

When one door of  
happiness closes,  
another opens,  
but often we look  
so long at the  
closed door that  
we do not see the  
one that has been  
opened for us.

-Helen Keller

Happiness is when  
what you think,  
what you say,  
and what you do  
are in harmony.

-Mahatma Gandhi

LET US BE GRATEFUL TO  
PEOPLE WHO MAKE US HAPPY,  
THEY ARE THE CHARMING  
GARDENERS WHO MAKE  
OUR SOULS BLOSSOM.

-MARCEL PROUST

Be kind  
whenever  
possible.  
It is always  
possible.

-The Dalai Lama

There is only one  
way to happiness, and  
that is to cease worrying  
about things which are  
beyond the power  
of our will.

-Epictetus

Rules for  
Happiness:  
something to do,  
someone to love,  
something to  
hope for.

-Immanuel Kant

*The surest  
way to be  
happy is to  
seek happiness  
for others.*

*Martin Luther King, Jr.*

You're happiest  
while you're  
making the  
greatest  
contribution.

-Robert F. Kennedy

Be a  
rainbow  
in someone  
else's cloud.

-Maya Angelou

WHOEVER IS  
HAPPY WILL  
MAKE OTHERS  
HAPPY.

-ANNE FRANK