objective is to provide outreach to these persons and connect them with mainstream services. There are currently 16 PATH providers in the State of Texas, covering 15 geographic locations. PATH also serves people involved in the criminal justice system who meet eligibility criteria.

**Substance Use Services:** LMHAs/LBHAs work closely with Outreach, Screening, Assessment, and Referral programs (OSARs) to help people with issues related to substance use. Regardless of their ability to pay, Texas residents seeking substance use services and information may qualify for services based on need. Substance
use services include prevention, intervention, treatment, and CPS-provided recovery support services.

Programs that contract with HHSC for the provision of substance use services can be found at:

For a complete list of OSARs visit: https://hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/outreach-screening-assessment-referral-centers or Appendix C: Outreach, Screening, Assessment, and Referral Centers.

For additional information regarding OSAR services and a link to the substance use program location map, visit: https://hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/provider-portal/behavioral-health-provider/substance-use-intervention/hhs-substance-use-services-flyer.pdf.

**Supportive Housing Rental (SHR) Assistance Program:** The SHR Assistance Program provides funding to LMHAs/LBHAs to enhance their ability to provide rental and utility assistance to people with mental illness who are homeless, or at imminent risk for becoming homeless, and supportive housing and mental health services. Funds are used for rent and utility assistance, deposits, move-in costs, and other one-time/time-limited expenses to obtain and maintain housing. SHR funds can be used for up to 12 months of rental assistance based on the person’s identified need. To remain in SHR, the participant must continue receiving mental health services through the LMHA/LBHA and attempt to apply for federally subsidized housing. Participants also develop a transition plan outlining steps to be taken to increase personal income and secure housing without SHR assistance.

**Youth Empowerment Services (YES) Waiver Program:** The YES program is a 1915(c) Medicaid program that partners with families and the community to ensure qualifying Texas youth have access to a wide range of community-based services and supports. To participate in the YES Waiver program, the applicant must: (a) be three through 18 years old (b) have serious mental, emotional, and behavioral difficulties; (c) have a qualifying mental health diagnosis; (d) be at risk of being placed outside of their home because of their mental health needs; (e) meet the criteria to be admitted in a psychiatric hospital; (f) be eligible for Medicaid (parental income does not apply); and (g) currently reside in a home setting with a legal guardian; or on their own, if legally emancipated; or in a public or private
residential treatment center or public or private hospital with a planned discharge date of 30 calendar days or less.

The YES Waiver program provides intensive home and community-based services delivered within a strengths-based, team planning process called Wraparound. Wraparound builds on family and community support and utilizes YES services to help grow a family’s natural support network and connection with their community. Eligibility for the program is determined by the LMHA/LBHA after the child or adolescent, LAR, or managing conservator calls the YES Waiver Inquiry Line. For more information on the YES Waiver program, including the non-traditional services offered in the YES service array, please visit: https://hhs.texas.gov/services/mental-health-substance-use/childrens-mental-health/yes-waiver

**Crisis Services and Facilities**

Across the state, there is a wide array of services available to people in crisis. A crisis may be a period of intense difficulty where the person may be experiencing severe symptoms related to mental illness, be a danger to themselves or others, or feel extremely hopeless. Each LMHA/LBHA operates a crisis hotline to provide support during a crisis. The crisis hotline numbers are provided in the following pages of this guide under each region. The services listed below are in order from least intensive to most intensive treatment options. The availability of facility-based services is dependent on LMHA/LBHA funding.

**Crisis Respite:** Crisis respite programs provide short-term, community-based crisis care for people who pose a low-risk of harm to themselves or others and may have some functional impairment that necessitates direct supervision and care, but who do not require hospitalization. This is the least intensive, facility-based crisis option. Services may be provided for a few hours or a few days. Many of the people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for them. Facility-based crisis respite services have trained staff on-site 24/7. Some crisis respite services are run by peers (people who have at least one cumulative year of receiving mental health community services).

**Crisis Residential:** Crisis residential provides up to 14 days of short-term, community-based residential crisis treatment to people who have a severe impairment in their ability to function, demonstrate a psychiatric crisis that cannot
be stabilized in a less intensive setting, and may pose a risk of harm to themselves or others. This is a more intensive, facility-based crisis option with trained staff on-site 24/7.

**Psychiatric Emergency Service Center (PESC):** A PESC provides walk-in access to immediate behavioral health emergency screening and assessment, extended observation services, and a continuum of crisis stabilization and behavioral health emergency stabilizing treatment for people who pose a high level of risk of harm to themselves or others and who may have a high level of functional impairment with behavioral symptoms that cannot be stabilized in a less restrictive setting within a 48-hour period. PESCs are co-located with licensed hospitals or licensed crisis stabilization units that have trained staff on-site 24/7 to provide voluntary or involuntary psychiatric emergency care. PESC services may be provided to children, adolescents, or adults depending upon LMHA/LBHA service availability. PESCs provide some of the more restrictive facility-based emergency care options within the crisis services continuum.

**Extended Observation Unit (EOU):** EOUs provide emergency services for up to 48 hours to people in psychiatric crisis. Services are provided in a secure, protected, clinically staffed, psychiatrically-supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. People seeking treatment in an EOU may pose a moderate to high risk of harm to themselves or others. Prior to the end of the 48-hour period, a determination is made regarding whether they are stabilized or requires a psychiatric hospitalization.

**Crisis Stabilization Unit (CSU):** CSUs provide short-term, residential treatment designed to reduce acute symptoms of mental illness in a secure and protected, clinically staffed and psychiatrically supervised treatment environment. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options. CSUs are the only facility type in the crisis array that requires licensure in accordance with the Texas Administrative Code, Chapter 411, Subchapter M. HHSC allocates PESC funds to three LMHAs to operate CSUs.

**Residential Treatment Center (RTC):** RTCs provide 24-hour care for children younger than 18 years of age and may offer programmatic services such as transitional living or emergency care or may offer treatment services for emotional disorders or primary medical needs. An RTC is a type of General Residential Operation that serves only children needing treatment services for emotional disorders.
Specialized RTC initiatives implemented through a partnership between HHSC and the Department of Family Protective Services (DFPS) provide an intensive service alternative for children at risk for parental relinquishment of custody due to a lack of mental health resources. Children remain in these facilities an average of six to nine months. Children between five and 17 years of age needing this service must be referred by DFPS Child Protective Services following an investigation resulting in “no finding” of abuse or neglect by the LAR. LMHAs/LBHAs provide help to families to complete the RTC “Common Application” and assessment for eligibility to an RTC.

**Waco Center for Youth:** This state-operated, psychiatric residential treatment facility located in Waco, Texas, serves youth 13 to 17 years of age with significant or severe emotional difficulties and/or behavioral problems. This facility serves approximately 70 youth from across the state. The applicant’s LMHA/LBHA facilitates the admission application.

**Contact:** Admissions Coordinator (254) 745-5399 or Admissions/Aftercare Assistant (254) 745-5302.

**Community Services for People Involved in the Criminal Justice System (Forensic Services)**

Many services are available to people who are involved in the criminal justice system. Typically referred to as forensic services, this guide lists the communities that offer community-based services to divert those who may be involved in the criminal justice system due to mental illness, as well as the services described below.

**Crisis Intervention Response Team (CI RT):** The CIRT at Tri-County Behavioral Healthcare assists law enforcement officers with behavioral health calls, evaluates persons in behavioral health crises in their natural environment, and makes appropriate referrals for mental health services, thereby reducing the number of people who inappropriately land in a jail or emergency room.

**Harris County Jail Diversion Program (HCJDP):** The HCJDP provides a continuum of services and supports to reduce criminal justice involvement and unwarranted admissions for emergency room services, while increasing enrollment in long-term mental health services.
Home and Community Based-Adult Mental Health Program (HCBS-AMH): See description provided under Community-Based Services.

Interdisciplinary Rapid Response Team: Team of qualified staff, consisting of clinicians working in tandem with law enforcement, trained to safely and appropriately serve someone with a suspected mental illness or intellectual disability who is experiencing a behavioral health crisis, and when appropriate, divert them from extended involvement in the criminal justice system and connect them to necessary behavioral health or intellectual disability services.

Jail-Based Competency Restoration Program: This program offers mental health services in a jail-based setting to persons deemed incompetent to stand trial. Four LMHAs and one LBHA provide services and supports as an alternative to inpatient treatment for competency restoration at state mental health facilities. These programs can be found in Dallas, Lubbock, Midland, Nueces, and Tarrant counties.

Mental Health Deputies (MHD) or Officers: Several LMHAs subcontract with local sheriffs’ departments to deploy a certified MHD to address people in crisis. An MHD is an officer specially trained in crisis intervention who works collaboratively with the community and the LMHA’s crisis response teams. MHDs help improve the crisis response system by diverting persons in need of behavioral health crisis services from hospitals and jails to community-based alternatives providing effective behavioral health treatment.

Mental Health Docket: Mental health courts promote accountability by helping people understand their public responsibilities and connecting them to services in their communities. Mental Health Docket services are provided to a person with a primary or co-occurring diagnosis of serious mental illness who has frequent interaction with the criminal justice system. These services are offered as part of criminal justice system diversion efforts. Services include case manager screening and assessment, recovery plan development, medication management, psychosocial rehabilitation, skills training, case management, peer support, supported housing, supported employment, and counseling. This type of program is currently operating in Potter and Randall counties and MHMR of Tarrant County.

Outpatient Competency Restoration (OCR) Program: The OCR program offers mental health services to adults deemed incompetent to stand trial. LMHAs/LBHAs provide services and supports in a person’s home or community, as an alternative to inpatient treatment for competency restoration at state mental health facilities.
TCOOMMI: LMHAs/LBHAs connect juvenile and adult offenders with special needs to a full array of psychiatric and medical services upon their release on probation or parole. The Texas Department of Criminal Justice, county jails, and Texas Juvenile Justice Department institutions refer juveniles or adult offenders to this program. LMHAs/LBHAs also work closely with parole and probation officers to help the person comply with the court-order, with a focus on engaging them in behavioral health treatment. Contact the Texas Department of Criminal Justice – Reentry and Integration Division, TCOOMMI at (512) 671-2134.
Northern Region of Texas

Betty Hardwick Center (LMHA)

https://bettyhardwick.org/
2616 S Clack St., Abilene, TX 79606
Main Phone: (325) 690-5100
Crisis Hotline: 800-758-3344
Counties: Callahan, Jones, Shackelford, Stephens, and Taylor

Community-Based Services:

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (325) 690-5162

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-668-3618

Crisis Services and Facilities:

Crisis Respite Center:
Population Served: Adults 18+ years of age
Address: 2616 S. Clack St., Abilene, TX 79606
Phone: 800-758-3344

Criminal Justice Services:
N/A
Center for Life Resources (LMHA)

http://cflr.us/ns/
408 Mulberry St., Brownwood, TX 76801

Main Phone: (325) 646-9574
Crisis Hotline: 800-458-7788
Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba

Community-Based Services:

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (325) 646-9574

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 888-609-6467

Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 1200 3rd St., Brownwood, TX 76801
Phone: 800-458-7788

Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 408 Mulberry Street. Brownwood, TX 76801
Phone: (325) 646-9574
Central Plains Center (LMHA)

https://centralplains.org/
2700 Yonkers, Plainview, TX 79072
Main Phone: (806) 293-2636
Crisis Hotline: 800-687-1300
Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

Community-Based Services:

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-313-1113

Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 801 Houston, Plainview, TX 79072 and 2601 Dimmitt Rd., Plainview, TX 79072
Phone: 800-687-1300

Criminal Justice Services:

Mental Health Deputy Program:
Population Served: All ages
Address: 2700 Yonkers, Plainview, TX 79072
Phone: 800-687-1300
Denton County MHMR Center (LMHA)

http://www.dentonmhmr.org/
2519 Scripture St., Denton, TX 76201
Main Phone: (940) 381-5000
Crisis Hotline: 800-762-0157
County: Denton

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: 800-762-0157

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-779-9937

Crisis Services and Facilities:

Crisis Residential Center:
Population Served: Adults 18+ years of age
Address: 2519 Scripture St., Denton, TX 76201
Phone: 800-762-0157
Psychiatric Triage Center:
Evaluations are provided to people in crisis. Walk-ins are accepted and referrals to other community resources are provided as needed.

Population Served: Adults 18+ years of age

Address: 2509 Scripture St., Suite 100, Denton, TX 76201

Phone: (940) 381-9965

Criminal Justice Services:
N/A
Helen Farabee Centers (LMHA)

https://www.helenfarabee.org/
1000 Brook, Wichita Falls, TX 76301

Main Phone: (940) 397-3100
Crisis Hotline: 800-621-8504

Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

Community-Based Services:

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 800-669-4166

Crisis Services and Facilities:

Crisis Respite:
Population Served: Children/youth 6-17 years of age and adults 18+ years of age
Address: 506 Broad St., Wichita Falls 76301
Phone: 800-621-8504

Criminal Justice Services:
N/A
Community-Based Services:

**Coordinated Specialty Care:**
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

**Home and Community Based Services – Adult Mental Health:**
Population served: Adults 18+ years of age

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (817) 579-4400

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-892-5556

**Crisis Services and Facilities:**

**Green Street Crisis Respite:**
Population Served: Adults 18+ years of age

Address: 532 Green Street, Stephenville 76401
Phone: (817) 552-2050 or 800-772-5987

**Criminal Justice Services:**

**Outpatient Competency Restoration Program:**

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 2101 W Pearl Street. Granbury, TX 76048

Phone: (817) 594-3087
Community-Based Services:

*Supportive Housing Rental Assistance:*
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (806) 766-0310

*Projects for Assistance in Transition from Homelessness:*
Population Served: Adults with serious mental illness (SMI) or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (806) 787-3164

*YES Waiver Services:*
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (806) 500-3689

*Crisis Services and Facilities:*
N/A

*Criminal Justice Services:*

*Outpatient Competency Restoration Program:*
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 904 Ave. O St., Lubbock, TX 79408
Phone: (806) 766-0310

**Jail-Based Competency Restoration Program:**
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 3502 N Holly Ave, Lubbock, TX 79403
Phone: (806) 766-0310
MHMR of Tarrant County (LMHA)

www.MHMRtarrant.org
3840 Hulen St., Fort Worth, TX 76107

Main Phone: (817) 335-3022
Crisis Hotline: 800-866-2465
County: Tarrant

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (817) 335-3022

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness

Phone: (817) 659-5760

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: (817) 569-5600
Crisis Services and Facilities:

Crisis Respite:
Population Served: Youth 13 through 17 years of age
Address: 3883 Mighty Mite Dr., Fort Worth, TX 76105
Phone: 800-866-2465 or (817) 335-3022

Crisis Respite and Residential:
Population Served: Males 18+ years of age
Address: 1350 E Lancaster, Fort Worth, TX 76102
Phone: 800-866-2465 or (817) 335-3022

Crisis Respite and Residential:
Population Served: Females 18+ years of age
Address: 815 S. Jennings, Fort Worth, TX 76104
Phone: 800-866-2465 or (817) 335-3022

Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 3840 Hulen St. Tower North, Fort Worth, TX 76107
Phone: (817) 335-3022 or 800-866-2465

Jail-Based Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 3840 Hulen St., Fort Worth, TX 76107
Phone: (817) 335-3022
Texas Panhandle Centers (LMHA)

www.texapanhandlecenters.org/
901 Wallace Blvd., Amarillo, TX 79106

Main Phone: (806) 358-1681 or 800-299-3699
Crisis Hotline: 800-692-4039


Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (806) 337-1000

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: (806) 371-7716

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-207-7630
Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 2002 Hardy St., Amarillo, TX 79106
Crisis Hotline: 800-692-4039

Criminal Justice Services:

Mental Health Docket:
Population Served: Adults 18+
Phone: 800-692-4039
Texoma Community Center (LMHA)

http://www.texomacc.org/
315 W McLain Dr., Sherman, TX 75092
Main Phone: (903) 957-4701
Crisis Hotline: 877-277-2226
Counties: Cooke, Fannin, and Grayson

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (903) 957-4701

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 877-461-4224

Crisis Services and Facilities:

Crisis Respite Facility:
Population Served: Adults 18+ years of age
Address: 102 (B) Memorial Dr., Denison, TX 75020
Phone: 903-957-4700

Revised: 08/2021
Crisis Hotline: 877-277-2226 or (903) 957-4701

**Transitional Housing:**
Population Served: Adults 18+ years of age transitioning from jail or state mental health facilities
Address: 102 Memorial Dr., Denison, TX 75020
Phone: 877-277-2226

**Criminal Justice Services:**

**Interdisciplinary Rapid Response Team (Expanded Criminal Justice Collaboration):**
Population Served: Adults 18+ years of age
Phone: (903) 957-4700
Crisis Hotline: 877-277-2226

**North Texas Behavioral Health Authority (LBHA)**

http://ntbha.org/
9441 Lyndon B. Johnson Freeway, Suite 350, Dallas, TX 75243

**Main Phone:** (214) 366-9407
Crisis Hotline: 866-260-8000

**Counties:** Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall

**Community-Based Services:**

**Home and Community Based Services – Adult Mental Health:**
Population served: Adults 18+ years of age
**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (214) 366-9407

**Projects for Assistance in Transition from Homelessness:**
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness

Phone: 214-671-0958

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 866-501-6535

**Crisis Services and Facilities:**

**Extended Observation Unit:**
Population Served: Adults 18+ years of age

Address: 5200 Harry Hines Blvd.,
Dallas, TX 75235

Phone: (214) 590-8000

**RTC Placement – Athletes for Change:**
Population Served: Ages 13 through 17

Address: 1205 E. Bear Creek Rd., Glenn Heights, TX 75154

Phone: 972 223-2011

**Criminal Justice Services:**

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
County: Dallas

Phone: (214) 653-3535

**Jail-Based Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 9441 Lyndon B. Johnson Freeway, Suite 350, Dallas, TX 75243
Phone: (214) 366-9407
Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (972) 422-5939

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: (972) 422-5939, Ext. 6198

Crisis Services and Facilities:

Extended Observation Unit / Crisis Respite Unit:
Population: Adults 18+ years of age

Address: 1416 N Church St. McKinney, TX 75069

Phone: 877-422-5939 or (972) 562-9658
Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 1515 Heritage Dr. McKinney, TX 75069
Phone: (972) 422-5939
Eastern/Central Region of Texas

ACCESS (LMHA)

www.accessmhmr.org
1011 College Avenue Jacksonville, TX 75766

Main Phone: (903) 586-5507
Crisis Hotline: 800-621-1693

Counties: Anderson and Cherokee

Community-Based Services:

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (903) 589-9000

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-801-8382

Crisis Services and Facilities:
N/A

Criminal Justice Services:
N/A
Andrews Center (LMHA)

[Services and contact information]

Community-Based Services:

**Coordinated Specialty Care:**
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

**Home and Community Based Services – Adult Mental Health:**
Population served: Adults 18+ years of age

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (903) 597-1351

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (903) 535-7379

**Crisis Services and Facilities:**
N/A

**Criminal Justice Services:**

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 2323 West Front St., Tyler, TX 75702-7747
Phone: (903) 597-1351
Integral Care (LMHA)

www.integralcare.org
1430 Collier St. Austin, TX 78704
Main Phone: (512) 447-4141

Crisis Hotline: (512) 472-HELP (4357) or 844-398-8252
TTY: (512) 703-1395
County: Travis

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (512) 472-HELP (4357) or toll-free 844-398-8252

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness

Phone: (512) 472-HELP (4357) or toll-free 844-398-8252

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: (512) 804-3191
Crisis Services and Facilities:

**Walk-in Psychiatric Emergency Services Clinic:**
Population Served: All ages
Address: 1165 Airport Blvd., Second Floor, Austin, TX 78702
Phone: (512) 472-HELP (4357) or toll-free 844-398-8252
Website: [www.integralcare.org/content/psychiatric-emergency-services-pes](http://www.integralcare.org/content/psychiatric-emergency-services-pes)

**Crisis Respite:**
Population Served: Adults 18+ years of age Address: 6222 N. Lamar, Austin, TX 78752
Phone: (512) 472-HELP (4357) or toll-free 844-398-8252

**Crisis Residential:**
Population Served: Adults 18+ years of age Address: 1165 Airport Blvd Austin, TX 78702
Phone: (512) 472-HELP (4357) or toll-free 844-398-8252

**Criminal Justice Services:**

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Phone: (512) 472-HELP (4357) or toll-free 844-398-8252
Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (512) 718-7385

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-309-6385

Crisis Services and Facilities:

Crisis Respite:

Georgetown
Population Served: Adults 18+ years of age
Address: 711 North College St., Georgetown, TX 78626
Phone: 800-841-1255

**Extended Observation Unit:**
Population Served: Adults 18+ years of age
Address: 3101 S. Austin, Georgetown, TX 78626
Phone: 800-841-1255

**Criminal Justice Services:**

**Mental Health Deputy Program:**
Population Served: All ages
Phone: 800-841-1255

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 711 North College St. Georgetown, TX 78626
Phone: (512) 826-5234
MHMR Authority of Brazos Valley (LMHA)

www.mhmrabv.org/
804 S. Texas Ave., Bryan, TX 77802

Main Phone: (979) 822-6467
Crisis Hotline: 888-522-8262

Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

Community-Based Services:

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, and ACT services that are homeless or imminently homeless
Phone: (979) 821-9401

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-814-4027

Crisis Services and Facilities:

RTC Placement - Everyday Life, Inc.:
Population Served: Ages 10 through 17
Address: 6955 Broach Rd., Bryan, TX 77808
Phone: (979) 589-1885
Website: https://edlrtc.com/
**RTC Placement - Helping Hand Home for Children:**
Population Served: Ages 13 through 17
Address: 3804 Avenue B, Austin, TX 78751
Phone: (512) 459-3353
Website: [www.helpinghandhome.org/](http://www.helpinghandhome.org/)

**RTC Placement - Pegasus Schools, Inc.:**
Population Served: Ages 10 through 17
Address: 896 Robin Ranch Road, Lockhart, TX 78644
Phone: (512) 376-2101
Website: [www.pegassusschool.net/](http://www.pegassusschool.net/)

**Criminal Justice Services:**
N/A
Burke Center (LMHA)

www.myburke.org/
2001 S Medford Dr., Lufkin, TX 75901
Main Phone: (936) 639-1141
Crisis Hotline: 800-392-8343
Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, and ACT services that are homeless or imminently homeless
Phone: (936) 639-2384, Ext. 2120

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 800-330-9560

Crisis Services and Facilities:

Extended Observation Unit/Crisis Residential Unit:
Population Served: Adults 18+ years of age
Crisis Residential – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 800-392-8343
Criminal Justice Services:

N/A
Central Counties Services (LMHA)

https://centralcountiesservices.org/
304 S. 22nd St., Temple, TX 76501

Main Phone: (254) 298-7000
Crisis Hotline: 800-888-4036
Counties: Bell, Coryell, Hamilton, Lampasas, and Milam

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, ACT services that are homeless or imminently homeless

Phone: (254) 298-7000, or toll-free 844-815-6221

Scott and White Mental Health Center:
Population Served: Adults 18+ years of age

Address: 2401 S. 31st St. Temple, TX 76508

Phone: 254 724-2585

Metroplex Behavioral Health Center:
Population Served: All ages

Address: 2201 S. Clear Creek Rd., Killeen, TX, 76549

Phone: (254) 628-1000

Website: http://www.mplex.org/care-services/behavioral-health
**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-815-6221

**Crisis Services and Facilities:**
N/A

**Criminal Justice Services:**

**Outpatient Competency Restoration Program:**

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 2420 South 37th Street, Temple, TX, 76504

Phone: (254) 298-7191
Community Healthcare (LMHA)

www.communityhealthcore.com
107 Woodbine Pl., Longview, TX 75601

Main Phone: (903) 758-2471
Crisis Hotline: 800-832-1009

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (903) 758-2471

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-937-9950

Crisis Services and Facilities:

Crisis Residential and Extended Observation Unit:
Population Served: Adults 18+ years of age

Address: 1007 South Williams Street, Suite 5, Atlanta, TX 75551

Phone: (903) 796-1278
Criminal Justice Services:

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 950 N. 4th St., Longview, TX 75601

Phone: (903) 758-2471
Community-Based Services:

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (409) 763-2373

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (409) 944-4345

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (409) 944-4555

Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age

Address: 5825 Emmet Lowry, Texas City, TX 77591
Phone: (409) 935-4629

Criminal Justice Services:

N/A
The Harris Center for Mental Health and IDD (LMHA)

https://www.theharriscenter.org/
9401 Southwest Freeway, Houston, TX 77004
Main phone: (713) 970-7000
Crisis Hotline: 866-970-4770
County: Harris

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (713) 970-7255

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (713) 970-7413

Critical Time Intervention Program:
Population Served: Adults 18+ years of age
Phone: (713) 970-7070
**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: (713) 970-7212

**Crisis Services and Facilities:**

**Interim Care Clinic:**
Provides interim psychiatric assessment and medication support for persons with a psychiatric diagnosis who do not have a psychiatric outpatient provider, or who have experienced a disruption in their outpatient treatment and experiencing symptoms of a crisis and therefore in urgent need of treatment. The Interim Care Clinic is a one-time walk-in intervention.

Population Served: All ages

Address: 1502 Taub Loop (2nd floor), Houston, TX 77030

Phone: (713) 970-7070

**Psychiatric Emergency Services and Extended Observation Unit and Crisis Stabilization Unit**
The Psychiatric Emergency Services Unit is staffed 24 hours a day with registered nurses, clinical social workers, licensed professional counselors and psychiatric technicians. Each person treated receives an individualized clinical service plan that includes medication administration, reinforcement of coping skills, close observation by clinical staff, family meetings, and determination of appropriate community supports.

Population served in Walk-in Services: Screening available for all ages

Population Served in EOU/CSU: Adults 18+ years of age

Address: 1502 Taub Loop, Houston, TX 77030

Phone: (713) 970-7070

**Crisis Respite:**
Population Served: Adults 18+ years of age

Address: 612 Branard St., Houston, TX 77006
Crisis Residential Unit:
Population Served: Adults 18+ years of age
Address: 2627 Caroline St., Houston, TX 77004, Bristow Building, 1st Floor
Phone: (713) 970-7070

Crisis Respite (Peer Run):
Population Served: Adults 18+ years of age
Address: 5518 Jackson St. Houston, TX 77004
Phone: (713) 970-6012

Post-Hospitalization Crisis Residential Unit:
This facility is designed as a step down from hospitalization. This is an intensive voluntary psychosocial treatment program with a medical component and coupled with peer supports.
Population Served: Adults 18+ years of age
Address: 2505 Southmore St., Houston, TX.
Phone: (713) 970-7070

Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 2505 Southmore St., Houston, TX 77004
Phone: (713) 970-6077

Jail-based Competency Restoration Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 1200 Baker Street, Houston, Texas 77008
Phone: (346) 286-2344
Heart of Texas Region MHMR Center (LMHA)

www.hotrmhmr.org
110 S 12th St. Waco, TX 76701
**Main Phone:** (254) 752-3451
Crisis Hotline: 866-752-3451
**Counties:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

**Community-Based Services:**

**Home and Community Based Services – Adult Mental Health:**
Population served: Adults 18+ years of age

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (254) 752-3451

**Projects for Assistance in Transition from Homelessness:**
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (254) 297-7735

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (254) 297-7002

**Crisis Services and Facilities:**

**Psychiatric Triage Center:**
Population Served: Adults 18+ years of age
Address: 301 Londonderry, Waco, TX 76712
Phone: 866-752-3451

**Crisis Respite:**
Population Served: Adults 18+ years of age
Address: 1200 Clifton St., Waco, TX 76704
Phone: 866-752-3451 (after hours and weekends)

**Extended Observation/Crisis Residential Unit:**
Population Served: Adults 18 + years of age
Address: 301 Londonderry, Waco, TX 76712
Phone: 866-752-3451 or (254)-867-6550

**Criminal Justice Services:**

**Mental Health Deputy Program:**
Population Served: All ages
Phone: 866-752-3451

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 110 S 12th St., Waco, TX 76703
Phone: 866-752-3451
Lakes Regional Community Center (LMHA)

www.lrmhmrc.org
400 Airport Rd., Terrell, TX 75160

Main Phone: (972) 524-4159
Crisis Hotline: 877 466-0660

Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

Community-Based Services:

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (972) 524-4159

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 855-977-1976

Crisis Services and Facilities:
N/A

Criminal Justice Services:
N/A
Spindletop Center (LMHA)

www.spindletopcenter.org/
655 S 8th St., Beaumont, TX 77701
Main Phone: (409) 839-1000
Crisis Hotline: (409) 838-1818 or 800-937-8097
Counties: Chambers, Hardin, Jefferson, and Orange

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (409) 839-1015

Projects for Assistance in Transition from Homelessness
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (409) 839-1026

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-886-3280
Crisis Services and Facilities:

**Crisis Residential and Respite Services:**
Population Served: Adults 18+ years of age
Address: 28959 South 8th Street, Building E, Beaumont, TX 77701
Crisis Respite Clinic: (409) 839-1088

**Extended Observation Units:**
Population Served: Adults 18+ years of age
Location 1 – Address: 3080 College St., Beaumont, TX 77701
Phone: 800-937-8097
Location 2 – Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
Phone: 800-937-8097

**Criminal Justice Services:**

**Mental Health Deputy Program:**
Population Served: All ages
Phone: (409) 839-1000
Texana Center (LMHA)

www.texanacenter.com
4910 Airport Ave., Rosenberg, TX 77471

**Main Phone:** (281) 239-1300
Crisis Hotline: 800-633-5686

**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

**Community-Based Services:**

**Coordinated Specialty Care:**
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

**Home and Community Based Services – Adult Mental Health:**
Population served: Adults 18+ years of age
Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (281) 239-1300, or toll-free 866-483-9262

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (281) 239-1485

**Crisis Services and Facilities:**

**Crisis Center:**
Access is available only via MCOT screenings (not a walk-in center).
Population Served: Adults 18+ years of age
Phone: 800-633-5686
Criminal Justice Services:
N/A
Tri-County Behavioral Healthcare (LMHA)

http://www.tcmhmrs.org/
233 Sgt. Ed Holcomb, Conroe, TX 77304

Main Phone: (936) 521-6100
Crisis Hotline: 800-659-6994

Counties: Liberty, Montgomery, and Walker

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (936) 521-6100

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness

Phone: (936) 521-6413

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 800-347-5208

Crisis Services and Facilities:

Crisis Intervention Response Team:
Population Served: All ages
Crisis Stabilization Unit and Extended Observation Unit (Psychiatric Emergency Treatment Center):
Population Served: Adults 18+ years of age
Address: 706 FM 2854, Conroe TX 77301
Phone: (936) 538-1102

RTC Placement - Guardian Angels:
Population Served: Ages nine through 17
Address: 9530 W. Montgomery Rd., Houston, TX 77088
Phone: (281) 447-1812

RTC Placement - Gulf Winds:
Population Served: Ages 10 through 17
Address: 2904 1st St., Bay City, TX 77414
Phone: (979) 254-2334

RTC Placement - Have Haven:
Population Served: Ages 10 through 17
Address: 14054 Ambrose St., Houston, TX 77045
Phone: (713) 413-9490
Website: www.havehaven.org/

RTC Placement - Krause Children’s Residential:
Population Served: Ages 12 through 17
Address: 25752 Kingsland Blvd., Katy, TX 77494
Phone: (281) 392-7505
Website: www.krausechildrenscenter.org/
RTC Placement - Renewed Strength, Inc.:
Population Served: Ages five through 18
Address: 110 Hambrick Rd., Houston, TX 77060
Phone: (281) 448-7550

RTC Placement - Shamar Hope Haven:
Population Served: Ages 10 through 17
Address: 2913 Wheeler St., Houston, TX 77004
Phone: (713) 942-8822
Website:  http://www.shamarhopehaven.org/

RTC Placement - Unity Children’s Home:
Population Served: Ages five through 17
Address: 2111 River Valley Dr., Spring, TX 77373
Phone: (281) 355-0905

Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 1020 Riverwood Ct., Conroe, TX 77304
Phone: (936) 521-6100
Southern Region of Texas

Border Region Behavioral Health Center (LMHA)

www.borderregion.org
1500 Pappas St., Laredo, TX 78041

Main Phone: (956) 794-3000
Crisis Hotline: 800-643-1102

Counties: Jim Hogg, Starr, Webb, and Zapata

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (956) 794-3000

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness
Phone: (956) 794-3000

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-503-6182
Crisis Services and Facilities:

Crisis Stabilization Unit:
Population Served: Adults ages 18+
Address: 1500 Pappas Street, Laredo, TX 78041
Phone: (956) 794-3000

Criminal Justice Services:
N/A
Camino Real Community Services (LMHA)

www.caminorealcs.org
19965 FM-3175 N., Lytle, TX 78052

Main Phone: (210) 357-0300
Crisis Hotline: 800-543-5750

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

Community-Based Services:

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (210) 357-0300 or toll-free 800-491-5201

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 877-271-9321

Crisis Services and Facilities:

Crisis Residential Unit and Crisis Respite Services:
Population Served: Adults 18+ years of age
Location 1- Address: 19971 FM 3175 N., Lytle, TX 78052 Phone: (830) 266-5500
Location 2- Address: 644 Encino Park Dr. Eagle Pass, TX 78852
Phone: (830) 498-2000

Criminal Justice Services:
N/A
The Center for Health Care Services (LMHA)

https://chcsbc.org/
3031 W I-10, San Antonio, TX 78201
Main Phone: (210) 261-1000
Crisis Hotline: 800-316-9241
County: Bexar

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (210) 261-1456

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (210) 261-1453

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (210) 261-1135
Crisis Services and Facilities:

Crisis Care Center and Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 601 N. Frio, San Antonio, TX 78207
Phone: (210) 225-5481, (210) 223-7233, or 800-316-9241

Crisis Residential and Respite Unit:
Population Served: Ages four through 17
Address: 227 West Drexel, San Antonio, TX 78210
Phone: (210) 223-7233 or 800-316-9241

Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 3031 IH-10 West, San Antonio, TX 78201
Phone: (210) 261-3100
Coastal Plains Community Center (LMHA)

www.coastalplainsctr.org
200 Marriott Dr., Portland, TX 78374

**Main Phone:** (361) 777-3991
Crisis Hotline: 800-841-6467

**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

**Community-Based Services:**

**Coordinated Specialty Care:**
Population Served: Adolescents and adults ages 15 through–30 who have experienced their first episode of psychosis within the past two years.

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (361) 777-2940 or toll-free 888-819-5312

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 800-831-6467

**Crisis Services and Facilities:**
N/A

**Criminal Justice Services:**
N/A
Gulf Bend Center (LMHA)

www.gulfbend.org
6502 Nursery Drive, Suite 100, Victoria, TX 77904-1178
Main Phone: (361) 575-0611
Crisis Hotline: 800-421-8825
Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

Community-Based Services:

Supportive Housing Services:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (361) 575-0611

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 800-421-8825

Crisis Services and Facilities:
N/A

Criminal Justice Services:

Mental Health Deputy:
Population Served: All ages
Phone: 800-421-8825
Hill Country Mental Health & Developmental Disabilities Centers (LMHA)

www.hillcountry.org
819 Water St, Suite 300, Kerrville, TX 78028

**Main Phone:** (830) 792-3300
Crisis Hotline: 877-466-0660

**Counties:** Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

**Community-Based Services:**

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (830) 285-3526

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 844-654-7225

**Crisis Services and Facilities:**

**Crisis Stabilization Unit:**
Population Served: Adults ages 18+

Address: 643 Sheppard Rees Rd., Kerrville, TX 78028

Phone: (830) 237-5111

**RTC Placement - Hill Country Youth Ranch:**
Population Served: Ages five through 17
Address: 3522 Junction Hwy., Ingram, TX 78025
Phone: (830) 367-2131
Website: http://youth-ranch.org/

**RTC Placement - New Life Children’s Treatment Center:**
Population Served: Ages 11 through 17
Address: 650 Scarbourough, Canyon Lake, TX 78133
Phone: 830 964-4390
Website: https://www.upbring.org/programs-and-services/childrens-centers/new-life/

**Criminal Justice Services:**

**Mental Health Deputy:**
Population Served: All ages
Phone: 877-466-0660
Nueces Center for Mental Health & Intellectual Disabilities (LMHA)

https://www.ncmhid.org/
1630 S. Brownlee, Corpus Christi, TX 78404

Main Phone: (361) 886-6970
Crisis Hotline: 888-767-4493
County: Nueces

Community-Based Services:

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: (361) 886-1427

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Phone: (361) 886-1357

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-253-4947

Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 1642 S. Brownlee Blvd., Corpus Christi, TX 78415
Phone: (361) 886-6938
Criminal Justice Services:

**Outpatient Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 105 Waco St., Corpus Christi, TX 78401
Phone: (361) 886-1312

**Jail-based Competency Restoration Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 105 Waco St., Corpus Christi, TX 78401
Phone: (361) 886-1485
Tropical Texas Behavioral Health (LMHA)

www.ttbh.org
1901 S. 24 St., Edinburg, TX 78539

Main Phone: (956) 289-7000
Crisis Hotline: 877-289-7199

Counties: Cameron, Hidalgo, and Willacy

Community-Based Services:

Coordinated Specialty Care:
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

Home and Community Based Services – Adult Mental Health:
Population served: Adults 18+ years of age

Projects for Assistance in Transition from Homelessness:
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness

Phone: (956) 520-8875

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (956) 289-7000

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 956 289-7271
Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 715 North H St., Harlingen, TX 78550
Phone: 877-289-7199

RTC Placement - Shoreline, Inc.:
Population Served: Ages 13 through 17
Address: 1220 Gregory St., Taft, TX 78390
Phone: (361) 528-3356
Website: www.shorelinetreatmentcenter.com/

Criminal Justice Services:

Mental Health Officer:
Population served: All ages
Phone: 877-289-7199
Communti-Based Services:

**Coordinated Specialty Care:**
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

**Home and Community Based Services – Adult Mental Health:**
Population served: Adults 18+ years of age

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (915) 887-3410

**Projects for Assistance in Transition from Homelessness provided by Aliviane:**
Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness

Phone: (915) 351-6677

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: (915) 599-4YES

Crisis Services and Facilities:

Crisis Residential Unit and Crisis Respite Services:
Population Served: Adults 18+ years of age
Address: 8716 Independence, El Paso, TX 79907
Phone: (915) 772-9111

Extended Observation Unit:
Population Served: Adults 18+ years of age
Address – 1601 E. Yandell St., Suite B, El Paso, TX 79902
Phone: (915) 887-3410 or (915) 599-4900

Criminal Justice Services:

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 1600 Montana, El Paso, TX 79902
Phone: (915) 491-3863

Interdisciplinary Rapid Response Team:
Population Served: Adults 18+ years of age
Phone: (915) 887-3410
MHMR Services for the Concho Valley (LMHA)

www.mhmrcv.org
1501 W Beauregard St., San Angelo, TX 76901
Main Phone: (325) 658-7750
Crisis Hotline: 800-375-8965 or (325) 653-5933
Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

Community-Based Services:

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (915) 887-3410

YES Waiver Services:
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 833-626-4426

Crisis Services and Facilities:

Crisis Respite:
Population Served: Adults 18+ years of age

Address: 244 N. Magdalen Bldg. #240, San Angelo, TX 76903
Phone: 800-375-8965

Criminal Justice Services:

Mental Health Deputy:
Population Served: All ages
Phone: 800-375-8965
**Outpatient Competency Restoration Program:**

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 202 North Main Street. San Angelo, TX 76903

Phone: (325) 658-7750
PermiaCare (LMHA)

www.permiacare.org
401 E Illinois, Suite 403, Midland, TX 79701
Main Phone and Crisis Phone: 844-420-3964
Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

Community-Based Services:

Supportive Housing Rental Assistance:
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
Phone: 844-420-3964

YES Waiver Services:
Population Served: Children and adolescents ages three through 18
YES Waiver Inquiry Line: 844-823-0002

Crisis Services and Facilities:
N/A

Criminal Justice Services:

Mental Health Deputy:
Population served: All ages
Phone: 844-420-3964

Jail-Based Competency Restoration Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 401 E. Illinois, Suite 403, Midland, TX 79701
Phone: 844-420-3964
West Texas Centers (LMHA)

- **www.wtcmhmr.org**
- 319 Runnels St., Big Spring, TX 79720
- **Main Phone:** (432) 263-0027
- **Crisis Hotline:** 800-375-4357
- **Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum

**Community-Based Services:**

**Coordinated Specialty Care:**
Population Served: Adolescents and adults ages 15 through 30 who have experienced their first episode of psychosis within the past two years.

**Supportive Housing Rental Assistance:**
Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

Phone: (432) 263-0027

**YES Waiver Services:**
Population Served: Children and adolescents ages three through 18

YES Waiver Inquiry Line: 888-336-3362

**Crisis Services and Facilities:**

**Crisis Respite:**
Population Served: Adults 18+ years of age

Address: 3205 South Highway 87, Big Spring, TX 79720

Phone: 800-375-4357
Criminal Justice Services:

**Mental Health Deputy:**
Population Served:  All ages
Phone:  800-375-4357
## Appendix A. Acronyms

You may find the following acronyms helpful:

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Full Name</th>
</tr>
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<tbody>
<tr>
<td>HCBS-AMH</td>
<td>Home and Community Based Services - Adult Mental Health</td>
</tr>
<tr>
<td>HHSC</td>
<td>Health and Human Services Commission</td>
</tr>
<tr>
<td>LBHA</td>
<td>Local Behavioral Health Authority</td>
</tr>
<tr>
<td>LMHA</td>
<td>Local Mental Health Authority</td>
</tr>
<tr>
<td>MCOT</td>
<td>Mobile Crisis Outreach Team</td>
</tr>
<tr>
<td>OSAR</td>
<td>Outreach, Screening, Assessment, and Referral Services</td>
</tr>
<tr>
<td>RTC</td>
<td>Residential Treatment Center</td>
</tr>
<tr>
<td>SMI</td>
<td>Severe mental illness</td>
</tr>
<tr>
<td>TCOOMMI</td>
<td>Texas Correctional Office on Offenders with Medical or Mental Impairments</td>
</tr>
<tr>
<td>YES</td>
<td>Youth Empowerment Services</td>
</tr>
</tbody>
</table>
Appendix B. LMHAs/LBHAs

**ACCESS**
www.accessmhm.org
1011 College Ave.
Jacksonville, TX 75766
(903) 589-9000
**Counties:** Anderson and Cherokee

**Andrews Center**
www.andrewscenter.com
2323 West Front St.
Tyler, TX 75702
(903) 597-1351
**Counties:** Henderson, Rains, Smith, Van Zandt, and Wood

**Betty Hardwick Center**
https://bettyhardwick.org/
2616 S Clack
Abilene, TX 79606
(325) 690-5100
**Counties:** Callahan, Jones, Shackelford, Stephens, and Taylor

**Bluebonnet Trails Community Services**
www.bbtrails.org
1009 N. Georgetown St.
Round Rock, TX 78664
(512) 255-1720
**Counties:** Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

**Border Region Behavioral Health Center**
www.borderregion.org
1500 Pappas St.
Laredo, TX 78041
(956) 794-3000
**Counties:** Jim Hogg, Starr, Webb, and Zapata

**Burke Center**
www.myburke.org
2001 S Medford Dr.
Lufkin, TX 75901
(936) 639-1141
**Counties:** Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

**Camino Real Community Services**
www.caminorealcs.org
19965 FM-3175 N.
Lytle, TX 78052
(210) 357-0300
**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

**Center for Health Care Services**
https://chcsbc.org/
3031 W I-10
San Antonio, TX 78201
(210) 261-1000
**County:** Bexar
<table>
<thead>
<tr>
<th><strong>Center for Life Resources</strong></th>
<th><strong>Community Healthcore</strong></th>
</tr>
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<tbody>
<tr>
<td><a href="http://www.cflr.us">www.cflr.us</a></td>
<td><a href="http://www.communityhealthcore.com">www.communityhealthcore.com</a></td>
</tr>
<tr>
<td>408 Mulberry St. Brownwood, TX 76801 (325) 646-9574</td>
<td>107 Woodbine Pl. Longview, TX 75601 (903) 758-2471</td>
</tr>
<tr>
<td>Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba</td>
<td>Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur</td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>Central Counties Services</strong></th>
<th><strong>Denton County MHMR Center</strong></th>
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<tbody>
<tr>
<td><a href="https://centralcountiesservices.org">https://centralcountiesservices.org</a></td>
<td><a href="http://www.dentonmhmr.org">www.dentonmhmr.org</a></td>
</tr>
<tr>
<td>304 S 22nd St. Temple, TX 76501 (254) 298-7000</td>
<td>2519 Scripture St. Denton, TX 76201 (940) 381-5000</td>
</tr>
<tr>
<td>Counties: Bell, Coryell, Hamilton, Lampasas, and Milam</td>
<td>County: Denton</td>
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<thead>
<tr>
<th><strong>Central Plains Center</strong></th>
<th><strong>Emergence Health Network</strong></th>
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<tr>
<td><a href="http://www.clplains.org">www.clplains.org</a></td>
<td><a href="http://www.emergencehealthnetwork.org">www.emergencehealthnetwork.org</a></td>
</tr>
<tr>
<td>2700 Yonkers St. Plainview, TX 79072 (806) 293-2636</td>
<td>1600 Montana Ave. El Paso, TX 79902 (915) 779-1800</td>
</tr>
<tr>
<td>Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher</td>
<td>County: El Paso</td>
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</table>

<table>
<thead>
<tr>
<th><strong>Coastal Plains Community Center</strong></th>
<th><strong>Gulf Bend Center</strong></th>
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</thead>
<tbody>
<tr>
<td><a href="http://www.coastalplainsctr.org">www.coastalplainsctr.org</a></td>
<td><a href="http://www.gulfbend.org">www.gulfbend.org</a></td>
</tr>
<tr>
<td>200 Marriott Dr. Portland, TX 78374 (361) 777-3991</td>
<td>6502 Nursery Drive, Suite 100 Victoria, TX 77904-1178 (361) 575-0611</td>
</tr>
<tr>
<td>Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio</td>
<td>Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria</td>
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<tr>
<th><strong>Gulf Coast Center</strong></th>
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</thead>
<tbody>
<tr>
<td><a href="http://www.gulfcoastcenter.org">www.gulfcoastcenter.org</a></td>
<td>123 Rosenberg, Ste. 6 Galveston, TX 77550 (409) 763-2373</td>
</tr>
<tr>
<td>Counties: Brazoria and Galveston</td>
<td></td>
</tr>
</tbody>
</table>
Heart of Texas Region MHMR Center  
www.hotrmhmr.org  
110 S 12th St.  
Waco, TX 76703  
(254) 752-3451  
**Counties:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

Helen Farabee Centers  
www.helenfarabee.org  
1000 Brook  
Wichita Falls, TX 76301  
(940)3 97-3100  
**Counties:** Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

Hill Country Mental Health and Developmental Disabilities Centers  
www.hillcountry.org  
819 Water St, Suite 300  
Kerrville, TX 78028  
(830) 792-3300  
**Counties:** Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

Integral Care  
www.integralcare.org  
1430 Collier St.  
Austin, TX 78704  
Austin, TX 78702  
(512)447-4141  
**County:** Travis

Lakes Regional Community Center  
www.lrmhmrc.org  
400 Airport Rd.  
Terrell, TX 75160  
(972) 388-2000  
**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

Lifepath Systems  
www.lifepathsystems.org/  
1515 Heritage Drive  
McKinney, TX 75069  
(972) 562-0190  
**County:** Collin

MHMR Authority of Brazos Valley  
www.mhmrabv.org  
1504 S. Texas Ave.  
Bryan, TX 77802  
(979) 822-6467  
**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

MHMR of Tarrant County  
www.mhmrtarrant.org  
3840 Hulen St., North Tower  
Fort Worth, TX 76107  
(817) 569-4300  
**County:** Tarrant

MHMR Services for the Concho Valley  
www.mhmrcv.org  
1501 W Beauregard St.  
San Angelo, TX 76901  
(325) 658-7750  
**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

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Revised: 08/2021
North Texas Behavioral Health Authority
https://www.ntbha.org/
9441 Lyndon B. Johnson Freeway, Suite 350
Dallas, TX 75243
(214) 366-9407
Counties: Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall

Nueces Center for Mental Health and Intellectual Disabilities
https://www.ncmhid.org/
1630 S Brownlee
Corpus Christi, TX 78404
(361) 886-6970
County: Nueces

Pecan Valley Centers for Behavioral & Developmental Healthcare
https://www.pecanvalley.org
2101 W. Pearl
Granbury, TX 76048
(817) 579-4400
Counties: Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

PermiaCare
www.pbmhmr.com
401 E Illinois, Suite 403
Midland, TX 79701
844-420-3964
Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

Spindletop Center
www.stmhmr.org
655 S 8th St.
Beaumont, TX 77701
(409) 784-5400
Counties: Chambers, Hardin, Jefferson, and Orange

StarCare Specialty Health System
www.StarCareLubbock.org
904 Avenue O St.
Lubbock, TX 79401
(806) 766-0310
Counties: Cochran, Crosby, Hockley, Lubbock, and Lynn

Texana Center
www.texanacentre.com
4910 Airport Ave.
Rosenberg, TX 77471
(281) 239-1300
Counties: Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

Texas Panhandle Centers
www.texaspanhandlecenters.org
901 Wallace Blvd.
Amarillo, TX 79106
(806) 358-1681
Texoma Community Center  
**www.mhmrst.org**
315 W McLain Dr.  
Sherman, TX 75092  
(903) 957-4700  
**Counties:** Cooke, Fannin, and Grayson

The Harris Center for Mental Health and IDD  
**https://www.theharriscenter.org**
9401 Southwest Fwy.  
Houston, TX 77074  
(713) 970-7000  
**County:** Harris

Tri-County Behavioral Healthcare  
**www.tcmhmrs.org**
233 Sgt. Ed Holcomb Blvd. S.  
Conroe, TX 77304  
(936) 521-6100  
**Counties:** Liberty, Montgomery, and Walker

Tropical Texas Behavioral Health  
**www.ttbh.org**
1901 S. 24 St.  
Edinburg, TX 78539  
(956) 289-7000  
**Counties:** Cameron, Hidalgo, and Willacy

West Texas Centers  
**www.wtcmhmr.org**
319 Runnels St.  
Big Spring, TX 79720  
(432) 263-0027  
**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum
Appendix C. OSARs

OSARs may be the first point of contact for those seeking substance use services, including prevention, intervention, treatment, and recovery support services. Regardless of ability to pay, Texas residents who are seeking substance use services and information may qualify for services based on need. There are 14 OSARs incorporated into LMHAs/LBHAs across the state.

For immediate and confidential help, 24 hours a day, seven days a week, people can call the OSAR in their area.

**Andrews Center**

2323 West Front St.

Tyler, TX 75702-7747

Crisis Phone: 877-934-2131

Main Phone: (903) 597-1351

Website: [http://www.andrewscenter.com/](http://www.andrewscenter.com/)

For substance use disorder information, screening or referrals please call East Texas Council on Alcoholism and Drug Abuse:

Direct Phone: (903) 753-7633 or 800-441-8639

Serving Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt, and Wood counties

**Bluebonnet Trails Community Services**

1009 N. Georgetown St.

Round Rock, TX 78664

Crisis Phone: 800-841-1255

Main Phone: 844-309-6385
Website: http://www.bbtrails.org/

Serving Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington, and Williamson Counties

**Burke Center**

2001 S. Medford Dr.

Lufkin, TX 75901-5699

Crisis Phone: 800-445-8562 or 800-392-8343

Main Phone: (936) 634-5753

Website: http://www.myburke.org/

Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler Counties

**Emergence Health Network**

8500 Boeing Dr.

El Paso, TX 79925

Appointments and Information: (915) 747-3605

Fax: (915) 757-2621

Crisis Phone: (915) 779-1800

EHN Main Phone: (915) 887-3410

Website: http://emergencehealthnetwork.org/

Serving Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio Counties
**Gulf Coast Center**

123 Rosenberg, 4th Fl.
Galveston, TX 77550

Crisis Phone: 866-729-3848
Main Phone: (409) 944-4365
Toll-free: 844-704-1291

Website: [http://www.gulfcoastcenter.org/](http://www.gulfcoastcenter.org/)

Serving Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

**Helen Farabbee Centers**

1000 Brook St.
Wichita Falls, TX 76301

Crisis Phone: 800-621-8504
Main Phone: (940) 397-3300
Substance Use Disorder: (940) 397-3391

OSAR Appointments and information: (325) 673-2242, Ext. 100 (Abilene and surrounding counties)
OSAR Appointments and information: (940) 224-6200 (Wichita Falls and surrounding counties)

Website: [http://www.helenfarabee.org/](http://www.helenfarabee.org/)

**Lifepath Systems**

1515 Heritage Drive  
McKinney, TX 75069

or  
7304 Alma Drive  
Plano, TX 75025

Crisis Phone: 877-422-5939  
Main Phone: 877-422-5939

Website: [http://www.lifepathsystems.org/](http://www.lifepathsystems.org/)

Serving Collin County

**MHMR of Tarrant County**

3840 Hulen Tower North  
Fort Worth, TX 76107

Crisis Phone: 800-866-2465  
Substance Use Disorder Information, Screening and Referral Phone: 800-866-2465  
Main Agency Phone: (817) 569-4600

Website: [http://www.mhmrtc.org/](http://www.mhmrtc.org/)

Serving Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant, and Wise Counties

**North Texas Behavioral Health Authority**

9441 LBJ Freeway, Suite 350  
Dallas, TX 75243

Crisis Phone: 866-260-8000

Revised: 08/2021
Main Phone: 877-653-6363

OSAR Phone: 844-275-0600

Website:  [http://www.ntbha.org/](http://www.ntbha.org/)

Serving Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall Counties

**PermiaCare**

401 E. Illinois

Midland, TX 79701

Crisis Phone: 844-420-3964

Main Phone: (432) 570-3333

Substance Use Disorder Referrals: 844-420-3964

Website:  [http://www.permiacare.org/](http://www.permiacare.org/)

Serving Andrews, Borden, Coke, Concho, Crane, Crockett, Dawson, Ector, Gaines, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Pecos, Reagan, Reeves, Schleicher, Sterling, Sutton, Terrell, Tom Green, Upton, Ward, and Winkler Counties

**StarCare Specialty Health System**

1950 Aspen Avenue

Lubbock, TX 79404

Crisis Phone: (806) 740-1414 or 800-687-7581

OSAR Phone: (806) 740-1421 or 844-472-8810

Website:  [http://www.starcarelubbock.org](http://www.starcarelubbock.org)

Serving Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hall, Hansford, Hartley, Hemphill, Hockley, Hutchinson, King, Lamb,
Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler, and Yoakum Counties

The Center for Health Care Services

601 N. Frio
Bldg. II-Entrance C
San Antonio, TX 78207

Crisis Phone: 800-316-9241 or (210) 223-7233

Main OSAR Phone: (210) 731-1300

Website: https://chcsbc.org/


The Harris Center for Mental Health and IDD

9401 Southwest Freeway
Houston, TX 77074

Toll-free Phone: 866-970-4770

Helpline: (713) 970-7000

For people with hearing impairments: 800-735-2988

Serving Harris County

For substance use disorder services, please call the Council on Recovery:
303 Jackson Hill St.
Houston, TX 77007
OSAR phone: (713) 942-4100
Helpline: (713) 970-7000

Website: https://www.theharriscenter.org/
Serving Harris, Liberty, Montgomery, Walker, Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

**Tropical Texas Behavioral Health**

1901 S. 24th Avenue

Edinburg, TX 78539

Crisis Phone: 877-289-7199

OSAR Main Phone: 800-813-1233

Website: [http://www.ttbh.org/](http://www.ttbh.org/)

Serving Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, LiveOak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy, and Zapata Counties

Revised: 08/2021
Appendix D. Helpful Links

2-1-1 Texas Mental Health Services
www.211texas.org/cms/search-mental-health-services-in-texas

Association of Substance Abuse Programs
https://www.asaptexas.org/

Community Resource Coordination Groups
https://crcg.hhs.texas.gov/

Disability Rights Texas
www.disabilityrightstx.org/

HHSC Medicaid
https://hhs.texas.gov/services/health/medicaid

Hogg Foundation for Mental Health
http://hogg.utexas.edu/

Mental Health America of Texas
www.mhatexas.org

MentalHealthTX.org
www.mentalhealthtx.org/

Mental Health Policy Institute
http://texasstateofmind.org/

National Alliance on Mental Illness – Texas
www.namitexas.org/

National Alliance on Mental Illness
www.nami.org/
<table>
<thead>
<tr>
<th>Organization</th>
<th>Website</th>
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<tbody>
<tr>
<td>National Institute of Mental Health</td>
<td><a href="https://www.nimh.nih.gov/index.shtml">https://www.nimh.nih.gov/index.shtml</a></td>
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<tr>
<td>Speak Your Mind Texas</td>
<td><a href="http://www.speakyourmindtexas.org/">www.speakyourmindtexas.org/</a></td>
</tr>
<tr>
<td>Substance Abuse and Mental Health Services Administration</td>
<td><a href="http://www.samhsa.gov/">www.samhsa.gov/</a></td>
</tr>
<tr>
<td>Texas Council of Community Centers</td>
<td><a href="http://txcouncil.com/">http://txcouncil.com/</a></td>
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<tr>
<td>Texas Education Agency, Mental Health and Behavioral Health</td>
<td><a href="https://tea.texas.gov/About_TEA/Other_Services/Mental_Health/Mental_Health_and_Behavioral_Health/">https://tea.texas.gov/About_TEA/Other_Services/Mental_Health/Mental_Health_and_Behavioral_Health/</a></td>
</tr>
<tr>
<td>Texas Health and Human Services Commission</td>
<td><a href="https://hhs.texas.gov/">https://hhs.texas.gov/</a></td>
</tr>
<tr>
<td>Texas Health and Human Services Commission – Mental Health and Substance Use Services</td>
<td><a href="https://hhs.texas.gov/services/health/mental-health-substance-abuse">https://hhs.texas.gov/services/health/mental-health-substance-abuse</a></td>
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<tr>
<td>Texas System of Care</td>
<td><a href="https://txsystemofcare.org/">https://txsystemofcare.org/</a></td>
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<tr>
<td>Texas Workforce Commission</td>
<td><a href="http://www.twc.state.tx.us/">www.twc.state.tx.us/</a></td>
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