

# What is the Kidney Health Care Program?



**We are a statewide program that helps ease medical expenses for many Texas residents with End Stage Renal Disease.**

KHC can help you with the expenses for medical treatments such as access surgery and dialysis treatments, allowable medications, travel to transplant or dialysis services, and assistance with Medicare Part D drug premiums.

## What is Kidney End Stage Renal Disease?

End Stage Renal Disease happens when your kidneys can no longer filter waste and excess fluid from your blood. ESRD is a permanent and irreversible disease requiring renal replacement therapy, such as renal dialysis or a kidney transplant.

## How Can I find Services?

You might be eligible if you're a Texas resident, have an annual gross income less than \$60,000 a year, have a diagnosis of ESRD, receive regular dialysis treatments or have had a kidney transplant, and are not eligible for Texas Medicaid benefits. For additional eligibility requirements and instructions on how to apply, visit [hhs.texas.gov/services/health/kidney-health-care](https://hhs.texas.gov/services/health/kidney-health-care).

To apply, you must first visit a KHC-participating outpatient dialysis facility or hospital. You can find a local participant by calling the KHC Program at **800-222-3986**. A participating facility social worker will meet with you to assist you in completing an application to the KHC Program.

### Contact Us:

Our staff can answer questions about your application and benefits, and help you find a provider.

#### Texas Health and Human Services Commission

[hhs.texas.gov/services/health/kidney-health-care](https://hhs.texas.gov/services/health/kidney-health-care)  
800-222-3986  
[KHC@hhs.texas.gov](mailto:KHC@hhs.texas.gov)

### Additional Resources:

#### Medicare and ESRD

[medicare.gov/basics/end-stage-renal-disease](https://www.medicare.gov/basics/end-stage-renal-disease)

#### Centers for Disease Control and Prevention

[cdc.gov/kidneydisease](https://www.cdc.gov/kidneydisease)

#### National Institute of Diabetes and Digestive and Kidney Diseases

[niddk.nih.gov](https://www.niddk.nih.gov)

#### The National Kidney Foundation

[kidney.org](https://www.kidney.org)

2-1-1 Texas

[211texas.org](https://www.211texas.org)

