Texas WIC Lesson Evaluation Results
DH-000-07: CCNE Healthy Children Healthy Smiles

Client Feedback

Total # of clients who responded to survey: 121

Clients surveyed identified themselves as:
- Pregnant: 17%
- Breastfeeding: 9%
- Caretaker of baby under 12 months: 46%
- Caretaker of a child over 1 year: 57%
- Friend of family: 13%
- First WIC class: 16%

Language in which the class was taught:

- English – 59%
- Spanish – 40%
- Both – 1%

Compared to other WIC classes, clients awarded this class **4.5stars** (out of 5).

Clients rated the class as follows on the items below:

	Not at all	A little	A lot
Helpful	1%	12%	**87%**
Too long	**84%**	14%	2%
Informative	0%	13%	**87%**
Important	1%	10%	**89%**
Boring	**89%**	10%	2%
Covered things I already know	8%	**77%**	15%
Answered my questions	2%	17%	**82%**
Encouraged me to participate	3%	24%	**73%**
The instructor knew a lot about the topic	1%	7%	**92%**
Good for first-time parents	2%	13%	**86%**
I understood the language	0%	3%	**98%**

Clients indicated one thing they learned that they would try at home. Out of 102 write-in responses, themes for the comments included:
- Proper oral hygiene such as using the correct amount of toothpaste to use per age child, frequency of brushing and flossing, length of brushing, when to visit the dentist (at what age and how often), wiping down gums or drinking water after baby eats/drinks, not sharing eating utensils, not putting baby to bed with bottle
- The importance of a healthy diet for healthy teeth; able to identify foods that promote and foods that help protect against tooth decay

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Staff Feedback

Total # of staff who responded to the survey: 16

Staff surveyed included: CA (6), Nutritionist (4), NE Coordinator (1), Clinic Supervisor (2), Other (3) and had the following degrees: LVN (6), RD (1), Degreed Nutritionist (5), Other (5).

Language in which the class was taught:
- English – 50%
- Spanish – 6%
- Both – 44%

Staff reported the following as working well when teaching the class:
- The visual aid of teeth with cavities really caught the attention of parents
- Using the ice breaker
- Clients' participation
- Use of *Take Time for Teeth* "flipchart"
- Asking the parents if any of them have taken their infant to the dentist for the first visit or if they have other children and remember their first trip to the dentist. After parents raise their hands, I ask them to share the experience with the class. This stimulates conversation among participants every time. Ones that have not yet taken their little one to the dentist for the first visit often ask the other participants questions.
- Clients like the subject of dental health for their babies/children, so most of them are willing to participate in the discussion.

What staff would do differently the next time they teach the class:
- Have food labels for foods mentioned in the lesson and show the amount of sugar (from food label) in each
- More open-ended questions
- All went well maybe spend a little more time interacting with participant
- I might use some dental models in the future

CLASS LOGISTICS

How many times have you taught this class?

Answer Options	Response Percent	Response Count
1	6.3%	1
2	6.3%	1
3	18.8%	3
4	31.3%	5
5 or more	**37.5%**	**6**

How easy or difficult was the lesson to follow?

Answer Options	Response Percent	Response Count
Very Easy	31.3%	5
Easy	**68.8%**	**11**
Difficult	0.0%	0
Very Difficult	0.0%	0

On average, how much time do you spend preparing to teach this lesson (e.g., reading through materials, gathering resources, preparing the classroom, etc)?

Answer Options	Response Percent	Response Count
Less than 15 minutes	12.5%	2
15 – 30 minutes	**75.0%**	**12**
31-45 minutes	0.0%	0
More than 45 minutes	12.5%	2

On average, how long does the lesson usually take to teach?

Answer Options	Response Percent	Response Count
Less than 20 minutes	12.5%	2
21 – 30 minutes	**75.0%**	**12**
31 – 40 minutes	6.3%	1
More than 40 minutes	6.3%	1

In your opinion, what would be the ideal size for this class?		
Answer Options	**Response Percent**	**Response Count**
Less than 6	6.3%	1
6-10	**75.0%**	**12**
11-16	18.8%	3
More than 16	0.0%	0
It doesn't matter	0.0%	0

CLASS FLOW

How much of the following sections of the lesson plan did you usually cover?					
Answer Options	**None**	**Some**	**All**	**Not applicable**	**Response Count**
Introduction/Icebreaker	0	2	**14**	0	16
Main activity	0	2	**14**	0	16
Optional activities	1	**6**	**6**	3	16
Conclusion/Take away	1	2	**13**	0	16
In-class evaluation	2	5	**7**	1	15

How many of the clients usually participate in the class discussion?		
Answer Options	**Response Percent**	**Response Count**
Almost none	0.0%	0
Less than half	**37.5%**	**6**
About half	25.0%	4
More than half	31.3%	5
Almost all	6.3%	1

ENJOYMENT OF CLASS

Compared to other classes you have taught, how much did you like teaching this class?

Answer Options	Response Percent	Response Count
Less than most	12.5%	2
About the same	**50.0%**	**8**
More than most	37.5%	6

Compared to other classes you have taught, how much do you think clients liked this class?

Answer Options	Response Percent	Response Count
Less than most	12.5%	2
About the same	**43.8%**	**7**
More than most	**43.8%**	**7**

TRAINING BACKGROUND

What training or background have you had that helped you teach this class? (Check all that apply.)

Answer Options	Response Percent	Response Count
None	0.0%	0
Basic nutrition knowledge	**68.8%**	**11**
Advanced nutrition knowledge	43.8%	7
Basic breastfeeding knowledge	31.3%	5
Advanced breastfeeding knowledge	6.3%	1
Public speaking	25.0%	4
Client-centered NE training from State	43.8%	7
Client-centered NE training at my local agency	62.5%	10
Other (please specify)		1

What additional training would help you teach this class?
- How to motivate clients to participate more in classes
- Not additional training but more visual aids to assist in teaching the class
- Current guidelines as far as when to use fluoride toothpaste with kids
- I think learning more scientific facts about oral health would be helpful.