



Be a gardener! Anyone can turn seeds into plants. When you grow together, you learn together!

Grow your own lima bean plant!

What you need: lima bean, plastic resealable bag (like a Ziploc bag), paper towel, water.

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- 1. Soak the bean overnight in a cup of water to soften it and get it ready to sprout. Do not soak it for more than 24 hours.
- 2. Put the bean inside a damp paper towel. Fold the towel around the bean several times to make a smaller square. It should be pretty wet, but not dripping.
- 3. Place the bean and towel inside an airtight plastic bag and zip it closed.
- 4. Set the bag on a sunny window sill.
- 5. Check your bean every day. If it is dry, spray more water to keep it damp.
- 6. In a few days, a small sprout will shoot out of the bean. This will become the plant's roots!
- 7. Plant your bean with its sprout in some soil outside or in a pot. Regularly water it, and give it sunshine to see it grow.

Want more fun? Grow your own green onions.

What you need: green onions, paper cups, water.

- 1. Separate a large bunch of green onions into individual pieces.
- 2. Cut off the top, loose portion of a green onion, leaving all of the white area, roots, and just some of the green area.
- 3. Fill paper cups with water.
- 4. Place the bottom of the green onion in the cup of water.
- 5. When roots grow several inches long, plant them in pots. You will see new sprigs in just a few weeks!





