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Services

In-Lieu-of Services

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Background

- States can allow MCOs to offer medically appropriate, cost-effective in-lieu-of services in place of a covered Medicaid state plan service or setting.
- The in-lieu-of service is voluntary for the MCO to provide and voluntary for the enrollee to use.



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Senate Bill 1177 (86R, 2019)

- SB 1177 (86R, 2019) directed HHSC to amend MCO contracts to allow MCOs to offer medically appropriate, cost-effective services approved by the State Medicaid Managed Care Advisory Committee (SMMCAC) in lieu of mental health or substance use disorder services specified in the Texas Medicaid State Plan.
- HHSC separated the list from SMMCAC into three groups:
 - Phase 1: services in lieu of inpatient services
 - Phase 2: services in lieu of outpatient services
 - Phase 3: services in need of further consideration



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Phase 1 Services

Services in-lieu-of inpatient services

- Partial hospitalization services
- Intensive outpatient program services
- Coordinated specialty care
- Crisis respite services
- Crisis stabilization services
- Extended observation services



Phase 1 Services

- HHSC plans to move forward with implementing:
 - Partial Hospitalization
 - Intensive Outpatient
 - Coordinated Specialty Care (CSC) services
- HHSC will continue to work with CMS to address questions regarding:
 - Crisis respite services
 - Crisis stabilization services
 - Extended observation services



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Phase 1 Services

- Next Steps to Implement Phase 1 Services:
 - Update Uniform Managed Care Manual (UMCM) to:
 - Define In-Lieu-of Services
 - Describe requirements MCOs must follow to ensure voluntary utilization of services by members
 - Outline monitoring requirements
 - Describe MCO reporting requirements
 - HHSC expects updates to be finalized and published by late 2022



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Phase 2 Services

Services in-lieu-of outpatient services

- Cognitive Rehabilitation
- Multisystemic Therapy (MST)
- Functional Family Therapy (FFT)



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Phase 2 Services

- HHSC has determined all Phase 2 proposed services are evidence-based and is reviewing Phase 2 services for cost effectiveness.
- HHSC is also considering FFT for ages 10-18 as a potential Medicaid benefit to be added to the State Plan as a result of a medical benefit topic nomination from a stakeholder.



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Phase 3 Services)

Requires further consideration

- Collaborative Care Model[^]
- Integrated Pain Management Day Program*
- Health & Behavior Assessment & Intervention*
- Systemic, Therapeutic, Assessment, Resources, and Treatment (START)
- Treatment/Therapeutic Foster Care
- Mobile Crisis Outreach Team (MCOT)[#]

[^] Scheduled to be implemented as a State Plan benefit in June 2022

* Current State Plan benefits for ages 0-20

[#] Crisis services provided via a MCOT are covered by Medicaid under the mental health rehabilitation, crisis intervention services.



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Phase 3 Services

- Phase 3 services require additional analysis because:
 - Some only apply to specific populations;
 - Some services contain components already covered under Texas Medicaid;
 - Some need further analysis to determine which state plan services they could be offered in lieu of and confirm assumptions with CMS.
- Phase 3 services will be analyzed after Phase 1 and Phase 2 services are analyzed and implemented, if approved.



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Thank you

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