

# Compare Extra Services STAR+PLUS Medical Plans Offer in the Dallas Service Area (Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties)



TEXAS  
Health and Human  
Services

TEXAS  
**STAR+PLUS**  
Your Health Plan ★ Your Choice

## STAR+PLUS Program Services for Members with Medicaid Only:

Every STAR+PLUS medical plan offers the same basic set of health services you’ve been getting through traditional Medicaid. In addition to those services, STAR+PLUS plans offer more, such as:

- Health education classes
  - Service coordination (helping you get the services you need)
  - No limit on medicines your doctor orders (prescriptions)
- Through STAR+PLUS you also get long-term services such as:
- Adult day care
  - Adult foster care
  - Nursing
  - Medical supplies
  - Assisted living/ home care
  - Emergency response services
  - Short-term help for caregivers
  - Adaptive aids (things like walkers and canes)
  - Personal assistance (help with dressing, eating, and bathing)
  - Home modifications (things like wheelchair ramps and grab bars)
  - Speech therapy (helping you learn to speak again or speak better)
  - Occupational therapy (helping you learn to do everyday activities)
  - Physical therapy (helping you learn to move around better or become stronger)

## Extra Services:

In addition to the services listed above, the STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Molina Healthcare of Texas	Superior HealthPlan
For questions or doctor information:	866-449-6849	877-277-9772
TTY line for people with a hearing or speech disability:	800-735-2989 or 711	800-735-2989
Help for mental health, drug, or alcohol problems:	866-449-6849	877-277-9772
For prescription or medicine information:	866-449-6849	877-277-9772
Health Plan Website:	www.molinahealthcare.com	www.SuperiorHealthPlan.com

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
24-Hour Nurse Line	Yes	Superior’s 24-hour nurse advice line is a health information line staffed by registered nurses who are ready to answer your questions 24 hours a day, every day of the year.

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
Extra Help with Getting a Ride		<ul style="list-style-type: none"> <li>• Extra help getting a ride to behavioral health-related community supports and services.</li> <li>• Transportation for members enrolled in health education classes including diabetes self-management education, or A Matter of Balance fall prevention classes.</li> </ul>
Disease Management		<ul style="list-style-type: none"> <li>• 3-months access to the Weight Watchers® online program for members with a BMI value of 30 or greater and a primary diagnosis of diabetes, prediabetes, hypertension or heart disease.</li> <li>• Up to 6 months of remote medication monitoring services for non-HCBS Waiver Members enrolled in care management with a recent inpatient discharge and a diagnosis of Diabetes, Asthma, COPD, or Heart Failure (CHF).</li> </ul>
Dental Services	Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	\$500 annually toward exams and cleanings, x-rays, fluoride treatments or a simple extraction.
Extra Vision Services	\$100 eyewear allowance towards upgrades for frames, lenses, or contacts every two years.	\$100 allowance for choice of upgraded eyeglass frames and lenses or contact lenses once per year.
Discount Pharmacy / Over-the-Counter Benefits	Up to \$120 annually: \$30 gift card every three months for over-the-counter medicines, upon request for members.	Up to \$30 allowance for over-the-counter items mailed to your home every quarter. The OTC catalog includes household, personal care, oral care and children's items. No prescription required.
Temporary Phone Help		<ul style="list-style-type: none"> <li>• Up to 750 additional minutes per month for members using Safelink phones who are enrolled in a case management program.</li> <li>• Net10 Connections Plus Phone and monthly minutes for members who don't qualify for a Safelink phone and are enrolled in a case management program.</li> </ul>
Extra Help for Pregnant Women		<ul style="list-style-type: none"> <li>• Pregnant members receive a diaper bag, starter supply of diapers, and educational materials by participating in the Start Smart for Your Baby® program and: <ul style="list-style-type: none"> <li>○ Completing a Notification of Pregnancy (NOP) form and;</li> <li>○ Receiving pregnancy-related education and information by attending a community baby shower or downloading a pregnancy program mobile app and engaging for 30 days.</li> </ul> </li> <li>• Pregnant members receive a convertible car seat by: <ul style="list-style-type: none"> <li>○ Completing a Notification of Pregnancy (NOP) form;</li> <li>○ Attending a baby shower or engaging with the pregnancy program mobile app for 30 days and;</li> <li>○ Completing one prenatal visit within the first trimester of pregnancy or 42 days of enrollment with Superior.</li> </ul> </li> </ul>

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
Home Visits	Up to an extra 8 hours respite services per calendar year for STAR+PLUS non-waiver members age 21 and older.	<ul style="list-style-type: none"> <li>Up to 8 hours of in-home respite care per year for the caregivers of non-HCBS waiver members with certain complex and chronic conditions.</li> <li>Up to 10 home-delivered prepared meals after a hospital stay or discharge from a nursing facility for non-HCBS Waiver members.</li> </ul>
Health and Wellness Services	<ul style="list-style-type: none"> <li>Weight Watchers program meeting vouchers for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more.</li> <li>Body weight scale for members with congestive heart failure once a year.</li> <li>Up to 10 home-delivered meals each year after getting out of hospital or nursing facility for STAR+PLUS non-waiver members 21 and older.</li> <li>\$75 gift card each year for members who refill their diabetic medication for 6 consecutive months.</li> <li>\$75 gift card each year for members with a diagnosis of hypertension who refill their high blood pressure medicine for 6 consecutive months.</li> <li>\$50 Academy ® gift card for work-out clothes for Members ages 18 or older who complete the Weight Watchers ® program.</li> </ul>	<ul style="list-style-type: none"> <li>\$50 rewards card upon graduation from the 8-week fall prevention program, “A Matter of Balance”. Program may be offered by Superior or a community support service agency.</li> <li>Up to four (4) nutritional service visits per year with a registered dietitian for non-dual members with a BMI value of 32 or greater, an ER or hospital discharge in the last 6 months, and have a diagnosis of Diabetes, Cardiovascular Disease or COPD.</li> <li>Access to mobile app to support smoking cessation.</li> <li>Online social services resource directory is available on the Superior member website to locate community supports such as food and nutrition, housing, education, and employment services.</li> </ul>
Gift Programs	<ul style="list-style-type: none"> <li>Up to \$40 annually: \$20 gift card for Members with major depression and currently taking an antidepressant medication, who remain on their medication for 84 days and an additional \$20 gift card for remaining on medication for 180 days.</li> <li>\$30 gift card for members who complete an office visit with a behavioral health specialist within 7 days of hospitalization for a mental health condition and an additional \$30 gift card for completing an office visit within 30 days of hospitalization for a mental health condition.</li> <li>One \$20 gift card each year for current female members between the ages of 50 to 74 at average risk, who complete a recommended mammogram.</li> <li>Four visits per year with a registered dietitian for members 21 and older who have diabetes.</li> <li>\$20 gift card for members who complete a follow-up doctor visit within 30 days of getting out of the hospital. One gift card every 30 days after hospitalization and confirmed doctor follow-up visit. Maximum amount \$80 per year.</li> <li>Free accessory tote bag for members. Available one time only.</li> <li>Up to \$80 annually: \$20 gift card for diabetic members who complete an HbA1c blood test every 6 months and an additional \$20 gift card for having an A1c less than 8.</li> <li>\$20 gift card for female members ages 21-64, at average for cervical cancer, who complete a recommended cervical cancer screening living in Bexar, Dallas, El Paso, Harris and Hidalgo Service Areas.</li> <li>\$20 gift card for members with a diagnosis of schizophrenia or bi-polar and taking antipsychotics who complete an HBA1c diabetic screening once per year.</li> <li>\$20 gift card for members who have diabetes after completing a diabetic eye exam each year.</li> <li>Up to \$35 allowance for a seat attachment that fits on a walker for currently enrolled members to use with their walker.</li> </ul>	<ul style="list-style-type: none"> <li>Pregnant members can earn rewards cards for completing the following: <ul style="list-style-type: none"> <li>\$20 for prenatal visit within first trimester or 42 days of Superior enrollment.</li> <li>\$20 for 3rd prenatal visit.</li> <li>\$20 for 6th prenatal visit.</li> <li>\$20 for 9th prenatal visit.</li> <li>\$20 for postpartum visit within 7-84 days of delivery.</li> </ul> </li> <li>Members can earn rewards cards for completing the following healthy activities: <ul style="list-style-type: none"> <li>\$20 every 6 months for a member with diabetes who has a blood sugar test (HbA1c) with a result less than 8. Limited to two \$20 rewards per year.</li> <li>\$25 reward for currently enrolled female members ages 21-64, at average risk for cervical cancer, who complete a recommended cervical cancer screening. Limited to one \$25 reward per year.</li> </ul> </li> <li>GED preparatory materials for members with an IDD diagnosis.</li> </ul>

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
Extra Foot Doctor (Podiatry) Services		Extra visits with your podiatrist (foot doctor).
Emergency Response Services (ERS)	Emergency response services for STAR+PLUS non-Waiver members 21 and older.	Round-the-clock emergency response services for non-HCBS waiver, non-CFC adult members for up to six months following discharge from a hospital or nursing facility.
Additional Behavioral Health Benefits	Molina Healthcare of Texas	Superior HealthPlan
Inpatient Follow-up Incentive Program		<ul style="list-style-type: none"> <li>• \$20 rewards card for members who complete a follow-up visit within 7 days of hospital discharge. Available one time per year.</li> <li>• \$20 rewards card for members who complete a follow-up visit with their health care professional within 7 days of an emergency room visit for a substance use disorder. Available one time per year.</li> </ul>
Online Mental Health Resources		Access to mobile app to support mental health and overall well-being.