

# **Assisted Living Facility Manager Courses**

## **Updated August 2024**

The following groups offer assisted living facility (ALF) manager courses. It is your responsibility to determine the best course to meet your needs. Course requirements are listed in the Health and Human Services (HHSC) Chapter 553, Licensing Standards for Assisted Living Facilities, §553.25341(a)(1)(A). HHSC does not review course curriculum or endorse any of the courses.

### **123 Online Courses**

123 Online Courses is a Texas based provider of continuing education for long-term care professionals, approved by the National Association of Boards of Examiners for Nursing Home Administrators (NAB). Assisted Living Manager Classes are provided online and can be taken at your convenience.

The Assisted Living Facility Manager Courses covers the following topics:

- Caring for Residents with Alzheimer's Disease and Dementia
- Human Resources Management
- Assisted Living Facility Standards
- Resident Characteristics
- Ethics
- Financial Management
- Community Resources
- Federal and State Laws

123 Onlinecourses offers:

- 24 Hour required ALM Training which covers the initial 8 hours and the remaining 16 that needs to be completed for the first year
- 12 Hour Annual Continuing Education

Website: <https://123onlinecourses.com/Assisted%20Living>

Contact: Jackie Herrera RN BSN

Email: [support@123onlinecourses.com](mailto:support@123onlinecourses.com)

Phone: (713) 904-3571

### **111 ConsultCyndi LLC**

State Required, Certified Assisted Living Manager's Course via ZOOM. Course content is compliant with the Assisted Living Facility Texas Administrative Code. Presenters include HHSC retired regulatory leadership and other subject matter experts. Classes are held once per month on three consecutive days.

Contact information:

(210) 284-7921

Email: [cyndi@consultcyndi.com](mailto:cyndi@consultcyndi.com)

Find ConsultCyndi online:

- <https://www.consultcyndi.com/>,
- [Subscribe to our YouTube Channel](#), and
- [Watch our Podcast](#).

Contact information:

(210) 284-7921

Email: [cyndi@consultcyndi.com](mailto:cyndi@consultcyndi.com)

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- [Watch our Podcast](#).

**1 TORCH (Texas Organization of Residential Care Homes)** strives to provide the best, most relevant education to Assisted Living professionals. Quality education results in quality resident care.

1 TORCH offers the 24-hour manager courses, as well as continuing education every month, live in person and via zoom as well as On Demand through 1 TORCH University.

1 TORCH is Texas' premier organization for assisted living professionals, care providers and business partners. We' your voice in the legislature and to HHWC, we provide CNE/CEU education and other training programs. There are many other resources needed to build and operate a successful assisted living business.

Website: [www.txtorch.com](http://www.txtorch.com)

Contact: Ashley Austin-Hill, Education Director

Phone: (512) 593-8810

Email: [info@txtorch.com](mailto:info@txtorch.com)

## **AAAW/CALM - Bridge of Time LLC**

Adrian, Acosta And Worley Certified Assisted Living Manager Course

Lilly Adrian, The Bridge of Time, LLC. Memory Care Program Developer, Trainer and Consultant. BS/Soc/Psych., CDP, ADC, CDCM, CADDCT, CALM, Advanced Grief Facilitator.

Dotty Acosta, Assisted living facility consultant. Retired from the Health and Human

Services Commission. Dotty assists new applicants and license holders with navigating the licensing process, the Licensing Standards for Assisted Living Facilities, policies, rules and laws.

Fred Worley, Architect, Consultant and Life Safety Expert. Retired from the Texas Department of Aging and Disability Services, Fred has a private architectural practice, specializing in assisted living, residential and regulatory design. His consulting is specific to the conversion of single-family homes into licensed assisted living facilities in neighborhoods. Fred also does Facility Reviews and Feasibility Inspections in the area of Life Safety.

Assisted Living Facility Manager 24 Hour Training covers required topics listed at §553.253(a)(2) in compliance with the Licensing Standards for Assisted Living Facilities.

Manager 12 Hour Continuing Education covers required topics listed at §553.253(a)(3).

The Bridge of Time offers the course, "Dementia from Beginning to End" and the "Certified Dementia Practitioners Course" (CDP). These classes include training on Fall Prevention required at §553.253(d)(2)(G) & (3) and Dementia Care, required at §553.255(b), for training required for facility employees who provides direct care services to residents in a Certified Alzheimer's Disease or Related Disorder facility. This includes the continuing education for the manager or supervisor of a Certified Alzheimer's Disease or a Related Disorder facility listed at §553.301(b).

To receive information about the next class contact us at:

Website: <https://bridgeoftimetraining.com/>

Lilly Adrian Email: [Laadrian1953@yahoo.com](mailto:Laadrian1953@yahoo.com)

Phone: (325) 864-0031,

Dotty Acosta Email: [knowtexasalfs@yahoo.com](mailto:knowtexasalfs@yahoo.com) – Phone: (512) 667.3987

Fred Worley Email: [fred@fworleyarchitect.com](mailto:fred@fworleyarchitect.com) – Phone: (512) 452-2138

## Adaptive Core Solutions

Adaptive Core Solutions offers online training for Assisted Living Managers and ALF personnel. Courses are 100% online.

The Initial ALF Manager Course covers the following topics:

- Assisted Living Regulations and requirements for assisted living facilities in Texas
- Role of an Assisted Living Manager
- Facility Operations and Maintenance (Life Safety Code & Health inspections)
- Resident Care & Services (Admissions, Service Plans, Medications, Dietary, Discharge)

- Abuse, Neglect, & Incidents, Basic First Aid & Heimlich Maneuver, Infection Control & Prevention, Emergency Management
- Staffing & Human Resources (Hiring & Training Employees, Personnel Records, Staffing Ratios & Scheduling)
- Legal and Ethical Issues in Assisted Living
- Financial Management & Budgeting
- Marketing & Communication Strategies
- Community Resources
- Current Updates in the Texas Regulations

The Renewal ALF Manager Course covers:

- Life Safety Code & Health Inspection
- Resident Care & Services (Resident Characteristics, Assessments & Service Plans, ADL's, Activities, Medication Management)
- Abuse, Neglect & Incidents, Basic First Aid & Heimlich Maneuver, Infection Control & Prevention,
- Employee Qualifications & Training, Personnel Records
- Federal Laws, Ethics, Basic Principles of Management, Basic Financial Management
- Current Updates in the Texas Regulations

Website: [www.jeannettenegru.com](http://www.jeannettenegru.com)

Contact Person: Jeannette Negru, BSN, RN, CALM, Consultant

Email: [info@jeannettenegru.com](mailto:info@jeannettenegru.com)

ALF Framework Academy Training:

- Real Life Application
- Community Specific Compliance Management
- Holistic and Immersive Curriculum
- Participant Engagement

Website: <https://www.alfa.training/>

Contact: Pat T. Nixon

Email: [training.alfa@gmail.com](mailto:training.alfa@gmail.com)

Phone: 940-435-3530

## **Assisted Living Organization Texas LLC**

Assisted Living Organization Texas (ALOT) was founded to help the small assisted living facilities in Texas with education and support. ALOT has monthly zoom meetings to provide education to members, caregiver classes, start up 101 classes, marketing classes and more.

The managers 24 and 12 hour classes follow all the state requirements for topics listed in Title 26 Chapter 553 Rule 553.253 including 8 hours of rules and regulations.

Contacts: Charles Patawaran President [charles@txalot.com](mailto:charles@txalot.com)

Accounting: Eryka Patawaran at [eryka@txalot.com](mailto:eryka@txalot.com)

Website: [info@txalot.com](mailto:info@txalot.com)

Office: 1-800-281-ALOT(2568)

### **ALM-CT. [Assisted Living Manager-Certification & Training]**

ALM-CT offers New and Renewal License Certification classes. Both Online and Face-to-Face classes are available. Full-Day, Half Day and Evening Classes are offered to accommodate demanding schedules. These classes can be offered in both English and Spanish. Alzheimer's Disease and Dementia Care classes preparing participants for Certified Dementia Practitioner (CDP) application are also provided. *Both CEs and CEUs are offered.*

Contact: Lin O'Neill, MBA, C.A.L.M., CDP, NADDCT

Phone: (214) 557-6555

Email: [lin@alm-ct.com](mailto:lin@alm-ct.com)

Web: [www.ALM-CT.com](http://www.ALM-CT.com)

Assisted Living Solutions offers the 24-hour management class.

Contact: Caroline Bevers or Mae Guinanao

Phone: 713-824-9775 or 832-419-1756

Email: [alsolutionsmcc@gmail.com](mailto:alsolutionsmcc@gmail.com)

### **CHA Seminars**

CHA Seminars is a Texas based provider of continuing education for long-term care professionals since 1991 and a Certified Sponsor of CEUs approved by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners for Nursing Home Administrators (NAB). CHA Seminars offers a variety of quality continuing education and training courses via webinars and self-study courses for Assisted Living Directors/Managers.

Our ALM Training course covers all topics required by the state of Texas in a live webinar using GoToMeeting. This course is offered every monthly and offers flexible scheduling and payment plans.

Our 12-hr CEU self-study packages meet the state annual continuing education requirements and individuals can print a certificate upon successful completion.

Website: [www.CHAseminars.com](http://www.CHAseminars.com)

Contact: Missy Stagner or Linda Rogers

Phone: 512-336-1005; Fax: 512-336-1008

Email: missy@CHAseminars.com or linda@CHAseminars.com

**Compliance Review Services Inc. Educational Unit** offers all online courses for ALF managers:

- 8-hour required class Part I,
- 16-hour required class Part II, and
- 12-hour annual continuing education.

Website: [www.compliancereviewservices.com](http://www.compliancereviewservices.com)

Contacts: Dr. Kimberley Kelly RN, BSN, MSN, DNP, CEO

Phone: 832-781-2140

Fax: 832-213-4943

Email: [dr.kimberleykelly@compliancereviewservices.com](mailto:dr.kimberleykelly@compliancereviewservices.com)

Mailing Address:

11210 Steeplecrest Drive

Suite 120 A and V

Houston Texas 77065

**K&K Consulting** offers an Assisted Living Facility Manager training course that consists of 24 hours/CEUs (mixture of online and live seminars), which includes 8 hours in Assisted Living Facility Standards, to keep you in compliance with HHSC ALF licensing standards. Six hours/CEUs is also awarded in Ethics. The Assisted Living Facility Manager courses provided by K&K Consulting are approved by National Association of Long Term Care Administrators Board (NAB) and Texas State Board of Social Worker Examiners.

The Assisted Living Facility Manager Course covers the following topics:

- Caring for Residents with Alzheimer's Disease and Dementia
- Human Resources Management
- Marketing
- Assisted Living Facility Standards
- Resident Characteristics
- Ethics
- Food and Nutrition Services
- Qualifications and Role of Assisted Living Facility Manager
- Basic Principles of Management
- Financial Management
- Community Resources
- Federal and State Laws

Website: <http://WWW.LTCCONS.ORG>

Contact: Dr. Charles Vallier, PhD, MBA, BSBA, LNFA, CRCMP, CALA, CDP, CADDCT

Phone: (409) 939-1030

E-Mail: [cvallier@ltcccons.org](mailto:cvallier@ltcccons.org)

Address: 2920 9th Street North, Texas City, TX 77590

**LA Theiss Consulting, Inc** is a Texas based firm made up of industry professionals who specialize in the areas of: Gerontology, Rules and Regulations, Operations, and Life Safety and Fire Code Compliance. New

and Renewal classes are offered in half-day, full day, and evening classes. Group, and one-on-one private sessions, are available to accommodate demanding schedules. All ALM courses meet Texas Administrative Code 553.41(a)(1)(B) requirements.

The Assisted Living Facility Manager Course covers the following topics:

- Assisted Living Standards
- Resident Characteristics (including dementia)
- Resident Assessment
- Principles of Management
- Food and Nutrition Services
- State and Federal laws
- Americans with Disability Act
- Older American's Act
- Community resources
- Ethics
- Financial Management
- COVID-19 Response Plans

Contact: Linda Meyer-Theiss

Phone: 254-793-0067

E-Mail: [theissconsulting@hotmail.com](mailto:theissconsulting@hotmail.com)

Address: Austin, Texas Metroplex

**Leading Age Texas** offers an all online course for ALF managers. This course is designed to provide ALF managers with the required hours of training for either the 24 hours of the first year or the 12 hours in subsequent years. Each of the three 8-hour modules provides the following:

- Assisted Living Managers: 8 hours
- Administrators (NAB): 8 hours
- Social Workers: .8 CEUs

Website: <https://leadingagetexas.org/>

Contact: Melanie Harrison

Phone: 512-467-2242

Email: [melanie@leadingagetexas.org](mailto:melanie@leadingagetexas.org)

### **McLennan Community College (Waco)**

McLennan offers a model that includes the ALF required content but also addresses the topical requirements of the NFA licensure rules. This means that completing the five academic courses offered at MCC moves an individual toward credentialing both as an ALF Manager and as an NF Administrator at the same time. Upon completion of the five academic courses, the student can be awarded a Certificate in Assisted Living Facility Management from MCC.

Contact: Joe Arrington

Phone: 254-299-8770  
Email: jarrington@mclennan.edu

**Professional Assisted Living Management and Alzheimer's Residential Management INC.**

Professional Assisted Living Management and Alzheimer's Residential Management INC have a combined history of 20 years teaching fellow Texans the required management classes for Assisted Living.

All classes are held on zoom and meet all the requirements for the topics listed in Title 26 Chapter 553 Rule 553.253 including 8 hours of rules and regulations.

Caregiver classes are held several times monthly and include the two required topics of fall prevention and de-escalation. Other caregiver class topics are also held.

Contact: Mary Gilcrease CALM  
Email: gilcrm@yahoo.com  
Phone: 972-375-2277

**Texas Assisted Living Association (TALA)**

Texas Assisted Living Association (TALA) offers a variety of in-person and dynamic online courses for assisted living managers and individuals who want to complete their continuing education units from trusted and engaging trainers with decades in the field. Additional opportunities for continuing education credits, in-depth professional development, and networking events are listed on our website and announced via our monthly Under the Dome newsletter.

Website: <https://tala.org/assisted-living-manager-courses/>

Contact: Diana Martinez  
Phone: (512) 653-6604  
Email: [info@tala.org](mailto:info@tala.org)