

## NUTRITION ASSESSMENT REQUIREMENTS GUIDE (June 2021)

### Legend

\*\* = FC-WCS (Formula Certified WIC Certification Specialist) can approve

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SA = State Agency approval required

CA = Certifying Authority

### Directions

This handout lists all Texas WIC formulas in columns according to the assessment parameters required by the Texas WIC Formulary and Policy FD: 16.0. The required assessment parameters are described as follows:

**No Assessment Required** – Diet history, and other assessment parameters are not required in order to approve the formulas listed in this column.

This applies to metabolic formulas (noted by ‡ ).

**Formula History Required** – Only a formula history is required to approve the formulas listed in this column. All other assessment parameters are optional at CA discretion. This applies to: Alternate contract formulas, formulas for tube feeding only, and all other formulas and situations not otherwise described. (noted by Δ)

**Complete Assessment Required** – A complete assessment includes: formula history, diet history, pertinent medical history, and anthropometric measurements and plotting. This applies to: situations when growth is of concern such as; prematurity, failure to thrive, growth impairment, etc. (noted by ○)

No Assessment Required ‡(All SA)	Formula History Required Δ	Complete Assessment Required ○
BCAD 1	Alfamino Infant	Benecalorie (SA)
BCAD 2	Alfamino Junior	BetaQuik MCT (SA)
Complex Essential MSD	Alimentum**	Boost
Complex Junior MSD	Calcilo XD	Boost Breeze
Complex MSD AA Blend	Carb Zero (SA)	Boost High Protein
Cyclinex 1	Compleat	Boost Kid Essentials
Cyclinex 2	Compleat Pediatric	Boost Kid Essentials 1.5
GA 1 Anamix Early Years	Compleat Pediatric Organic Blends	Boost Kid Essentials 1.5 w Fiber
GA	Compleat Pediatric Peptide 1.5	Boost Plus
GlutarAde AA Blend GA-1	Compleat Pediatric Reduced Calorie	Boost Pudding (SA)
GlutarAde Jr GA-1 Drink	DiabetiSource AC	Boost VHC
Glutarex 1	Elecare DHA/ARA	Bright Beginnings Soy
Glutarex 2	Elecare Jr	Duocal (SA)
Glycosade	Enfaport	Enfacare/Enfamil Neuropro Enfacare**
HCU Anamix Early	EquaCare Jr	Enfagrow Premium Toddler**
HCU Anamix Next	Essential Care Jr	Enfamil HMF (SA)
HCY 1	Extensive HA**	Enfamil Premature 24 (SA)
HCY 2	FiberSource HN	Enfamil Premature High Protein 24 (SA)
Hominex 1	Glytrol	Enfamil Premature 30 (SA)
Hominex 2	Impact	Ensure
1 Valex 1	Isosource 1.5	Ensure Clear
1 Valex 2	Isosource HN	Ensure High Calcium
IVA Anamix Early	Jevity 1 Cal	Ensure High Protein Therapeutic Nutrition
IVA Anamix Next	Kate Farms Pediatric Peptide 1.0	Ensure Plus
Ketonex 1	Kate Farms Pediatric Peptide 1.5	Ensure Pudding (SA)
Ketonex 2	Kate Farms Peptide 1.5	ENU Shake
LMD	Ketocal 3:1 (SA)	ENU Pro3+ (SA)
Lophlex LQ PKU	Ketocal 4:1 (SA)	Kate Farms Pediatric Standard 1.2
MMA-PA Anamix Early	KetoVie 3:1 (SA)	Kate Farms Standard 1.0
MMA-PA Anamix Next	KetoVie 4:1 (SA)	Good Start Grow (3)**
MSUD Anamix Early	KetoVie 4:1 Peptide (SA)	Liquigen (SA)
MSUD Maxamum	KetoVie 4:1 Unflavored (SA)	MCT Oil (SA)
OA 1	Lipistart (SA)	MCT Procal (SA)
OA 2	Monogen	Microlipid (SA)
Periflex Advance	Neocate w DHA/ARA	Neosure**
Periflex Junior Plus	Neocate Junior	Nutren 1.0
Periflex LQ PKU	Neocate Junior w Prebiotics	Nutren 1.0 w/Fiber
PFD 2	Neocate Nutra (SA)	Nutren 2.0

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No Assessment Required †(All SA)	Formula History Required Δ	Complete Assessment Required ○
Phenex 1 Phenex 2 Phenyl-Free 1	Neocate Splash Neocate Syneo Nepro	Nutren Junior Nutren Junior w/Fiber Pediasmart
Phenyl-Free 2 Phenyl-Free 2HP PhenylAde 60 Drink PhenylAde (Drink) PhenylAde Essential PhenylAde MTE AA Blend Phlexy-10 Drink PKU Air20 PKU Periflex Early PKU Sphere15 PKU Sphere20 Propimex 1 Propimex 2 SOD Anamix Early TYR Anamix Early TYR Anamix Next Tyrex 1 Tyrex 2 TYROS 1 TYROS 2 UCD Anamix Jr WND 1 WND 2 XLeu Maxamum XLys, XTrp Maxamum XMet Maxamum XMTVI Maxamum XPhe Maxamum	NovaSource Renal Nutramigen** Nutramigen Enflora LGG** Nutramigen Toddler** Nutren Pulmonary NutriHep Osmolite 1.0 Osmolite 1.2 Oxepa Pediasure Peptide 1.0 Pediasure Peptide 1.5 Peptamen Peptamen 1.5 Peptamen Jr Peptamen Jr 1.5 Peptamen Jr w/Fiber Peptamen Jr w/Prebio Perative Portagen Pregestimil 24 Pregestimil DHA/ARA** Promote (SA) Promote w/Fiber (SA) Pro-Phree (SA) Pulmocare PurAmino PurAmino Jr RCF (SA) Renalcal Renastart Replete w/ Fiber Similac Advance (over 1 yr of age)* Similac for Diarrhea Similac PM 60/40 Similac Sensitive (over 1 yr of age)* Similac Soy Isomil (over 1 yr of age)* Similac for Spit-Up (over 1 yr of age)* Similac Total Comfort (over 1 yr of age)* Suplena Tolerex Vital HN Vivonex Pediatric Vivonex Plus Vivonex T.E.N.	Pediasure Pediasure w/Fiber Pediasure Enteral 1.0 Pediasure Enteral w/Fiber 1.0 Pediasure Harvest Pediasure 1.5 Pediasure 1.5 w/Fiber Pediasure Reduced Calorie Pediasure Sidekicks Peptamen Jr HP 1.2 Polycal (SA) Resource 2.0 Scandishake Scandishake w/ Aspartame Scandishake Lactose-Free Sim Go&Grow Toddler** Similac Human Milk Fortifier Similac Special Care 20 (SA) Similac Special Care 24 w/ Iron (SA) Similac Special Care 24 High Protein (SA) Similac Special Care 30 (SA) TwoCal HN