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Children's Mental Health Strategic Plan

Diana Busler

Office of Mental Health Coordination, Behavioral Health Services

Texas Health and Human Services Commission

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Overview



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- Required Content
- Subcommittee Membership
- Information Gathering and Activities
- Workgroups and Recommendations
- Timeline

Required Content

The Statewide Behavioral Health Coordinating Council (SBHCC) shall establish a subcommittee to develop a children's behavioral health strategic plan.

The plan shall incorporate the full continuum of care needed to support children and include:

1. Descriptions of who provides what services to which children.
2. Strategies to identify and address gaps in care.
3. Discussion of workforce shortages.
4. Information on funding and reimbursement.
5. Children-specific data and expenditure information.

2024-2025 General Appropriations Act, House Bill 1, 88th Legislature,
Regular Session, 2023 [Article IX, Section 10.04(g)]



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Subcommittee Membership (1 of 2)



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- Texas Pediatric Society
- Children's Hospital Association of Texas
- Texas Hospital Association
- Behavioral Health Executive Council
- National Alliance on Mental Health Texas
- National Training and Technical Assistance Center for Child, Youth, and Family Mental Health
- Texas Family Voice Network
- The University of Texas at Austin – Texas Institute for Excellence in Mental Health
- Texas Council of Community Centers
- Texas Association of Community Health Centers

Subcommittee Membership (2 of 2)



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- Mental Health America of Greater Houston
- Texas Medical Association
- Texas Child Mental Health Care Consortium
- Clarity Child Guidance Center
- My Health My Resources Tarrant County
- Collaborative Taskforce on School Mental Health Services
- Children's Commission
- Texas Alliance for Child and Family Services
- Behavioral Health Advisory Committee – Children and Youth Behavioral Health Subcommittee
- Betty Hardwick Center
- Texas Association of Health Plans
- Centers for Young Minds Youth Council

Information Gathering and Activities

Data and Other Information Sources

- Literature reviews
- Public data sources
- Non-public data sources
- Presentation series
- Youth focus groups

Concurrent Initiatives and Confering

- Children's Behavioral Health Policy Lab
- Study on Mental Health Services for Children and Adolescents
- Department of Family and Protective Services – Behavioral Health Strategy
- Conference:
 - ▶ Hogg Foundation for Mental Health
 - ▶ Meadows Mental Health Policy Institute



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Workgroups and Recommendations (1 of 3)

Governance

- Develop recommendations for statutory changes, rule changes, and, possibly, administrative infrastructure in state offices.

Metrics and Outcomes

- Identify data that is needed for writing the plan to help paint a picture of the issues with behavioral health services and outcomes for this population.
- Develop a process for detailing how the public is going to know that the strategic plan is being implemented and outcomes associated with implementation.



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Workgroups and Recommendations (2 of 3)

Service Array, Financing, and Navigating Access to Care Workgroup

- Develop recommendations for the behavioral health array of services, financing and reimbursement practices, and assistance with navigating and accessing behavioral health services and supports.

Workforce

- Develop recommendations to recruit, retain, and develop a skilled behavioral health workforce to serve children.



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Workgroups and Recommendations (3 of 3)

Youth and Family Voice

- Strengthen youth and family engagement in policy development and service implementation.
- Strengthen youth and family voice from an advisory body or other organizational perspective.
- In concert with the Service Array, Financing, and Navigating Access to Care workgroup, inform resources needed to improve youth and family access to services, in addition to the types of services needed.



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Timeline

When	What
December 1, 2024	Submit the plan to the Legislative Budget Board and Governor's Office.
August – November 2024	Submit draft plan for review, revisions, and approval.
June – July 2024	Complete draft plan.
March – May 2024	Develop goals and recommendations for enhancing the behavioral health care continuum regarding governance, funding, and the service array.
December 2023 – February 2024	Develop a shared understanding of the landscape of behavioral health governance, funding, and the service array.
September – November 2023	Develop and finalize Vision, Mission, and Guiding Principles.



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Questions?



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Thank you

For more information about the strategic plan, contact Diana Busler, Diana.Busler@hhs.texas.gov or mentalhealth_sbhcc@hhs.texas.gov