

Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Travis Service Area (Bastrop, Burnet, Caldwell, Fayette, Hays, Lee, Travis, and Williamson counties)



TEXAS
Health and Human
Services

TEXAS
STAR Kids
Your Health Plan ★ Your Choice

Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Blue Cross and Blue Shield of Texas	Superior HealthPlan
For questions or doctor information	877-688-1811	844-590-4883
TTY line for people with a hearing or speech disability:	7-1-1	800-735-2989
Help for mental health, drug, or alcohol problems:	800-424-0324	844-590-4883
For prescription or medicine information:	877-688-1811	844-590-4883
Health Plan Website:	www.bcbstx.com/starkids	www.SuperiorHealthPlan.com

Value-Added Services	Blue Cross and Blue Shield of Texas	Superior HealthPlan
Extra Help Getting a Ride	Members can get free rides to approved services not covered by Medicaid such as WIC visits, BCBSTX member events and meetings, approved health classes, approved summer camps, coverage to bring additional children to any covered Medicaid service and hippotherapy appointments.	
Disease Management	Members who join the Special Beginnings program will have access to breastfeeding education information provided by Special Beginnings nurses.	
Extra Vision Services	\$150 allowance for STAR Kids members toward one upgrade to eyewear such as one pair of stylish frames (upgraded from basic), an upgrade to lenses, contact lenses or an additional pair of glasses every year after the completion of an eye exam.	\$150 allowance for select eyeglass lenses, frames, or contact lenses that are not covered by Medicaid once every two years.
Discount Pharmacy / Over-the-Counter Benefits	<p>All members get a free membership to Blue365, a program which offers discounts for health and wellness products and services. Discount types include:</p> <ul style="list-style-type: none"> • Apparel and Footwear • Fitness • Hearing and Vision • Home and Family • Nutrition • Personal Care 	Up to \$30 allowance per quarter for over-the-counter items mailed to your home or purchased at participating stores. The OTC catalog includes household, personal care, oral care, and children's items. No prescription required.
Sports and School Physicals	STAR Kids members can get 1 free sports and camp physical each year.	One school/sports physical each year for members 4 to 18 years old.
Help for Members with Asthma	Members who fill a prescription for an asthma medication for four months in a row are eligible to receive one (1) \$25 gift card per calendar year.	Allergy-free mattress cover and pillowcase to help control asthma symptoms when enrolled in Asthma Disease Management for a minimum of 60 continuous days.

Value-Added Services	Blue Cross and Blue Shield of Texas	Superior HealthPlan
Extra Help for Pregnant Women	<ul style="list-style-type: none"> • Pregnant members can get a free infant car seat or pack and play by enrolling in Special Beginnings and going to a prenatal visit in the first trimester or within 42 days of joining our plan. • Pregnant members are eligible to take online prenatal classes available in English and 15 other languages using a computer or mobile app. One diaper bag with diapers and other baby care items will be awarded per member upon completion of the class. • Pregnant members can earn a \$50 gift card for completing prenatal visit in the first trimester or within 42 days of joining our plan. • Earn a \$25 gift card for completing a postpartum visit within 7 to 84 days after having a baby. 	<ul style="list-style-type: none"> • Diaper bag, starter supply of diapers, and educational materials for participating in the Start Smart for Your Baby® program and completing: <ul style="list-style-type: none"> ○ A Notification of Pregnancy (NOP) form and ○ An educational baby shower hosted by Superior. • Access to mobile app with pregnancy-related support and information according to your pregnancy stage.
Home Visits	MDCP STAR Kids members may receive extra respite care from their caregiver for eight hours per month.	Up to 15 home-delivered prepared meals per year for the household after a member's discharge from a hospital stay.
Health and Wellness Services	<ul style="list-style-type: none"> • Pregnant members can get up to \$50 worth of fresh and healthy produce delivered to their home one time during their pregnancy each calendar year. • Members may be eligible for up to 14 lunch and dinner meals to be delivered to their home after a qualifying hospital discharge. • Eligible STAR Kids members can receive 11 sessions of Hippotherapy or therapeutic riding services per calendar year. This includes one (1) consultation session and ten (10) riding therapy sessions. • BCBSTX members can access our community resource platform to get information about local community service programs. Members can ask BCBSTX for help with a referral or self-refer to an agency to request free or reduced-cost services and assistance with financial needs, food medical care, and more. 	<ul style="list-style-type: none"> • Access to online tool to support smoking cessation. • Access to Careopolis™, an online "caring community" enabling members to engage friends and family as it relates to their healing or aging journey. • A Joy for All™ battery-operated plush companion pet for members enrolled in Behavioral Health Disease Management. • Online social services resource directory is available on the Superior member website to locate community supports such as food and nutrition, housing, education, and employment services.
Healthy Play and Exercise Programs	Members can receive up to \$100 in enrollment fees reimbursed for participating in a summer recreational activity. This includes, but is not limited to: YMCA, Boys and Girls Club, sports, swim, music, or camp of the member's choice.	<ul style="list-style-type: none"> • Up to \$150 for the cost of an approved extra-curricular activity. • Activity must be approved by the Service Coordination Department 90 days prior to the start date. • Allowance will be paid directly to the event organizer.

Value-Added Services	Blue Cross and Blue Shield of Texas	Superior HealthPlan
Gift Programs	<ul style="list-style-type: none"> • One \$120 gift card for infants who get 6 Texas Health Steps checkups by 15 months of age. • \$25 Gift Card for a child or adolescent to get a well-child check-up each calendar year. 	<ul style="list-style-type: none"> • Members can earn rewards cards for completing the following healthy activities: <ul style="list-style-type: none"> ○ \$20 for members 0-20 years who get their Texas Health Steps checkup within 90 days of joining Superior. Limited to 1 reward per member per calendar year. ○ \$10 for members ages 18-20 years who get their annual flu shot. ○ \$20 for female members ages 18-20 years who get their annual well woman exam. Limited to 1 reward per member per calendar year. ○ \$120 for members birth to 15 months that get all 6 Texas Health Steps checkups on schedule. ○ \$20 per checkup for members ages 3-20 years who get their annual Texas Health Steps checkup each year. • Pregnant members can earn rewards cards for completing the following: <ul style="list-style-type: none"> ○ \$20 for prenatal visit within first trimester or 42 days of Superior enrollment. ○ \$20 for 3rd prenatal visit. ○ \$20 for 6th prenatal visit. ○ \$20 for 9th prenatal visit. ○ \$20 for postpartum visit within 7-84 days of delivery. • Up to \$15 reward for proper guardianship documents for members ages 18 and older. • \$25 reward for members ages 18-20 who successfully complete their transition assessment timely.
Respite Services		Up to 8 hours of in-home respite care per year for members not receiving MDCP respite services, upon completion of the annual STAR Kids Screening and Assessment (SAI), return of the signed individual service plan, and must be up to date with their Texas Health Steps.

Additional Behavioral Health Benefits	Blue Cross and Blue Shield of Texas	Superior HealthPlan
Inpatient Follow-Up Incentive Program	\$50 gift card for members who complete a follow-up visit with a behavioral health provider within 7 days of hospital discharge.	\$20 rewards card and journal for members ages 6-20 years who complete a follow-up visit within 7 days of hospital discharge. Available one time per year.
Online Mental Health Resources	<p>Members will have access to our online Behavioral Health tools where they can login to get information on behavioral health topics, including:</p> <ul style="list-style-type: none"> • Social Anxiety • Depression • Stress, Anxiety & Worry • Insomnia • Substance Use • Panic Attack 	Access to an online tool to support mental health and overall well-being.