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# —PROGRAM INSTRUCTION—

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## Texas Health and Human Services Commission (HHSC) – Access & Eligibility Services

<b>TITLE:</b>	Health Promotion and Disease Prevention	<b>NUMBER:</b>	AAA-PI 309
<b>SECTION:</b>	Area Agencies on Aging	<b>APPROVAL:</b>	Sue Fielder
<b>ISSUE DATE:</b>	2/1/08	<b>REVISION DATE:</b>	10/1/16
<b>RELEVANT CITATION(S):</b>	OAA §102, §361; 40 TAC §85.201, §85.202; PI 316; Service Definitions		
<b>DISTRIBUTION:</b>	<input type="checkbox"/> Executive Director <input checked="" type="checkbox"/> Director <input type="checkbox"/> Fiscal Director <input checked="" type="checkbox"/> AAA Section Staff		

The Department is revising this program instruction (PI), formerly Health Promotion Services, to reflect all applicable services falling under the definition of Health Promotion and Disease Prevention, in accordance with reporting requirements of the Older Americans Act.

Health Promotion and Disease Prevention services include information, education, and prevention strategies for chronic disease and other health conditions that would reduce the length or quality of life of the person 60 or older.

Services remapped for NAPIS reporting under Health Promotion and Disease Prevention are:

- Evidence-Based Intervention
- Health Screening or Monitoring
- Health Maintenance
- Mental Health Services
- Physical Fitness
- Recreation

Refer to the current service definitions to review the expanded content and applicable funding sources for this service area. Services budgeted and provided are linked to the AAA's Area Plan and are part of the budget and closeout reviews.

The overall objective of Health Promotion and Disease Prevention services provided under the Older Americans Act (OAA) is to:

- reduce disease and disability
- reduce the prevalence of risks to health
- increase the behaviors known to reduce such risks
- increase comprehensiveness, accessibility or quality of preventative services and preventative interventions
- promote the health and well-being of older individuals
- reduce any adverse health conditions as a result of poor nutritional health or a sedentary life style

The role of the AAA is to coordinate resources and fill any gaps in services. Conversely, in an effort to prevent duplication of existing community resources, the AAA must make every effort to purchase Health

Promotion and Disease Prevention services only when no other resources are available. In the planning and implementation of Health Promotion and Disease Prevention services, the AAA must collaborate or consult with health professionals specifically trained in health related fields.

Eligibility criteria are the same as other OAA Programs. When applicable, Health Promotion and Disease Prevention service participants are required to sign a release relieving the instructor, facility, and AAA from any personal liability. Where applicable, participants must be informed of any potential risk prior to participation in health-related activities. Service providers must utilize persons who are trained or are in training or supervised appropriately for the services they administer. Any results of screening must be interpreted by an appropriate health professional. If services include physical activities, the instructor must have a current cardiopulmonary resuscitation certification (CPR) including training applicable to available equipment.

Health Promotion and Disease Prevention services must be provided in accordance with all applicable state and federal requirements. For documentation and database service delivery information required for these services, see PI 316 and posted job aides. If you have further questions please forward those to the Department's help desk at [AAA.HELP@dads.state.tx.us](mailto:AAA.HELP@dads.state.tx.us).