

NUTRITION ASSESSMENT REQUIREMENTS GUIDE (March 2024)

Legend

** = FC-WCS (Formula Certified WIC Certification Specialist) can approve

* = WCS (WIC Certification Specialist) can approve

SA = State Agency approval required

CA = Certifying Authority

Directions

This handout lists all Texas WIC formulas in columns according to the assessment parameters required by the Texas WIC Formulary and Policy FD: 16.0. The required assessment parameters are described as follows:

No Assessment Required – Diet history, and other assessment parameters are not required in order to approve the formulas listed in this column. This applies to metabolic formulas (noted by ‡).

Formula History Required – Only a formula history is required to approve the formulas listed in this column. All other assessment parameters are optional at CA discretion. This applies to: contract formulas, formulas for tube feeding only, and all other formulas and situations not otherwise described. (noted by Δ)

Complete Assessment Required – A complete assessment includes: formula history, diet history, pertinent medical history, and anthropometric measurements and plotting. This applies to: situations when growth is of concern such as; prematurity, failure to thrive, growth impairment, etc. (noted by ○)

No Assessment Required ‡(All SA)	Formula History Required Δ	Complete Assessment Required ○
BCAD 1	Alfamino Infant	Benecalorie (SA)
BCAD 2	Alfamino Junior	BetaQuik MCT (SA)
Complex Essential MSD	Alimentum**	Boost
Complex Junior MSD	Calcilo XD	Boost Breeze
Complex MSD AA Blend	Carb Zero (SA)	Boost High Protein
Cyclinex 1	Compleat	Boost Kid Essentials
Cyclinex 2	Compleat Pediatric	Boost Kid Essentials 1.5
GA 1 Anamix Early Years	Compleat Pediatric Organic Blends	Boost Kid Essentials 1.5 w Fiber
GA	Compleat Pediatric Peptide 1.0	Boost Plus
GlutarAde AA Blend GA-1	Compleat Pediatric Peptide 1.5	Boost Pudding (SA)
GlutarAde Jr GA-1 Drink	Compleat Pediatric Reduced Calorie	Boost VHC
Glutarex 1	DiabetiSource AC	Compleat Pediatric Standard 1.0
Glutarex 2	Elecare DHA/ARA	Compleat Pediatric Standard 1.4
Glycosade	Elecare Jr	Duocal (SA)
HCU Anamix Early	Enfamil A.R. (over 1 yr of age*)	Enfacare/Enfamil Neuropro Enfacare**
HCU Anamix Next	Enfamil Gentlelease (over 1 yr of age*)	Enfagrow Gentlelease Toddler**
HCU Maxamum (XMet Maxamum)	Enfamil Infant (over 1 yr of age*)	Enfagrow Premium Toddler**
HCY 1	Enfamil Reguline (over 1 yr of age*)	Enfamil HMF (SA)
HCY 2	Enfaport	Enfamil Premature 24 (SA)
Hominex 1	EquaCare Jr	Enfamil Premature High Protein 24 (SA)
Hominex 2	Essential Care Jr	Enfamil Premature 30 (SA)
1 Valex 1	Extensive HA**	Ensure
1 Valex 2	FiberSource HN	Ensure Clear
IVA Anamix Early	Glytrol	Ensure High Protein Therapeutic Nutrition
IVA Anamix Next	Impact	Ensure Plus
IVA Maxamum (XLeu Maxamum)	Isosource 1.5	Ensure Pudding (SA)
Ketonex 1	Isosource HN	ENU Shake
Ketonex 2	Jevity 1 Cal	ENU Pro3+ (SA)
LMD	Kate Farms Pediatric Blended Meals	Fortini (SA)
Lophlex LQ PKU	Kate Farms Pediatric Peptide 1.0	Kate Farms Pediatric Standard 1.2
MMA-PA Anamix Early	Kate Farms Pediatric Peptide 1.5	Kate Farms Standard 1.0
MMA-PA Anamix Next	Kate Farms Peptide 1.5	GoodStart Gentlepro Toddler (3)**
MMA PA Maxamum (XMTVI Maxamum)	Ketocal 3:1 (SA)	Liquigen (SA)
MSUD Anamix Early	Ketocal 4:1 (SA)	MCT Oil (SA)
MSUD Maxamum	Keto Peptide (SA)	MCT Procal (SA)
OA 1	KetoVie 3:1 (SA)	Neosure**
OA 2	KetoVie 4:1 (SA)	Nutren 1.0
Periflex Advance	KetoVie 4:1 Peptide (SA)	Nutren 1.0 w/Fiber

NUTRITION ASSESSMENT REQUIREMENTS GUIDE (March 2024)

No Assessment Required ‡(All SA)	Formula History Required Δ	Complete Assessment Required ○
Periflex Junior Plus Periflex LQ PKU PFD 2 Phenex 1 Phenex 2 Phenyl-Free 1 Phenyl-Free 2 Phenyl-Free 2HP PhenylAde 60 Drink PhenylAde (Drink) PhenylAde Essential PhenylAde MTE AA Blend Phlexy-10 Drink PKU Air20 PKU Maxamum (XPhe Maxamum) PKU Periflex Early PKU Sphere15 PKU Sphere20 Propimex 1 Propimex 2 SOD Anamix Early TYR Anamix Early TYR Anamix Next Tyrex 1 Tyrex 2 TYROS 1 TYROS 2 UCD Anamix Jr WND 1 WND 2 XLys, XTrp Maxamum	KetoVie 4:1 Plant Based (SA) KetoVie 4:1 Unflavored (SA) Lipistart (SA) Monogen Neocate w DHA/ARA Neocate Junior Neocate Junior w Prebiotics Neocate Nutra (SA) Neocate Splash Neocate Syneo Nepro Nourish (SA) Nourish Peptide (SA) NovaSource Renal Nutramigen** Nutramigen LGG** Nutramigen Toddler** Nutren Pulmonary NutriHep Osmolite 1.0 Osmolite 1.2 Oxepa Pediasure Peptide 1.0 Pediasure Peptide 1.5 Peptamen Peptamen 1.5 Peptamen Jr Peptamen Jr 1.5 Peptamen Jr w/Fiber Peptamen Jr PHGG Pepticate Perative Portagen Pregestimil 24 Pregestimil DHA/ARA** Promote (SA) Promote w/Fiber (SA) Pro-Phree (SA) Pulmocare PurAmino PurAmino Jr RCF (SA) Real Food Blends (SA) Renalcal Renastart (SA) Renastep (SA) Replete w/ Fiber Similac for Diarrhea Similac PM 60/40 Similac Soy Isomil (over 1 yr of age)* Suplena Tolerex Vital HN Vivonex Pediatric Vivonex Plus Vivonex T.E.N.	Nutren 2.0 Nutren Junior Nutren Junior w/Fiber Pediasmart Pediasmart Pea Protein Pediasure Pediasure w/Fiber Pediasure Enteral 1.0 Pediasure Enteral w/Fiber 1.0 Pediasure 1.5 Pediasure 1.5 w/Fiber Pediasure Reduced Calorie Pediasure Sidekicks Peptamen Jr HP 1.2 Polycal (SA) Resource 2.0 Sim Go&Grow Toddler** Sim Go&Grow Toddler NGMO-HMO** Similac HMF Hydrolyzed Protein Liquid Concentrate (SA) Similac HMF Liquid Concentrate (SA) Similac Special Care 20 (SA) Similac Special Care 24 w/ Iron (SA) Similac Special Care 24 High Protein (SA) Similac Special Care 30 (SA) TwoCal HN