

# Compare Extra Services STAR+PLUS Medical Plans Offer in the Medicaid Rural Service Area – Northeast

(Anderson, Angelina, Bowie, Camp, Cass, Cherokee, Cooke, Delta, Fannin, Franklin, Grayson, Gregg, Harrison, Henderson, Hopkins, Houston, Lamar, Marion, Montague, Morris, Nacogdoches, Panola, Rains, Red River, Rusk, Sabine, San Augustine, Shelby, Smith, Titus, Trinity, Upshur, Van Zandt, and Wood counties)



TEXAS  
Health and Human  
Services

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**STAR+PLUS**  
Your Health Plan ★ Your Choice

## STAR+PLUS Program Services for Members with Medicaid Only:

Every STAR+PLUS medical plan offers the same basic set of health services you’ve been getting through traditional Medicaid. In addition to those services, STAR+PLUS program offers more, such as:

- Health education classes
- Service coordination (helping you get the services you need)
- No limit on medicines your doctor orders (prescriptions)

Through STAR+PLUS you also get long-term services such as:

- Adult day care
- Adult foster care
- Nursing
- Medical supplies
- Assisted living/ home care
- Emergency response services
- Short-term help for caregivers
- Adaptive aids (things like walkers and canes)
- Personal assistance (help with dressing, eating, and bathing)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)

## Extra Services:

In addition to the services listed above, the STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Molina Healthcare of Texas	UnitedHealthcare Community Plan
For questions or doctor information:	866-449-6849	888-887-9003
TTY line for people with a hearing or speech disability:	800-735-2989 or 711	711
Help for mental health, drug, or alcohol problems:	866-449-6849	866-302-3996
For prescription or medicine information:	866-449-6849	888-887-9003
Health Plan Website:	www.molinahealthcare.com	www.uhccommunityplan.com

Value-added Services	Molina Healthcare of Texas	UnitedHealthcare Community Plan
24-Hour Nurse Line	Yes	Yes
Extra Help with Getting a Ride		Rides to appointments not covered by Medicaid. For example, dental services for non-STAR PLUS Waiver members.
Disease Management		Oxygen reader (Pulse Oximeter), reusable face mask, and health tracker booklet for members who are high risk for COVID-19 complications.
Dental Services	Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	Up to \$500 annually towards two routine exams/cleanings, a set of x-rays and one scaling/root planning, if medically necessary for Members ages 21 & older. Other services given at a discount.
Extra Vision Services	\$100 eyewear allowance towards upgrades for frames, lenses, or contacts every two years.	Up to \$105 maximum eyewear allowance towards upgrades for frames, lenses, or contacts every 24 months that aren't covered by the Medicaid benefit.
Discount Pharmacy / Over-the-Counter Benefits	Up to \$120 annually: \$30 gift card every three months for over-the-counter medicines, upon request for members.	
Help for Members with Asthma		<ul style="list-style-type: none"> <li>• Allergy-free mattress cover and pillowcase for members under active case management with asthma or COPD.</li> <li>• Roach repellent wall plugs for members who are under case management for Asthma or COPD.</li> </ul>
Extra Help for Pregnant Women		<ul style="list-style-type: none"> <li>• Infant care book for pregnant members.</li> <li>• Join Baby Blocks and earn gift cards for diapers, wipes etc. when you get timely checkups/event completion for: <ul style="list-style-type: none"> <li>○ Enrollment.</li> <li>○ 24 week prenatal.</li> <li>○ 32 week prenatal.</li> <li>○ Postpartum visit.</li> <li>○ 2 month well child.</li> <li>○ 4 month well child.</li> <li>○ 6 month well child.</li> </ul> </li> </ul>

Value-added Services	Molina Healthcare of Texas	UnitedHealthcare Community Plan
Home Visits	Up to an extra 8 hours respite services per calendar year for STAR+PLUS non- waiver members age 21 and older.	Up to 8 hours in-home respite services for non-STAR+PLUS Waiver (SPW) Members.
Health and Wellness Services	<ul style="list-style-type: none"> <li>• Weight Watchers program meeting vouchers for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more.</li> <li>• Body weight scale for members with congestive heart failure once a year.</li> <li>• Up to 10 home-delivered meals each year after getting out of hospital or nursing facility for STAR+PLUS non-waiver members 21 and older.</li> <li>• \$75 gift card each year for members who refill their diabetic medication for 6 consecutive months.</li> <li>• \$75 gift card each year for members with a diagnosis of hypertension who refill their high blood pressure medicine for 6 consecutive months.</li> <li>• \$50 Academy ® gift card for work-out clothes for Members ages 18 or older who complete the Weight Watchers ® program.</li> </ul>	<ul style="list-style-type: none"> <li>• Home-delivered meals each year after getting out of the hospital for non-STAR+PLUS Waiver (SPW) Members.</li> <li>• Mental health services provided in-home or off-site.</li> <li>• Access to LiveandWorkWell.com, which provides articles, videos, legal resources, and provider searches.</li> <li>• Access to online resources, “Aunt Bertha”, to connect with free or low-cost community resources. For example; food banks, shelters, education, housing, and employment services.</li> <li>• One pill box and health tracker booklet.</li> </ul>
Healthy Play and Exercise Programs		Exercise kit, including pedometer, for members who want to lose weight or become more active.

Value-added Services	Molina Healthcare of Texas	UnitedHealthcare Community Plan
Gift Programs	<ul style="list-style-type: none"> <li>• Up to \$40 annually: \$20 gift card for Members with major depression and currently taking an antidepressant medication, who remain on their medication for 84 days and an additional \$20 gift card for remaining on medication for 180 days.</li> <li>• \$30 gift card for members who complete an office visit with a behavioral health specialist within 7 days of hospitalization for a mental health condition and an additional \$30 gift card for completing an office visit within 30 days of hospitalization for a mental health condition.</li> <li>• One \$20 gift card each year for current female members between the ages of 50 to 74 at average risk, who complete a recommended mammogram.</li> <li>• Four visits per year with a registered dietitian for members 21 and older who have diabetes.</li> <li>• \$20 gift card for members who complete a follow-up doctor visit within 30 days of getting out of the hospital. One gift card every 30 days after hospitalization and confirmed doctor follow-up visit. Maximum amount \$80 per year.</li> <li>• Free accessory tote bag for members. Available one time only.</li> <li>• Up to \$80 annually: \$20 gift card for diabetic members who complete an HbA1c blood test every 6 months and an additional \$20 gift card for having an A1c less than 8.</li> <li>• \$20 gift card for female members ages 21-64, at average for cervical cancer, who complete a recommended cervical cancer screening living in Bexar, Dallas, El Paso, Harris, Hidalgo, MRSA NE, and Tarrant Service Areas.</li> <li>• \$20 gift card for members with a diagnosis of schizophrenia or bipolar and taking antipsychotics who complete an HBA1c diabetic screening once per year.</li> <li>• \$20 gift card for members who have diabetes after completing a diabetic eye exam each year.</li> <li>• Up to \$35 allowance for a seat attachment that fits on a walker for currently enrolled members to use with their walker.</li> </ul>	<ul style="list-style-type: none"> <li>• Active members may receive a Welcome Home Kit upon returning home from a Nursing Facility stay.</li> <li>• Fire and waterproof storage bag for natural disasters.</li> <li>• Herb growing kit for members interested in improving their health through healthier home cooking.</li> <li>• Receive adult activity books: word search, crossword puzzle, Sudoku, coloring book, paid postage postcards, and colored pencils.</li> </ul>
Extra Foot Doctor (Podiatry) Services		2 pairs of full-length foot insoles each year for Members 18 years of age and older with a diagnosis of diabetes.
Emergency Response Services (ERS)	Emergency response services for STAR+PLUS non-Waiver members 21 and older and does not apply to Community First Choice Members.	Access to rapid response services for eligible non-STAR+PLUS Waiver (SPW) and non-Community First Choice (CFC) Members up to 6 months following a transition from an institutional setting.