Criteria For Identifying Nutrition Risk Conditions

Purpose

To provide benefits to meet the special health and nutrition needs of low-income pregnant, breastfeeding and postpartum women, infants, and children. WIC provides supplemental foods and nutrition education to participants at nutrition risk during the critical growth and development periods of pregnancy, infancy, and early childhood.

Authority

7 CFR Part 246.7

Policy

To be eligible for program benefits, all WIC Program applicants shall have a nutrition risk condition identified through the documentation of a complete nutrition assessment.

Procedures

I. When determining eligibility, compare all data from the applicant’s health history, dietary, biomedical, and anthropometric assessment to the risk conditions listed in the Texas Clinic Assessment Manual. The Texas Clinic Assessment Manual provides the definition, justification, clarifications, guidelines and references about each of the allowable risk conditions. The criteria listed in this policy reflect allowable risk conditions.

II. Every nutrition risk condition shall be identified on the Participant Page of the MIS. Every risk code on the Participant Page shall have supporting documentation, e.g., growth charts, diet/health history information, and/or notes.
Guidelines

List of Allowable Nutrition Risk Conditions

The allowable nutrition risk conditions are subsequently listed by category. These risk conditions are in accordance with the national risk conditions identified and required by the United States Department of Agriculture (USDA). See the Texas Clinic Assessment Manual for complete definitions, priority levels, justifications, and clarifications of each risk criteria.

Pregnant Women

Anthropometric - Priority I

101 Underweight
111 Overweight
131 Low Maternal Weight Gain
133 High Maternal Weight Gain

Biochemical - Priority I

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Pregnancy-Induced Conditions
301 Hyperemesis Gravidarum
302 Gestational Diabetes
303 History of Gestational Diabetes
304 History of Preeclampsia

Delivery of Low-Birth weight/Premature Infant
311A History of Preterm Delivery
311B History of Early Term Delivery
312 History of Low Birth Weight
Prior Stillbirth Fetal or Neonatal Death
321 History of Spontaneous Abortion (two or more terminations of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life)

General Obstetrical Risks
331 Pregnancy at a Young Age
332 Short Interpregnancy Interval
333 High Parity and Young Age
334 Lack of or Inadequate Prenatal Care
335 Multifetal Gestation
336 Fetal Growth Restriction (FGR)
337 History of Birth of a Large for Gestational Age Infant
338 Pregnant Woman Currently Breastfeeding
339 History of Birth with Nutrition Related Congenital or Birth Defect

Nutrition-Related Risk Conditions (Chronic disease, Genetic Disorder, Infection)
341 Nutrient Deficiency or Disease
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345A Hypertension
345B Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352A Infectious Diseases - Acute (within the past 6 months)
352B Infectious Diseases - Chronic
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
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357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
361 Depression
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

Substance Use (Drugs, Alcohol, Tobacco)
371 Maternal Smoking
372A Any Alcohol Use in Current Pregnancy
372B Any Substance Use in Current Pregnancy

Other Health Risks
381 Oral Health Conditions
382 Fetal Alcohol Spectrum Disorders

Dietary - Priority IV
401 Failure to Meet Dietary Guidelines for Americans
427 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
502 Transfer of Certification - Priority I

Breastfeeding Mother/Infant Dyad
601A Breastfeeding Mother of Infant at Nutritional Risk - Priority I depending on infant’s priority
601B Breastfeeding Mother of Infant at Nutritional Risk - Priority II depending on infant’s priority
601C Breastfeeding Mother of Infant at Nutritional Risk - Priority IV depending on infant’s priority
602 Breastfeeding Complications or Potential Complications - Priority I
Homelessness/Migrancy
801 Homelessness – Priority IV
802 Migrancy – Priority IV

Other Nutrition Risks
901 Recipient of Abuse (within past six months) – Priority IV
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food – Priority IV
903 Foster Care – Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I

Breastfeeding Women - A woman is considered a breastfeeding woman if she nurses the infant at least once a day.

Anthropometric - Priority I
101 Underweight
111 Overweight
133 High Maternal Weight Gain in Most Recent Pregnancy

Biochemical- Priority I
201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Pregnancy-Induced Conditions
303 History of Gestational Diabetes
304 History of Preeclampsia

Delivery of Low-Birth weight/Premature Infant
311A History of Preterm Delivery
311B History of Early Term Delivery
Prior Stillbirth, Fetal or Neonatal Death
321 History of Spontaneous Abortion (termination of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life)

General Obstetrical Risks
331 Pregnancy at a Young Age
332 Short Interpregnancy Interval
333 High Parity and Young Age
335 Multifetal Gestation
337 History of Birth of a Large for Gestational Age Infant
339 History of Birth with Nutrition Related Congenital or Birth Defect

Nutrition-Related Risk Conditions (E.g. Chronic Disease, Genetic Disorder, Infection)
341 Nutrient Deficiency or Disease
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345A Hypertension
345B Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352A Infectious Diseases - Acute (within the past 6 months)
352B Infectious Diseases - Chronic
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
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360 Other Medical Conditions
361 Depression
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat
363 Pre-Diabetes

Substance Use (Drugs, Alcohol, Tobacco)
371 Maternal Smoking
372A Any Alcohol Use
372B Any Substance Use

Other Health Risks
381 Oral Health Conditions
382 Fetal Alcohol Spectrum Disorders

Dietary - Priority IV
401 Failure to Meet Dietary Guidelines for Americans
427 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority IV
502 Transfer of Certification - Priority I

Breastfeeding Mother/Infant Dyad
601A Breastfeeding Mother of Infant at Nutritional Risk - Priority I depending on infant’s priority
601B Breastfeeding Mother of Infant at Nutritional Risk - Priority II depending on infant’s priority
601C Breastfeeding Mother of Infant at Nutritional Risk - Priority IV depending on infant’s priority
602 Breastfeeding Complications or Potential Complications - Priority I
Homelessness/Migrancy
801 Homelessness - Priority IV
802 Migrancy - Priority IV

Other Nutrition Risks
901 Recipient of Abuse (within past six months) - Priority IV
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority IV
903 Foster Care - Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I

Postpartum Women

Anthropometric - Refer to each risk condition for priority level
101 Underweight - Priority III
111 Overweight - Priority VI
133 High Maternal Weight Gain in Most Recent Pregnancy - Priority VI

Biochemical - Priority III
201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Refer to each risk condition for priority level

Pregnancy-Induced Conditions
303 History of Gestational Diabetes – Priority V
304 History of Preeclampsia – Priority V

Delivery of Low-Birth weight/Premature Infant
311A History of Preterm Delivery – Priority III
311B History of Early Term Delivery – Priority III
312 History of Low Birth Weight – Priority III
Prior Stillbirth, Fetal or Neonatal Death
321 History of Spontaneous Abortion (termination of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life) – Priority III

General Obstetrical Risks
331 Pregnancy at a Young Age- Priority III
332 Short Interpregnancy Interval – Priority III
333 High Parity and Young Age – Priority III
335 Multifetal Gestation – Priority III
337 History of Birth of a Large for Gestational Age Infant – Priority V
339 History of Birth with Nutrition Related Congenital Birth Defect – Priority V

Nutrition-Related Risk Conditions (E.g. Chronic Disease, Genetic Disorder, Infection)
341 Nutrient Deficiency Diseases – Priority III
342 Gastro-Intestinal Disorders – Priority III
343 Diabetes Mellitus – Priority III
344 Thyroid Disorders – Priority III
345A Hypertension– Priority III
345B Prehypertension – Priority VI
346 Renal Disease – Priority III
347 Cancer – Priority III
348 Central Nervous System Disorders- Priority III
349 Genetic and Congenital Disorders – Priority III
351 Inborn Errors of Metabolism – Priority III
352A Infectious Diseases - Acute (within the past 6 months) – Priority VI
352B Infectious Diseases – Chronic – Priority VI
353 Food Allergies - Priority III
354 Celiac Disease – Priority III
355 Lactose Intolerance – Priority III
356 Hypoglycemia – Priority III
357 Drug Nutrient Interactions – Priority III
358 Eating Disorders – Priority III
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359 Recent Major Surgery, Trauma, Burns – Priority III
360 Other Medical Conditions – Priority III
361 Depression – Priority III
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat – Priority III
363 Pre-Diabetes – Priority IV

Substance Use (Drugs, Alcohol)
371 Maternal Smoking – Priority VII
372A Any Alcohol Use – Priority VI
372B Any Substance Use – Priority VI

Other Health Risks
381 Oral Health Conditions – Priority III
382 Fetal Alcohol Spectrum Disorders – Priority III

Dietary - Priority VI
401 Failure to Meet Dietary Guidelines for Americans
427 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority VII
502 Transfer of Certification - Priority III

Homelessness/Migrancy
801 Homelessness - Priority VI
802 Migrancy - Priority VI

Other Nutrition Risks
901 Recipient of Abuse (within past six months). - Priority VI
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority VI
903 Foster Care - Priority VI
904  Environmental Tobacco Smoke Exposure – Priority V

**Infants**

**Anthropometric - Priority I**

103A  Infant Underweight  
103B  Infant At Risk of Underweight  
115   High Weight-for-Length  
121A  Short Stature  
121B  Infant At Risk of Short Stature  
134   Failure to Thrive (FTT)  
135   Slowed/Faltering Growth Pattern  
141A  Low Birth Weight  
141B  Very Low Birth Weight  
142A  Preterm Delivery  
142B  Early Term Delivery  
151   Small for Gestational Age  
152   Low Head Circumference  
153   Large for Gestational Age  

**Biochemical - Priority I**

201   Low Hematocrit/Low Hemoglobin  
211   Elevated Blood Lead Levels Within the Past 12 Months  

**Clinical/Health/Medical - Priority I**

*Nutrition-Related Risk Conditions (E.g., Chronic Disease, Genetic Disorder, Infection)*

341   Nutrient Deficiency or Disease  
342   Gastro-Intestinal Disorders  
343   Diabetes Mellitus  
344   Thyroid Disorders  
345A  Hypertension
345B Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352A Infectious Diseases - Acute (within the past 6 months)
352B Infectious Diseases - Chronic
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

Other Health Risks
381 Oral Health Conditions
382 Fetal Alcohol Spectrum Disorders
383 Neonatal Abstinence Syndrome (NAS)

Dietary - Priority IV
411 Inappropriate Nutrition Practices for Infants
428 Dietary risk Associated with Complementary Feeding Practices (4 to 12 months)

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
502 Transfer of Certification - Priority I

Breastfeeding Mother/Infant Dyad
603 Breastfeeding Complications or Potential Complications - Priority I
Infant of a WIC-Eligible Mother or Mother at Risk During Pregnancy
701A Infant Up to 6 Months Old of WIC Mother - Priority II
701B Infant Up to 6 Months Old of A Woman Who Would Have Been Eligible During Pregnancy – Priority II
702A Breastfeeding Infant of Woman at Nutritional Risk - Priority I depending on woman’s priority
702B Breastfeeding Infant of Woman at Nutritional Risk - Priority II depending on woman’s priority
702C Breastfeeding Infant of Woman at Nutritional Risk - Priority IV depending on woman’s priority

Homelessness/Migrancy
801 Homelessness - Priority IV
802 Migrancy - Priority IV

Other Nutrition Risks
901 Recipient of Abuse (within past six months) – Priority IV
902 Infant of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority IV
903 Foster Care - Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I

Children

Anthropometric - Priority III
103A Child Underweight
103B Child At Risk of Underweight
113 Child Obese (2-5 Years of Age)
114A Child Overweight (2 – 5 Years of Age)
114B Child At Risk of Overweight
115 High Weight-for-Length (12 – 23 Months of Age)
121A Short Stature
121B Child At Risk of Short Stature
134 Failure to Thrive (FTT)
141A Low Birth Weight
141B Very Low Birth Weight
142A Preterm Delivery
142B Early Term Delivery
143 Very Low Birthweight
151 Small for Gestational Age
152 Low Head Circumference (12 – 23 Months of Age)

Biochemical - Priority III

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority III

Nutrition-Related Risk Conditions (E.g., Chronic Disease, Genetic Disorder, Infection)

341 Nutrient Deficiency or Disease
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345A Hypertension
345B Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352A Infectious Diseases – Acute (within the past 6 months)
352B Infectious Diseases - Chronic
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

**Other Health Risks**
381 Oral Health Conditions
382 Fetal Alcohol Spectrum Disorders

Dietary - Priority V
401 Failure to Meet Dietary Guidelines (2 – 5 Years of Age)
425 Inappropriate Nutrition Practices for Children
428 Dietary Risk Associated with Complementary Feeding Practices (12 – 23 Months of Age)

Other Risks - Refer to each risk condition for priority level

**Regression/Transfer**
501 Possibility of Regression - Priority VII
502 Transfer of Certification - Priority III

**Homelessness/Migrancy**
801 Homelessness - Priority V
802 Migrancy - Priority V

**Other Nutrition Risks**
901 Recipient of Child Abuse (within past six months) – Priority V.
902 Child of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority V
903 Foster Care – Priority V
904 Environmental Tobacco Smoke Exposure – Priority III