

## Compare Extra Services CHIP Medical Plans Offer

## in the Lubbock Service Area

(Carson, Crosby, Deaf Smith, Floyd, Garza, Hale, Hockley, Hutchinson, Lamb, Lubbock, Lynn, Potter, Randall, Swisher, and Terry counties)

**Every CHIP medical plan offers basic CHIP benefits. The plans in your area also offer extra services.** Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

	FirstCare CHIP	Superior HealthPlan
For questions or doctor information:	877-639-2447	800-783-5386
TTY line for people with a hearing or speech disability:		800-735-2989
Help for mental health, drug, or alcohol problems:	800-327-6934	800-783-5386
For prescription or medicine information:	877-639-2447	800-783-5386
Health Plan Website:	www.firstcare.com/CHIP	www.SuperiorHealthPlan.com

A "blank" under a plan's name means that the plan does not offer the service listed.

Value-added Services	FirstCare CHIP	Superior HealthPlan
24-Hour Nurse Line	Talk to a Nurse – Nurse24 <sup>TM</sup> . Get answers 24 hours a day, 7 days a week.	Superior's 24-hour nurse advice line is a health information line staffed by registered nurses who are ready to answer your questions 24 hours a day, every day of the year.
Extra Help with Getting a Ride	One monthly ride for members to go to the grocery store, WIC appointments, health education classes, fitness centers, vocational trainings, job interviews, self-help group meetings, places of worship/religious services, pregnancy/birthing classes, newborn classes, CPR/first aid classes, or FirstCare Baby Showers.	<ul> <li>Help getting a ride to participate in Superior's Member Advisory Group meetings.</li> <li>Rides requested by and to a Social Security Administration-approved physician for appointments requested by disability determination services.</li> </ul>
Extra Vision Services		\$150 allowance for select eyeglass frames, lenses or contact lenses that aren't covered by CHIP once per year.
Discount Pharmacy / Over-the- Counter Benefits		Up to \$25 allowance per quarter for over-the-counter items mailed to your home or purchased at participating stores. The OTC catalog includes household, personal care, oral care and children's items. No prescription required.
Sports and school physicals	1 sports physical each year for Members age 19 and younger.	One sports/school physical each year.
Help for Members with Asthma	\$25 Gift Card for members who participate in an asthma disease management program for not well controlled or very poorly controlled asthma (Level 2 or 3).	Allergy-free mattress cover and pillowcase to help control asthma symptoms for members enrolled in Asthma Care Management.

Value-added Services	FirstCare CHIP	Superior HealthPlan
Extra Help for Pregnant Women	<ul> <li>Expecting the Best(R) pregnancy management program.</li> <li>Early enrollment in case management support program.</li> <li>Access to a nurse 24 hours a day, 7 days a week.</li> <li>Educational smart phone app.</li> <li>Planning for delivery, including individual support during and after pregnancy.</li> <li>Perinatal and Postpartum depression screening during pregnancy and until CHIP coverage ends.</li> <li>Parental education for newborn health.</li> <li>Planning for returning to work.</li> <li>Baby Shower and Baby Safety program for pregnant members. Baby shower includes diaper bag and other small items.</li> </ul>	<ul> <li>Diaper bag, starter supply of diapers, and educational materials for participating in the Start Smart for Your Baby® program and completing: <ul> <li>A Notification of Pregnancy (NOP) form and</li> <li>An educational baby shower hosted by Superior.</li> </ul> </li> <li>Access to mobile app with pregnancy-related support and information according to your pregnancy stage.</li> <li>Telephonic health coaching to support smoking cessation efforts during pregnancy.</li> </ul>
Home Visits		Home visit for members enrolled in Case Management for high-risk pregnancy.
Health and Wellness Services	<ul> <li>FirstCare Members will have access to quarterly wellness webinars.</li> <li>Grow Well<sup>™</sup> Smart Phone app for trusted health information for you and your family through every age and stage of life. Plus, you can directly connect to resources.</li> <li>Online social services resource directory is available on the FirstCare member portal to locate community supports such as food and nutrition, housing, education, and employment services.</li> </ul>	<ul> <li>A Joy for All<sup>TM</sup>, battery-operated plush companion pet for members enrolled in Case Management.</li> <li>Access to an online tool to support smoking cessation.</li> <li>Online social services resource directory is available on the Superior member website to locate community supports such as food and nutrition, housing, education, and employment services.</li> </ul>
Healthy Play and Exercise Programs		<ul> <li>6-month membership to YMCA at participating locations for members from birth through age 17 and one additional adult family member.</li> <li>Up to \$60 allowance per calendar year toward a club membership or sports registration through Superior's partnerships with select Boys &amp; Girls Clubs. Activities may vary by location. \$60 may be used toward:</li> <li>One-time membership for members 6 to 18 years of age; OR</li> <li>One-time sports registration for members 6 to 12 years of age.</li> </ul>
Gift Programs	\$25 gift card for having a well-child checkup on time.	<ul> <li>Pregnant members can earn rewards cards for completing the following:</li> <li>\$100 for prenatal visit within first trimester or 42 days of Superior enrollment.</li> <li>\$50 for postpartum visit within 7-84 days of delivery.</li> <li>\$25 rewards card for getting a flu shot on or before a member's 2nd birthday.</li> </ul>
Additional Behavioral Health Benefits	FirstCare CHIP	Superior HealthPlan
Inpatient Follow-up Incentive Program	\$20 gift card for timely follow-up after discharge from a behavioral health hospital stay.	
Online Mental Health Resources	FirstCare Members will have online access to information such as Caring for Family Members in Recovery and Understanding Substance Abuse Treatment.	Access to an online tool to support mental health and overall well- being.