Presentation to the Senate Special Committee to Protect All Texans

Sonja Gaines
Deputy Executive Commissioner, Intellectual and Developmental Disability & Behavioral Health Services

Chance Freeman
Director, Disaster Behavioral Health Services

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Texas Statewide Approach to Behavioral Health

Statewide Behavioral Health Coordinating Council established in House Bill 1, 84th Legislature, Regular Session, 2015
Community Mental Health Services

- Crisis Services
- Disaster Behavioral Health
- Children’s Outpatient Services
- Mental Health Grant Programs
- Adult Outpatient Services
- Peer Services
Behavioral Health: Prevention and Early Intervention

Local Mental Health Authorities (LMHAs) provide training in the community

- Mental Health First Aid
- Law enforcement training

Crisis Services

- Crisis services - available 24/7 and include prompt face-to-face crisis assessment, crisis intervention, and crisis follow-up and relapse prevention
- Crisis Hotline – available statewide 24/7
- Mobile Crisis Outreach Teams – team of two or more staff providing psychiatric emergency care in the community during a crisis
- LMHAs may have other crisis services available, including Mental Health Deputies, Crisis Facilities (respite, residential, extended observation, crisis stabilization), and inpatient psychiatric beds
Mental Health First Aid
Numbers Trained

**Instructors**
- FY14: 363
- FY15: 206
- FY16: 147
- FY17: 158
- FY18: 140
- FY19: 300
- FY20: 283
- FY21: 106
- FY22: 38
- Total: 1,741

**School District Employees**
- FY14: 917
- FY15: 6,527
- FY16: 7,137
- FY17: 7,732
- FY18: 10,921
- FY19: 16,125
- FY20: 10,444
- FY21: 12,169
- FY22: 4,614
- Total: 76,586

**University Employees**
- FY14: 0
- FY15: 0
- FY16: 0
- FY17: 219
- FY18: 1,801
- FY19: 1,718
- FY20: 1,594
- FY21: 1,358
- FY22: 1,065
- Total: 7,755

**Community Members**
- FY14: 1,588
- FY15: 4,792
- FY16: 4,490
- FY17: 4,448
- FY18: 5,901
- FY19: 7,562
- FY20: 6,925
- FY21: 8,148
- FY22: 4,599
- Total: 48,453

**Totals**
- FY14: 2,868
- FY15: 11,525
- FY16: 11,774
- FY17: 12,557
- FY18: 18,763
- FY19: 25,705
- FY20: 19,246
- FY21: 21,781
- FY22: 10,316
- Total: 134,535

*Fiscal Year (FY) 22 Data is as of 05/26/22
Behavioral Health Matching Grants

MENTAL HEALTH GRANT PROGRAM FOR JUSTICE-INVOLVED INDIVIDUALS
FY21: 47,692 served

COMMUNITY MENTAL HEALTH GRANT PROGRAM
FY21: 40,721 served

HEALTHY COMMUNITY COLLABORATIVES
FY21: 33,739 served

TEXAS VETERANS + FAMILY ALLIANCE
FY21: 18,626 served
Disaster Behavioral Health Services (DBHS) Team

**Staff**: HHSC has seven general revenue-funded DBHS staff available to address the behavioral health community impacts related to disasters

**Types of responses**: Mass shootings, natural disasters, public health emergencies, chemical spills, and terrorist attacks
  - DBHS staff have responded to 15 disasters/criminal incidents since 2017

**Training**: Lead by national expert team members trained in Psychological First Aid, Trauma-Informed Care, Incident Command Structure, and Health and Recovery

**Role**: Interventions that are incident-specific
  - Coordinate with local, state, and federal partners
  - Track activities and fiscal impact
  - Conduct victim needs assessments
HHSC’s Role in Behavioral Health
Disaster Response & Recovery

In the state’s Incident Command structure, DBHS is responsible for all disaster behavioral health planning, response, and recovery efforts

• The state’s Disaster District Command created a Behavioral Health Branch within the Operations Section of Incident Command for the Uvalde incident

As the State Mental Health Authority, HHSC is the qualifying entity for:

• Federal Substance Abuse and Mental Health Services Administration emergency response grants, and
• Federal Emergency Management Administration crisis counseling grants
Available Behavioral Health Resources in Disasters

39 Local Mental and Behavioral Health Authorities (LMHAs/LBHAs)
• Key in recovery efforts and provide immediate, on-the-ground behavioral health support
• 24/7 call centers for victims and members of the community
• Counselling, debriefing, referral, consultation, and relief support

Critical Incident Stress Management Teams (CISM)
• State-wide teams that provide:
  ▸ On-the-ground support to first responders
  ▸ Debriefing and counselling support to return first responders faster and healthier
Uvalde School Shooting: DBHS Response Efforts

- Deployed staff within 24 hours of shooting
- Coordinated with state and local leadership, emergency response units, and law enforcement on response efforts
- Conducted a community behavioral health needs assessment to gauge the level of need and the types of assets/resources available
- Coordinated local CISM Network teams to provide mental health crisis intervention and peer support in the field and at the CISM command post
- Submitted State of Texas Assistance Requests for Behavioral Health and CISM teams to provide behavioral health support for Hill Country Mental Health and Developmental Disabilities (MHDD) LMHA and first responders
Uvalde School Shooting: DBHS Recovery Efforts

- Coordinating with the Texas Children Mental Health Care Consortium to provide support to both Hill Country MHDD and the Uvalde Federally Qualified Healthcare Center
- Facilitating Behavioral Health Coordinated Recovery Stakeholder Meetings to build a long-term recovery program
- Identifying resources and long-term service provision for the community, schools, and first responders
- Mitigating duplication of effort
- Coordinating with the statewide network of LMHAs/LBHAs to provide staff respite and continuity of operations for Hill Country MHDD Centers
- Coordinating with the Family Resiliency Center, Bill Blackwood Law Enforcement Management Institute of Texas, Texas A&M Engineering Extension Services, and Meadows Mental Health Policy Institute to identify resources and long-term providers for first responders