

# Recovering TOGETHER

## *Yolanda and Neveah*

When Yolanda learned she was pregnant, she knew stopping opioid use during pregnancy could be dangerous for both her and Neveah. She learned the healthiest way for her and Neveah to recover together was Medication Assisted Treatment, the combination of counseling and medication.

Neveah was treated in the neonatal intensive care unit where Yolanda provided skin-to-skin contact, also called Kangaroo Care, as part of Neveah's treatment.

***"She instantly started getting better because of kangaroo care. The feeling when I had her in my arms was just amazing. All the regret and pain went away, and I felt like she instantly forgave me for everything I had done. She just loved me."***

## LET'S RECOVER TOGETHER

For help, call:  
**512-838-4373**



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*Substance Use  
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