

# Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Bexar Service Area

(Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Medina, and Wilson counties)



## Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

## People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

## Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Community First Health Plans	Superior HealthPlan
For questions or doctor information:	855-607-7827	844-590-4883
TTY line for people with a hearing or speech disability:	800-390-1175	800-735-2989
Help for mental health, drug, or alcohol problems:	877-221-2226	844-590-4883
For prescription or medicine information:	855-607-7827	844-590-4883
Health Plan Website:	www.cfhp.com	www.SuperiorHealthPlan.com

Value-Added Services	Community First Health Plans	Superior HealthPlan
24-Hour Nurse Line	Community First's 24-hour nurse advice line staffed by registered nurses who are ready to answer your health-related questions every day, including weekends and holidays.	
Extra Help with Getting a Ride	Help with getting a ride for Members, their siblings and their parent or legal guardian to Community First hosted events, health classes and Member Advisory Group meetings.	
Disease Management	<p>Offers several disease and lifestyle management programs to include:</p> <ul style="list-style-type: none"> <li>• Healthy Expectations Prenatal: Pregnancy outreach and education.</li> <li>• Asthma Matters: Asthma management program includes outreach and education.</li> <li>• Diabetes in Control: Diabetes management program includes outreach and education.</li> <li>• Healthy Mind: Behavioral health management program includes outreach and education.</li> <li>• Healthy Living: Lifestyle management program includes outreach and education.</li> <li>• Healthy Heart: High blood pressure management program includes outreach and education.</li> <li>• YMCA Diabetes Prevention Program: a no-cost, year-long, evidenced based program to help adults at high risk of developing Type 2 Diabetes- includes a complimentary 4-month YMCA membership for two adults and up to 4 children.</li> <li>• YMCA Blood Pressure Self-Monitoring Program: a no-cost, four-month long, evidence-based program that offers adults personalized support- includes a free blood pressure cuff while supplies last.</li> <li>• Y Weight Loss Program-16 Weeks to Wellness- a no-cost program for those 13 and older interested in implementing and maintaining a healthy lifestyle- includes a complimentary 4-month YMCA membership for two adults and up to 4 children.</li> <li>• Refer to Gift Programs for further details.</li> </ul>	
Extra Vision Services	Enhanced vision services up to \$125 for frames or \$75 for contact lenses- either must be medically necessary- available every year for members age 20 years and younger.	\$100 allowance for upgrades to frames, lenses or contacts, once every two years, in addition to the standard Medicaid benefit.
Discount Pharmacy / Over-the-Counter Benefits	Up to 80% discount on prescription medicines for family members who do not have Medicaid or CHIP coverage.	Up to \$30 allowance for over-the-counter items mailed to your home every quarter. The OTC catalog includes household, personal care, oral care and children's items. No prescription required.
Sports and School Physicals	One Free Sports Physical per year for members up to the age of 20.	One sports physical each year for members ages 4 to 18 Years.

Value-Added Services	Community First Health Plans	Superior HealthPlan
Temporary Phone Help	Free smart phone with up to 500 minutes including unlimited text, and up to 4.5 GB of data per month including free health education messages for Text4Baby.	
Help for Members with Asthma	<p>For members enrolled in the Asthma management program:</p> <ul style="list-style-type: none"> <li>• 1 peak flow meter and aerosol holding chamber each year for Members with Asthma.</li> <li>• 1 allergy free protector pillowcase each year for members with Asthma.</li> <li>• \$10 gift card upon completion of Asthma education session.</li> </ul>	Allergy-free mattress cover and pillowcase to help control asthma symptoms when enrolled in Superior's asthma care management program.
Extra Help for Pregnant Women	<ul style="list-style-type: none"> <li>• For members enrolled in the maternity management program: <ul style="list-style-type: none"> <li>○ Pregnancy outreach and education for pregnant members.</li> <li>○ Free Mommy and Me Baby Shower includes:</li> <li>○ Free baby car seat or Pack &amp; Play Portable Play Yard.</li> <li>○ Free diaper bag with baby supplies including baby wipes and other baby items.</li> <li>○ \$10 gift card for attending Mommy and Me Baby Shower.</li> </ul> </li> <li>• Pregnant members can receive gift cards for completing prenatal services following confirmation after visit: <ul style="list-style-type: none"> <li>○ \$20 for enrolling into Healthy Expectations Program and agreeing to receive Healthy Baby Texts.</li> <li>○ \$20 for prenatal visit in first trimester or within 42 days of enrollment with Community First.</li> <li>○ \$20 for receiving flu shot during pregnancy.</li> <li>○ \$20 for postpartum visit between 7 and 84 days after deliver (to qualify for this incentive - date of visit must occur prior to end of member eligibility).</li> <li>○ Up to \$30 reimbursement for birthing classes or toward pregnancy related items such as a pregnancy pillow.</li> <li>○ Free gifts for fathers who attend Mommy &amp; Me Baby Showers with mom.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Pregnant members receive a diaper bag, starter supply of diapers, and educational materials by participating in the Start Smart for Your Baby® program and: <ul style="list-style-type: none"> <li>○ Completing a Notification of Pregnancy (NOP) form and;</li> <li>○ Receiving pregnancy-related education and information by attending a community baby shower or downloading a pregnancy program mobile app and engaging for 30 days.</li> </ul> </li> <li>• Pregnant members receive a convertible car seat by: <ul style="list-style-type: none"> <li>○ Completing a Notification of Pregnancy (NOP) form and;</li> <li>○ Attending a baby shower or engaging with the pregnancy program mobile app for 30 days and;</li> <li>○ Completing one prenatal visit within the first trimester of pregnancy or 42 days of enrollment with Superior.</li> </ul> </li> <li>• Book with relevant topics for pregnant members age 19 or younger in their first trimester and enrolled in Care Coordination.</li> </ul>
Home Visits	Up to 10 home-delivered prepared meals after a hospital stay.	Up to 10 home-delivered prepared meals after a hospital stay.

Value-Added Services	Community First Health Plans	Superior HealthPlan
Health and Wellness Services	<ul style="list-style-type: none"> <li>• Free toddler booster seat for children 4 to 10 years current with their Texas Health Steps checkup.</li> <li>• Stop smoking resources with education. There is no cost.</li> <li>• Free notary services for medical documents for members.</li> <li>• Low-cost dental services for Member 21 and older and their family that do not have dental coverage. Benefits include:               <ul style="list-style-type: none"> <li>○ Up to 50% off dental &amp; orthodontic services.</li> <li>○ Price match guarantee (terms apply).</li> <li>○ Free exams and x-rays every 6 months.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Specialty services in a community-based group setting, such as music therapy, art therapy, or play therapy are available one time per month per member.</li> <li>• Access to mobile app to support smoking cessation.</li> <li>• Online social services resource directory is available on the Superior member website to locate community supports such as food and nutrition, housing, education, and employment services.</li> </ul>
Health Play and Exercise Programs	<ul style="list-style-type: none"> <li>• Up to \$100 Specialized therapy or camp allowance.               <ul style="list-style-type: none"> <li>○ Massage Therapy.</li> <li>○ Recreational Therapy.</li> <li>○ Music Therapy.</li> <li>○ Aquatic Therapy.</li> <li>○ Hippotherapy.</li> <li>○ Therapeutic Horseback Riding.</li> <li>○ Dietary Services.</li> <li>○ Auditory Enhancement Training.</li> <li>○ Play Therapy.</li> <li>○ Camp-of Member's choice. Camp must be approved by the Service Coordination Department 90 days prior to the camp start date. Allowance will be paid directly to the camp provider.</li> </ul> </li> <li>• Free Bike Safety and Repair Program with free giveaway.</li> <li>• Free Zumba classes for members and their family with free fitness giveaway.</li> <li>• Y Weight Loss Program-16 Weeks to Wellness- a no-cost program for those 13 and older interested in implementing and maintaining a healthy lifestyle-includes a complimentary 4-month YMCA membership for two adults and up to 4 children.</li> </ul>	<p>Up to \$150 for the cost of attending a camp of member's choice. Camp must be approved by the Service Coordination Department 90 days prior to the camp start date. Allowance will be paid directly to the camp provider.</p>

Value-Added Services	Community First Health Plans	Superior HealthPlan
Gift Programs	<ul style="list-style-type: none"> <li>• For Members Enrolled in the maternity management program: Up to \$120 in gift programs:               <ul style="list-style-type: none"> <li>○ \$10 for attending a Mommy and Me Baby Shower.</li> <li>○ \$20 upon enrollment into prenatal program.</li> <li>○ \$20 for prenatal visit in first trimester or within 42 days of enrollment with Community First.</li> <li>○ \$20 for receiving flu shot during pregnancy.</li> <li>○ \$20 for postpartum visit between 7 and 84 days after delivery (to qualify for this incentive-date of visit must occur prior to end of member eligibility).</li> <li>○ Up to \$30 reimbursement for birthing classes or towards pregnancy related items such as a pregnancy pillow.</li> </ul> </li> <li>• \$10 gift card upon completion of Asthma education sessions for members enrolled in the Asthma management program.</li> <li>• For Members enrolled in the Diabetes management program: Up to \$50 in gift programs for Members with Diabetes for completion of the following:               <ul style="list-style-type: none"> <li>○ \$20 gift card upon enrollment into Diabetes in Control program.</li> <li>○ \$10 gift card upon completion of Diabetes education sessions.</li> <li>○ \$10 gift card for dilated eye exam.</li> <li>○ \$10 gift card upon completion of A1c screening.</li> </ul> </li> <li>• \$10 Gift Card for completing General Health Survey and providing an email address.</li> <li>• \$25 Gift card for members who complete a follow-up visit with a behavioral health provider within 7 days of discharge.</li> <li>• Up to \$25 in gift cards for completion of adolescent immunizations.</li> <li>• \$10 in gift cards for completion of Adolescent Well Child exam.</li> </ul>	<ul style="list-style-type: none"> <li>• Members can earn rewards cards for completing the following healthy activities:               <ul style="list-style-type: none"> <li>○ \$20 for members 0-20 years who get their Texas Health Steps checkup within 90 days of joining Superior. Limited to 1 reward per member per calendar year.</li> <li>○ \$10 for members 18-20 years who get their annual flu shot.</li> <li>○ \$20 for members 18-20 years who get their annual well woman exam. Limited to 1 reward per member per calendar year.</li> <li>○ \$120 for members birth to 15 months that get all 6 Texas Health Steps checkups on schedule.</li> <li>○ \$20 per checkup for members ages 3-6 years who get their annual Texas Health Steps checkup each year.</li> <li>○ \$20 per checkup for members ages 12-20 years who get their annual Texas Health Steps checkup each year.</li> </ul> </li> <li>• Pregnant members can earn rewards cards for completing the following:               <ul style="list-style-type: none"> <li>○ \$20 for prenatal visit within first trimester or 42 days of Superior enrollment.</li> <li>○ \$20 for 3rd prenatal visit.</li> <li>○ \$20 for 6th prenatal visit.</li> <li>○ \$20 for 9th prenatal visit.</li> <li>○ \$20 for postpartum visit within 7-84 days of delivery.</li> </ul> </li> <li>• \$15 for notary services for guardianship documents for members ages 17 and older.</li> </ul>
Respite Services	Up to 8 hours of in-home respite care services for non-waiver STAR Kids members.	Up to 8 hours of in-home respite care per year for members not receiving MDCP respite services and must be up to date with their Texas Health Steps.
Additional Behavioral Health Benefits	Community First Health Plans	Superior HealthPlan
Inpatient Follow-Up Incentive Program	\$25 Gift card for members complete a follow-up visit with a behavioral health provider within 7 days of discharge.	\$20 rewards card and journal for members age 6-20 years who complete a follow-up visit within 7 days of hospital discharge. Available one time per year.
Online Mental Health Resources	We want to say how much we value mental health, so much so that we have a dedicated page for resources & information: <a href="https://www.cfhp.com/health-promotion-and-disease-management-programs/resources-for-young-minds/">https://www.cfhp.com/health-promotion-and-disease-management-programs/resources-for-young-minds/</a> .	Access to mobile app to support mental health and overall well-being.