

STAR+PLUS Medicare-Medicaid Plans for Dual Eligible Members

Compare “Value-Added” or extra services offered by plans in Hidalgo County.



The plan you pick will provide basic health services and medications you've been getting through Medicare, plus long term services and supports through Medicaid.

Every plan will offer the same basic health services you've been getting through Medicare. These include:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Family planning services
- Hearing tests and aids
- Home health services
- Chiropractors (neck and back doctors)
- Podiatrists (foot doctors)
- Dialysis for kidney problems
- Eye checkups, glasses, and contact lenses
- Mental health services (such as counseling)
- Yearly adult checkup
- Short term rehab in skilled nursing facility

In addition to the Medicare services, the plan you pick will include Medicaid long term services and supports such as:

- Adult day care
- Adult foster care
- Nursing
- Emergency response services
- Short-term help for caregivers
- Medical supplies
- Assisted living / home care
- Personal assistance (help with dressing, eating, and bathing)
- Adaptive aids (things like walkers and canes)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)
- Nursing home services, if you live in a nursing home

Extra Services:

STAR+PLUS Medicare-Medicaid plans in your area also offer value-added services. These are extra services and cannot be used in place of your Medicare or Medicaid services.

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
To ask about services or doctors:	877-653-0327	855-895-9992	866-896-1844
TTY line for people with a hearing or speech disability:	7-1-1	800-735-2989 or 7-1-1 English 800-662-4954 Spanish	7-1-1
Plan website:	https://careplantx.cigna.com/	www.molinahealthcare.com	mmp.SuperiorHealthPlan.com

Extra Services for Members in a Nursing Facility	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Extra Help Getting a Ride (when state services are not available)	Members have access to non-emergent transportation to medical appointments when not covered by the states Medical Transportation Program.		
Extra Dental Services for Adults (21 and older) and Pregnant Women	Up to \$2,000 each year for check-ups, x-rays, cleanings, fillings and simple tooth extractions for members 21 and older.	Additional dental services Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	
Extra Vision Services	An eye exam every 12 months for members age 21 and older.	<ul style="list-style-type: none"> • One routine eye exam a year. • \$200 every two years for eyewear including eye glasses (frames and lenses) or contact lenses. 	<ul style="list-style-type: none"> • One routine eye exam every calendar year. • One pair of contact lenses and one pair of eyeglasses (lenses and frames) every year with a maximum allowance of \$200. • The benefit is limited to members age 21 through 115.
Drug Store Services	\$30 each quarter for over-the-counter medicines or healthcare-related items that do not require a prescription. Quarterly sum may carry over month to month but must be used by 12/31/2021.		
Gift Cards		<ul style="list-style-type: none"> • \$20 gift card for diabetic members after completing a diabetic eye exam each year. • \$25 gift card for diabetic members after completing an A1c blood test each year. An additional \$25 gift card if blood sugar is in control (<8.0%). • \$25 gift card each year for female members, age 50 to 74 and at average risk for breast cancer when they have a recommended mammogram. • \$20 gift card for members age 50-75 who have a colorectal screening. • \$25 gift card for members that complete a Wellness Visit during benefit year. • \$20 gift card for members that get an annual flu shot. • \$25 gift card for Members that get a blood pressure test and additional \$25 for in-control blood pressure (<140/90 mm Hg). 	<ul style="list-style-type: none"> • A \$20 reward card will be provided for completion of your annual wellness exam [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card will be provided for completion of your annual flu shot [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of your annual Breast Cancer screening, [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of your annual Colorectal Cancer screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of an HbA1c Diabetes screening. [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of a Kidney Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card will be provided for completion of an annual Retinopathy Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

Extra Services for Members in a Nursing Facility	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Health and Wellness Services		<ul style="list-style-type: none"> • Free personal blanket within 30 days of confirmed enrollment. • Free accessory tote bag within 30 days of confirmed enrollment. • Free skid proof socks within 30 days of confirmed enrollment. • One reacher/grabber for members once every two years. • One large print digital clock with day and time after confirmed enrollment. 	
Gift Programs			Within thirty days of confirmed initial admission into a Nursing Facility, members will receive a welcome kit including a one-time free tote bag, personal blanket, skid proof socks and labels for their personal items.
Extra Foot Doctor (Podiatry) Services		Twelve additional routine foot doctor visits each year.	Unlimited routine foot care.

Extra Services for Members in the Community	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Extra Help Getting a Ride (when state services are not available)	Members have access to non-emergent transportation to medical appointments when not covered by the states Medical Transportation Program.		
Extra Dental Services for Adults (age 21 and older) and Pregnant Women	Up to \$2,000 each year for check-ups, x-rays, cleanings, fillings and simple tooth extractions for members 21 and older.	Additional Preventive and comprehensive care services up to a \$1000 annual limit for non STAR+PLUS waiver members.	Up to \$750 per calendar year for preventive and comprehensive dental services for non-HCBS waiver members ages 21 – 115.
Extra Vision Services	An eye exam every 12 months for members age 21 and older.	<ul style="list-style-type: none"> • One routine eye exam a year. • \$200 every two years for eyewear including eye glasses (frames and lenses) or contact lenses. 	<ul style="list-style-type: none"> • One routine eye exam every calendar year. • One pair of contact lenses and one pair of eyeglasses (lenses and frames) every year with a maximum allowance of \$200. • The benefit is limited to members age 21 through 115.
Drug Store Services	\$30 each quarter for over-the-counter medicines or healthcare-related items that do not require a prescription. Quarterly sum may carry over month to month but must be used by 12/31/2021.	\$120 every three months for coverage of approved over-the-counter medicines and health care-related items.	Up to \$35 allowance per member, each month through mail order for commonly-used over-the-counter (OTC) items.
Extra Help with Part D Cost Sharing		\$0 co-payment for Tier-One Generic Prescriptions and Tier-Two Brand Prescriptions.	

Extra Services for Members in the Community	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Gift Cards	<ul style="list-style-type: none"> • \$20 gift card for Diabetic Members who complete A1c testing annually. • \$25 gift card for Members who complete a recommended cervical cancer screening. 	<ul style="list-style-type: none"> • \$20 gift card for diabetic members after completing a diabetic eye exam each year. • \$25 gift card for diabetic members after completing an A1c blood test each year. An additional \$25 gift card if blood sugar is in control (<8.0%). • \$25 gift card each year for female members, age 50 to 74 and at average risk for breast cancer when they have a recommended mammogram. • \$20 gift card for members age 50-75 who have a colorectal screening. • \$25 gift card for members that complete a Wellness Visit during benefit year. • \$20 gift card for members that get an annual flu shot. • \$25 gift card for Members that get a blood pressure test and additional \$25 for in-control blood pressure (<140/90 mm Hg). • \$20 Gift Card for members that complete a doctor follow-up visit within 30 days of hospital discharge. Limit one gift card every 30 days. 	<ul style="list-style-type: none"> • A \$20 reward card will be provided for completion of your annual wellness exam [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs] • A \$20 reward card will be provided for completion of your annual flu shot [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs] • A \$20 reward card for completion of your annual Breast Cancer screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of your annual Colorectal Cancer screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of an HbA1c Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card for completion of a Kidney Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card will be provided for completion of an annual Retinopathy Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]. • A \$20 reward card will be provided for completing a follow-up visit with a mental health provider post hospitalization for mental illness [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].
Home Visits		Up to an extra 8 hours of respite services for non STAR PLUS waiver members.	Up to an extra eight (8) hours of in-home respite services for STAR+PLUS MMP non-HCBS waiver members ages 21 through 115.
Health and Wellness Services		<ul style="list-style-type: none"> • Weight Watchers program meeting vouchers for Members 21 and older with a BMI of 30 or over. • Up to 28 home-delivered meals for two weeks, with maximum of 56 meals for four weeks, each year after getting out of hospital or nursing facility or when a doctor asks as part of a supervised program to ease the effects of a chronic illness. 	
Extra Foot Doctor (Podiatry) Services		Twelve additional routine foot doctor visits each year.	Unlimited routine foot care.
Emergency Response Services (ERS)		Emergency response services for non-STAR+PLUS Waiver Members age 21 and older.	Round-the-clock emergency response services for STAR+PLUS MMP non-HCBS waiver members for up to 6 months after discharge from a hospital or nursing facility.
Meals			Ten (10) home-delivered meals each year after getting out of hospital or nursing facility for STAR+PLUS MMP non-HCBS waiver members age 21 through 115. Referral required.