

# Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Medicaid Rural Service Area – Central Texas

(Bell, Blanco, Bosque, Brazos, Burleson, Colorado, Comanche, Coryell, DeWitt, Erath, Falls, Freestone, Gillespie, Gonzales, Grimes, Hamilton, Hill, Jackson, Lampasas, Lavaca, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Somervell, and Washington counties)



TEXAS  
Health and Human  
Services

TEXAS  
**STAR** Kids  
Your Health Plan ★ Your Choice

## Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

## People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

## Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Blue Cross Blue Shield of Texas	UnitedHealthcare
For questions or doctor information:	877-688-1811	877-597-7799
TTY line for people with a hearing or speech disability:	7-1-1	7-1-1
Help for mental health, drug, or alcohol problems:	800-424-0324	877-597-7799
For prescription or medicine information:	877-688-1811	For Member: 877-597-7799 For Pharmacist: 877-305-8952
Health Plan Website:	www.bcbstx.com/starkids	www.uhccommunityplan.com

Value-added Services	Blue Cross Blue Shield of Texas	UnitedHealthcare
Extra Help Getting a Ride	Members can get free rides to approved services not covered by Medicaid such as WIC visits, BCBSTX member events and meetings, approved health classes, approved summer camps, coverage to bring additional children to any covered Medicaid service and hippotherapy appointments.	Rides to appointments not covered by Medicaid. For example, equine therapy.
Disease Management	Members who join the Special Beginnings program will have access to breastfeeding education information provided by Special Beginnings nurses.	
Extra Vision Services	\$150 allowance for STAR Kids members toward one upgrade to eyewear such as one pair of stylish frames (upgraded from basic), an upgrade to lenses, contact lenses or an additional pair of glasses every year after the completion of an eye exam.	Up to \$105 maximum eyewear allowance towards upgrades for frames, lenses, or contacts every 24 months that aren't covered by the Medicaid benefit.
Discount Pharmacy / Over-the-Counter Benefits	<p>All members get a free membership to Blue365, a program which offers discounts for health and wellness products and services. Discount types include:</p> <ul style="list-style-type: none"> <li>• Apparel and Footwear</li> <li>• Fitness</li> <li>• Hearing and Vision</li> <li>• Home and Family</li> <li>• Nutrition</li> <li>• Personal Care</li> </ul>	
Sports and School Physicals	STAR Kids members can get 1 free sports and camp physical each year.	1 each year for Members 4 to 20 years of age.
Help for Members with Asthma	Members who fill a prescription for an asthma medication for four months in a row are eligible to receive one (1) \$25 gift card per calendar year.	<ul style="list-style-type: none"> <li>• Allergy-free mattress cover and pillowcase for members under active case management with asthma or COPD.</li> <li>• Roach repellent wall plugs for members who are under case management for Asthma or COPD.</li> </ul>

Value-added Services	Blue Cross Blue Shield of Texas	UnitedHealthcare
Extra Help for Pregnant Women	<ul style="list-style-type: none"> <li>Pregnant members can get a free infant car seat or pack and play by enrolling in Special Beginnings and going to a prenatal visit in the first trimester or within 42 days of joining our plan.</li> <li>Pregnant members are eligible to take online prenatal classes available in English and 15 other languages using a computer or mobile app. One diaper bag with diapers and other baby care items will be awarded per member upon completion of the class.</li> <li>Pregnant members can earn a \$50 gift card for completing prenatal visit in the first trimester or within 42 days of joining our plan.</li> <li>Earn a \$25 gift card for completing a postpartum visit within 7 to 84 days after having a baby.</li> </ul>	<ul style="list-style-type: none"> <li>Infant care book for pregnant members.</li> <li>Join Babyscripts to receive access to free educational content, resources, and more. Eligible pregnant members also receive rewards for completing the enrollment, a prenatal visit, and a post-partum visit.</li> </ul>
Home Visits	MDCP STAR Kids members may receive extra respite care from their caregiver for eight hours per month.	
Health and Wellness Services	<ul style="list-style-type: none"> <li>Pregnant members can get up to \$50 worth of fresh and healthy produce delivered to their home one time during their pregnancy each calendar year.</li> <li>Members may be eligible for up to 14 lunch and dinner meals to be delivered to their home after a qualifying hospital discharge.</li> <li>Eligible STAR Kids members can receive 11 sessions of Hippotherapy or therapeutic riding services per calendar year. This includes one (1) consultation session and ten (10) riding therapy sessions.</li> <li>BCBSTX members can access our community resource platform to get information about local community service programs. Members can ask BCBSTX for help with a referral or self-refer to an agency to request free or reduced-cost services and assistance with financial needs, food medical care, and more.</li> </ul>	<ul style="list-style-type: none"> <li>A pack of throw-away name bands for members age 20 and younger.</li> <li>Resource book for families of adoptive children (only available in English).</li> <li>Sensory goods for eligible members with sensory sensitivity.</li> <li>A pack of food allergy labels.</li> <li>Access to online resources, “findhelp”, to connect with free or low-cost community resources. For example, food banks, shelters, education, housing, and employment services.</li> </ul>
Healthy Play and Exercise Programs	Members can receive up to \$100 in enrollment fees reimbursed for participating in a summer recreational activity. This includes, but is not limited to: YMCA, Boys and Girls Club, sports, swim, music or camp of the member's choice.	Exercise kit, including pedometer, for members who want to lose weight or become more active.

Value-added Services	Blue Cross Blue Shield of Texas	UnitedHealthcare
Gift Programs	<ul style="list-style-type: none"> <li>• One \$120 gift card for infants who get 6 Texas Health Steps checkups by 15 months of age.</li> <li>• \$25 Gift Card for a child or adolescent to get a well-child check-up each calendar year.</li> </ul>	<ul style="list-style-type: none"> <li>• A copy of “Mikey’s Guide to Summer Camps and Activities for Children with Disabilities” per family every year.</li> <li>• Personal tote bag for back of Wheelchair.</li> <li>• Fire/water resistant storage bag for natural disasters.</li> <li>• One focus learning bundle, through Stacy's Sensory Solutions, containing items that promote focus and engagement during homework tasks or remote learning for members with a diagnosis of Dyslexia, ADHD, Dyscalculia, Dysgraphia, or Processing Deficits.</li> </ul>

Additional Behavioral Health Benefits	Blue Cross Blue Shield of Texas	UnitedHealthcare
Inpatient Follow-Up Incentive Program	\$50 gift card for members who complete a follow-up visit with a behavioral health provider within 7 days of hospital discharge.	\$20 gift card for members who follow -up with a mental health practitioner within 7 days of discharge from an inpatient mental health hospital.
Online Mental Health Resources	<p>Members will have access to our online Behavioral Health tools where they can login to get information on behavioral health topics, including:</p> <ul style="list-style-type: none"> <li>• Social Anxiety</li> <li>• Depression</li> <li>• Stress, Anxiety &amp; Worry</li> <li>• Insomnia</li> <li>• Substance Use</li> <li>• Panic Attack</li> </ul>	Access to LiveandWorkWell.com, which provides articles, videos, legal resources, and provider searches.