

**Texas WIC Lesson Evaluation Results
MN-000-53: CCNE Pregnancy Top Ten Discussion**

Client Feedback

Total # of clients who responded to survey: 111

Clients surveyed identified themselves as:

- Pregnant: 78%
- Breastfeeding: 18%
- Caretaker of baby under 12 months: 14%
- Caretaker of a child over 1 year: 31%
- Friend of family: 4%
- First WIC class: 23%

Language in which the class was taught:

- English – 60%
- Spanish – 32%
- Both – 7%

Compared to other WIC classes, clients awarded this class **4.3 stars** (out of 5).

Clients rated the class as follows on the items below:

	Not at all	A little	A lot
Helpful	1%	11%	88%
Too long	66%	31%	3%
Informative	0%	14%	86%
Important	2%	15%	84%
Boring	81%	17%	2%
Covered things I already know	15%	73%	13%
Answered my questions	1%	22%	77%
Encouraged me to participate	0%	28%	73%
The instructor knew a lot about the topic	0%	8%	92%
Good for first-time parents	0%	18%	82%
I understood the language	0%	6%	94%

Clients indicated one thing they learned that they would try at home. Out of 72 write-in responses, themes for the comments included:

- Breastfeeding is good for my baby, and I will try/plan to breastfeed
- It is important for me to eat healthy during my pregnancy
- Food/drink to avoid such as shark (large fish) or alcohol and smoking/smoke; food/drink to eat less of such as tuna, those with caffeine
- Stay active and exercise during pregnancy
- Right amount of weight gain

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Staff Feedback

Total # of staff who responded to the survey: 29

Staff surveyed included: Clerk (2), WCS (1), CA (6), Nutritionist (14), BF Coordinator (1), Clinic Supervisor (2), LA Director (1), Other (2) and had the following degrees: LVN (4), LD (4), RD (5), Degreed Nutritionist (19), Other (5).

Language in which the class was taught:

- English – 72%
- Spanish – 3%
- Both – 24%

Staff reported the following as working well when teaching the class:

- The participants enjoyed talking about topics in which they were interested.
- The class participation/interaction
- Listening to the client
- Giving the clients options as to what they would like to learn about.
- I believe that having the clients pick what particular topics they wanted to discuss made the participants more willing to open up and ask questions. I feel that they were also more willing to take the information home with them and use it accordingly verses leaving it in the clinic.
- Sharing personal testimonials about my pregnancies

What staff would do differently the next time they teach the class:

- Promote the class, so we can have a larger turn out
- To introduce and visit about one specific topic at a time
- Now that we have an easel, it worked out better. I was able to display all ten topics & have them choose top 3 or 4.
- Spend more time on the subjects

CLASS LOGISTICS

How many times have you taught this class?

Answer Options	Response Percent	Response Count
1	24.1%	7
2	34.5%	10
3	20.7%	6
4	6.9%	2
5 or more	13.8%	4

How easy or difficult was the lesson to follow?

Answer Options	Response Percent	Response Count
Very Easy	41.4%	12
Easy	58.6%	17
Difficult	0.0%	0
Very Difficult	0.0%	0

On average, how much time do you spend preparing to teach this lesson (e.g., reading through materials, gathering resources, preparing the classroom, etc)?

Answer Options	Response Percent	Response Count
Less than 15 minutes	31.0%	9
15 – 30 minutes	48.3%	14
31-45 minutes	20.7%	6
More than 45 minutes	0.0%	0

On average, how long does the lesson usually take to teach?

Answer Options	Response Percent	Response Count
Less than 20 minutes	13.8%	4
21 – 30 minutes	69.0%	20
31 – 40 minutes	17.2%	5
More than 40 minutes	0.0%	0

In your opinion, what would be the ideal size for this class?		
Answer Options	Response Percent	Response Count
Less than 6	20.7%	6
6-10	62.1%	18
11-16	13.8%	4
More than 16	0.0%	0
It doesn't matter	3.4%	1

CLASS FLOW

How much of the following sections of the lesson plan did you usually cover?					
Answer Options	None	Some	All	Not applicable	Response Count
Introduction/Icebreaker	0	4	25	0	29
Main activity	0	5	24	0	29
Optional activities	6	19	2	0	27
Conclusion/Take away	0	7	21	1	29
In-class evaluation	1	11	16	1	29

How many of the clients usually participate in the class discussion?		
Answer Options	Response Percent	Response Count
Almost none	0.0%	0
Less than half	10.3%	3
About half	37.9%	11
More than half	17.2%	5
Almost all	34.5%	10

ENJOYMENT OF CLASS

Compared to other classes you have taught, how much did you like teaching this class?

Answer Options	Response Percent	Response Count
Less than most	3.4%	1
About the same	72.4%	21
More than most	24.1%	6

Compared to other classes you have taught, how much do you think clients liked this class?

Answer Options	Response Percent	Response Count
Less than most	3.4%	1
About the same	62.1%	18
More than most	34.5%	10

TRAINING BACKGROUND

What training or background have you had that helped you teach this class? (Check all that apply.)

Answer Options	Response Percent	Response Count
None	0.0%	0
Basic nutrition knowledge	62.1%	18
Advanced nutrition knowledge	58.6%	17
Basic breastfeeding knowledge	65.5%	19
Advanced breastfeeding knowledge	51.7%	15
Public speaking	31.0%	9
Client-centered NE training from State	58.6%	17
Client-centered NE training at my local agency	62.1%	18
Other (please specify)		0

What additional training would help you teach this class?

- Continue to offer NE IDL trainings.
- I would love to take additional classes in nutrition and in breastfeeding
- Advanced nutrition knowledge