Presentation to the House Appropriations Committee – Behavioral Health

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July 12, 2022
Statewide Behavioral Health Coordinating Council established in House Bill 1, 84th Legislature, Regular Session, 2015
Community Mental Health Services

- Crisis Services
- Children’s Outpatient Services
- Adult Outpatient Services
- Peer Services
- Mental Health Grant Programs
- Disaster Behavioral Health

TENAS
Health and Human Services
Local Authorities and HHS Service Area Regions

Local Mental Health/Behavioral Health Authorities and Local Intellectual and Developmental Disability Authorities*

Health Service Region
- Denton County
- El Paso County
- Harris County
- Travis County
- Bexar County
- Tarrant County
- Comal County
- Kendall County
- Guadalupe County
- Travis County
- Williamson County
- Hays County
- San Antonio Metropolitan Area

Mental Health Authority (MHA)
- Mental Health Authority (MHA)
- Behavioral Health Authority (BHA)
- Intellectual and Developmental Disabilities Authority (IDD)
- Mental Health/Behavioral Health Authority (MH/BA)
- Intellectual and Developmental Disability Authority (IDDA)
- Combined Authority (CA)
- MH/BA/IDDA

Region
- 1
- 2/3
- 4/5N
- 6/5S
- 7
- 8
- 9/10

Source: Health and Human Services Commission, Behavioral Health Services

*Authorities serve as both LMHA/LBHA and LIDDA except as indicated.
# Community Mental Health Services: FY 2021 Persons Served

<table>
<thead>
<tr>
<th>Program</th>
<th>Numbers Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health Services – Adult</td>
<td>264,153</td>
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<tr>
<td>Mental Health Services – Children</td>
<td>73,289</td>
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<tr>
<td>Youth Empowerment Services Waiver</td>
<td>3,055</td>
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<tr>
<td>Home and Community-Based Services – Adult Mental Health</td>
<td>442</td>
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<tr>
<td>Behavioral Health Matching Grant Programs</td>
<td>140,418</td>
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<tr>
<td>Peer and Recovery Services</td>
<td>8,910</td>
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<tr>
<td>Disaster Behavioral Health Services</td>
<td>10,804,013</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>11,294,280</strong></td>
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</table>

*Not unduplicated; people may be served in more than one program.
Behavioral Health: Prevention and Early Intervention

Local Mental Health Authorities (LMHAs) provide training in the community
• Mental Health First Aid
• Law enforcement training

Crisis Services
• Crisis services - available 24/7 and include prompt face-to-face crisis assessment, crisis intervention, and crisis follow-up and relapse prevention
• Crisis Hotline – available statewide 24/7
• Mobile Crisis Outreach Teams – team of two or more staff providing psychiatric emergency care in the community during a crisis
• LMHAs may have other crisis services available, including Mental Health Deputies, Crisis Facilities (respite, residential, extended observation, crisis stabilization), and inpatient psychiatric beds
<table>
<thead>
<tr>
<th>Year</th>
<th>Instructors</th>
<th>School District Employees</th>
<th>University Employees</th>
<th>Community Members</th>
<th>Totals</th>
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<tbody>
<tr>
<td>FY14</td>
<td>363</td>
<td>917</td>
<td>0</td>
<td>1,588</td>
<td>2,868</td>
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<tr>
<td>FY15</td>
<td>206</td>
<td>6,527</td>
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<td>219</td>
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<td>12,557</td>
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<td>FY18</td>
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<td>10,921</td>
<td>1,801</td>
<td>5,901</td>
<td>18,763</td>
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<tr>
<td>FY19</td>
<td>300</td>
<td>16,125</td>
<td>1,718</td>
<td>7,562</td>
<td>25,705</td>
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<tr>
<td>FY20</td>
<td>283</td>
<td>10,444</td>
<td>1,594</td>
<td>6,925</td>
<td>19,246</td>
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<tr>
<td>FY21</td>
<td>106</td>
<td>12,169</td>
<td>1,358</td>
<td>8,148</td>
<td>21,781</td>
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<tr>
<td>FY22</td>
<td>38</td>
<td>4,614</td>
<td>1,065</td>
<td>4,599</td>
<td>10,316</td>
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<td>FY2014-FY2022</td>
<td>1,741</td>
<td>76,586</td>
<td>7,755</td>
<td>48,453</td>
<td>134,535</td>
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*Fiscal Year (FY) 22 Data is as of 05/26/22
Crisis Services

- 24/7 Crisis Hotline and Mobile Crisis Outreach services available statewide
- 35 facilities at 30 LMHA/LBHAs, funded through Community-Based Crisis Program funds
  - 4 Crisis Stabilization Units
  - 9 Extended Observation Units
  - 7 Crisis Residential Facilities
  - 15 Crisis Respite Facilities
  - **15,132 people served in FY21 - 41% decrease in state-funded hospitalizations**
- Inpatient Psychiatric Beds available in all local service areas
  - **21,560 people served in FY21**
- 2022-23 GAA, Article II, HHSC Rider 54: $30M GR appropriated for additional inpatient psychiatric beds
  - $15M for rural areas and $15M for urban areas
Behavioral Health Matching Grants

MENTAL HEALTH GRANT PROGRAM FOR JUSTICE-INVOLVED INDIVIDUALS
FY21: 47,692 served

COMMUNITY MENTAL HEALTH GRANT PROGRAM
FY21: 40,721 served

HEALTHY COMMUNITY COLLABORATIVES
FY21: 33,739 served

TEXAS VETERANS + FAMILY ALLIANCE
FY21: 18,626 served
Local Mental Health Authority (LMHA) Funding

Performance Agreement: Base Allocation

• Distributes federal funds and state general revenue to LMHAs to support services for individuals who are medically indigent
• State general revenue accounts for most of the funding
• Federal funding includes the Mental Health Block Grant and the Social Services Block Grant
• The Legislature also appropriates funds to support specific programs and services, and funds are distributed according to legislative direction
• LMHA location map in Appendix B
LMHA Funding

• Local authorities are required to contribute local match
  ➢ The local match requirement is adjusted based on the per capita income within each local service area
  ➢ Local match may include local funds, program income, and in-kind contributions

• The role of a local authority includes identifying and developing additional resources to support services in the local service area

• Equity is a measure used to compare the base funding a local authority receives in relation to the size of the local service area population
  ➢ Equity is expressed as a per capita rate with a poverty adjustment
Community Private Psychiatric Beds (PPBs)
Community Mental Health Services Wait List - Adults

FY 2021–22 Adult Mental Health Number Served and Waitlist by Month
Budget Execution

**Coordinated Specialty Care (CSC) – $950K Available**
HHSC will utilize an “interest list” of LMHA/LBHAs that have sent proposals for new CSC teams and identify up to 3 expansion sites (~$317k per site).

**Multisystemic Therapy (MST) – $4.7M Available**
HHSC will release an expedited Needs Capacity Assessment (NCA) for existing and new LMHAs to perform MST services. Priority will be given to new locations and both urban and rural applicants will be encouraged (estimated 7-9 MST programs).

**Uvalde Mental Health Needs Assessment – $5M Available**
HHSC will amend an existing contract with Hill Country Mental Health and Developmental Disabilities Center for a needs assessment. The assessment will capture the behavioral health needs of the contiguous Local Mental Health Authorities (LMHAs) supporting the 33 rural counties surrounding the Uvalde area.
Disaster Behavioral Health Services (DBHS) Team

**Staff:** HHSC has seven general revenue-funded DBHS staff available to address the behavioral health community impacts related to disasters

**Types of responses:** Mass shootings, natural disasters, public health emergencies, chemical spills, and terrorist attacks
  • DBHS staff have responded to 15 disasters/criminal incidents since 2017

**Training:** Lead by national expert team members trained in Psychological First Aid, Trauma-Informed Care, Incident Command Structure, and Health and Recovery

**Role:** Interventions that are incident-specific
  • Coordinate with local, state, and federal partners
  • Track activities and fiscal impact
  • Conduct victim needs assessments
In the state’s Incident Command structure, DBHS is responsible for all disaster behavioral health planning, response, and recovery efforts.

- The state’s Disaster District Command created a Behavioral Health Branch within the Operations Section of Incident Command for the Uvalde incident.

As the State Mental Health Authority, HHSC is the qualifying entity for:

- Federal Substance Abuse and Mental Health Services Administration emergency response grants, and
- Federal Emergency Management Administration crisis counseling grants.
Available Behavioral Health Resources in Disasters

39 Local Mental and Behavioral Health Authorities (LMHAs/LBHAs)
• Key in recovery efforts and provide immediate, on-the-ground behavioral health support
• 24/7 call centers for victims and members of the community
• Counselling, debriefing, referral, consultation, and relief support

Critical Incident Stress Management Teams (CISM)
• State-wide teams that provide:
  ▸ On-the-ground support to first responders
  ▸ Debriefing and counselling support to return first responders faster and healthier
Uvalde School Shooting: DBHS Response Efforts

- Deployed staff within 24 hours of shooting
- Coordinated with state and local leadership, emergency response units, and law enforcement on response efforts
- Conducted a community behavioral health needs assessment to gauge the level of need and the types of assets/resources available
- Coordinated local CISM Network teams to provide mental health crisis intervention and peer support in the field and at the CISM command post
- Submitted State of Texas Assistance Requests for Behavioral Health and CISM teams to provide behavioral health support for Hill Country Mental Health and Developmental Disabilities (MHDD) LMHA and first responders
Uvalde School Shooting: DBHS Recovery Efforts

- Coordinating with the Texas Children Mental Health Care Consortium to provide support to both Hill Country MHDD and the Uvalde Federally Qualified Healthcare Center
- Facilitating Behavioral Health Coordinated Recovery Stakeholder Meetings to build a long-term recovery program
- Identifying resources and long-term service provision for the community, schools, and first responders
- Mitigating duplication of effort
- Coordinating with the statewide network of LMHAs/LBHAs to provide staff respite and continuity of operations for Hill Country MHDD Centers
- Coordinating with the Family Resiliency Center, Bill Blackwood Law Enforcement Management Institute of Texas, Texas A&M Engineering Extension Services, and Meadows Mental Health Policy Institute to identify resources and long-term providers for first responders