

ADULTS and CHILDREN CONCUSSION



If you or someone you know experiences a bump, blow or jolt to the head, it may lead to a concussion.

Call 911 or go to the emergency room if any of these symptoms occur:

- Blood or clear fluid draining from nose or ears
- Weakness, numbness or tingling in limbs
- Severe headache, dizziness, agitation or confusion
- Slurred speech, trouble walking or double vision
- Continuous nausea or vomiting
- One pupil larger than the other
- Convulsions or seizures
- Loss of consciousness

Call 911 or go to the emergency room if a child:

- Won't nurse or eat.
- Is very upset and won't stop crying.
- Is very drowsy or can't be woken up.

Symptoms may not occur for days, weeks or months. See your doctor if you notice any of these symptoms after injury:

- Changes in personality, behavior or mood
- Disrupted sleep
- Sensitivity to light and noise
- Headaches or neck pain that won't go away
- Changes in work or school performance
- Concentration or memory problems



19D0438



TEXAS
Health and Human
Services

To learn more,
visit hhs.texas.gov/brain-injury
or call **512-706-7191**.