

ICF/IID RN Delegation Worksheet for 22 TAC Section 225
To be completed by registered nurse and attached to comprehensive assessment.
(Example Form)

Individual	Date
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Black Box indicates that selection is not available per 22 TAC §225 for stable and predictable conditions.
(Some things **may** be eligible for delegation in 22 TAC §224 for Acute Conditions, however this worksheet only addresses §225.)

Nursing Tasks. Require professional judgment and may not be performed by anyone other than a licensed nurse.

Delegated Task. An authorized nursing service not requiring professional nursing judgment provided by unlicensed personnel who are taught and monitored by an RN. [§225.4(6)]. This can include ADLs and HMAs the RN has assessed to be complex in nature. See Delegation Criteria at §225.9, §225.10 for stable and predictable conditions as defined in §225.4(11).

Health Maintenance Activity (HMA). Administering oral medications that are normally self-administered, including administration through a permanently placed feeding tube with irrigation; bowel and bladder programs, including suppositories, enemas, manual evacuation, intermittent catheterization, digital stimulation associated with a bowel program, tasks related to external stoma care including but not limited to pouch changes, measuring intake and output, and skin care surrounding the stoma area; routine care of a Stage 1 decubitus; and feeding and irrigation through a permanently placed feeding tube inserted in a surgically created orifice or stoma [§225.4(8)].

The HMAs listed above do not require RN delegation in some settings. However, HHS and the Texas Board of Nursing (BON) have agreed that HMAs may not be exempt from delegation in the ICF/IID setting. The need for multiple rotating staff makes delegation of HMAs to an unlicensed person unsafe for the individual. Therefore, HMAs will always require delegation in the ICF/IID setting.

Activity of Daily Living (ADL) – A non-complex activity that an individual may perform as part of a normal daily routine.

Nursing only	Delegated Task	HMA	ADL	Not Applicable	Self-Administration of Medications
					Individual knows how to safely take each medication (what, why) dose, route and time of each medication. The individual is competent to safely self-administer medications independently or independently with ancillary aid provided to the individual in the individual's self-administered medication treatment or regimen, such as reminding an individual to take a medication at the prescribed time, opening and closing a medication container, pouring a predetermined quantity of liquid to be ingested, returning a medication to the proper storing area, and assisting in reordering medications from a pharmacy. §225.1(3).
					Orally (Mark with X if medications are not self-administered.)
					Via gastrostomy or jejunostomy tubes (Mark with an X if medications are not self-administered.)
					Sublingually
					Topically
					Drops for eye, ears, nose; spray for nose
					Suppositories, rectal or vaginal (Mark with an X if suppository is part of a bowel program.)
					Oxygen administration for non-acute maintenance
					Inhalation agents
					From a pill reminder box (must be able to identify each med.)
					Insulin

Nursing Only	Delegated Task	HMA	ADL	Not Applicable	Administration of Medications
					Administration of Medication to an individual by a paid unlicensed person(s) to ensure that medications are received safely. Administration of Medications includes removal of an individual/unit dose from a previously dispensed, properly labeled container; verifying it with the medication order; giving the correct medication and the correct dose to the proper individual at the proper time by the proper route; and accurately recording the time and dose given. §225.4(2).
					Orally (Mark with an X if meds are self-administered.)
					Via gastrostomy or jejunostomy tubes (Mark with an X if meds are self-administered.)
					Sublingually
					Topically
					Drops for eye, ears, nose; spray for nose
					Suppositories, rectal or vaginal
					Rectal suppositories as part of a bowel program
					Inhalation agents for routine maintenance and prophylaxis
					Inhalation agents for other than routine maintenance
					Oxygen administration for non-acute maintenance
					Insulin,- refer to §225.11 for specific requirements
					From a pill reminder box, refer to §225.11 for specific requirements

