

Texas WIC Health and Human Services Commission

Effective January 1, 2022

Policy No. CS:19.0

Infant Mid-Point Review

Purpose

To ensure that the quality and accessibility of health care services for infants enrolled in WIC between birth and four months of age are not diminished.

Authority

7 CFR Part 246.7

Policy

Local agencies (LAs) must ensure that infants enrolled during their first four months of age will receive health care services (well-child check or Texas Health Steps visit) or are assessed for growth, nutritional and immunization status at WIC between four through eight months of age (six through eight months is preferred). Food benefits must not be denied to parents/guardians or caregivers who refuse to obtain these health care services or screening by WIC.

Procedures

- I. Infants certified before four months of age must be screened between four and eight months of age to determine if the infant has a healthcare provider.
- II. If the infant has a healthcare provider, staff must inquire if the infant has had a well-child check or Texas Health Steps (THS) visit between four and eight months of age.
 - A. If the infant has had a well-child check or THS visit, the date of the checkup must be entered in "Mid-point Completion Date" field on the Participant Page of the MIS.
 - B. If the infant has not had a well-child check or THS visit but has an appointment for the checkup between four and eight months of

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age, enter today's date in "Mid-point Completion Date" on the Participant Page in the MIS.

- III. If the infant does not have a healthcare provider or does not have an appointment for a well-child check or THS visit by seven months of age, WIC staff must offer to provide a midpoint screening performed by a Certifying Authority or WIC Certification Specialist.
- A. Staff must complete the required fields of the Midpoint Review form in the MIS, including anthropometrics.
1. Staff must inquire if parent/guardian/caregiver has any questions/concerns about the infant/family. If there are concerns, the counseling session must be documented on the VENA Section of the MIS. Documentation is not required when the parent/guardian/caregiver does not have any concerns.
 2. Staff must inform the parent/guardian/caregiver that the midpoint screening at the WIC clinic does not replace a well-child assessment performed by a physician or healthcare provider.
 3. Referrals must be made to other health care services for follow-up of any problems detected by WIC staff during the screening. Refer to [CS:21.0 Referral to Health Services](#).
- B. If the infant is not present at the WIC appointment, it is acceptable for staff to complete the Midpoint Review without anthropometrics at the request of the parent/guardian/caregiver.
- IV. If a parent/guardian/caregiver refuses a midpoint screening, enter "Mid-point Refusal Date" on the Participant Page of the MIS. It is acceptable if the parent/guardian/caregiver refuses any part of the midpoint screening.
- V. LAs will be considered out of compliance if an infant has reached nine months of age or older and does not have a midpoint documented in the MIS or a documented refusal date.