# Texas WIC Health and Human Services Commission

Effective: October 1, 2015

Policy No. CS:21.0

## **Referral to Health Services**

#### Purpose

To ensure participants are provided information about and referred to health services when appropriate.

## Authority

7 CFR Part 246.7

### Definitions

<u>Health services</u>: means any routine pediatric and obstetric care (such as well-child checkups, prenatal or postpartum examinations, specialty care, dentistry, and family planning).

<u>Medical home</u>: A healthcare professional or healthcare clinic that provides comprehensive medical care. Comprehensive care includes care of patients with illnesses and injuries, well-child exams, immunizations, and referrals for specialty care.

<u>Follow-up</u>: efforts the local agency (LA) makes to contact the participant and determine the outcome (disposition) of the referral.

### Policy

LAs shall refer participants to health services when appropriate. A list of local resources shall be made available for distribution to all applicants and/or participants and their parents or caregivers.

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#### Procedure

- I. LAs shall maintain an up-to-date list of local health services including resources for drug and other harmful substance abuse counseling and treatment.
- II. At each certification, LAs shall determine whether or not an applicant has a medical home. The medical home shall be documented on both the WIC Health History form (WIC-42, WIC-44, and WIC-45) and on the Participant form (WIC-36, WIC-38, WIC-39, WIC-40, WIC-41).
- III. Applicants and/or participants who do not have a medical home shall be:
  - A. given an up-to-date, written list of health services within the community; and
  - B. counseled about the importance of regular health care.
- IV. Applicants and/or participants who are identified as needing drug and other harmful substance abuse services shall be given an up-to-date, written list of drug and harmful substance abuse counseling and treatment services.