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Healthy Texas Women 1115 Demonstration

Post Award Forum - May 14, 2024

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Agenda

- Demonstration Overview
- Goals of the Demonstration
- HTW Extension Request
- Amendments Update
- Program Updates
- Evaluation Design
- Additional Information
- Public Comment



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Demonstration Overview

HTW Demonstration

Overview (1 of 2)

The HTW program is dedicated to:

- Offering family planning and primary health care services at no cost to eligible Texas women.
- Enhancing women's health care services by increasing access to and participation in the HTW program.
- Provide free health and family planning services to low-income women ages 15 to 44 who qualify.
 - 15 to 17 year-old women are not part of the HTW demonstration.



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HTW Demonstration Overview

(2 of 2)

HTW Services:

- Pregnancy testing
- Pelvic exams
- Sexually transmitted infection services
- Breast and cervical cancer screenings
- Clinical breast examination
- Mammograms
- Screening and treatment for cholesterol, diabetes, high blood pressure
- HIV screening
- Contraceptives



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Goals of the Demonstration

Goals of the Demonstration (1 of 2)

The goals and objectives of HTW demonstration are to:

- Increase access to women's health and family planning services to avert unintended pregnancies, positively affect the outcome of future pregnancies, and positively impact the health and well-being of women and their families.
- Increase access to preventive health care, including screening and treatment for hypertension, diabetes and high cholesterol; to positively impact maternal health; and reduce maternal mortality.
- Increase access to women's breast and cervical cancer services to promote early cancer detection.



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Goals of the Demonstration (2 of 2)

The goals and objectives of the HTW demonstration are to:

- Implement the state policy to favor childbirth and family planning services that do not include elective abortions or the promotion of elective abortions within the continuum of care or services and to avoid the direct or indirect use of state funds to promote or support elective abortions.
- Reduce the overall cost of publicly funded health care (including federally funded health care) by providing low-income Texans access to safe, effective services consistent with these goals.



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HTW Extension

HTW Demonstration Extension



**Extend
Healthy
Texas
Women
through
December
2029**

- HHSC requested a 5-year extension of the HTW demonstration, for the period of January 1, 2025, through December 31, 2029.
- The public notice of intent for the extension was published in the *Texas Register* on February 9, 2024.
- HHSC submitted the HTW demonstration extension request to the Centers for Medicare and Medicaid Services (CMS) on March 28, 2024.



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Proposed Changes (1 of 4)



Transition Healthy Texas Women to Managed Care Model

- HHSC is implementing House Bill (H.B.) 133, which requires HHSC seek federal approval to transition HTW to a managed care model.
- HHSC is seeking federal approval to transition to a managed care model through the HTW demonstration extension application.
- Transitioning HTW into managed care will improve continuity of care across a woman's life cycle, increase access to preventive health care, contraceptives and screenings for cancer, sexually transmitted infections, and chronic conditions.

Proposed Changes (2 of 4)



Transition Healthy Texas Women to Managed Care Model

- Contract with Medicaid managed care organizations (MCOs) to provide HTW program services.
- HTW is included in the STAR and CHIP Procurement:
 - RFP Posted: December 2022
 - Estimated Notice of Award:
 - Quarter 1 (Q1) Fiscal Year (FY) 2025
 - Anticipated Start of Operations:
 - Q1 FY2026

Proposed Changes (3 of 4)

Transitioning the delivery of HTW services to a managed care model will further the following goals of the demonstration:

- Reducing the overall cost of publicly funded health care, including federally funded health care, and providing Texas women access to safe, effective services.
- Increasing access to and utilization of preventive health care, breast and cervical cancer services, and critical health services.



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Proposed Changes (4 of 4)

Transitioning the delivery of HTW services to a managed care model will further the following goals of the demonstration:

- Improving the health of women in the HTW demonstration by incorporating core features of Medicaid managed care programs into the HTW demonstration, such as the establishment of primary care provider, person-centered service coordination, and value-added services.
- Increasing access to women's health and family planning services by enhancing continuity of care for women transitioning among Texas' managed care programs – STAR, CHIP, and HTW throughout a woman's lifecycle.



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Amendments Update

Amendments Update:

Senate Bill (S.B.) 750 (1 of 2)



HTW Plus Amendment

In accordance with S.B. 750, 86th Legislature, Regular Session, 2019, HHSC submitted a request to CMS, seeking to amend the HTW 1115 Demonstration to add an enhanced, cost-effective, and limited postpartum care services package.



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Amendments Update:

S.B. 750 (2 of 2)



HTW Plus Amendment

- The enhanced postpartum care services package, called HTW Plus, was initially implemented using state funds on September 1, 2020.
- HHSC submitted a demonstration amendment to CMS seeking federal matching funds in December 2020 with a requested approval date by April 2021.
- The amendment is pending with CMS.

Amendments Update: HTW COVID-19 Amendment



HTW COVID Amendment

- Requested adding COVID-19 testing as a benefit, as well as services for specimen collection, viral testing, antibody testing, and telephonic visits.
- Submitted to CMS on July 15, 2020.
- The amendment was approved by CMS on September 15, 2023.



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Program Updates

Program Updates (1 of 2)

Outreach activities:

- The HTW client fact sheet was updated to include a QR code to provide the program eligibility requirements located on: www.HealthyTexasWomen.Org
- This fact sheet can be found on the HTW website <https://www.healthytexaswomen.org/provider-resources/program-fact-sheets-and-material> and print copies may be ordered on Pinnacle at: <https://hhsc.mypinnaclecart.com/healthy-texas-women/>
- The HTW website was updated to include how to access to the HTW public mailbox.



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Program Updates (2 of 2)

HHSC is adopting Texas Administrative Code rule amendments for HTW to:

- Update eligibility and other Medicaid requirements to align with the HTW demonstration.
- Comply with Texas Health & Safety Code.
- Allow more flexibility for how often providers are required to certify HTW provider requirements.
- Update the list of covered and non-covered services to add more specificity.



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External Evaluation

External Evaluation (1 of 3)

Purpose: Examine the state's progress on the goals of the HTW demonstration.

Main components:

- Access to and utilization of covered services.
- Women's health and pregnancy outcomes.
- Effective use of public funds.
- Impact of provider eligibility criteria.



External Evaluation (2 of 3)

Evaluation Design Plan:

- Approved by CMS in December 2021.

External Evaluator:

- Contract with University of Texas Health Science Center at Houston executed in March 2022.

Interim Evaluation Report:

- Submitted to CMS on December 21, 2023.

Summative Evaluation Report:

- Due June 2026.



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External Evaluation (3 of 3)

Proposed Evaluation Changes During the Extension Period:

- Update current study design to evaluate the transition to managed care.
- New evaluation components on:
 - Perceptions of and satisfaction with the transition of HTW services to managed care.
 - Use of value-based payment arrangements.



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Additional Information

- The HTW 1115 Demonstration DY4 2023 Annual Report can be found here:
<https://www.hhs.texas.gov/sites/default/files/documents/htw-annual-monitoring-report-dy4.pdf>
- HHSC will update the HTW 1115 Demonstration web page (<https://www.hhs.texas.gov/regulations/policies-rules/waivers/healthy-texas-women-1115-demonstration>) with information about future waiver amendments and public forums.



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Additional Information (cont'd.)

For more information about Healthy Texas Women Visit:
HealthyTexasWomen.org

Submit an electronic application for HTW at:
YourTexasBenefits.com

To learn about benefits or if you need help with your application,
you may email: **healthytexaswomen@hhsc.state.tx.us**



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Public Comment

HHSC will now take public comments

- Oral comments provided virtually.
- Oral comments provided in-person.



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Thank you

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