

# Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Bexar Service Area (Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Medina, and Wilson counties)



## Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

## People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

## Value-Added Services:

**Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services.** Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Community First Health Plans	Superior HealthPlan
For questions or doctor information:	855-607-7827	844-590-4883
TTY line for people with a hearing or speech disability:	800-390-1175 or 711	800-735-2989
Help for mental health, drug, or alcohol problems:	877-221-2226	844-590-4883
For prescription or medicine information:	855-607-7827	844-590-4883
Health Plan Website:	www.CommunityFirstHealthPlans.com	www.SuperiorHealthPlan.com

Value-Added Services	Community First Health Plans	Superior HealthPlan
Extra Help with Getting a Ride	<p>Bus passes for Members, their siblings and their parent or legal guardian to places such as the grocery store, community-based services, Community First hosted events, health education classes, and Member Advisory Group meetings, WIC, Social Security Administration offices to submit applications for employment and housing, voter polling sites to vote in local and national elections, and to a Social Security Administration-approved physician for appointments requested by disability determination services. Bus passes are not provided to children younger than 18 unless they are with their parent or guardian. For non-medical related use only. The service is available only for bus service routes within San Antonio and routes are offered by VIA Metropolitan Transit.</p>	
Disease Management	<p>Offers programs that provide outreach, education and more, including but not limited to:</p> <ul style="list-style-type: none"> <li>• Healthy Expectations: Maternity Program</li> <li>• Healthy Lungs: Asthma Matters: Asthma Management Program, COPD Management Program</li> <li>• Diabetes in Control: Diabetes Management Program</li> <li>• Healthy Mind: Behavioral Health Program</li> <li>• Healthy Living: Lifestyle Management Program</li> <li>• YMCA Diabetes Prevention Program: a no-cost, year-long, evidenced-based program to help adults at high risk of developing Type 2 Diabetes- may include a complimentary 4-month YMCA membership for two adults and up to 4 children after attending education sessions 1-4.</li> <li>• Y Weight Loss Program-16 Weeks to Wellness- a no-cost program for those 13 and older interested in implementing and maintaining a healthy lifestyle-may include a complimentary 4-month YMCA membership for two adults and up to 4 children after attending education sessions 1-4.</li> <li>• YMCA Blood Pressure Self-Monitoring Program: a no-cost, four-month long, evidence-based program that offers adults personalized support- includes a free blood pressure cuff while supplies last.</li> </ul>	
Extra Vision Services	<p>Enhanced vision services up to \$125 for frames or \$75 for contact lenses-either must be medically necessary-each benefit year for members 20 years and younger. Glasses or contacts can only be replaced when there is a change in vision. Lost or broken glasses or contacts may be replaced as allowed by the Benefit Program.</p>	<p>\$150 allowance for select eyeglass lenses, frames, or contact lenses that are not covered by Medicaid once every two years.</p>
Discount Pharmacy / Over-the-Counter Benefits	<p>Up to 80% discount on prescription medicines for member's family who do not have Medicaid or CHIP coverage.</p>	<p>Up to \$30 allowance per quarter for over-the-counter items mailed to your home or purchased at participating stores. The OTC catalog includes household, personal care, oral care and children's items. No prescription required.</p>

Value-Added Services	Community First Health Plans	Superior HealthPlan
Sports and School Physicals	One free physical per calendar year for members age 20 and younger to be used for sports, school or other physical activities.	One school/sports physical each year for members 4 to 18 years old.
Temporary Phone Help	<p>Members that qualify for the Federal Lifeline Program can get a free cell phone (limit one per household) or use their own from the following plan options depending on coverage area:</p> <ul style="list-style-type: none"> <li>• SafeLink Wireless: Unlimited talk and text, calls to Canada and Mexico, 25GB of high-speed data, up to 5GB of hotspot data</li> <li>• Life Wireless: Up to 500 minutes including unlimited text and up to 4.5 GB of data per month.</li> <li>• Members can get unlimited calls to Member Services, Member Advocates and Service Coordinators through our toll-free line and free text health education messages.</li> </ul>	
Help for Members with Asthma	<ul style="list-style-type: none"> <li>• For members with asthma participating in the asthma management program: <ul style="list-style-type: none"> <li>○ 1 adult or child size mask with aerosol chamber each year.</li> <li>○ 1 allergy free protector pillowcase each year.</li> <li>○ \$10 gift card for completing asthma education.</li> <li>○ \$10 gift card for receiving the flu vaccine.</li> </ul> </li> </ul> <p>Gift card excludes beer, wine, alcohol, cigarettes, and over-the-counter drugs.</p> <ul style="list-style-type: none"> <li>• Up to \$80 in gift cards for completing home visits with San Antonio Kids BREATHE: <ul style="list-style-type: none"> <li>○ \$35 for first visit.</li> <li>○ \$10 for second visit.</li> <li>○ \$35 for third visit.</li> </ul> </li> </ul>	Allergy-free mattress cover and pillowcase to help control asthma symptoms when enrolled in Asthma Disease Management for a minimum of 60 continuous days.
Extra Help for Pregnant Women	<ul style="list-style-type: none"> <li>• For Members participating in the maternity program: <ul style="list-style-type: none"> <li>○ Free baby car seat or Pack &amp; Play Portable Play Yard</li> <li>○ Free diaper bag with baby supplies including baby wipes and other baby items.</li> <li>○ Free gifts for fathers who attend Mommy and Me Baby Showers with mom. Limited to one baby shower per pregnancy. Unless having more than one baby (i.e., twins), members get one diaper bag and a choice of a car seat or safe sleep pack and play.</li> </ul> </li> <li>• For pregnant Members participating in the maternity management program who also participate in the Community Health Club: <ul style="list-style-type: none"> <li>○ A Health Educator assigned to you to help find health services, community resources, and guide you through pregnancy and beyond</li> <li>○ Pregnancy, birthing, postpartum and baby education.</li> <li>○ Free baby car seat or Pack &amp; Play Portable Play Yard, whichever was not received during Community First hosted Mommy and Me Baby Shower.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Diaper bag, starter supply of diapers, and educational materials for participating in the Start Smart for Your Baby® program and completing: <ul style="list-style-type: none"> <li>○ A Notification of Pregnancy (NOP) form and</li> <li>○ An educational baby shower hosted by Superior.</li> </ul> </li> <li>• Access to mobile app with pregnancy-related support and information according to your pregnancy stage.</li> </ul>

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Home Visits	One home-delivered package of 10 prepared meals after a hospital stay.	Up to 15 home-delivered prepared meals per year for the household after a member's discharge from a hospital stay.
Health and Wellness Services	<ul style="list-style-type: none"> <li>• Online social services resource directory is available on the member website to find community resources such as housing, food and nutrition, education, and more.</li> <li>• Free toddler booster seat for children age 4 through 10 who are current with their Texas Health Steps checkups. To be used according to safety guidelines.</li> <li>• Free, personalized support and the tools and strategies to keep you motivated and help you become tobacco-free by phone or online. Includes coaching, education, activities and more.</li> <li>• Free notary services for documents such as medical power of attorney, health agent of record and living wills. Members must have a valid, state-issued identification card or driver's license.</li> <li>• Health Education Special Events, in-person and virtual, seasonal and community events at no-cost where members may receive health education on topics such as telehealth, healthy habits, new benefits and more.</li> </ul>	<ul style="list-style-type: none"> <li>• Access to online tool to support smoking cessation.</li> <li>• Access to Careopolis™, an online "caring community" enabling members to engage friends and family as it relates to their healing or aging journey.</li> <li>• A Joy for All™ battery-operated plush companion pet for members enrolled in Behavioral Health Disease Management.</li> <li>• Online social services resource directory is available on the Superior member website to locate community supports such as food and nutrition, housing, education, and employment services.</li> </ul>
Health Play and Exercise Programs	<ul style="list-style-type: none"> <li>• Free Zumba classes for Members and their family with free fitness giveaway, which includes the choice of frisbees, water bottles, or exercise bands.</li> <li>• Free Bike Safety and Repair Program with free giveaway</li> <li>• Up to \$100 specialized therapy or camp allowance for: <ul style="list-style-type: none"> <li>○ Massage Therapy</li> <li>○ Recreational Therapy</li> <li>○ Music Therapy</li> <li>○ Aquatic Therapy</li> <li>○ Hippotherapy</li> <li>○ Therapeutic Horseback Riding</li> <li>○ Dietary Services</li> <li>○ Auditory Enhancement Training</li> <li>○ Play Therapy</li> <li>○ Camp-of Member's choice. Camp must be approved by the Service Coordination Department 90 days prior to the camp start date. Allowance will be paid directly to the camp provider.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Up to \$150 for the cost of an approved extra-curricular activity.</li> <li>• Activity must be approved by the Service Coordination Department 90 days prior to the start date.</li> <li>• Allowance will be paid directly to the event organizer.</li> </ul>

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Gift Programs	<ul style="list-style-type: none"> <li>Up to \$90 in gift programs for pregnant Members participating in the maternity program:               <ul style="list-style-type: none"> <li>\$10 for attending Mommy and Me Baby Shower</li> <li>\$20 for completing the maternity assessment and agreeing to receive health education text messages</li> <li>\$20 for completing a prenatal visit in first trimester or within 42 days of enrollment with Community First</li> <li>\$20 for receiving the flu shot during pregnancy</li> <li>\$20 for completing a postpartum visit between 7 and 84 days after delivery (to qualify for this incentive - date of visit must occur prior to end of member eligibility)</li> </ul> </li> </ul> <p>Gift card restrictions include no beer, wine, alcohol, cigarettes, or over-the-counter drugs may be purchased. This program is limited to pregnant members.</p> <ul style="list-style-type: none"> <li>Up to \$30 reimbursement for birthing classes or pregnancy-related items such as a pregnancy pillow.</li> <li>Community First will reimburse for birthing classes at hospital that STAR Kids Member delivers baby.</li> <li>Up to \$60 in gift cards for members with Diabetes participating in the Diabetes management program:               <ul style="list-style-type: none"> <li>\$20 gift card for completing the Diabetes assessment</li> <li>\$10 gift card for completing Diabetes education</li> <li>\$10 gift card for receiving a dilated eye exam</li> <li>\$10 gift card once every six months for submitting the A1c results from the laboratory vendor. Gift card excludes beer, wine, alcohol, cigarettes, and over-the-counter drugs.</li> </ul> </li> <li>\$10 gift card for completing the General Health Survey and providing an email address. Limited to new members; one per household and excludes beer, wine, cigarettes and over-the-counter items.</li> <li>Up to \$25 in gift cards for completing a preventive health assessment and receiving the adolescent immunizations for children ages 9 through 13. Gift card excludes beer, wine, alcohol, cigarettes and over-the-counter drugs.</li> <li>Up to \$100 in gift cards for completing each of the adolescent well child exams at ages 12 through 20 years. Gift card excludes beer, wine, alcohol, cigarettes and over-the-counter drugs.</li> </ul>	<ul style="list-style-type: none"> <li>Members can earn rewards cards for completing the following healthy activities:               <ul style="list-style-type: none"> <li>\$20 for members 0-20 years who get their Texas Health Steps checkup within 90 days of joining Superior. Limited to 1 reward per member per calendar year.</li> <li>\$10 for members ages 18-20 years who get their annual flu shot.</li> <li>\$20 for female members ages 18-20 years who get their annual well woman exam. Limited to 1 reward per member per calendar year.</li> <li>\$120 for members birth to 15 months that get all 6 Texas Health Steps checkups on schedule.</li> <li>\$20 per checkup for members ages 3-20 years who get their annual Texas Health Steps checkup each year.</li> </ul> </li> <li>Pregnant members can earn rewards cards for completing the following:               <ul style="list-style-type: none"> <li>\$20 for prenatal visit within first trimester or 42 days of Superior enrollment.</li> <li>\$20 for 3rd prenatal visit.</li> <li>\$20 for 6th prenatal visit.</li> <li>\$20 for 9th prenatal visit.</li> <li>\$20 for postpartum visit within 7-84 days of delivery.</li> </ul> </li> <li>Up to \$15 reward for proper guardianship documents for members ages 18 and older.</li> <li>\$25 reward for members ages 18-20 who successfully complete their transition assessment timely.</li> <li>\$25 rewards card per quarter (\$100 per year) for using Consumer Direct Services (CDS).</li> </ul>

Value-Added Services	Community First Health Plans	Superior HealthPlan
Respite Services	Up to 8 hours of in-home respite care services per year for non-waiver STAR Kids Members.	Up to 8 hours of in-home respite care per year for members not receiving MDCP respite services, upon completion of the annual STAR Kids Screening and Assessment (SAI), return of the signed individual service plan, and must be up to date with their Texas Health Steps.
Additional Behavioral Health Benefits	Community First Health Plans	Superior HealthPlan
Inpatient Follow-Up Incentive Program	For Members participating in the behavioral health program: \$25 gift card for completing a follow-up visit with a behavioral health provider within 7 days of discharge from a mental health hospital or facility upon request. Gift card excludes beer, wine, alcohol, cigarettes, and over-the-counter drugs.	\$20 rewards card and journal for members ages 6-20 years who complete a follow-up visit within 7 days of hospital discharge. Available one time per year.
Online Mental Health Resources	We want to say how much we value your mental health, so much so that we have a dedicated page for resources & information. <a href="http://www.CommunityFirstMedicaid.com">www.CommunityFirstMedicaid.com</a>	Access to an online tool to support mental health and overall well-being.