

# Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Bexar Service Area

(Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Medina, and Wilson counties)



## Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

## People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

## Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Community First Health Plans	Superior HealthPlan
For questions or doctor information:	855-607-7827	844-590-4883
TTY line for people with a hearing or speech disability:	7-1-1	800-735-2989
Help for mental health, drug, or alcohol problems:	877-221-2226	844-590-4883
For prescription or medicine information:	855-607-7827	844-590-4883
Health Plan Website:	www.CommunityFirstHealthPlans.com	SuperiorHealthPlan.com

Value-Added Services	Community First Health Plans	Superior HealthPlan
Extra Help Getting a Ride (when state services are not available)	Bus passes to go to the grocery store, WIC, Social Security, employment/housing offices, Community First events, vote, and more. See limitations in Member Handbook	
Disease Management	<ul style="list-style-type: none"> <li>• A YMCA family membership and health education to help prevent type 2 diabetes through the YMCA Diabetes Prevention Program. See Member Handbook for limitations.</li> <li>• A YMCA family membership and health education to help achieve and maintain a healthy weight through the YMCA Weight Loss Program. See Member Handbook for limitations</li> </ul>	Up to \$500 towards nursing facility stay expenses. Members must participate in the Money Follows the Person (MFP) process for Medically Dependent Children Program (MDCP).
Extra Vision Services	\$125 for frames or \$75 for contact lenses annually for Members ages 20 and under. See Member Handbook for limitations	\$150 allowance for select eyeglass lenses, frames, or contact lenses that are not covered by Medicaid once every two years.
Drug Store Services/Over-the-Counter Benefits	<ul style="list-style-type: none"> <li>• A prescription discount card for family members without Medicaid or CHIP with up to 80% savings on prescription medications.</li> <li>• \$30 every quarter (four times per year) to buy over-the-counter products like personal, oral care, household, and children's items for family members</li> </ul>	Up to \$30 allowance per quarter for over-the-counter items. The OTC catalog includes household, personal care, and oral care items. No prescription required.
Sports and School Physicals	One sports/school physical per year for Members ages 20 and younger	One sports/school physical each year for members 4 to 18 years old.
Help for Members with Asthma	<ul style="list-style-type: none"> <li>• For Members with asthma who participate in Community First's asthma program: 1 adult or child-size mask with an aerosol chamber each year</li> <li>• For Members with asthma who participate in Community First's asthma program: 1 allergy-free pillow protector each year</li> <li>• A \$10 gift card for Members who participate in Community First's asthma program and complete education.</li> <li>• A \$10 gift card for Members who participate in Community First's asthma program and get the flu vaccine.</li> <li>• Up to \$80 in gift cards for completing 3 in-home visits with San Antonio Kids BREATHE to improve asthma control, education, and support</li> </ul>	Allergy-free mattress cover and pillowcase to help control asthma symptoms when enrolled in Asthma Disease Management for 60 continuous days.

Value-Added Services	Community First Health Plans	Superior HealthPlan
Extra Help for Pregnant Women	<ul style="list-style-type: none"> <li>• Big ticket baby items, like a car seat or Pack &amp; Play, for Members who join Community First's maternity program. See Member Handbook for limitations</li> <li>• Education and gifts for Community First Maternal Health Club members, including a baby car seat or Pack &amp; Play. See Member Handbook for limitations.</li> </ul>	<ul style="list-style-type: none"> <li>• Diaper bag and diapers for participating in Start Smart for Your Baby®. <ul style="list-style-type: none"> <li>○ Must submit Notification of Pregnancy and</li> <li>○ Attend educational baby shower hosted by Superior.</li> </ul> </li> <li>• Access to mobile app with pregnancy-related support and information according to your pregnancy stage.</li> </ul>
Home Visits	<ul style="list-style-type: none"> <li>• A home-delivered package of 10 prepared meals after an inpatient hospital stay.</li> <li>• Up to 8 hours of in-home respite care per year for Members not receiving services through non-waiver</li> </ul>	<ul style="list-style-type: none"> <li>• Up to 8 hours of in-home respite care per year.</li> <li>• Up to 15 home-delivered prepared meals per year for the household after a member's discharge from a hospital stay.</li> </ul>
Health and Wellness Services	<ul style="list-style-type: none"> <li>• Free toddler booster seat (to be used according to safety guidelines) for children ages 4 through 10 who are up-to-date with Texas Health Steps checkups</li> <li>• Personalized support, tools, and strategies to help you become tobacco-free. Includes coaching, education, activities, and more.</li> <li>• Free notary services for documents, like medical power of attorney, health agent of record, and living wills. See Member Handbook for limitations</li> <li>• Free health education events (in-person, virtual, seasonal, and local) where Members can learn about topics like telehealth, healthy habits, and new benefits</li> </ul>	<p>Access to an online tool to support smoking cessation.</p>
Healthy Play and Exercise Programs	<ul style="list-style-type: none"> <li>• Free Zumba classes for Members and their families and choice of frisbee, water bottle, or exercise band.</li> <li>• Education on bicycle maintenance, safety tips, and giveaway through a free, local bike safety and repair program</li> <li>• \$150 allowance for a camp of Member's choice approved by Community First Service Coordination 30 days before or after start date and paid to camp provider</li> </ul>	<p>Up to \$150 per year for the cost of an extra-curricular activity. Must be approved by Service Coordination 90 days prior to the start date.</p>

Value-Added Services	Community First Health Plans	Superior HealthPlan
Gift Programs	<ul style="list-style-type: none"> <li>• Up to \$150 in gift cards for Members who participate in Community First's maternity program and complete all program requirements. See Member Handbook for limitations</li> <li>• \$30 toward a pregnancy-related item or birthing classes for Members who participate in Community First's maternity program. See Member Handbook for limitations</li> <li>• \$60 in gift cards for Members who participate in Community First's diabetes program and complete program requirements. See Member Handbook for limitations</li> <li>• \$10 gift card for new Members who complete a health survey and provide an email address</li> <li>• Up to \$25 in gift cards for Members ages 9-13 who complete a health survey and get adolescent immunizations for ages 9-13</li> <li>• Up to \$20 in gift cards for completing a health survey and getting all rotavirus vaccine doses (ages 2 months-8 months)</li> <li>• Up to \$90 in gift cards for completing Texas Health Steps checkups at 2, 4, 6, 9, 12, 15, 18, 24, &amp; 30 months. See Member Handbook for limitations</li> <li>• Up to \$180 in gift cards for completing a health survey and all Texas Health Steps checkups (ages 3-20). See Member Handbook for limitations</li> </ul>	<ul style="list-style-type: none"> <li>• \$20 reward card for members who get their Texas Health Steps checkup within 90 days of joining Superior. Limited to 1 reward per member per year.</li> <li>• \$10 for members 18 to 20 years old who get their annual flu shot.</li> <li>• \$20 rewards card for female members ages 18 to 20 years old who get their annual well woman exam. Limited to 1 reward per member per year.</li> <li>• \$120 rewards card for members birth to 15 months that get all 6 Texas Health Steps checkups on schedule.</li> <li>• \$20 rewards card per checkup for members ages 3 to 20 years old who get their annual Texas Health Steps checkup each year. Limited to 1 reward per member per year.</li> <li>• \$20 rewards card for pregnant members who attend a prenatal visit within first trimester or 42 days of Superior enrollment.</li> <li>• \$20 rewards card for pregnant members who attend each of the following: <ul style="list-style-type: none"> <li>○ 3rd prenatal visit</li> <li>○ 6th prenatal visit</li> <li>○ 9th prenatal visit</li> </ul> </li> <li>• \$20 reward card for members who complete a postpartum visit within 7-84 days of delivery.</li> <li>• Up to \$15 reward for proper guardianship documents for members 18 to 20 years old.</li> <li>• \$25 reward for members 18 to 20 years old who successfully complete their transition assessment timely.</li> <li>• \$25 rewards card per quarter (up to \$100 per year) for using Consumer Direct Services (CDS).</li> </ul>
Extra Help for Individuals with Intellectual or Developmental Disabilities		A Joy for All™ battery-operated plush companion pet for members enrolled in Behavioral Health Disease Management.
Additional Behavioral Health Benefits	Community First Health Plans	Superior HealthPlan
Inpatient Follow-up Incentive Program	\$25 gift card for Members in Community First's mental health program who get follow-up care within 7 days after a hospital stay for a mental health visit	\$20 rewards card and journal for members 6 to 20 years old, who complete a follow-up visit within 7 days of hospital discharge. Available one time per year.
Online Mental Health Resources	A dedicated webpage to connect Members with local mental health resources, help find the right provider, and learn about special resources.	Access to an online tool to support mental health and overall well-being, such as anxiety, depression, and mindfulness, through self-guided programs.