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Preadmission Screening and Resident Review (PASRR) Process for Individuals with Mental Illness

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Session Objectives

At the conclusion of this session participants will gain an understanding of:

- PASRR;
- PASRR Evaluation;
- Mental Illness and PASRR; and
- Local Mental Health Authorities (LMHA) and Local Behavioral Health Authorities (LBHA) New PASRR Responsibilities



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History and Compliance

- PASRR was created in 1987 as part of the Omnibus Budget Reconciliation Act.
- PASRR is a federally mandated program that requires all states to pre-screen all individuals, regardless of payor source or age, seeking admission to a Medicaid certified nursing facility.



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History and Compliance Cont'd

PASRR has three goals:

- To identify individuals with Mental Illness (MI), Intellectual Disability (ID) or Developmental Disability (DD)/Related Conditions (RC).
- To ensure appropriate placement, whether in the community or in a Nursing Facility (NF).
- To ensure individuals receive the needed services for their MI, ID or DD/RC.



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Examples of MI

Examples of MI diagnoses are:

- Schizophrenia
- Mood Disorder (Bipolar Disorder, Major Depressive Disorder or other mood disorder)
- Paranoid Disorder
- Severe Anxiety Disorder
- Schizoaffective Disorder
- Post Traumatic Stress Syndrome



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What is Not an MI

What is not considered an MI:

- Neurocognitive Disorders, such as Alzheimer's disease, other types of dementia, Parkinson's disease, and Huntington's, are not indicative of a mental illness. (DSM-5)
- Depression, unless diagnosed as Major Depression, is not defined as an MI.
- Anxiety, unless diagnosed as severe anxiety disorder, is not defined as an MI.

Note: *DSM-5 = Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*



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What is Not an MI

Additional Guidance

- Psychological changes that are co-occurring with dementia that may be confused with MI:
 - ▶ Personality Changes
 - ▶ Depression
 - ▶ Anxiety
 - ▶ Inappropriate Behavior
 - ▶ Paranoia
 - ▶ Agitation
 - ▶ Hallucinations

Note: Unless an individual has an MI before a diagnosis of dementia, these changes are caused by their dementia.



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What is a PASRR Evaluation?

- Completed by the local intellectual and developmental disability authority (LIDDA), local mental health authority (LMHA) or local behavioral health authority (LBHA) to confirm or deny the suspicion of MI, ID or DD/RC.
- Face to face evaluation of the person with a positive PASRR Level 1 (PL1) screening form who is suspected of having a MI, I, or DD/RC.



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What is a PASRR Evaluation?

- The following are used to complete the PASRR Evaluation (PE):
 - ▶ Review of medical records and any statewide historical records that are available;
 - ▶ Interviews with the person and/or legally authorized representative (LAR); and
 - ▶ Interviews with NF staff.



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What is a PASRR Evaluation?

If the PE is positive:

- The person's need for care in an NF is assessed.
- Specialized services are recommended to improve or maintain the person's level of functioning.
- Alternate placement options are identified.



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Adult Needs and Strengths Assessment (ANSA)

- The ANSA is the Texas uniform assessment tool approved for adult mental health service.
- The LMHA or LBHA must conduct an ANSA to determine which level of care the person who is PASRR positive for MI will receive once the person and/or their LAR have agreed to accept MI specialized services.



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Person-Centered Recovery Plan (PCRP)

The PCRP identifies the services and supports that are needed to:

- Meet the person with MI's needs;
- Achieve the desired outcomes; and
- Maximize the person with MI's ability to live successfully in the most integrated setting possible.

The PCRP must be completed for all persons who are PASRR positive for MI and accept MI specialized services.



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PASRR Evaluation – Section C (1 of 3)

- **Determination for PASRR Eligibility (MI)**
 - ▶ C0100 - Primary Diagnosis of Dementia
 - ▶ C0200 - Severe Dementia Symptoms
 - ▶ C0300 - Mental Illness
 - ▶ C0400 - Functional Limitation

*Note: C0300 and C0400 must have something other than **None of the Above Apply** for an individual to be PASRR Positive for MI.*



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PASRR Evaluation – Section C (2 of 3)

- **Recent Occurrences**
 - ▶ C0500 – Inpatient psychiatric treatment
 - ▶ C0600 – Disruption to normal living situation
 - ▶ C0700 – Intervention by law enforcement
 - ▶ C0800 – Based on assessment, does this individual meet the PASRR definition of mental illness

Note: The responses to C0500-C0700 determine if C0800 is Yes or No.



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PASRR Evaluation – Section C (3 of 3)

Specialized Services Determination/Recommendation

- C0900 - Does this individual need assistance in any of the following areas?
 - ▶ Recommend ANSA and PCRCP by checking C0900L.Other and completing C1000M.Other Area
- C01000 – Recommended Services Provided/Coordinated by LMHA or LBHA



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Texas Resiliency and Recovery (TRR)

Individuals with a positive PASRR Evaluation for MI are eligible for all TRR services.

- **TRR** is a term to describe the service delivery system in Texas for community mental health services.
- This is a person-centered system that fosters hope, resilience, and recovery.
- TRR utilizes evidence-based practices based on the person's needs and strengths falling in a continuum of care.



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MI PASRR Specialized Services

MI Specialized services available to a person who is PASRR positive for MI include, but are not limited to:

- Skills Training and Development
- Medication Training and Support Services
- Psychosocial Rehabilitation Services
- Routine Case Management
- Psychiatric Diagnostic Interview Exam
- Crisis Intervention Services



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Interdisciplinary Team Meeting for those with MI

At the initial interdisciplinary team (IDT) meeting, the LMHA or LBHA must:

- Review the MI specialized services recommended on the PE;
- Explain the ANSA;
- Ensure the person with MI or LAR understands the purpose of the ANSA; and
- Have the person with MI or LAR agree or decline to receive an ANSA and MI specialized services.



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Refusals of MI specialized Services (1 of 2)

If a person or their LAR refuse MI specialized services at the Initial IDT, the LMHA or LBHA must:

- Complete the “Refusal of PASRR MI Specialized Services” Form 1041.
- Conduct follow up visits every 30 days for 90 days.
- The 90 day follow up visit will be held as the first MI Quarterly meeting.
- Document results of each follow-up visit on the PCSP form as an LA Update meeting.



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Refusals of MI specialized Services (2 of 2)

If the person or LAR continue to refuse MI specialized services at the first MI Quarterly meeting, the LMHA/LBHA:

- Will not be required to hold subsequent MI Quarterly meetings.
- Will still be required to attend annual IDT meetings.



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New MI PASRR Requirements

The following slides will review the new MI PASRR requirements and timelines to be followed after the Initial IDT meeting is held as per the updated Texas Administrative Code PASRR Rule:

26 TAC, Part 1, Chapter 303,
Subchapter I



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LMHA/LBHA Responsibilities After the Initial IDT (1 of 3)

If the person or LAR agrees to services, within 20 business days after the IDT meeting, the LMHA or LBHA must:

- Complete the ANSA;
- Develop the PCRCP;
- Convene a LA Update meeting to:
 - ▶ Discuss the results of the ANSA and PCRCP; and
 - ▶ Determine the MI specialized services the person will receive.



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LMHA/LBHA Responsibilities After the Initial IDT (2 of 3)

- Include the following attendees in the meeting:
 - ▶ Qualified Mental Health Provider – Community Services (QMHP-CS) who completed the ANSA and PCRCP;
 - ▶ The person or their LAR (if any) or both; and
 - ▶ A NF staff person familiar with the person with MI.
- Document the meeting as an LA Update meeting on the PCSP.
- Initiate MI specialized services.



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LMHA/LBHA Responsibilities After the Initial IDT (3 of 3)

Within 10 days of the LA Update meeting to discuss the ANSA and PCRPs:

- The LMHA/LBHA must provide the NF a copy of the ANSA and PCRPs to be included in the person's comprehensive care plan.



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MI Quarterly Meetings (1 of 4)

MI Quarterly meeting must be convened starting three months after the IDT meeting to:

- Review the PCRCP to determine if the current MI specialized services remain relevant; and
- Determine if the current ANSA accurately reflects the person's need for MI specialized services in the identified frequency, amount and duration, or if an updated ANSA needed.

Note: The results of these meetings are to be entered on the PCSP form as a Quarterly Meeting.



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MI Quarterly Meetings (2 of 4)

MI quarterly meetings are attended by the MI specialized services team which includes:

- Person with MI and/or their LAR;
- QMHP-CS assigned to the person;
- Representative of the LMHA or LBHA providing MI specialized services;
- NF staff person familiar with the person with MI's needs;
- Medicaid managed care organization (MCO) service coordinator if person with MI does not object;



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MI Quarterly Meetings (3 of 4)

MI specialized services team members continued:

- A concerned individual whose inclusion is requested by the person or the LAR; and
- If the resident is transitioning to the community:
 - ▶ A representative from the community program provider; and
 - ▶ A relocation specialist.



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MI Quarterly Meetings (4 of 4)

- If there is a resident review or Change of Ownership (CHOW), requiring a new PE, the new Initial IDT meeting will re-set the MI Quarterly meeting schedule.
- LMHA/LBHAs must not record quarterly meetings on the same date as the NFs Initial or Annual IDT meeting. The IDT meeting will serve as the MI Quarterly meeting and will be documented on the PCSP form as an IDT meeting by the NF.



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MI Specialized Services Team (1 of 4)

- An MI specialized services team member may ask the QMHP-CS to convene a meeting at any time to discuss whether a person's PCRPs need to be revised to:
 - ▶ Add a new MI specialized service
 - ▶ Change frequency, amount or duration of existing MI specialized service



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MI Specialized Services Team (2 of 4)

- The QMHP-CS must convene a meeting within seven calendar days after learning of the need to revise the resident with MI's PCRPs.

Note: If this meeting is not held when a MI Quarterly is due, then it will be documented as an LA update meeting on the PCRPs.



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MI Specialized Services Team (3 of 4)

If the MI specialized services team agrees to add a new MI specialized service to the PCRCP or determines an updated uniform assessment is required, a QMHP-CS must:

- Within seven calendar days after the meeting is held, update the uniform assessment and provide it to the MI specialized services team.
- Document revisions on the PCRCP within five calendar days after a team meeting.



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MI Specialized Services Team

(4 of 4)

- Within ten calendar days after the PCRCP is updated or renewed, the QMHP-CS must send each member of the MI specialized services team a copy of the revised PCRCP.
- The LMHA or LBHA must begin delivering all MI specialized services in accordance with the PCRCP within five calendar business days after the MI specialized services team meeting.



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MI PASRR Handbook for LMHA/LBHAs

The link to the MI PASRR Handbook for LMHAs and LBHAs is included in your “MI PASRR Resource List” handout. We recommend that you review this handbook that includes:

- Timelines that need to be followed to be in compliance for the PASRR process;
- Meetings LMHA/LBHAs are required to attend and schedule;
- How to complete a PE for someone suspected of having an MI;
- The process to follow to admit a person who is PASRR positive for MI into services; and
- Provision of MI specialized services.



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HHSC PASRR Contact Information

For questions regarding PASRR,
please email:

PASRR.Support@hhsc.state.tx.us



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PASRR Mailbox Support Tips (1 of 2)

When sending an email to the PASRR mailbox, please keep in mind the following:

- Include as much detail as possible
- Send the DLN of the PASRR form(s) rather than names, SSN, etc.
- Do not send an encrypted email – send the DLN so there is no need for an encrypted email.
- Include your contact information.
- Do not copy other HHSC staff, mailboxes, or other staff on your email.



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PASRR Mailbox Support Tips (2 of 2)

- Do not send duplicative emails.
- If your question is about an error message or an error code you have received, include a screen shot.
- If you are having a TMHP LTC online portal issue, call TMHP first. Only contact the PASRR Unit if they are unable to assist you and include in the email: the date, time, name of person you talked to and the case number TMHP assigned you.

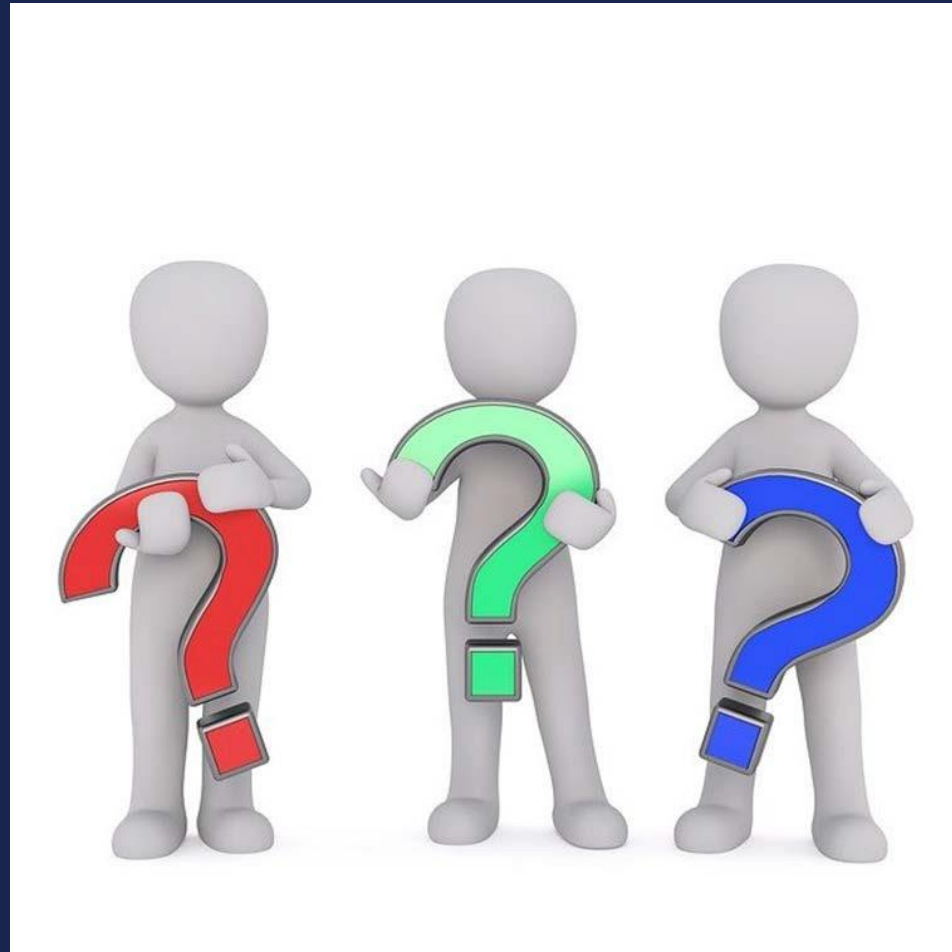


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Questions



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Thank you

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