



# Comprehensive Rehabilitation Services

*Helping people with traumatic brain injuries and  
spinal cord injuries live more independently.*



**TEXAS**  
Health and Human  
Services

*Please share this brochure with other Texans who may have a loved one with a traumatic brain injury or traumatic spinal cord injury so they can get help from our program.*

*CRS helped when my son lapsed into a coma after a traumatic brain injury during a high school football game.*



When Texans have life-changing injuries, Comprehensive Rehabilitation Services helps with their rehabilitation and recovery so they can live more independently. We support people who have:

- **Traumatic brain injury**
- **Traumatic spinal cord injury**

These injuries can be caused by motor vehicular accidents, falls, assaults or violence, and sports injuries, among others. We provide services for people to function as independently as possible in the home and community by improving their mobility, self-care and communication skills. Participants receive personalized treatment plans based on their specific needs.

The program can pay for rehabilitation services on the treatment plan within certain limitations. Participants must first use all available personal medical benefits, such as medical insurance, Medicare or Medicaid, before they can use program funding to pay for services.

## **Participant eligibility**

Program participants must:

- Have a traumatic brain injury or traumatic spinal cord injury that was caused by an external physical force and significantly affects the person's ability to do daily activities.
- Be age 15 or older.
- Be a U.S. citizen or lawful permanent resident and a Texas resident.
- Be willing to participate in services.
- Be medically stable enough to participate in rehabilitation activities.

## Brain Injury Types

### **Traumatic brain injury:**

An injury to the brain caused by an external physical force that may result in temporary or permanent cognitive or physical impairments.

### **Traumatic spinal cord injury:**

An injury to the spinal cord caused by an external force that results in temporary or permanent issues with the senses or motor skills.

## Interest list and waiting list

When an interested person calls the program, staff add them to the interest list. If the person is eligible, a plan of service is completed and they're moved to the waiting list. Wait time for services varies because people receive services on a first-come, first-served basis. An application for services should be completed as soon as possible, but the person applying must be medically stable and able to participate in rehabilitation services to determine eligibility and start services.

## Importance of having strong supports

Having a family member with a serious injury can be overwhelming. Our counselors help participants and their families find community resources and service providers. Together with CRS, the participant and family create an Individualized Written Rehabilitation Plan to outline the right services for the person's needs.



*CRS helped when  
I was assaulted and  
left paralyzed.*

*CRS helped me and my three kids when a car crash left me paralyzed from the neck down.*



## Rehabilitation services available

- **Inpatient comprehensive rehabilitation medical services:** Medical experts provide medical care, rehabilitative therapies and medical equipment to stabilize the injury and start to restore function in a rehabilitation hospital.
- **Post-acute rehabilitation services:** Provided as recommend by an interdisciplinary team based on participant need.
  - **Post-acute brain injury services:** Services to address issues with functional and cognitive skills, including behavior management, coping skills development and advanced rehabilitation services.
  - **Post-acute spinal cord injury services:** Services to address issues with functional skills such as transferring and other daily living activities. The services are provided in the home and community (non-residential).
- **Outpatient therapies:** Rehabilitation at a hospital or clinic to help participants do daily activities affected by their injury, including occupational therapy, physical therapy, speech therapy and cognitive therapy. Participants return home after treatment.

**To learn more about the program or to refer yourself or someone else, contact:**

[hhs.texas.gov/CRS-rehab-services](https://hhs.texas.gov/CRS-rehab-services)

[CRS\\_Program@hhsc.state.tx.us](mailto:CRS_Program@hhsc.state.tx.us)

**Fax: 512-206-3981**

**For other resources, call 2-1-1 or visit [211texas.org](https://211texas.org)**

The CRS program was founded in 1991 with dedicated funding to address the needs of people with TBI or TSCI. The program receives financial support from General Revenue funds allocated by the Texas Legislature and subrogation recovery.