



## Compare “Value-Added” or Extra Services Offered by STAR+PLUS Medical Plans in the Medicaid Rural Service Area – Central Texas

(Bell, Blanco, Bosque, Brazos, Burleson, Colorado, Comanche, Coryell, DeWitt, Erath, Falls, Freestone, Gillespie, Gonzales, Grimes, Hamilton, Hill, Jackson, Lampasas, Lavaca, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Somervell, and Washington counties)

### STAR+PLUS Program Services for Dual Eligible Members in Nursing Facilities

STAR+PLUS medical plans in your area offer extra services.

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Superior HealthPlan	United Healthcare of Texas
For questions or doctor information:	877-277-9772	888-887-9003
TTY line for people with a hearing or speech disability:	800-735-2989	7-1-1
Health Plan Website:	www.SuperiorHealthPlan.com	www.uhccommunityplan.com

Value-added Services	Superior HealthPlan	United Healthcare of Texas
Health and Wellness Services	Access to an online tool to support smoking cessation.	<ul style="list-style-type: none"> <li>One \$30 gift card via a QR code to purchase items that provide contact information to help locate a Member with a disability or disorder that need assistance if lost, disoriented or can't self-advocate. Excludes those with an Alzheimer's or dementia diagnosis.</li> <li>Online health information chats. Staffed by health professionals who answer your questions 24 hours a day, 7 days a week, for every day of the year.</li> </ul>
Healthy Play and Exercise Programs		Exercise kit, including pedometer, for members who want to lose weight or become more active.

Value-added Services	Superior HealthPlan	United Healthcare of Texas
Gift Programs	Members entering a nursing facility for the 1st time get a Welcome Kit with items like: a blanket, socks, coffee cup, water bottle, magnifying glass, bag, & activity books.	<ul style="list-style-type: none"> <li>• Active members will receive a welcome kit upon admission to an in-network facility.</li> <li>• Receive one set of adult activity books each year: word search, crossword puzzle, Sudoku, coloring book, paid postage postcards, and colored pencils.</li> <li>• Personal blanket for lap or bed.</li> <li>• Bonsai kit available for members in a nursing facility (as allowed) for stress relief and mental engagement.</li> <li>• A pack of waterproof clothing labels preprinted with the member's name.</li> </ul>
Alzheimer's Care		<ul style="list-style-type: none"> <li>• Members with dementia or Alzheimer's can request a robopet for comfort and companionship to lower stress through promotion of relaxation and feeling calm. One per member lifetime.</li> <li>• One \$30 gift card via a QR code to purchase items that provide contact information to help locate a Member with a diagnosis of Alzheimer's or dementia that need assistance if lost, disoriented or can't self-advocate.</li> </ul>
Extra Help for Individuals with Intellectual or Developmental Disabilities	GED preparatory materials for members with an IDD diagnosis.	

Additional Behavioral Health Benefits	Superior HealthPlan	United Healthcare of Texas
Online Mental Health Resources	Access to an online tool to support mental health and overall well-being.	Access to LiveandWorkWell.com, which provides articles, videos, legal resources, and provider searches.