It takes a community to keep a child safe.

All moms and children

have the right to live free from abuse and violence.

If you feel threatened or are afraid of your partner, you don't have to face it alone.

Emergency shelters and support services are available to you and your children through the Texas Health and Human Services Family Violence Program.

To find help near you or to learn more, call:

The National Domestic Violence Hotline

800-799-7233 800-787-3224 (TTY)

Available anytime, any day

Texas Health and Human Services

Office of the Ombudsman

877-787-8999

Available Monday to Friday, 8-5 p.m.

