



Enteral Nutrition Comparison Chart

NOTE: This list is for reference only and is not an all-inclusive list of available products or manufacturers. This list does not constitute endorsement from Texas HHS or the Quality Monitoring Program of any products or manufacturers.

Category	Nestlé Formula Name (Protein in grams/1 L)	Abbott Formula Name (Protein in grams/1 L)	Calories per mL	Indications for Use
Polymeric; standard volume	Diabetsource® AC (60 g)	Glucerna® 1.2 Cal (60 g)	1.2 cal/ml	Abnormal glucose tolerance/ enhanced glycemic control
Polymeric; standard volume	Fibersource® HN (53.6 g)	Jevity® 1.2 Cal (55.5 g)	1.2 cal/ml	Complete balanced nutrition with fiber
Polymeric; standard volume	N/A	Glucerna® 1.0 Cal (41.8 g)	1 cal/ml	Abnormal glucose tolerance/ enhanced glycemic control
Polymeric; standard volume	Nutren® 1.0 (40 g)	Osmolite® 1 Cal (44.3 g)	1 cal/ml	General enteral support without fiber
Polymeric; standard volume	Replete® (64 g)	Promote® (63 g)	1 cal/ml	Complete, balanced high protein nutrition without fiber
Polymeric; standard volume	Replete® Fiber (64 g)	Promote® with Fiber (63 g)	1 cal/ml	Complete, balanced high protein nutrition with fiber
Polymeric; concentrated volume	N/A	Glucerna® 1.5 Cal (82.5 g)	1.5 cal/ml	Abnormal glucose tolerance/ enhanced Glycemic Control
Polymeric; concentrated volume	NOVASOURCE® RENAL (91 g)	Nepro ® with CARBSTEADY (81 g)	1.8 cal/ml	For people on dialysis

Category	Nestlé Formula Name (Protein in grams/1 L)	Abbott Formula Name (Protein in grams/1 L)	Calories per mL	Indications for Use
Polymeric; concentrated volume	N/A	Suplena® with CARBSTEADY (10.6 g per 8 fl oz)	1.8 cal/ml	Chronic kidney disease/not on dialysis
Polymeric; concentrated volume	Nutren® 2.0 (84 g)	TwoCal® HN (83.5 g)	2.0 cal/ml	Calorie and protein dense nutrition
Polymeric; concentrated volume	Nutren® 1.5 (68 g)	Osmolite® 1.5 Cal (62.7 g)		Complete balanced nutrition without fiber
Polymeric; concentrated volume	Isosource® 1.5 CAL (68 g)	Jevity® 1.5 Cal (63.8 g)	1.5 cal.ml	Complete balanced nutrition with fiber
Hydrolyzed; standard volume	Peptamen® (40 g)	Vital 1.0 Cal® (40 g)	1 cal/ml	Peptide-based for malabsorption, maldigestion or impaired GI function and or GI intolerance
Hydrolyzed; standard volume	N/A	Vital AF 1.2 Cal® (75 g)	1.2 cal/ml	Peptide-based for malabsorption, maldigestion or impaired GI function and or GI intolerance
Hydrolyzed; concentrated volume	Peptamen® 1.5 (68 g)	Vital 1.5 Cal® (67.5 g)	1.5 cal/ml	Peptide-based for malabsorption, maldigestion or impaired GI function and or GI intolerance
Hydrolyzed; concentrated volume	Impact® Peptide 1.5 (94 g)	Pivot® 1.5 Cal (93.8g)	1.5 cal/ml	Peptide-based, high protein, for metabolic stress
Blenderized	Compleat® (48 g)	N/A	1 cal/ml	

(N/A – formula lacks an equivalent in terms of calorie, protein, and fiber content, or indications for use compared to the other listed)

Points to Remember:

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- This list does not constitute endorsement from Texas HHS or the Quality Monitoring Program of any products or manufacturers.
- This list of commonly utilized formulas has been compiled using data retrieved from Nestlé and Abbott websites in July 2023, and includes information on calories, protein, and fiber content, as well as indications for use. Other important aspects such as protein source (e.i. milk, soy); gluten, lactose or galactose content; religious restrictions (e.i. Kosher, Halal); or available flavors is not included here. This information and future updates regarding these formulas may be found on the official Nestlé or Abbott websites.
- Seek guidance from a Registered Dietitian and the physician/prescriber when considering substitutions for formulas to ensure nutritional needs are met.
- Establish a formulary list that reflects the current enteral nutrition products utilized and educate nursing staff on the available formulary.

Resources:

- [Nestlé Health Science](#)
- [Abbott Nutrition](#)
- [American Society for Parenteral and Enteral Nutrition \(ASPEN\)](#)
- [ASPEN Enteral Nutrition \(EN\) Adult Formulas](#)