



TEXAS
Health and Human
Services

Community First Choice: Recent Policy Updates

STAR Kids Managed Care Advisory Committee

What is Community First Choice (CFC)?

- CFC provides a set of services and supports to members living in the community, including assistance with:
 - Activities of daily living (ADLs)
 - Instrumental activities of daily living (IADLs)
 - Acquisition, maintenance, and enhancement of skills necessary for members to accomplish ADLs and IADLs
 - Providing backup systems to ensure continuity of services



TEXAS
Health and Human
Services

CFC Services

- CFC includes four core services:
 - Personal assistance services (PAS or PCS)*
 - Habilitation (HAB)
 - Emergency response services (ERS)
 - Support management
- States may choose to offer additional optional services
 - Texas offers the four core services only

*In this presentation, personal assistance services (PAS) refers to PAS for adults and personal care services (PCS) for youth.



TEXAS
Health and Human
Services

Programs Offering CFC

- CFC is delivered through a managed care model for members in the following programs who are not also in a 1915(c) waiver:
 - STAR Kids
 - STAR Health
 - STAR+PLUS
- Individuals who are already receiving 1915(c) waiver services receive CFC from their comprehensive 1915(c) waiver provider



Eligibility

- CFC may be provided to:
 - Individuals who are already receiving 1915(c) waiver services
 - Eligible individuals on a 1915(c) waiver interest list
 - STAR, STAR+PLUS*, STAR Health, or STAR Kids members who meet an institutional level of care



TEXAS
Health and Human
Services

*Due to a federal limitation, STAR+PLUS members whose financial eligibility is established as “medical assistance only” (MAO) are excluded from CFC.

Assessment and Authorization

- The Health and Human Services Commission (HHSC), local intellectual and developmental disability authorities (LIDDAs), local mental health authorities (LMHAs), and managed care organizations (MCOs) all play a role in the CFC assessment and authorization processes for members in managed care

NOTE: The assessment and authorization processes described in these slides are specific to managed care. CFC assessment and authorization processes differ slightly in certain FFS programs.



TEXAS
Health and Human
Services

STAR Kids Handbook Updates for CFC

- Effective December 1, 2022, HHSC updated the STAR Kids Handbook for CFC
- HHSC added the following information about CFC:
 - Description of the services available through CFC
 - CFC eligibility requirements
 - Clarification that members receiving services through the CLASS, DBMD, HCS, and TxHmL waivers do not receive their CFC through managed care
 - CFC assessments and authorization for institutional level care
 - CFC functional assessments and reassessments





TEXAS
Health and Human
Services

Thank You

HHS_CFC@hhs.texas.gov