



# Home Telemonitoring

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**TEXAS**  
Health and Human  
Services

# Home Telemonitoring Background

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- Home telemonitoring is scheduled remote monitoring and transmission of a patient's health data to a hospital or home health agency.
- Home telemonitoring was implemented in Texas Medicaid on October 1, 2013, for clients diagnosed with diabetes and/or hypertension.
- Services were expanded in October 2020 for children with specific conditions.
- Other conditions listed in Texas Government Code were not determined to be cost-effective and feasible at time of implementation.



# House Bill 4

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- House Bill 4, 87<sup>th</sup> Legislative Session, directs HHSC to allow Medicaid managed care organizations (MCOs) to reimburse for additional home telemonitoring services if clinically effective and cost-effective.
- Per federal requirements, HHSC would need to make this change uniformly across the program. Services cannot vary by MCO.
- HHSC continues to analyze cost effectiveness of expanding telemonitoring to additional conditions.



# Telemonitoring Utilization

SFY	Clients	Approximate All Funds Amount Paid in Millions
2014	1,506	\$ 0.9
2015	2,495	\$ 1.9
2016	2,763	\$ 4.0
2017	6,091	\$ 11.7
2018	9,760	\$ 23.2
2019	11,984	\$ 29.9
2020	18,268	\$ 36.0
2021	19,404	\$ 32.5





# Telemonitoring Cost Impacts

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- HHSC contracted with Texas A&M to study cost impacts of teleservices from 2012-2018.
- Key information was included in the Telemedicine, Telehealth, and Home Telemonitoring Services in Texas Medicaid 2020 report.
- While the study had limitations, it showed that there are savings in some areas, but costs in others, with an overall increase in costs for clients receiving telemonitoring services.

