

INVENTORY OF STATE-FUNDED AGING SERVICES AND PROGRAMS

Statewide
Interagency
Aging Services
Coordinating
Council



FISCAL YEAR

2024

Table of Contents

Executive Summary	3
Inventory Overview	4
2024 Inventory of State-Funded Interagency Aging Services and Programs	5
Appendix A: List of Acronyms	27

Executive Summary

[House Bill \(H.B.\) 728](#) of the 88th Legislature, Regular Session, Texas Government Code Chapter 531, Subchapter M-2, sections §531.491-499 created the Statewide Interagency Aging Services Coordinating Council (SIASCC) to ensure a strategic statewide approach to interagency aging services. The SIASCC was charged with:

1. Developing and overseeing implementation of the recurring five-year Statewide Interagency Aging Services Strategic Plan.
2. Submitting a Coordinated Statewide Interagency Aging Services Expenditure Proposal biannually.
3. Publishing an updated inventory of state-funded interagency aging programs and services annually.

The *2024 Inventory of State-Funded Interagency Aging Services and Programs* was developed to meet the requirements in Texas Government Code §531.497(2).

Inventory Overview

This inventory includes state-funded aging services and programs as reported by SIASCC member agencies. SIASCC member agencies that reported state-funded aging services and programs include:

- [Texas Veterans Commission](#) (TVC)
- [Department of State Health Services](#) (DSHS)
- [Health and Human Services Commission](#) (HHSC)¹
- [Texas Workforce Commission](#) (TWC)
- SIASCC member agencies that did not report any state-funded direct aging services or programs include:
- [Office of the Governor](#) (OOG)
- [Office of the Attorney General](#) (OAG)
- [Department of Family and Protective Services](#) (DFPS)
- [University of Texas, Texas Aging and Longevity Consortium](#) (TALC)
- [University of Texas Health Science Center, Barshop Institute on Longevity and Aging Studies](#) (Barshop)²
- [Texas A&M, Center for Community Health and Aging](#) (CCHA)
- [Department of Agriculture](#) (TDA)

¹ HHSC is represented by one voting member Office of Aging Services Coordination (OASC) and six non-voting, ex-officio members including Office of Area Agencies on Aging (OAAA), Office of Aging and Disability Resource Centers (OADRC), State Long-Term Care Ombudsman (SLTCO), Community Care Services Eligibility (CCSE), Long-Term Care Regulation (LTCR), and Medicaid and CHIP Services (MCS). HHSC LTCR did not report any state-funded aging services or programs for inclusion on this inventory. HHSC also included state-funded aging programs and services from the Office of Mental Health Coordination (OMHC), Quality Monitoring Program (QMP), Deaf and Hard of Hearing Services (DHHS), Office of Guardianship Services (OGS), and Behavioral Health Services Cross Division Coordination Officer (BHS CDCO).

² The Barshop Institute does not provide direct services; however, does conduct aging related research that impacts aging services and programs within the state.

2024 Inventory of State-Funded Interagency Aging Services and Programs

Table 1: 2024 Inventory of State-Funded Interagency Aging Services and Programs³

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
TVC	Fund for Veterans Assistance	Nonprofits, local government, and Veterans Service Organizations provide direct services to Texas Veterans and eligible spouses such as financial assistance, mental health, and home modifications	<ul style="list-style-type: none"> • Must be a veteran, spouse, or surviving spouse. • Housing Improvements require clients to be 80% below Area Median Income. 	N/A	N/A	Grant-Funded Services Directory Archives * Texas Veterans Commission

³ Aging services and programs listed in the state-funded aging services and programs inventory may have an interest list.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
TVC	Veterans Mental Health Department (VMHD) ⁴	Ensures access to competent mental health services for service members, veterans, and their families (including those aged 60 and older) by providing training, certification, and technical assistance across Texas. ⁵	<ul style="list-style-type: none"> • Must be a service member, veteran, or family member.⁶ 	vmhd@tvc.texas.gov	512-463-6091	HOME - VMHD
DSHS	Alzheimer's Disease Program	Works to engage organizations, agencies, institutions, and individuals to work collaboratively to reduce the impact of Alzheimer's disease and related dementias in Texas and promote the Texas State Plan for Alzheimer's Disease 2024 – 2028.	<ul style="list-style-type: none"> • N/A⁷ 	alzheimers@dshs.texas.gov	800-242-3399	Alzheimer's Disease Texas DSHS
HHSC OASC ⁸	Aging Texas Well	An initiative established in 1998 and formalized in 2005 through Executive Order RP-42 to help Texas plan and prepare for the needs of older adults.	<ul style="list-style-type: none"> • N/A 	AgingTexasWell@hhs.texas.gov	800-889-8595	Aging Texas Well Texas Health and Human Services

⁴ VMHD is made up of the Veteran Suicide Prevention Program, Military Veteran Peer Network, Justice involved Veteran Program, Homeless Veteran program, Provider Training & Rural Veteran Counselor Pilot Program, and the Rural Community & Faith-Based Partnerships.

⁵ VMHD collaborates with partners at the national, state, and local levels to address veteran-specific issues including suicide prevention/intervention/postvention, veteran homelessness, peer support services, military-related traumas (Posttraumatic Stress and Posttraumatic Stress Disorder, Moral Injury, Military Sexual Trauma, Traumatic Brain Injury, etc.), the specific needs of women and rural veterans, and justice-involved veterans.

⁶ Across all programming, VMHD uses the broadest definition of veteran regardless of discharge status, branch of service, or longevity of military service.

⁷ Alzheimer's Disease and Related Dementia mostly impacts older adults, but services from the Alzheimer's Disease Program are not limited to older adults and include information for caregivers and risk reduction strategies for the public.

⁸ HHSC OASC receives state-funds for a portion of OASC staff salaries.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC OASC	Age Well Live Well	An awareness campaign that takes the issues identified by Aging Texas Well and offers positive and practical ways to address issues now.	<ul style="list-style-type: none"> • N/A 	AgeWellLiveWell@hhs.texas.gov	800-889-8595	Age Well Live Well Texas Health and Human Services
HHSC OASC	Texercise	A health promotions initiative that educates and encourages individuals (45 and older) and communities to adopt healthy lifestyle habits such as regular physical activity and good nutrition.	<ul style="list-style-type: none"> • Aged 45 and older 	Texercise@hhs.texas.gov	800-889-8595	Texercise Texas Health and Human Services
HHSC OAAA	Older Americans Act Title III ⁹	The OAAA supports the benefits of Older Americans Act (OAA)- Title III-B-Grants Support Services (93.044), Title III-C Nutrition Services (93.045), and Title III-E National Family Caregiver Support (93.052). The office also supports grants for Title III-D and funds for Nutrition Services Incentive Program (NSIP).	<ul style="list-style-type: none"> • Aged 60 years of age or older. • Family members and informal caregivers of individuals 60 years of age or older are also eligible for services. 	N/A	800-252-9240	Area Agencies on Aging (AAA) Texas Health and Human Services

⁹ Title III long-term services and support are federally funded services. HHSC OAAA receives state funds as part of match requirements and to provide supplemental support for home-delivered meals service.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC OAAA	Housing Supports	To distribute the Housing Bond funds to the AAA Grantees to expand service capacity and help eligible individuals to obtain housing or assistance with residential repair and renovation projects designed to ensure the health and safety, security, and independence of elderly persons.	<ul style="list-style-type: none"> • Aged 60 years of age or older. • Family members and informal caregivers of individuals 60 years of age or older are also eligible for services. 	N/A	800-252-9240	Area Agencies on Aging (AAA) Texas Health and Human Services
HHSC OADRC	Texas Lifespan Respite Care Program	Provides short-term relief for family caregivers caring for older adults, or individuals with disabilities or chronic health conditions. The program offers financial assistance to help caregivers access respite services, which give them a break from caregiving responsibilities. ¹⁰	<ul style="list-style-type: none"> • Caretaker for an older adult or a person with a disability or chronic health condition. 	N/A	855-YES-ADRC (2372)	Aging and Disability Resource Centers Texas Health and Human Services

¹⁰ This program allows caregivers to rest and recharge, improving their well-being and ability to continue providing care. The program serves individuals of all ages, from children to adults, and is designed to support caregivers in maintaining their health while ensuring the person they care for receives quality care.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC OADRC	Money Follows the Person (MFP) Housing Navigator	Under the MFP Housing Navigator program, Aging and Disability Resource Centers (ADRCs) are contracted to promote affordable, accessible, and integrated housing options within their service areas. ¹¹	<ul style="list-style-type: none"> • N/A 	N/A	855-YES-ADRC (2372)	Aging and Disability Resource Centers Texas Health and Human Services
HHSC OADRC	MFP Local Contact Agency	ADRCs provide transition planning and person-centered options counseling to non-Medicaid residents in nursing facilities, rehabilitation centers, hospitals and other institutions who need assistance transitioning into community living.	<ul style="list-style-type: none"> • Must be a non-Medicaid resident in a nursing facility, rehabilitation center, hospital or other institution who needs assistance transitioning to community living. 	N/A	855-YES-ADRC (2372)	Aging and Disability Resource Centers Texas Health and Human Services

¹¹ Housing Navigators do not provide direct services but rather work to advocate for affordable, accessible and integrated housing options in the ADRC service area as well as maintains an inventory of available housing units. Housing Navigators also collaborate with various stakeholders, such as housing developers, builders, property managers, and public housing authorities. ADRCs also provide written and verbal feedback on complex housing plans and policies, while maintaining a comprehensive inventory of available housing units in the local community.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC OADRC	Specialized Long-Term Services & Supports (LTSS) Information & Referral (I&R)	Specialized LTSS I&R services help individuals, families, and caregivers access the resources and services they need for long-term care. These services are tailored to those with chronic health conditions, disabilities, or age-related needs that require ongoing support. ¹²	<ul style="list-style-type: none"> • N/A 	N/A	855-YES-ADRC (2372)	Aging and Disability Resource Centers Texas Health and Human Services
HHSC OADRC	Medicare Improvements for Patients and Providers Act (MIPPA)	Utilizing MIPPA funding, ADRCs provide outreach to Medicare beneficiaries with limited incomes who may be eligible for the Low-Income Subsidy program (LIS), Medicare Savings Program (MSP), and Medicare Prescription Drug Coverage (Part D).	<ul style="list-style-type: none"> • Individuals age 65 or older on Medicare, younger than age 65 with a disability and on Medicare, or close to eligibility for Medicare and at least age 60. • Requirements for LIS/Extra Help are available on the National Council on Aging (NCOA) website. 	N/A	855-YES-ADRC (2372)	Aging and Disability Resource Centers Texas Health and Human Services

¹² I&R specialists provide personalized guidance to the general public on options such as home care, nursing facilities, adult day services, and community resources. They also assist in navigating complex eligibility requirements, program benefits, and funding sources. Specialized LTSS I&R services ensure individuals can make informed decisions and connect with the right care options based on their unique needs.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC SLTCO	Long-Term Care Ombudsman	The SLTCO serves residents living in nursing facilities and assisted living facilities. Functions of the office include investigation and resolution of complaints and legislative advocacy on behalf of residents.	<ul style="list-style-type: none"> • N/A 	ltc.ombudsman@hhs.texas.gov	800-252-212	Office of the Long-Term Care Ombudsman
HHSC CCSE	Title XIX	CCSE Title XIX is a group of services purchased by HHSC in response to Texas Legislature recommendations. CCSE provides services in a person's home or community for Texans who are not self-sufficient, and who might otherwise be subject to premature institutionalization or to abuse, neglect or exploitation.	<ul style="list-style-type: none"> • A person with a requirement for assistance with activities of daily living (ADLs) that cannot be adequately met on an ongoing basis by friends, relatives, volunteers or other service agencies. • Must be eligible to receive Medicaid.¹³ 	Community Services Regional Contacts Texas Health and Human Services	N/A	Long-term Care Providers Texas Health and Human Services

¹³ Either already receiving Medicaid or go through the eligibility determination process with assistance from HHSC CCSE.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC CCSE	Title XX ¹⁴	CCSE Title XX is a group of services purchased by HHSC in response to Texas Legislature recommendations. CCSE provides services in a person's home or community for Texans who are not self-sufficient, and who might otherwise be subject to premature institutionalization or to abuse, neglect or exploitation.	<ul style="list-style-type: none"> • A person with a requirement for assistance with activities of daily living (ADLs) that cannot be adequately met on an ongoing basis by friends, relatives, volunteers or other service agencies. • Resource and income limits apply. 	Community Services Regional Contacts Texas Health and Human Services	N/A	Long-term Care Providers Texas Health and Human Services

¹⁴ Interested individuals are added to the Community Services interest list.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC CCSE	Consumer Managed Personal Attendant Services ¹⁵	An HHSC program for personal attendant services where recipients manage their attendant services to varying degrees. Attendant services help the recipient function independently in the community. Recipients interview, select, train, supervise, and release their attendants.	<ul style="list-style-type: none"> • A person with a requirement for assistance with activities of daily living (ADLs) that cannot be adequately met on an ongoing basis by friends, relatives, volunteers or other service agencies. • Income limits apply. 	Community Services Regional Contacts Texas Health and Human Services	N/A	Long-term Care Providers Texas Health and Human Services

¹⁵ Interested individuals are added to the Community Services interest list.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC MCS	STAR+PLUS	STAR+PLUS is a Texas Medicaid-managed care program for adults who have disabilities or are age 65 or older. Adults in STAR+PLUS get Medicaid healthcare and long-term services and support through a health plan that they choose. Aged & Medicare Related represents the eligibility group in STAR+PLUS with disability related dual eligible clients and clients aged 65 or older.	<ul style="list-style-type: none"> • Eligible populations¹⁶ must be a U.S. citizen or qualified legal alien and live or intend to remain in Texas. • Meet certain income requirements, • Be enrolled in a STAR+PLUS health plan. 	Managed_Care_Initiatives@hhs.texas.gov	2-1-1 800-335-8957	STAR+PLUS webpage

¹⁶ People with disabilities age 21 and older; adults 65 years and older, women ages 18 and older (in Medicaid for Breast and Cervical Cancer Program), Medicaid-only individuals who have an intellectual or developmental disabilities (IDD) and live in a community-based intermediate care facility for individuals with an intellectual disability or related conditions (ICF-IID), and individuals who receive services through one of the following 1915(c) Medicaid waivers: Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), Home and Community-based Services (HCBS), or Texas Home Living (TxHmL).

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC MCS	Dual Demonstration ¹⁷	Fully integrated managed care model for people who are dually eligible for Medicare and Medicaid. Available in six Texas counties: Bexar, Dallas, El Paso, Harris, Hidalgo and Tarrant.	<ul style="list-style-type: none"> • Must be age 21 or older, • Have Medicare Parts A, B and D, and receive full Medicaid benefits, and • Have been enrolled in the STAR+PLUS program for at least 30-days. 	Managed_Care_Initiatives@hhs.texas.gov	N/A	Dual Demonstration Program

¹⁷ The Dual Demonstration Program does not include dually eligible individuals who reside in an ICF-IID and individuals with developmental disabilities who get services through one of these waivers CLASS, DBMD, HCBS and TxHmL. Dually eligible individuals who meet all Dual Demonstration Program criteria are automatically or "passively" enrolled into a Medicare-Medicaid Plan (MMP) following a notification process. Other dually eligible individuals who meet the eligibility criteria for the Dual Demonstration Program may opt to enroll in the Dual Demonstration Program including: individuals in a Medicare Advantage Plan (MAP) not operated by the same parent organization that operates a STAR+PLUS MMP if they disenroll from their MAP; individuals in the Program of All-Inclusive Care for the Elderly (PACE) if they disenroll from PACE and enroll in the STAR+PLUS program for at least 30-days; and individuals participating in Centers for Medicare and Medicaid Services (CMS) Independence at Home Demonstration if they switch to the Dual Demonstration Program.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC OMHC	Texas Veterans + Family Alliance (TVFA) ¹⁸	The TVFA grant program works to improve the quality of life of Texas veterans and their families by supporting Texas communities to expand the availability of, increase access to, and enhance the delivery of mental health treatment and services. Competitive grant awards are made to community collaboratives to support a wide range of clinical mental health and non-clinical supportive services for veterans, service members, and family members. ¹⁹	<ul style="list-style-type: none"> • Eligibility is dependent on each TVFA grant. • Applicants must meet certain eligibility requirements to apply for the grant.²⁰ 	TVFA@hhs.texas.gov	512-552-5941	Texas Veterans and Family Alliance Grant Program Texas Health and Human Services

¹⁸ Created by Senate Bill (S.B.) 55, 84th Legislature, Regular Session and overseen by the Office of Mental Health Coordination.

¹⁹ Services provided through TVFA include evidence-based therapies and treatment; individual, group, family or couples peer support services; individual and family counseling; treatment of substance use disorders; suicide prevention initiatives to help community members, veterans, and family members develop awareness and skills in recognizing, assisting, and referring to mental health services; and navigation services such as case management and referrals.

²⁰ Grantees must match state funds awarded. TVFA was amended by S.B. 822, 86th Legislature, Regular Session. Match funds may be through contribution of non-state/non-federal resources and must be matched at: 50 percent for projects serving counties with populations less than 250,000 and 100 percent for projects serving counties with populations more than 250,000. With grant funds, TVFA grantees implement projects that provide new, enhanced, or expanded military-informed mental health services to veterans and their families; and provide and coordinate supportive services essential to the provision of mental health services as part of a continuum of care implemented by a developing or existing community collaborative to address mental health needs of the community's veterans and family members. TVFA funds also support activities essential to the provision of mental health services including family-related services; emergency financial support; transportation; housing; infrastructure costs (i.e., telemedicine equipment); and training for staff and health care providers.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC QMP	Quality Monitoring Program (QMP)	QMP improves the quality of care delivered to Texans receiving long-term care services in Medicaid-certified nursing facilities through onsite quality monitoring visits, provider education and best practice training for long-term care facilities and staff. Quality monitors prioritize visits to nursing facilities that have a history of resident care deficiencies, or that have been identified as having a higher-than-average risk of being cited for significant deficiencies in future surveys conducted by the HHSC Long-Term Care Regulation staff. QMP is not a regulatory program and quality monitors do not cite deficient practices.	<ul style="list-style-type: none"> • N/A 	QMP@hhs.texas.gov	512-438-4399	Quality Monitoring Program (QMP) Texas Health and Human Services

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC DHHS	Senior Citizen Program	Through contracts with local service providers clients receive basic life skills training and life enrichment activities to help reduce feelings of social isolation. Activities may include independent living services, blood pressure checks, coping skills training, and field trips to local attractions. Program staff work with contracted service providers and organizations throughout Texas to ensure the cultural and linguistic needs of this specialized population are met.	<ul style="list-style-type: none"> • People aged 60 and older who are deaf or hard of hearing. 	Dhhs.mailbox@hhs.texas.gov	512-438-4880	Deaf and Hard of Hearing Texas Health and Human Services
HHSC OGS	Surrogate Decision-Making Program (SDMP)	The SDMP facilitates certain treatment decisions for community based Intermediate Care Facilities for Individuals with an Intellectual Disability (ICF/IID) individuals who lack the capacity to provide consent for specific treatment issues and have no legally authorized representative (LAR).	<ul style="list-style-type: none"> • Adult individuals without the capacity to consent and without a LAR. • Must reside in a community based ICFs/IID. 	SurrogateDecision-MakingProgram@hhs.texas.gov	512-438-4306	Surrogate Decision-making Program Texas Health and Human Services

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Community Health Worker (CHW)	The substance use disorder CHW programs allow CHWs and promotor(a)s to increase linkage and retention in substance use, mental health, and medical services for Texas residents living with substance use disorders. These CHW programs provide services and resources to people ²¹ who use substances and the communities in which they live to assist in reducing harms.	<ul style="list-style-type: none"> • Texas residents who engage in substance use or misuse. 	Outreach, Screening, Assessment and Referral Texas Health and Human Services	N/A	Community Health Workers Texas Health and Human Services

²¹ This includes people who have limited resources, are experiencing housing instability or homelessness, injecting substances, live with or are at risk of Hepatitis C Virus or Human Immunodeficiency Virus, and are experiencing greater barriers to entering treatment or recovery services.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Outreach, Screening, Assessment, and Referral (OSAR) ²²	OSAR is a no-cost service available to all people who reside in Texas interested in learning about and accessing substance use disorder services. OSAR providers conduct outreach and offer screenings and assessments, in various community settings and through electronic communication platforms, to meet the needs of people and to maximize access to services. Through coordinated efforts with other state agencies and contracts with local mental health authorities (LMHAs) and local behavioral health authorities (LBHAs), people can receive OSAR services and connect with behavioral health services to meet their individual needs to ensure a continuum of care is provided.	<ul style="list-style-type: none"> • Adult or adolescents who reside in Texas. 	Outreach, Screening, Assessment and Referral Texas Health and Human Services ²³	2-1-1 or 877-541-7905	Outreach, Screening, Assessment and Referral Texas Health and Human Services

²² There are 14 OSARs in Texas. OSAR services reduce barriers for people seeking access to substance use services.

²³ For immediate and confidential help, 24 hours a day, seven days a week, call the regional OSAR.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Rural Border Intervention (RBI)	RBI provides community and home-based substance use prevention and intervention services in remote rural border areas. People enrolled in the RBI program receive increased knowledge of community services, increased support, necessary services, and support with healthy behavior changes.	<ul style="list-style-type: none"> Adults who live in a rural border county (HHSC regions 8, 10 and 11)²⁴ and within 62 miles of the Texas-Mexico Border. 	Outreach, Screening, Assessment and Referral Texas Health and Human Services	N/A	Rural Border Intervention Program Texas Health and Human Services
HHSC BHS CDCO	Adult Substance Use Withdrawal Management Services	Withdrawal Management Services (formerly known as "detoxification" or "detox" services) are medical services that help people safely stop substance use. Withdrawal management often includes the use of medication to treat withdrawal symptoms. ²⁵	<ul style="list-style-type: none"> Texas resident aged 18 or older. Persons diagnosed with a substance use disorder. Eligibility for state financial support based on income, expenses, and other resources.²⁶ 	Outreach, Screening, Assessment and Referral Texas Health and Human Services	N/A	Adult Substance Use Withdrawal Management Services Texas Health and Human Services

²⁴ These counties include: Brewster, Brooks, Cameron, Crockett, Culberson, Dimmit, Duval, Edwards, El Paso, Frio, Hidalgo, Hudspeth, Jeff Davis, Jim Hogg, Kenedy, Kinney, La Salle, Maverick, McMullen, Pecos, Presidio, Real, Reeves, Starr, Sutton, Terrell, Uvalde, Val Verde, Webb, Willacy, Zapata and Zavala.

²⁵ There are two types of adult substance use withdrawal management services. Ambulatory withdrawal management, where you travel to a licensed site daily to get treatment; and Residential withdrawal management services, where you stay at a licensed site that has 24-hour monitoring.

²⁶ In some cases, a person may be required to pay a portion of the services cost.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Substance Use Treatment	HHSC oversees four substance use disorder (SUD) treatment programs ²⁷ with those serving older adults including Treatment for Adults (TRA) ²⁸ , Treatment for Females (TRF) ²⁹ , and Co-Occurring Psychiatric and Substance Use Disorders (COPSD) ³⁰ . These services support improved overall quality of life; increased access to support services in the community; access to case management, counseling, education, and support services; and individualized care based on specific client needs.	<ul style="list-style-type: none"> Eligibility requirements are dependent on the SUD treatment program.³¹ 	Outreach, Screening, Assessment and Referral Texas Health and Human Services	N/A	Substance Use Disorder Services Texas Health and Human Services

²⁷ Funded through a combination of Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUBG) and general revenue.

²⁸ TRA includes five service types: residential withdrawal management, ambulatory withdrawal management, intensive residential, HIV intensive residential, supportive residential, and outpatient treatment services.

²⁹ TRF includes five service types: residential withdrawal management, ambulatory withdrawal management, intensive residential, supportive residential, and outpatient treatment services.

³⁰ COPSD are adjunct services for people with substance use and mental health issues that offer coordinated resources and care to help people achieve recovery.

³¹ SUD treatment program eligibility requirements include: TRA: adults who reside in Texas and meet clinical and financial eligibility requirements; TRF: adult women who reside in Texas, are pregnant or have dependent children, and meet clinical and financial eligibility requirements. In addition, if a grandmother is authorized or court approved as the guardian; and COPSD: people who reside in Texas, are identified as having a mental health and substance use issue or disorder and meet clinical and financial eligibility.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Outpatient – Adult	Outpatient treatment services for substance use disorders are provided in a community-based setting at a licensed treatment center. Treatment includes counseling, case management, education, and recovery skills training.	<ul style="list-style-type: none"> • Texas residents aged 18 or older; • Person diagnosed with a substance use disorder; • Eligibility for state financial support is based on income, expenses, and other resources.³² 	Outreach, Screening, Assessment and Referral Texas Health and Human Services	N/A	Adult Substance Use Outpatient Treatment Texas Health and Human Services

³² In some cases, a person may be required to pay a portion of the services cost.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Recovery Support Services	Recovery support services is an evidence-based practice that supports services to increase long-term recovery and recovery quality. Services are provided by peer specialists. Peer specialists help initiate services like counseling, sober housing, transportation and medications. Peers provide support before, during and after treatment.	<ul style="list-style-type: none"> • People with a history of alcohol or drug problems, including co-occurring mental health disorders, who are in or seeking recovery, along with their family members and significant others. 	Recovery Support Services Texas Health and Human Services	N/A	Recovery Support Services Texas Health and Human Services

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
HHSC BHS CDCO	Texas Targeted Opioid Response (TTOR)	TTOR ³³ is a public health initiative with a mission to save lives and provide life-long support to Texans with opioid and stimulant use disorders by expanding access to services. This program ³⁴ serves the entire state with a particular focus on three groups at increased risk for opioid use disorder (OUD), harmful stimulant use and resulting consequences: 1) people living in rural or remote areas, 2) people using multiple substances, and 3) people with historically low access to services.	<ul style="list-style-type: none"> Eligibility requirements depend on the TTOR strategy being accessed.³⁵ 	Outreach, Screening, Assessment and Referral Texas Health and Human Services	N/A	Texas Targeted Opioid Response Texas Health and Human Services

³³ TTOR also implements evidence-based services to address stimulant use disorders, including cocaine and methamphetamine. TTOR strategies span the behavioral health continuum of care, coordinating prevention, integrated, treatment, and recovery services across the state. To rapidly deploy these community services, HHSC leverages existing contracts and partners with governmental entities such as academic institutions and local mental and behavioral health authorities. TTOR also supports independent evaluation of services and implements continuous quality improvement to ensure delivery of evidence-based interventions and support of data-sharing.

³⁴ HHSC employees use four broad strategies to address OUD in Texas and each strategy contains projects supporting evidence-based services to reduce opioid misuse including: 1) Prevention projects connect communities to resources throughout Texas, raising awareness about prescription opioid misuse, distributing life-saving naloxone, and stopping substance use disorder before it starts; 2) Integrated projects work with organizations that provide rapid, short-term services to people with OUD and then arrange longer-term care through other, more specialized providers; 3) Treatment projects expand access to the organizations that provide medication for OUD, ensuring people can choose from a variety of treatment options; and 4) Recovery projects provide peer support, employment, housing, and other services important for sustaining long-term recovery from OUD.

³⁵ Prevention is offered to the general public; Integrated is offered to people at risk for opioid overdose and their support systems; Treatment is offered to people with OUD who meet the financial and clinical eligibility requirements; and Recovery is offered to people with a history of opioid use.

Agency	Service or Program Name	Description	Eligibility Requirements	Email	Phone	Website
TWC	Older Individuals Who Are Blind (OIB)	The OIB program provides independent living services to individuals with visual impairments over the age of 55. The program aims to enhance independence at home and within the community, ultimately preventing the need for institutionalization. OIB services are grounded in the Texas Confidence Builders philosophy, encompassing six core values: communication, support systems, adjustment to blindness, independent living skills, quality of life, and travel.	<ul style="list-style-type: none"> • Aged 55 and older with a significant visual impairment that substantially limits ability to function independently. • Financial contribution is based on 300% of the poverty level.³⁶ 	OIB.INFO@TWC.TEXAS.GOV	844-NEED-OIB (633-3642)	Older Individuals Who are Blind Program - Texas Workforce Commission Independent Living For Older Blind Individuals Time To Be Bold

³⁶ The majority of TWC OIB participants do not have to provide any financial contribution. If participants receive Social Security Retirement Income, they are automatically exempt from having to contribute any financial contribution to services.

Appendix A: List of Acronyms

Acronym	Full Name
ADLs	Activities of Daily Living
ADRCs	Aging and Disability Resource Centers
Barshop	Barshop Institute of Longevity and Aging Studies
BHS CDCO	Behavioral Health Services Cross Division Coordination Office
CCHA	Center for Community Health and Aging
CCSE	Community Care Services Eligibility
CHW	Community Health Worker
CLASS	Community Living Assistance and Support Services
CMS	Centers for Medicare and Medicaid Services
DBMD	Deaf Blind with Multiple Disabilities
DFPS	Department of Family and Protective Services
DSHS	Department of State Health Services
FY	Fiscal Year
HB	House Bill
HCBS	Home and Community-Based Services
HHSC	Health and Human Services Commission
IDD	Intellectual or Developmental Disability
ICF-IID	Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions
I&R	Information and Referral
LAR	Legally Authorized Representative
LBHAs	Local Behavioral Health Authorities
LIS	Low-Income Subsidy
LMHAs	Local Mental Health Authorities
LTCR	Long-Term Care Regulation
LTSS	Long-Term Services and Supports
MAP	Medicare Advantage Plan

Acronym	Full Name
MCS	Medicaid and CHIP Services
MFP	Money Follows the Person
MIPPA	Medicare Improvements for Patients and Providers Act
MMP	Medicare-Medicaid Plan
N/A	Not Applicable
NSIP	Nutrition Services Incentive Program
OAA	Older Americans Act
OAAA	Office of Area Agencies on Aging
OADRC	Office of Aging and Disability Resource Centers
OAG	Office of the Attorney General
OASC	Office of Aging Services Coordination
OGS	Office of Guardianship Services
OIB	Older Individuals who are Blind Program
OOG	Office of the Governor
OSAR	Outreach, Screening, Assessment and Referral
QMP	Quality Monitoring Program
RBI	Rural Border Intervention
SIASCC	Statewide Interagency Aging Services Coordinating Council
SLTCO	State Long-Term Care Ombudsman
SUD	Substance Use Disorder
TALC	Texas Aging and Longevity Consortium
TDA	Texas Department of Agriculture
TRA	Treatment for Adults
TRF	Treatment for Females
TTOR	Texas Targeted Opioid Reduction
TxHmL	Texas Home Living
TVC	Texas Veterans Commission
TVFA	Texas Veterans and Family Alliance
TWC	Texas Workforce Commission
VMHD	Veterans Mental Health Department

