

**Texas WIC Lesson Evaluation Results**  
**IF-000-23: CCNE Child Nutrition Top Ten Discussion**

**Client Feedback**

**Total # of clients who responded to survey: 67**

**Clients surveyed identified themselves as:**

- Pregnant: 5%
- Breastfeeding: 13%
- Caretaker of baby under 12 months: 90%
- Caretaker of a child over 1 year: 24%
- Friend of family: 6%
- First WIC class: 15%

**Language in which the class was taught:**

- English – 75%
- Spanish – 25%
- Both – 0%

Compared to other WIC classes, clients awarded this class **4.7 stars** (out of 5).

**Clients rated the class as follows on the items below:**

	<b>Not at all</b>	<b>A little</b>	<b>A lot</b>
Helpful	2%	5%	<b>94%</b>
Too long	<b>91%</b>	9%	0%
Informative	3%	8%	<b>89%</b>
Important	2%	8%	<b>91%</b>
Boring	<b>91%</b>	3%	6%
Covered things I already know	18%	<b>67%</b>	15%
Answered my questions	2%	8%	<b>91%</b>
Encouraged me to participate	5%	20%	<b>76%</b>
The instructor knew a lot about the topic	0%	5%	<b>96%</b>
Good for first-time parents	0%	5%	<b>96%</b>
I understood the language	0%	0%	<b>100%</b>

**Clients indicated one thing they learned that they would try at home. Out of 58 write-in responses, themes for the comments included:**

- Introduce solid foods at 6 months of age; how to give up the bottle/try to give liquids with a cup; weaning
- What kinds of foods should I give to my baby; signs of readiness for solid foods
- Play with my baby and do activities with her; tummy time; no tv time for children under 2 years old
- Do not put juice in a bottle or put baby to bed with bottle; boil water given to infants less than 3 months
- Clean baby’s mouth after feeding
- Making my own baby food with food safety in mind

**Texas WIC Lesson Evaluation Results  
IF-000-23: CCNE Infant Nutrition Top Ten Discussion**

**Staff Feedback**

**Total # of staff who responded to the survey: 8**

**Staff surveyed included:** WCS (1), CA (1), Nutritionist (4), NE Coordinator (1), Clinic Supervisor (1) and had the following degrees: LD (1), RD (1), Degreed Nutritionist (5), Other (6).

**Language in which the class was taught:**

- English – 75%
- Spanish – 0%
- Both – 25%

**Staff reported the following as working well when teaching the class:**

- The board we used to display the topics
- The notes in the lesson are excellent. (subject matter)
- Cutting down the top ten discussion topics and present the top three - although we covered all, establishing interest level priorities worked well.
- The variety of topics allowed the participants to pick the ones of interest. Every class is different.

**What staff would do differently the next time they teach the class:**

- Spend more time with the icebreaker
- I would teach it the same or work on using more open-ended questions.

## CLASS LOGISTICS

### How many times have you taught this class?

Answer Options	Response Percent	Response Count
1	12.5%	1
2	12.5%	1
3	0.0%	0
4	12.5%	1
<b>5 or more</b>	<b>62.5%</b>	<b>5</b>

### How easy or difficult was the lesson to follow?

Answer Options	Response Percent	Response Count
Very Easy	25.0%	2
<b>Easy</b>	<b>75.0%</b>	<b>6</b>
Difficult	0.0%	0
Very Difficult	0.0%	0

### On average, how much time do you spend preparing to teach this lesson (e.g., reading through materials, gathering resources, preparing the classroom, etc)?

Answer Options	Response Percent	Response Count
Less than 15 minutes	25.0%	2
<b>15 – 30 minutes</b>	<b>62.5%</b>	<b>5</b>
31-45 minutes	0.0%	0
More than 45 minutes	12.5%	1

### On average, how long does the lesson usually take to teach?

Answer Options	Response Percent	Response Count
Less than 20 minutes	25.0%	2
21 – 30 minutes	12.5%	1
<b>31 – 40 minutes</b>	<b>50.0%</b>	<b>4</b>
More than 40 minutes	12.5%	1

In your opinion, what would be the ideal size for this class?		
Answer Options	Response Percent	Response Count
Less than 6	12.5%	1
<b>6-10</b>	<b>62.5%</b>	<b>5</b>
11-16	12.5%	1
More than 16	0.0%	0
It doesn't matter	12.5%	1

### CLASS FLOW

How much of the following sections of the lesson plan did you usually cover?					
Answer Options	None	Some	All	Not applicable	Response Count
Introduction/Icebreaker	0	3	<b>5</b>	0	8
Main activity	0	2	<b>5</b>	0	7
Optional activities	<b>3</b>	2	0	1	6
Conclusion/Take away	0	2	<b>4</b>	1	7
In-class evaluation	1	<b>3</b>	<b>3</b>	1	7

How many of the clients usually participate in the class discussion?		
Answer Options	Response Percent	Response Count
Almost none	12.5%	1
<b>Less than half</b>	<b>37.5%</b>	<b>3</b>
About half	12.5%	1
More than half	12.5%	1
Almost all	25.0%	2

## ENJOYMENT OF CLASS

**Compared to other classes you have taught, how much did you like teaching this class?**

Answer Options	Response Percent	Response Count
Less than most	25.0%	2
<b>About the same</b>	<b>50.0%</b>	<b>4</b>
More than most	25.0%	2

**Compared to other classes you have taught, how much do you think clients liked this class?**

Answer Options	Response Percent	Response Count
Less than most	12.5%	1
<b>About the same</b>	<b>62.5%</b>	<b>5</b>
More than most	25.0%	2

## TRAINING BACKGROUND

**What training or background have you had that helped you teach this class? (Check all that apply.)**

Answer Options	Response Percent	Response Count
None	0.0%	0
Basic nutrition knowledge	50.0%	4
<b>Advanced nutrition knowledge</b>	<b>87.5%</b>	<b>7</b>
Basic breastfeeding knowledge	50.0%	4
Advanced breastfeeding knowledge	37.5%	3
Public speaking	75.0%	6
Client-centered NE training from State	62.5%	5
Client-centered NE training at my local agency	62.5%	5
Other (please specify)		1

**What additional training would help you teach this class?**

- More advanced CCNE training might be helpful.