



Each time you dance with your children, you are spending time together and showing them how important it is to be active. Together, you'll make happy, healthy memories!

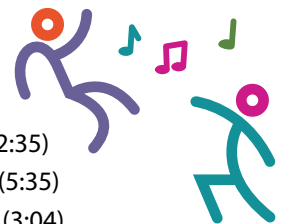
What you need: You'll need a smartphone, laptop, or TV with an internet connection and speaker to play the music. If you don't have the internet, play a favorite CD or other music that your family enjoys!

Tip: If you are using your phone and don't have a speaker, simply put it sideways in a bowl and it will sound louder.

Movie Magic

To stream the Movie Magic playlist, visit this link: <https://goo.gl/ak4ATR>

- "Can't Stop the Feeling" – The Troll Movie (3:57)
- "Be Our Guest" – Beauty and the Beast (4:49)
- "How Far I'll Go" – Moana (2:43)
- "You're Welcome" – Moana (2:44)
- "Love is an Open Door" – Frozen (2:05)
- "Let It Go" – Frozen (3:44)
- "We Know the Way" – Moana (2:35)
- "Belle" – Beauty and the Beast (5:35)
- "True Colors" – The Troll Movie (3:04)
- "Get Back Up Again" – The Troll Movie (3:21)



Animals/Dinosaurs

To stream the Animals/Dinosaurs playlist, visit this link: <https://goo.gl/sdxwGa>

- "Animal Action" – Tumble Tots (2:13)
- "We Are the Dinosaurs" – Laurie Berkner (2:16)
- "Baby Beluga" – Raffi (2:40)
- "Dinosaur Dance" – We Kids Rock (2:11)
- "Three Little Monkeys" – We Kids Rock (1:13)
- "Five Little Monkeys" – The Countdown Kids (1:43)
- "Rockin' Robin" – My Little World of Song (2:33)
- "Let's Go to the Zoo" – Super Simple Songs (4:00)

Sesame Street Songs

Pick from more than 100 songs from Sesame Street on this list: <https://goo.gl/SJN7mV>

