

How can the CCP help your students?

Students may experience a variety of reactions and emotions that can be disruptive to the learning environment. Addressing these experiences can help maximize education and learning, reduce absenteeism, minimize disruptions and improve behavior in the classroom.

Upon a teacher's request and with parental notification, CCP staff can provide services to help students understand the emotions and reactions they might be experiencing. The CCP can provide group sessions to children and youth, which can include reading stories, educational activities and group discussions designed to help youth and their parents understand their reactions and build healthy coping skills.

CCP staff can use age-appropriate, evidence-based curriculums to work with school-aged children through partnerships with:

- After-school programs.
- Before-school programs.
- Charter schools.
- Community child care programs.
- Early education programs.
- Education Service Centers.
- Individual public schools.
- Local school districts.
- Prekindergarten programs.
- Other school- and community-based entities.

How can teachers access CCP services?



COVID-19 Mental Health Support Line, managed by the Harris Center:

833-986-1919

SAMHSA Disaster Distress Helpline:

800-985-5990

Online Resources for Teachers

General Tips

Talking with Children:

[Tips for Caregivers, Parents and Teachers During Infectious Disease Outbreaks](#)

Talking with Children:

[Tips for Caregivers, Parents and Teachers During Infectious Disease Outbreaks \(Spanish\)](#)

Psychological First Aid: [A Guide for Schools](#)

Self-Care: [Educator Resources](#)

Managing Stress

Managing Stress: [Self-Care for Educators](#)

Coping with Disaster: [A Guide for Teachers](#)

Hard Times: [Coping Fact Sheet](#)

Schools and COVID-19:

[Trauma-Informed Strategies](#)



CRISIS COUNSELING ASSISTANCE
AND TRAINING PROGRAM



Crisis Counseling Assistance and Training Program (CCP) for Teachers



TEXAS
Health and Human
Services



What is the CCP?

The CCP is funded by Federal Emergency Management Agency grants available through the Robert T. Stafford Disaster Relief and Emergency Assistance Act. Following a federally declared disaster, the CCP provides funding for the provision of crisis counseling, stress management and resource linkage services to impacted communities.

Funded CCP services include:

- Individual and group crisis counseling.
- Basic supportive or educational contact.
- Community networking and support.
- Assessments, referrals and resources.

What are the benefits of CCP training?

The CCP supports short-term interventions with the following goals:

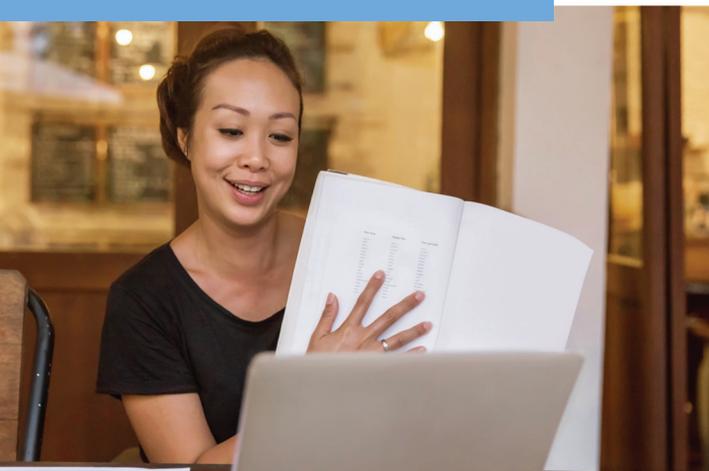
- Understand current situations and reactions.
- Reduce stress and provide emotional support.
- Assist in reviewing recovery options.
- Promote the use or development of coping strategies.
- Connect survivors with other people and agencies that can help them in their recovery process.

School closures, distance learning models and ongoing discussions about what school will look like in the future present many challenges to teachers. This can cause teachers to experience frustration, stress and anger.

It is important for teachers to tend to their personal physiological, mental and emotional needs; however, teachers also worry about the needs of their students and families. Even in an online learning environment, teachers work to provide instruction, support, connection, resources and referrals for their students and families. This can lead to increased levels of stress for teachers.



Teachers will receive CCP training to identify signs of stress in themselves and students. They'll learn how to speak to students about how they are feeling and receive information about referrals to local crisis counseling program teams as well as other resources for self-care strategies to minimize burnout.



Crisis Counseling Assistance and Training Program (CCP) for Teachers

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