

Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Medicaid Rural Service Area – Central Texas

(Bell, Blanco, Bosque, Brazos, Burleson, Colorado, Comanche, Coryell, DeWitt, Erath, Falls, Freestone, Gillespie, Gonzales, Grimes, Hamilton, Hill, Jackson, Lampasas, Lavaca, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Somervell, and Washington counties)



TEXAS
Health and Human
Services



Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Blue Cross Blue Shield of Texas	UnitedHealthcare
For questions or doctor information:	877-688-1811	877-597-7799
TTY line for people with a hearing or speech disability:	7-1-1	7-1-1
Help for mental health, drug, or alcohol problems:	800-424-0324	877-597-7799
For prescription or medicine information:	877-688-1811	For Member: 877-597-7799 For Pharmacist: 877-305-8952
Health Plan Website:	www.bcbstx.com/starkids	www.uhccommunityplan.com

Value-added Services	Blue Cross Blue Shield of Texas	UnitedHealthcare
Extra Help Getting a Ride (when state services are not available)	Members can get free rides to non-emergency doctor visits, therapy, pharmacy, WIC visits, BCBSTX member events and meetings, and approved health classes.	Rides to medical appointments not covered by Medicaid, such as equine therapy. Additional children may be approved for rides to Medicaid approved providers.
Disease Management		<ul style="list-style-type: none"> • 1 kit per year. 1 cookbook (English only), 1 blood sugar log and 1 medicine log for members in disease management for Diabetes. • Access to the Optum Member Portal, which lets members schedule text reminders for their meds online.
Extra Vision Services	\$150 allowance for members ages 0-18 toward upgrade to eyewear upgraded lenses, contact lenses or an additional pair of glasses yearly after an eye exam.	\$105 max eyewear allowance. Every 24 months for frame upgrades, lenses, or contacts not covered by Medicaid benefit. Includes loss or damage but not a 2nd or spare pair.
Drug Store Services/Over-the-Counter Benefits	All members get a free membership to Blue365, a program which offers discounts for health and wellness products and services.	
Sports and School Physicals	Members can get 1 free sports and camp physical each year.	One yearly sports or school physical exam is available at no cost for members 4 to 20 years of age.
Help for Members with Asthma	Members who fill a prescription for an asthma medication for four months in a row are eligible to receive one (1) \$25 gift card per calendar year.	1 Allergy free bed cover and 1 pillowcase for Members under active case management with asthma or COPD.

Value-added Services	Blue Cross Blue Shield of Texas	UnitedHealthcare
Extra Help for Pregnant Women	<ul style="list-style-type: none"> • Members who join the Special Beginnings program will have access to breastfeeding education information provided by Special Beginnings nurses. • Members can get a car seat or pack n play by enrolling in Special Beginnings and going to a prenatal visit in the first trimester or within 42 days of plan enrollment. • Upon completion of online prenatal. Members will receive a diaper bag, diapers and other baby care items will be awarded upon completion. • Pregnant members can earn a \$50 gift card for completing a prenatal visit in the first trimester or within 42 days of joining our plan. • Earn a \$25 gift card for completing a postpartum visit within 7 to 84 days after having a baby. • Pregnant members can get up to \$50 worth of fresh and healthy produce delivered to their home one time during their pregnancy each calendar year. 	<ul style="list-style-type: none"> • 1 book for new moms with tips and info about taking care of yourself and baby. Addresses physical and emotional needs. • Join Babyscripts app to get free info, tools, and alerts to help you remember important things. One \$15 gift card for joining. \$20 gift card for completing prenatal visit. One \$15 gift card for completing a postpartum visit. • Wellhop for Mom & Baby connects members with similar due dates online. They will learn together and support each other from pregnancy through early postpartum.
Home Visits	MDCP STAR Kids members may receive extra respite care from their caregiver for eight hours per month.	
Health and Wellness Services	<ul style="list-style-type: none"> • Members may be eligible for up to 14 lunch and dinner meals to be delivered to their home after a qualifying hospital discharge. • Members have our community resource to get information about community programs. Members can ask for help with a referral to an agency to request free or reduced-cost services. 	<ul style="list-style-type: none"> • A pack of throw-away name bands for members age 20 and younger. • Resource book for families of adoptive children (only available in English). • Up to 10 horse therapy sessions for eligible Members. • A \$75 gift card for Members with sensory needs. • A pack of food allergy labels. • UnitedHealthcare OMW™ (UnitedHealthcare On My Way) is for teen/young adult members to learn independence. Find housing, get a job, manage money and more online. • Members who vape can get help to stop. Education and support are available through an online program. • STAR Kids Members with PPECC or PDN services can get 8 hours of care in the facility. This applies to normal business hours.

Value-added Services	Blue Cross Blue Shield of Texas	UnitedHealthcare
Healthy Play and Exercise Programs	<ul style="list-style-type: none"> Members can receive up to \$100 in enrollment fees reimbursed for summer recreational activity. Limited to: YMCA, Boys and Girls Club. One focus learning bundle through Stacy's Sensory Solutions, containing items that promote focus and engagement during homework tasks or remote learning. 	Exercise kit, including pedometer, for members who want to lose weight or become more active.
Gift Programs	<ul style="list-style-type: none"> One \$120 gift card for infants who get 6 Texas Health Steps checkups by 15 months of age. \$25 Gift Card for a child or adolescent to get a Texas Health Steps check-up each calendar year. 	<ul style="list-style-type: none"> A copy of "Mikey's Guide to Summer Camps and Activities for Children with Disabilities" per family every year. Personal tote bag for back of Wheelchair. Fire/water resistant storage bag for natural disasters. Members with a processing disorder can get 1 focus learning kit. For example: items for focus during homework tasks, or learning. Wheelchair safety lights to improve visibility.
Pest Control		Roach repellent wall plugs for members who are under case management for Asthma or COPD.
Extra Help for Individuals with Intellectual or Developmental Disabilities		Members with Down Syndrome can access an online program for health and wellness info about Down Syndrome. Family can also use this resource.

Additional Behavioral Health Benefits	Blue Cross Blue Shield of Texas	UnitedHealthcare
Behavioral Health		Members can get weight loss and exercise tips, and resources. It's available through an online program.
Inpatient Follow-up Incentive Program	\$50 gift card for members who complete a follow-up visit with a behavioral health provider within 7 days of hospital discharge.	<ul style="list-style-type: none"> \$20 gift card for members that follow up with a mental health provider. Must be within 7 days of discharge from an inpatient mental health hospital. 1 mental health journal after 7 day or 30 day post hospital stay. Journal has resources and writing prompts for members to write and process feelings.
Online Mental Health Resources	Members will have access to our online Behavioral Health tools where they can login to get information on behavioral health topics.	<ul style="list-style-type: none"> LiveandWorkWell.com, has news, videos, legal resources, and you can find doctors and other care. 24/7 help for stress and well-being on an online tool where you can learn at your own speed.