

All Texas Access Report

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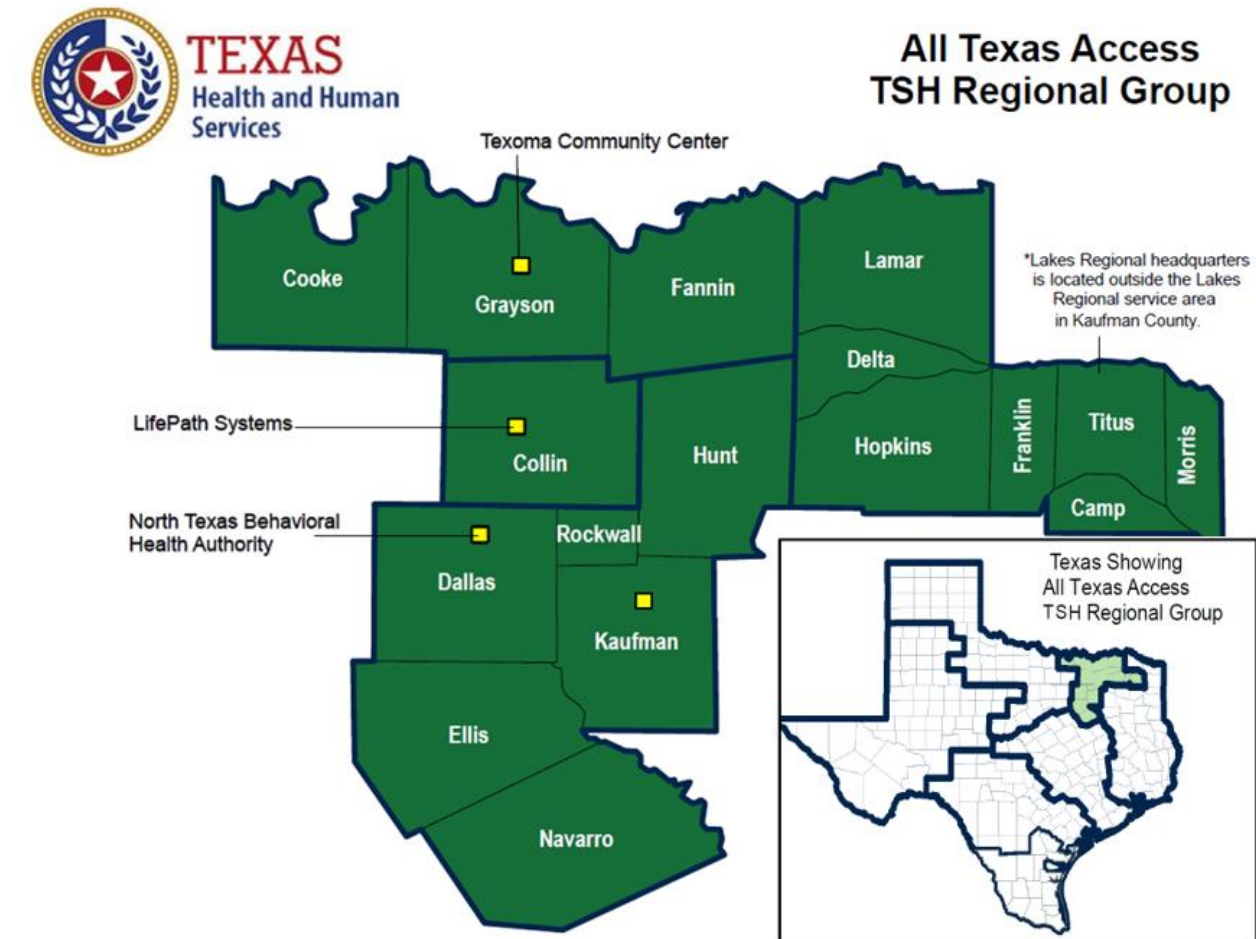
**Texas Health and Human Services
December 2023**



TEXAS
Health and Human
Services

All Texas Access TSH Regional Group

Figure 40. Map of All Texas Access Terrell State Hospital (TSH) Regional Group^{xxxiii}



Participating LMHAs and LBHAs

- Lakes Regional Community Center
- North Texas Behavioral Health Authority
- Texoma Community Center

LifePath Systems participates in this group as an ex-officio member.

All Texas Access TSH Regional Group Plan

Jail Diversion and Community Integration

Lakes Regional Community Center: Jail Collaboration Study

Lakes Regional is currently in the process of implementing a root cause analysis with a county jail, local governments and Texas A&M Commerce students to understand how a person experiencing a mental health crisis might get arrested and address the costs associated with these incarcerations. Franklin County has purchased an electronic medical record database to help improve the organization and storage of records. Lakes Regional Community Center will continue the study with Franklin County to gather representative data of all incarcerations so that analysis can be completed, and county needs identified.

North Texas Behavioral Health Authority: Dropoff Center

Through Mental Health Block Grant funding from HHSC, North Texas Behavioral Health Authority (NTBHA) is enhancing the Kaufman County Bridge facility by creating drop-off capacity. This enhancement will enable NTBHA to care for people who do not meet criteria for emergency detention from law enforcement and help connect people with housing resources and community supports.

NTBHA has developed a plan to make modifications to the back of the building as well as the interior to facilitate more through-traffic and offer a safe and comfortable space. This project is in its pre-opening phase and the community is starting to use the resource. This calendar year NTHBA served 57 people through the drop off service and will officially begin operations in fiscal year 2024.

Texoma Community Center: Co-Response Model

Texoma Community Center created a co-responder program funded by HHSC through the Mental Health Block Grant and will soon be hiring and training staff for this program. This program partners Texoma Community Center staff with law enforcement, enabling people in crisis to be screened quickly. This also allows staff to help law enforcement determine how to best respond to people experiencing a behavioral health crisis. Texoma Community Center staff are officing in the new Sherman Police Department facility. The Texoma Community Center and Sherman Police Department meet regularly to refine the co-responder operational processes which will begin in Fall 2024.

Judicial Collaborations

In January 2023, Lakes Regional Community Center staff and community stakeholders met with 8th District Judge Eddie Northcutt, who serves Hopkins, Delta and Franklin counties. The focus of the meeting was competency restoration in Hopkins County. Lakes Regional is collaborating with Hopkins County to develop a drug court program. In addition, Hopkins County obtained designation as a Specialty Court as of February 2023. Lakes Regional is working together with the courts to model the program after successful drug courts in Titus and Fannin counties which are also served by Lakes Regional Community Center.

NTBHA had a SIM mapping which has created ongoing conversation regarding JBCR. NTBHA also has provided a mental health coordinator which supports several courts and the community with behavioral health cases.

Texoma Community Center leadership staff meet with judicial and law enforcement entities several times a month in Grayson County and are initiating additional meetings in Cooke and Fannin Counties. Texoma Community Center staff participated in two SIM mapping processes for targeting interventions with justice-involved individuals. A JBCR program is in the planning stage, this program is intended to restore people in the jails to competency.

Continuity of Care

Increase Alternative Competency Restoration

NTBHA is in the planning stage for OCR and JBCR programs. With support of local stakeholders, a location has been identified. The next step is a planning meeting with the courts and attorneys over processes and program design.

Texoma Community Center has tripled the size of the forensic program through the Mental Health Grant for Justice-Involved Individuals, increased Texas Correctional Office on Offenders with Medical or Mental Impairment services and is adding JBCR. Texoma has also started providing psychiatric services in the local jails, reducing the wait time for medications from eight months to 30 days.

Establish Step-Down Services through Assisted Living Facilities

Step-down services are important because they can help people transition from an extended stay at an inpatient facility back into the community by providing

additional structure and support. Step-down services may also reduce the likelihood of readmission for people leaving inpatient facilities.

Texoma Community Center provides step-down services, including assistance locating residential placements for people in assisted living facilities such as Exbury Garden in Grayson County.

Person in Service

Lakes Regional Community Center is using a SAMHSA grant to develop two youth-focused programs: substance use for adolescents in Hunt County and Mobile Response and Stabilization Services in Lamar County. These programs and locations were chosen based on community needs and the support of local stakeholders.

Increase Access to Housing

In 2022 the LMHAs and LBHAs in the TSH Regional Group mentioned a variety of ways that they are seeking to address challenges with housing. Housing prices have risen significantly since the COVID-19 pandemic, making it more challenging for them to work with people who need housing.

Lakes Regional Community Center participates in training opportunities related to housing and employment services and actively participates in local initiatives in the communities it serves. Lakes Regional staff served on a panel discussion for a recent Rural Mental Health Summit hosted by Texas A&M Commerce Counseling Center. The summit was aimed at bringing together various community partners to have a space to discuss multiple issues, such as housing and employment, in relation to rural mental health.

NTBHA hosted SIM mappings in Hunt, Navarro and Kaufman counties which included a component focused on housing. As a result of the SIM mappings, NTBHA participates in regular homelessness working groups in Hunt and Kaufman counties. In Hunt County, NTHBA participates in the coalition conducting a fundraiser to support FISH Ministries, a local service provider. In Kaufman County, the action committee is focused on creating a housing location in the community and conducting public awareness about the need to support unhoused people.

Texoma Community Center aids with both housing and employment as part of their outpatient services. Texoma has also initiated plans for sober living assistance.

Texoma Community Center staff coordinate regularly with Goodwill Industries of Grayson County to find employment for people in the forensic program.

Connect with Faith and Mission-based Organizations

The faith-based community within the All Texas Access TSH Region has a strong local presence. This regional group has worked to increase connectivity between the LMHAs or LBHAs and faith-based organizations and groups.

Lakes Regional Community Center staff have established relationships with faith and mission-based organizations. In Hunt County there is a mission-based organization, Fishers of Men, which provides hot meals during the LMHA's peer-led coffee house through an MOU.

NTBHA helped bring faith communities to each of the SIM mappings. NTHBA also works with service-focused organizations such as FISH Ministries and maintains ongoing collaboration with other faith-based communities.

Texoma Community Center works closely with several area churches and faith-based organizations to provide resources to people, including housing, transportation and food. The LMHA maintains an MOU with Four Rivers Behavioral Health, which provides faith-based treatment and temporary residence for people with substance use disorders. Texoma Community Center is also working closely with House of Hope, another faith-based facility for stabilizing people in the community.

Texas Certified Community Behavioral Health Clinics & Integrated Health Care

Lakes Regional continues efforts to provide integrated medical and behavioral health services beyond screenings and assessments. Lakes Regional is working towards a partnership with the University of Texas at Tyler Health Science Center that will allow psychiatric residents to gain experience delivering psychiatric services in a community mental health setting. Lakes Regional is hopeful this collaboration could also allow some residents or nurse practitioners the chance to provide primary health care services for people in Lakes Regional services.

Lakes Regional participates in a rural county collaborative in Morris and Franklin counties and has met with local FQHCs in Hunt and Titus counties. The LMHA has also established a relationship with a community-based nonprofit organization that provides primary care medical services to Rockwall County and surrounding areas.

NTBHA has local care coordinators specifically assigned to assist residents in each county of their catchment area. In addition to helping people get their identification cards and other critical documents, these staff connect people to Carevide (a local non-profit health center), other FQHCs, benefits specialists and other indigent health care resources. NTBHA's contracted providers provide integrated health screenings and services.

Texoma Community Center has a fully integrated medical and behavioral health team co-located in their largest facility. One key component of their successful integration has been the shared electronic health records system that facilitates communication, tracking and care coordination. Between February 2022 and February 2023, TCC's Integrated Health Care Team served 563 unique clients with 1,974 services and created a coordinated "medical home" for these people where all medical and behavioral health needs can be met in a holistic, coordinated way.

Estimates: Number of Inpatient and Outpatient Beds

Each rural-serving LMHA or LBHA in the regional group submitted information about the outpatient and inpatient beds currently available to them and projected changes over the next two years. LMHAs and LBHAs also reported how many beds they need to adequately serve their community. Refer to the [All Texas Access Implementation](#) section of the report for additional explanation of the chart below.

Figure 41. All Texas Access TSH Regional Group Bed Capacity

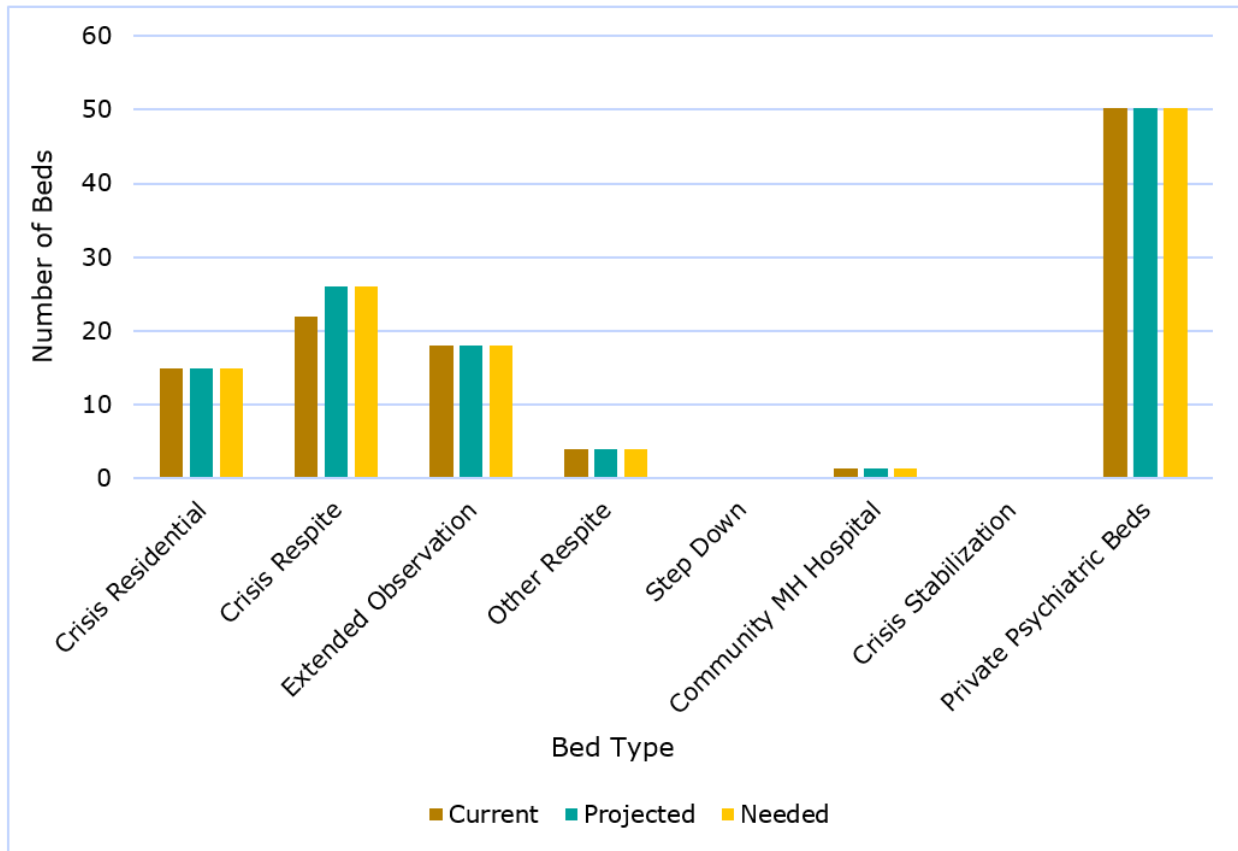


Table 31. All Texas Access TSH Regional Group Bed Capacity

	Current Number of Beds	Number of Beds Projected in Two Years	Number of Beds Needed in Two Years
Crisis Residential	15	15	15
Crisis Respite	22	26	26
Extended Observation	18	18	18
Other Respite	4	4	4
Step Down	0	0	0
Community MH Hospital	1.3	1.3	1.3
Crisis Stabilization	0	0	0
Private Psychiatric Beds	50.2	50.2	50.2